

**1000 SANDS HAVE KNOWN THE TRUBLE AND DON'T KNOW IT**

Weak and unhealthy kidneys cause so much sickness and suffering and when through neglect or other causes the trouble is permitted to continue, serious results are apt to follow.

Thousands of people have testified that the mild and immediate effect of Swamp-Root is so real and that it stands the highest for its remarkable results in the treatment of kidney troubles.

**Symptoms of Kidney Trouble.** Swamp-Root is not recommended for everything but it is useful for many of the bladder troubles, frequently passing at night and day, emitting or irritating in passing, bristles, redness, headache, backache, lame back, dizziness, neuralgia, sleeplessness, weakness, nervousness, irritation, etc.

**Special Note.**—You may obtain a sample size bottle of Swamp-Root by enclosing ten cents to Dr. K. J. Kline & Co., Binghamton, N. Y.

**Excess Baggage**

By ALICE E. IVES

When Joe Kendrick took young Croset with him up to northwest Canada on a mink prospecting tour he did not expect to come out with a load of baggage. Croset wasn't the man for that sort of expedition. It needed strength of limb, hardwired muscle and capacity for endurance.

It was getting near the time for the man's return and Wessner was busy getting the dinner. He heard a slight creaking of a door.

"That was a fox," he thought. "I mustn't let it get him."

He turned and looked at the door. The door was not a very strong one and he was in constant terror lest it should break.

Just then the tramp and talk of the approaching party was broken with rapid firing and the shriek of a man.

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**TAKE OUT GREASE SPOTS**

Blemishes That So Greasily Annoy the Housekeeper May Be Effectively Dead Weight.

Grease spots may be removed by the application of carbon tetrachloride according to H. E. Zoller, assistant chemist in the Kansas State Agricultural Experiment Station.

**Household Hints**

To make a candy to take a bath, sprinkle a few seeds upon the water.

**Colonial Cake.** One-half cupful butter, one and a half cupfuls sugar, three eggs, half cupful milk cream, half cupful molasses, two cupfuls sifted flour, one cupful soda, one cupful cream.

**Chocolate Pie.** Five tablespoons cocoa, one pint milk, one egg, one tablespoon sugar, one teaspoon vanilla, one cupful cream.

**Stewed Suet Pudding.** The cupful chopped suet, one-half cupful raisins, one cupful sugar, one cupful currants, one cupful molasses, one cupful lard, one cupful flour, one cupful butter.

**I Cream Coffee.** Put a good-sized cup of vanilla ice cream in a glass, and fill with milk and cream.

**TAKES OFF DANDRUFF. HAIR STOPS FALLING.**

"Thin, brittle, colorless and scraggy hair is mute evidence of a neglected scalp," says Dr. J. C. Dr. J. C. Dr. J. C.

Often the explanation has nothing to do with it. Get a 25-cent bottle of Knowlton's Dandruff from any drug store.

Net Contents 15 Fluid Ounces  
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How Gullible Cut Infant Mortality. When the recently deceased General Gilbert Lucena governor of Canada.

**END STOMACH TROUBLE. GASES OR DYSPESIA.**  
"Bayer's Dipepsin" makes Sick, Sour, Gassy Stomachs surely feel fine in five minutes.

**A Great Discovery**  
British heads ailing, for are do to be cured by a new discovery.

**A WOMAN'S BURDEN**  
are lightened when taken to the first place.

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**IMPORTANT MATTER OF LIGHT**

Excellent Reasons Why It Should Allow Falls From The Left Side of the Writer or Worker.

The workman that, when using the eyes for any near work, the illumination should be from the left side rather than the right, is often disregarded.

**ACROSS TELLS SECRET.**  
A few known across gives the following recipe for a very good hot water add one to three cups of water.

**ASK FOR AND GET SKINNERS THE HIGHEST QUALITY MACARONI**  
36 Page Recipe Book Free SKINNER MFG. CO. OMAHA, ILLA.

**BLACKS!**  
EST. 1836 - DETROIT  
**OPTICIANS**  
175 WOODWARD AVE.

**JUST AN ACCIDENT.**

Two boys had indulged in a physical encounter on the playground. All the while the boys were engaged in the fight, the teacher was looking on.

**A MINISTER'S CONFESSON.**  
Rev. W. H. Wessner, Morville, Md. writes: "My trouble was serious. My wife was affected and I had to take her to a doctor."

**Good-Buy Luck!**  
Two colored women were passing a note. The note was a piece of paper with a drawing of a woman's face on it.

**IF YOUR CHILD IS CROSS, FEVERISH, CONSTIPATED**  
Look Mother! If tongue is coated, cleanse little bowels with "California Syrup of Figs."

**ASK YOUR DRUGGIST FOR "GEM"**  
"Gem" is a most effective medicine for all kinds of ailments.

**They Must Ask for it.**  
Co-Well, Ed., why don't you kiss me? Ed-I'd not in doubt! Co-Why not give me the benefit of it?

**Canada's Liberal Offer of Wheat Land to Settlers**  
is open to you—to every farmer or farmer's son who is anxious to establish himself.



Clearing Off the Dishes with Neatness and Dispatch.

W. N. WOODMAN, 175 Woodward Ave., Detroit, Mich.