When you are in doubt with sufficient to be a second of the second of bad, don't reduce opinion that it is good. If you get a second of distinction between the second of second in second the second of the second of the second of secon

Guight Glassione Napping.

An intracking story is told of Prank
O'Donnell, the Irish nationalist. Arahi
Prinks had been ceptured, and Mr. Gladof expital punishment, declared that
the Egrythan insurrectionist had made
use of the white flag to widdraw his
ferces and artilliery from Alexandria.
This was, of course, a practice geneasily accorded as legitimate, and
O'Donnell saw his opportunity. He
hought a copy of Level Wideley as few
hours had given notice of a question
asking if We, Gladstone would not take
ideps to prohibit the circulation of
Lord Wideley's book, in which "the
deplorable practice centrolyed by Arahi
Prasha was recommended for use of
British addlers." The question was
perfoored on request, and epith in vosettled.

Miss Lenn Anheel Loved to tell a story against herself. Offer, showner suid, "I do not make inspect clearly in mote parts of the theater. One night of seem to have been more parts of the theater. One night of the seem to have been more the usually indistinct. One record, where

Lines to Be Remembered. But the finest music in the room that which streams out to the ear

Another Use for Streve.

A father was explaining to his oldest son the was explaining to his oldest son the mean street of the street was to make a father was the control of the saving "that strews show which way the wind blows." He youngest son, not helig as much interested in presidential candidates as in culturary matters, said: "Yea, and straws show whether the cake is dame or not roo."

Staweed Beds of White Sea.

Scientists never have been able to estimate the extent of the seawed beds in the White sea. Why scientists should wrisk to make this estimate is something for which we cannot an estimate product of Maine, and so far as her something for which we cannot an early the storms, it is expected that the fuduraty will be a stable and permanent one. Deep seawed is the most rich in oldine. Iodine also may be made from Chile sultpeter as a base but seawed is the cheapest thing from which it can be manufactured.

When You Begin to Worry, Start

Working Hard By Harriet Culver

We'd like to fall asleep some night and wake up next morning to find, either that the war clouds have lifted, or that we've merely awak-ened from a horrible nightmare and again have free use of our limbs and our faculties. our faculties,

our faculties.

Scarcely a woman does one meet nowakays who does not seem to fear she is walking in her aleep and rapidly nearing a preceptice over which she is soon to go burtling to destruction, for war, its hørrors, and its nearness now to us all, is something the series seem not able to comprehend in full entirety.

And it's for this very reason that women must occasionally pinch themselves and wake to the fact that, no matter how dased they feel, nor how hopeless everything seems, the ordinary day's activities must go on just as though nothing untoward was happening after off on the semokewreathed continent overseas.

There's never been invented a better panacca for all the morbid fears

wreathed continent overseas.

There's never been invented a better panacea for all the morbid fears that beset womankind than good, wholesome work, work that must be done der the heavens fall, for no one but a woman fally understands how easy it is to setfle down into a state of hydeless spathy the moment something comes to say one's nervous energy beyond a certain same degree. But work cannot be done unless one kepes in phoper physical condition, and this point is most insistent this time of year when summer heat brings with it summer lassitude.

"I just haven't been able to eat a thing since John went away," a

"I just haven't been able to eat a thing since John went away," a frantic mother was telling a sympathering friend. "Every mouthful I take just clocks me."

Of course it does, but eating god food is just as important to the preservation of sanity these trying days as the selection of a good, hard job that must be filled and filled/aceptably.

Beefsteak is an expensive luxtry to be sure, but the heatening effect of the consumption of a good jiricy leefsteak with a side dish of mashed potatoes and a vegetable or two, topped off with a cup of frankant coffee and a delectable dessert, can giver be fully appreciated until only has been away down in the dumps and wants something good and tonisky all in a hurry. Just try it and, see. Even the war clouds lift a bit to show the clear blue sky above and beyond.

No woman who waits to do her best bit for her country can afford

No woman who wants to do her best bit for her country can afford to sit down and mope and fret and grow thin and anaemic in the bargain. Try the tonic effects of work and good food and see how much brighter the world becomes right away.

#### Falsehoods About the Red Cross Hurt America and Help Enemy

By Stuart H. Perry

Is it not suspicious the number of false reports, unfounded rumors, misunderstandings and falsehoods that spring up with regard to the Red Cross? It keeps the officers and workers busy denying them and explaining them away.

There was a story that enormous sums of money were to be given away to foreign countries, and that a great marble palace was to be erected in Washington, both equally false.

Some start from a misunderstanding, or are mere distortions of harm-

less facts. Some are known to have started from disloyal sources with

less facts. Some are known to have started from disloyal sources with
the deliberate purpose of crippling the work of the Red Cross.

The malicious sort will be dealt with in dug time in the proper way.
It will not be long before it will be unsafe for any disloyal person to start
such a story or pass it along. But in the meantime the Red Cross members themselves can do a great dual toward stopping all false reports.

When you hear a harmful rumor about the Red Cross, remember:
I. It is a lie. There is nothing wrong about the Red Cross. It is
admirably organized, efficiently managed; it is doing exactly what is best

admirably organized, efficiently managed; it is doing exactly what is best and wisest, in the light of the most far-reaching experience. It has been free from all serious blunders, incompetency, unfairness or scandal.

2. It is your duty to stop it. It is not enough to keep still. Speak out instantly, telling your anditors that the rumor is false, showing them why it must be so, and warning them not to play the enemy's game by spreading it.

If it hurts the Red Cross, it hurts America and helps Germany.

#### Don't Send Medical Students to the War

By Dr. Heary A. Christian

The government must not send the nation's medical students to war as ordinary soldiers—or in any capacity, for that matter. France and England now realize their mistake of two and three years ago in taking

England now realize their mistake of two and three years ago in taking the students from schools and putting them into the armine.

The medical students of today are the physicians of the future. As the students are reduced in number, so will the supply of physicians shrink. War demands many medical men. Seven to ten doctors per 1,000 soldiers is stated as the requirement of our army. With an array in the field no fewer medical men air needed at home, for the soldier has the healthy young man in the community makes but little demand for medical service so long as he is a qivilian. Hence the present would seem a poor time to reduce the supply of physicians.

seem a poor time to reduce the supply of physicians.

The medical student following graduation spends one or two years as an interne or house officer in the hespitals of the country. Large loopitals must have house officers or close their doors. Already men for sixth positions are scarce, owing to the demukals made by the war and night department for such men. If the supply is further reduced by drafting medical students, hospitals must curvail their work and treat flower patients in the near future. Furthernher medical students, while will undergraduates, as part of their medical instruction, do much work in the number of the property of the pro the hospitals under the supervision of the house officers and their teachers on the visiting staff. To decrease by draft the number of medical students would hamper directly hospital work by decreasing the number of wallable student assistants and this would be perious to hospitals.

London has cut the height of silk hats 50 per cent and may yet get them down so governors in some of our Western states will wear them on

The reason why potatoes spen't any chapper than they are is a are so many of them this season that it costs more to dig 'em.

Anyway, it is better to worry about short bathing suits than about lot of other troubles.

Russia cannot have its tonic of blood and iron a moment

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wristbands, and all sorys of comfortable things to send to the soldiers at the front. What about tobacco? There is not anything you can think of that will give more comfort and solace to those men than lobacco

The Eccentrichas made all arrangements to send tobacco, and not only that, but is going to send the most popular brands in this country—the kinds that many of the men have used at home and that they all know are good.

spreading it.

3. Report the matter at once to Red Cross headquarters. If the story was an innocent misunderstanding, steps will at once be taken to freight. Through the generosity of leading tobacco manufacturers correct it. If it bears earmarks of malice, it will be dealt with in another way.

It will be worth many quarters to receive grateful acknowl adgment of your donation from some soldier at the front. "A re-turn post dard, stamped and addressed to you, will be placed in each package you donate.

Send as a quarter if that is all you can spare, or more if you can spare it. This is a time to make sacrifices for the comfort of those who are risking their lives.\Send \$1, \$10, or \$100 if you can spare it. There won't be any too much tobacco to go around. The names of all those who make donations and the amounts do nated will be published in the Eccentric from time to time.

Cut out the form below, fill it outfor as liberal amount as you can afford and send to us with your contribution without delay, as it is important to get tobac o to the other side as quickly as it can be done.

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