

IT'S NOT YOUR HEART; IT'S YOUR KIDNEYS

Kidney disease is no respecter of persons. A majority of the ill-afflicted people today can be traced back to the kidney trouble.

The kidneys are the most important organs of your body. They are the filters which sweep from the tissues by the blood are not eliminated through the kidneys, disease of one form or another will claim you as a victim.

Kidney disease is usually indicated by weakness, apoplexy, nervousness, dizziness, backache, stomach trouble, pain in loins and lower abdomen, and leakage.

All these derangements are natural signals that the kidneys need help. You should use GOLD MEDAL, the best kidney pills immediately. The soothing, healing oil stimulates the kidneys, relieves inflammation and destroys the germs which have caused it.

Go to your drug store today and get a box of GOLD MEDAL. Haaslein Oil will almost feel health and vigor returning. After you feel somewhat improved continue to take one or two capsules each day, so as to keep the first-class condition and ward off the danger of other attacks.

Ask for the original imported GOLD MEDAL brand. Three names always re-confirmed if they do not help you.



This Is Orange Blossom Time in Florida

And it is a good time to leave the frozen North for a short winter vacation in the sunny South.

Come on down to Lake Alfred and see one of the most beautiful and healthful spots in the world. The climate is just what you need. The water is pure and soft. The air is fresh and invigorating. The scenery is beautiful and inspiring. The people are friendly and helpful.

Send for our Lake Alfred booklet, read it carefully, and then visit Lake Alfred personally.

S. K. THORPE, Northern Sales Manager, Florida Citruslands Company, 45 East 124th Street, New York City.

STREETS WITH ODD PAVING KEEP FINGERS FROM MOUTH

Few Civilized Towns Would Care to Duplicate Thoroughfare Known to Exist in Africa.

When we are told, it is to be reviled by the natives, and has been returned to the original owners. How can this be? The answer is simple. The streets of these towns are paved with a material that is not only unsanitary, but also a health hazard.

One of the best ways of sanitation is to have clean streets. Streets that are paved with a material that is not only unsanitary, but also a health hazard, are a disgrace to any civilized town.

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There's a rich, satisfying, old-time flavor to

The Original POSTUM CEREAL

that no substitute can ever equal.

A healthful drink that leaves no trace of harm, a beverage grateful to the stomach, that never upsets nerves, heart or digestion as does sometimes coffee.

Boil just like coffee

Boil thoroughly (15 minutes after boiling begins) make it rich and dark and you have something that makes your meal doubly enjoyable.

"There's a Reason"

At Grocers—two sizes 15c & 25c.

PRODUCE GROWERS KEPT IN TOUCH WITH CONDITIONS BY GOVERNMENT SERVICE



Using the Government's Eyes to Improve Opportunities.

Prepared by the United States Department of Agriculture, Bureau of Plant Industry.

Shipping one's produce to a distant market is a difficult job. It is not only a matter of getting the produce to the market, but also of getting it there in the best condition possible. The Government's Bureau of Plant Industry has been working to help producers in this regard.

The Bureau has been collecting and disseminating information about the conditions in various markets. This information is published in a monthly bulletin, which is sent free of charge to all interested parties.

The information in the bulletin is of great value to producers. It tells them about the conditions in various markets, and helps them to make better decisions about where to ship their produce.

Shows Market Advantages.

The service rendered by the government to the grower is not only in the form of information, but also in the form of financial assistance. The government has been buying produce from growers, and this has helped them to maintain their production levels.

The government's purchase of produce has also helped to stabilize the market. It has prevented prices from falling too low, and has helped to ensure that growers are able to cover their costs.

The government's service to growers is a valuable one. It helps them to make better decisions about their production, and it helps to ensure that they are able to maintain their production levels.

EFFECT OF WEATHER CONDITIONS IS FELT

One Market May Go Up While Another Goes Opposite Way.

Crop and Market Service of Department of Agriculture Keeps Both Shipper and Consumer Posted on Situation.

Prepared by the United States Department of Agriculture, Bureau of Plant Industry.

Any given weather condition will affect the market in one way or another. The effect of weather on the market is often surprising. For example, a wet spring may lead to a high yield of crops, but it may also lead to a low price for those crops.

The government's Bureau of Plant Industry has been working to help producers understand the effect of weather on the market. It has been collecting and disseminating information about the conditions in various markets, and this has helped producers to make better decisions about their production.

MARKET TERMS

The market is FIRM—when the commodity under consideration, prices are holding fairly from day to day and from week to week with the values more prompt than the declines and values gaining only a few points when compared with the week or fortnight before.

The market is STRONG—when the advances are fairly sharp and the declines slight and quickly overcome.

The market is WEAK—when the declines are sharp and persistent, continually reaching low points and making only slight and short recoveries.

The market is DRAGGING—when prices are almost unresponsive, simply falling a little short of the previous top quotations from time to time so that the decline is scarcely noticeable except by comparison with the level of the previous week or month.

GENERAL FARM NOTES

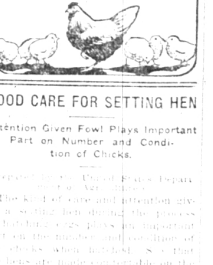
Spring oats occupy the land but a few months.

Line promotes the growth of the pumpkin on arid lands.

Neither sorghum nor Sudan grass hay are equal to clover or alfalfa.

The feeding value of emmer, ground for poultry, is about the same as oats.

POULTRY FACTS



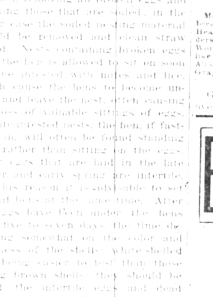
GOOD CARE FOR SETTING HEN

Attention Given Fowl Plays Important Part on Number and Condition of Chicks.

The health of a hen and attention given her during her setting period are of great importance. A hen that is healthy and well-cared for will produce a large number of healthy chicks.

It is important to provide a comfortable and safe environment for the setting hen. She should have a quiet place to sit, and she should have access to fresh water and food.

It is also important to check on the hen regularly during her setting period. This will help you to identify any problems early, and it will help you to ensure that the chicks are healthy and growing well.



POULTRY NOTES

The pullets and the yearling hens are the best egg producers.

Market all concerns not wanted as prices at its early stage as possible.

A chicken is a young bird, usually under six months of age. It is usually raised in a brooder, and it is usually fed a special diet.

It is important to provide a healthy and safe environment for your chickens. This will help them to produce a large number of healthy chicks.

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Aspirin is the trade mark of Bayer Manufacture of Monocaceticester of Salicylicacid

Bayer-Tablets OF Aspirin

The Bayer Cross on Genuine Tablets

"A Blessing for Humanity in Pain!"

For Headache, Neuralgia, Toothache, Achy Gums, Parache, Rheumatism, Lame Back, Joint Pains, Sciatica, Gout, Neuritis, Colds, Grippe, Influenza Colds, Stiff Neck, Distress, Pain! Pain!

Proved Safe by Millions! American Owned!

Adult—Take one or two Bayer Tablets of Aspirin with water. If necessary, repeat dose three times a day, after meals.

25 cent Bayer packages—also larger Bayer packages. Buy Bayer packages only—get original package.

Weak and Miserable?

How the best nutrition for you can be obtained by eating the right food. Your doctor will tell you that you need more food. But what food should you eat? The answer is simple. You should eat the food that is most nutritious and most easily digested.

FRECKLES

Now is the Time to Get Rid of These Ugly Spots.

There is a simple and effective way to get rid of freckles. You should use a cream that contains a natural skin softener and a mild exfoliant. This will help to remove the freckles and to leave your skin smooth and clear.

A Michigan Case

Not an Expert.

Many Children Are Sickly.

Get Dealer at Any Store, 60c a Box.

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

BOYS Clear Your Skin

With Cuticura

All-Over-the-Body Skin Treatment

Free of Itchy, Itching, Itching

Dr. E. B. Weston

Finest Burley Tobacco

Mellow-aged till Perfect

+ a dash of Chocolate

Tuxedo

The Perfect Tobacco for Pipe and Cigarette

"Your Nose Knows"

Guaranteed by The American Tobacco Co.