

# THIS WOMAN SAVED FROM AN OPERATION

By taking Lydia E. Pinkham's Vegetable Compound, One of Thousands of Such Cases.

Black River Falls, Wis.—"As Lydia E. Pinkham's Vegetable Compound saved me from an operation, I cannot say enough in praise of it. I suffered from organic troubles and my side hurt me so I could hardly be up from my bed, and I was unable to do my housework. I had the best doctors in Eau Claire and they wanted me to have an operation, but Lydia E. Pinkham's not need the operation, and I am telling all my friends about it."—Mrs. A. W. Binzner, Black River Falls, Wis.

It is just such experiences as that of Mrs. Binzner that has made this famous root and herb remedy a household word in every home. Any woman who suffers from inflammation, ulceration, displacements, backache, nervousness, irregularities of "the blues," should not rest until she has tried a trial, and for special advice write Lydia E. Pinkham Medicine Co., Lynn, Mass.

## Force of Habit

While in a certain government office recently Sir Edwin Jones, the British transport board chairman, overheard the following dialogue between two fair typewriter fingers:

"Isn't it terrible the way we have to work these days?"

"Rather! Why, I typed so many letters yesterday that last night I finished my prayers with 'you're truly'."

—Vancouver (B. C.) Province.

## "Cold in the Head"

is an acute attack of Nasal Catarrh. Persons who are subject to frequent "colds in the head" will find that the use of HALL'S CATARRH REMEDY will build up the system, cleanse the blood and render them less liable to colds. Repeated attacks of colds in the head lead to chronic Catarrh.

HALL'S CATARRH REMEDY is taken internally and acts through the blood on the mucous surfaces of the system. All Druggists Sell. Testimonials free. \$1.00 for any quantity.

HALL'S CATARRH MEDICINE will not cure.

F. J. Cheney & Co., Toledo, Ohio.

A man never realizes the worth of his wife until he has to cook his own meals.

## Nervous and All Unstrung?

Feel nervous and irritable all the time? Continually worry over things? Then there's something wrong. Back of all this may be a weak nervous system, a nerve weak as a cause of kidney weakness, so that the true cause of nervousness is a weak kidney. "Doan's Backache Kidney Pills" regulate and a tired, worn feeling, try Doan's Backache Kidney Pills. They are recommended by thousands.

## A Michigan Case

Mrs. E. J. Kessler, W. Main St., Mich., says: "The first symptoms of kidney trouble in my case were headaches and dizzy spells. I had rheumatic twinges in my back, shoulders, arms and limbs. These attacks would come on an often as two or three times a week. My limbs and arms were swollen and sore. Two boxes of Doan's Backache Kidney Pills put me on the road to recovery and in six weeks after beginning their use I was up and around, able to do my housework and take care of my children."

Get Doan's at Any Store, Office or Drug Store.

**DOAN'S KIDNEY PILLS**  
FOSTER-MILBURN CO., BUFFALO, N. Y.



**CARTER'S LITTLE LIVER PILLS**

For Constipation  
Carter's Little Liver Pills will set you right over night.

Purely Vegetable  
Small Pill, Small Dose, Small Price

**Carter's Iron Pills**

Will restore color to the faces of those who lack iron in the blood, as most pale-faced people do.

**Cuticura Soap is Easy Shaving for Sensitive Skins**  
The New Up-to-date Cuticura Method

**Children's Coughs**  
may be checked and more serious conditions averted, by promptly giving the child a dose of safe

**PISOS**

# CHAPTERS TOLD OF RED CROSS WORK

Annual Meetings Listen to Report Made by Organization's War Council.

ONE-FOURTH OF COUNTRY'S POPULATION IS ENROLLED.

Estimated That Approximately Eight Million Women are Engaged in Canteen Work and the Production of Relief Supplies—Vast Sums Expended.

Red Cross chapters throughout the country held their annual meetings October 23 at which the following message from the War Council was read:

The chapters of the American Red Cross:

The War Council sends greetings to the chapters of the American Red Cross on the occasion of their annual meetings for 1918.

With 1,100,000 chapters during the past year, and above all things, on the wonderful spirit of sacrifice and patriotism which has pervaded the people.

The strength of the Red Cross rests upon its chapters. They are its bone and sinew. They supply its funds, they supply its men and women, they supply its enthusiasm. Let us, then, review together the Red Cross story of the past year.

Some idea of the size to which your Red Cross family has grown may be gathered from the following facts:

On July 31, 1918, the organization numbered 20,648,307 annual members, besides 8,000,000 members of the Junior Red Cross—a total enrollment of over one-fourth the population of the United States.

At the beginning of the war, only 100 chapters have developed with the War Council in conducting war fund drives and one membership drive, in addition to the campaign on behalf of the Junior Red Cross.

The total actual collections to date from the first war fund have amounted to more than \$117,000,000. The subscriptions to the second war fund amounted to upwards of \$176,000,000.

From membership dues the collections have amounted to approximately \$24,500,000.

**Splendid Work Done by Women.**

"So the foregoing must be added that very large contribution of materials and time given by the millions of women throughout the country in surgical dressings, in knitted articles, in hospital and refugee garments, in canteen work, and the other activities the chapters have done, is not to be forgotten."

It is estimated that approximately 8,000,000 women are engaged in canteen work and the production of relief supplies through the chapters.

For the period up to July 1, 1918, American Red Cross chapters through their workrooms, had produced:

7,123,621 hospital supplies.  
10,786,489 hospital garments.  
10,119,261 knitted articles.  
102,748,107 surgical dressings.

A total of 221,282,838 articles—an estimated aggregate value of at least \$44,000,000.

These articles were largely the product of women's hands, and by the same token, infinitely more precious than could have been the output of factories or machines. These articles going to the operating room of the hospitals, to homes of needy refugees, and carrying comfort to our own boys in the field, convey a message of love from the women of this country entirely distinct from the great money value attaching to their handiwork.

**Money Spent in Work.**

By the terms under which the first Red Cross war fund was raised, the chapters were entitled to retain 25 per cent of the amount collected, in order to defray local expenses, to carry on their home service work, to purchase materials to be utilized in chapter production and otherwise to meet the numerous calls made upon them. The chapters were thus enabled to retain nearly \$23,000,000. As a matter of fact, their actual retentions amounted to only about \$22,000,000.

Out of collections from annual memberships, the chapters have retained about \$11,000,000.

From this total sum, therefore, of \$33,000,000 retained by the chapters, they have met all the oftentimes very heavy local demands upon them, and in addition have provided for their own headquarters products valued, as stated above, at upwards of \$44,000,000.

The chapters have in effect returned to the War Council, not alone the \$33,000,000 retained out of the war fund membership dues but, in value of actual product, an additional contribu-

tion of at least \$11,000,000.

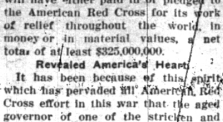
It will thus be seen that during the eighteen months which have elapsed since the United States entered the war, the American people will have either paid in or pledged to the American Red Cross for its work of relief throughout the world, in money or in material value, a net total of at least \$325,000,000.

**Revealed America's Heart.**

It has been because of this spirit which has pervaded the American Red Cross effort in this year that the aged governor of one of the strictest and bitterest provinces of France stated long since that, though France had long known of America's greatness, strength and enterprise, it remained for the American Red Cross in this war to reveal America's heart.

In this country, at this moment, the workers of the Red Cross, through its chapters, are helping to add to the "comfort and health of the millions of our soldiers in 162 camps and cantonments, as well as of those traveling on railroad trains or embarking on ships for duty overseas."

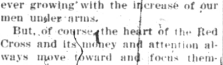
# Table Decorations For the Small Boy



In table decorations this year Santa Claus will beam from the midst of patriotic place-cards and the national colors mingle with the regulation green and red. Here are little figures made of crepe paper, representing America, England and France. They are simply little pasteboard paper dolls with printed or painted faces, dressed up in paper clothes and tiny paper hats. To make the table complete, Belgium, Italy and Serbia are to be represented. Each little figure might bear a tiny flag. They are supported by strips of cardboard pasted to them at the back and are to be used for place-cards or merely for ornament.

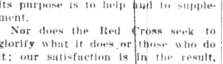
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**Silk Shopping Bag**



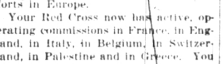
Whoever she is, she will love this shopping bag of taffeta silk with its alluring mountings, but if it matches her street suit in color her joy will be complete. This one is of navy blue taffeta lined with bright red taffeta. The celluloid mounting is of the same color and so is the long silk tassel. The bag is suspended by a strap of the navy silk.

**Holiday Candle Shades**



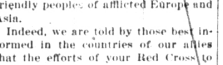
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**A Gift for Him**



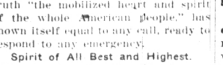
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**Hand-Knit Sweaters**



One can gauge a deep affection with one of those smart, hand-knit sweaters that are worn by women, lucky enough to own them, everywhere. This one is made of turquoise blue zephyr with white bands at the wrists and across the collar. They are made in rose and white or in pale green or yellow with white bars.

**For Book-Lovers**



Book lovers will appreciate these book-ends, covered with tapestry and lined with silk, and they are easy to make. A book office furnishing the foundations of this metal pair to be found. These are first padded with blotting paper—glued to them—the tapestry and silk—glued in several over them and finally a silk cord is tacked about the edges. For a bed-room the covering might be of cretonne. The pair shown here has a covering of tapestry in dark colors.

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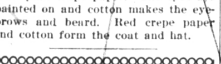
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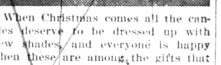
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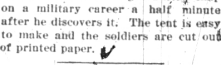
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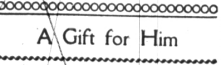
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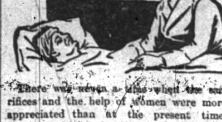
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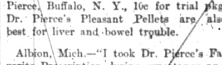
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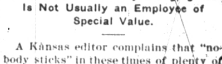
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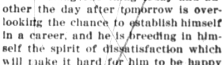
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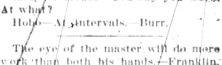
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# CHILDREN WHO ARE SICKLY

Mothers who value the health of their children, should never be without MOTHER GRAY'S SWEET POWDERS FOR CHILDREN, for use when needed. They tend to Break up Colds, Relieve Fevers, Soothe Sore Throats, Constipation, Headache, Teething Disorders, and Stomach Troubles.

Don't accept any Substitute. Used by Mothers for 31 years. Sold by Druggists everywhere. Ask for it. Trial package FREE. Ad. Dues, MOTHER GRAY CO., Le Roy, N. Y.

# GENERALLY PAYS TO "STICK"

Man Who is Constantly Changing Jobs is Not Usually an Employee of Special Value.

A Kansas editor complains that "no body sticks" in these times of plenty of jobs for all. The comment is too sweeping, says the Portland Oregonian. But there is truth in it. A good many do not "stick" who ought to do so. They ought, in the first place, to cultivate the habit of sticking. Some of the jobs may not be common, and it will surprise some of the wandering ones to find that they have not learned enough about any one trade to make them valuable to any employer. The young man who is doing one thing today and another the day after tomorrow is overlooking the chance to establish himself in a career, and he is breeding in himself the spirit of dissatisfaction which will make it hard for him to be happy in all the years to come. Nothing can be said against quitting one job for a better one; ambition ought to be encouraged; but the worker ought to be sure himself that the change is for the better and not merely for the sake of change. Employers nowadays know how great is the loss to industry resulting from mere aimlessness.

# Saving Sugar and Wheat

is comfortably done when one uses

# Grape-Nuts

This cereal food is composed partly of barley and contains its own sugar made from its own grains.

A truly wonderful Food ready to eat.

"There's a Reason"