HOW MRS. BEAN MET THE CRISIS

Carried Safely Through Change of Life by Lydia E. Pinkham's Vegetable Compound.

Nashville, Tenn.—"When I was going through the Change of Life I had a tumor as large as a child's head. The doctor said it was three years coming and gave me medicine for it until I was called away from the city for some time. Of course I could not go to him then, so my sister-in-law told me that she thought Lydia E. Pinkham's Vegetable Compound would cure it. It helped both the Change of Life and the tumor and when I got home I *did not need the doctor.* I took the Pinkham remedies until the tumor was gone, the doctor said, and I have not felt it since. I tell every one how I was cured. If this letter will help others you are welcome to use it."—MRS. E. H. BEAN, 525 Joseph Avenue, Nashville, Tenn.

Lydia E. Pinkham's Vegetable Compound, a pure remedy containing the extractive properties of good old fashioned roots and herbs, meets the needs of woman's system at this critical period of her life. Try it.

If there is any symptom in your case which puzzles you, write to the Lydia E. Pinkham Medicine Co., Lynn, Mass.

Resolve to Succeed

Throw off the handicap of petty ills that make you grouchy, listless and depressed. Get at the root of your ailments—clear your digestive system of impurities, put it in good working order,—keep it healthy with

BEECHAM'S PILLS

They act promptly on the stomach, liver and bowels, removing waste matters and purifying the blood. Not habit forming, never gripe, but leave the organs strengthened. To succeed in life, or work, first have a healthy body. This famous remedy will do much to

Help You

Largest Sale of Any Medicine in the World. Sold everywhere. In boxes, 10c., 25c.

CHILDISH FEARS VERY REAL

Parents Are Apt to Underestimate Their Effect on the Minds of the Little Ones.

The mother knew that her son had been afraid of the dark for years, but had thought him long cured of it because he always went up to bed at night alone with his younger brother. So she refused to go upstairs with him, or let his brother go, as Peter was amusing the company at that moment. Jack went out and was gone such a long time that finally the mother was alarmed and went to see what was the matter. She found the boy crouched half way up the stairs, slowly creeping up, but plainly terrified. When he saw her the lad started to cry convulsively and said that something was hiding at the top of the stairs, ending his statement with, "but you told me to go, mother, so I am going." It was the truest form of bravery, because he was slowly going right on up, although almost scared to death.

Anything that might produce fear in the child's mind should be avoided like the plague, for it is just as disastrous to the child's mentality as some dread disease might be to his body.

Take, for instance, the practice on the part of really kind-hearted parents of throwing a child in the water to teach him to swim. This severe method may succeed in certain cases, but its usual effect is to teach the child not only to dread and fear the water for years, but also to lose his confidence and trust in his parents.

Be careful to keep fear from your children's minds.

His Reading Matter.

"What are you reading nowadays?"

"The key lines in moving picture shows mostly."

That Knife-Like Pain

Have you a lame back, aching day and night? Do you feel sharp pains after stooping? Are the kidneys sore? Is their action irregular? Do you have headaches, backaches, rheumatic pains,—feel tired, nervous, all worn-out? Use Doan's Kidney Pills—the medicine recommended by so many people in this locality. Read the experience that follows:

A Michigan Case

Ambrose Hatfield, Brook St., Eaton Rapids, Mich., says: "My kidneys were disordered and I was tortured by sharp pains in my back. As I got older, the trouble became worse and gradually the pains went up into my limbs and shoulders. I was weak and depressed and had to be helped around. After other medicines failed Doan's Kidney Pills restored me to good health. My strength came back and I was able to return to work, free from pain."

Get Doan's at Any Store, 50c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

The HOME BEAUTIFUL

Flowers and Shrubbery—Their Care and Cultivation

To Have Beautiful Roses Like This, Care Must Be Taken of Them in Fall.

LATE SUMMER WORK NOTES

By E. VAN BENTHUYSEN.

Watch the tender greenhouse plants that are in the open and take them up before the last days of summer have passed.

Have the pots ready for the bulbs which must be taken up soon.

Insects will now begin to attack the scarlet runner and other flowers of that nature and they must be watched carefully.

The dahlias, gladioli and other rank-growing plants are likely to be blown down by the wind and should be staked.

Unless chrysanthemums are shaded during the hot month of August they will be injured by the sun.

Drench the ground around the tea roses, but do not spray the bushes.

Roses of all kinds should be thoroughly manured with well-rotted cow manure and mulched with lawn cuttings and leaves.

Liquid manure should be applied only when the ground is moist enough to absorb it.

It is fatal to some plants to fertilize them with rich manures when the ground is very dry.

Never allow roses to remain on the bush when the petals begin to fall.

All plants that are intended for winter bloomers should have the buds pinched off now.

Pick pansies and nasturtiums every day if you want to have plenty of blooms.

When the lilacs have finished blooming, all the seed clusters should be cut away. If the seed is allowed to develop on the lilac it generally has few flowers in every other year.

The best way to kill weeds now is to pull them up by hand.

The redbug and other enemies of the rose, if not killed off last month should be effectually removed now. An excellent spray for rose bushes is made of one-half pound of laundry soap melted in hot water to which is added one cupful of kerosene. When this comes to a boil, use about one part to fifteen parts of water.

Scrape up road dust and apply about the roots of your plants during the hot weather and keep the moisture in the soil. Lawn clippings make an excellent mulch for the larger plants and shrubs.

Save the grass clippings from the lawn to serve as a mulch for the bed of tea roses. These plants like to have the soil about their roots cool and moist. Spread the grass over the bed to a depth of two or three inches. When it withers, work it into the soil to act as a fertilizer as it decays and apply fresh clippings.

Cuttings from the geranium may be made all through August in most climates.

In a dry season don't mow the lawn as often as in a showery one. Regulate the frequency of your mowing by the appearance of the grass. Aim to keep it looking green and velvety. Early in August is a good time to sow mignonette for the window garden. Sow in pots or boxes and water frequently, but not too often.

FALL CARE OF THE SHRUBS

Clear away the soil about the shrubs, etc., and supply a top dressing of some good commercial fertilizer. Sprinkle this about the tree or shrub to a width of the spread of the branches and be sure to give the soil a good coating. Rake it in lightly and the spring rains will do the rest.

MONEY IN COTTAGE GARDENS

By LIMA R. ROSE.

When I lived in the country we used to send scores of nosegays to market, priced from five to ten cents. We could not supply them fast enough, and if people cared to grow common flowers or pot plants and sell them outside a railway station, for instance, they could do well with them now.

Make your own leaf mold. When sod is removed from the ground for any purpose, shake out the fine soil that adheres to it, for future use, or slice off the fine roots with a sharp knife just below the crown of the grass.

This is known as fibrous loam and in combination with leaf mold, old manure and fine sharp sand makes the very best potting soil.

Throw the top of the sods in a heap in some out-of-the-way corner, and add the rakings of the yard in fall and spring, all weeds pulled during the summer, all refuse of vegetables, potato parings, apple peelings, corn husks and berry hulls, anything that is vegetable matter and will decay.

All dishwater and slops that are not needed on the garden should be thrown on the pile, which should be turned occasionally during the winter.

By the following spring you will have the finest kind of a leaf mold.

Not all the pile will have decayed, but along the edges and underneath it will be found ready for use.

Add to it every bit of available vegetable matter during the year, including the annual flowers pulled up after their season of bloom. Add tops of such root plants as cannas, caladiums, gladioli, and you will soon have a supply quite adequate to the needs of the ordinary garden.

Where there are waterworks the hose may be turned on frequently to hasten composition.

If it is impossible to replace all poor soil in the garden with better, by the addition of leaf mold and manure much may be accomplished in the way of building up and rendering it suitable.

USE FOR HOUSE SLOPS

Any house slops that are free from grease or acids may be poured around the roots of plants to their advantage, pushing aside the mulch for this purpose and replacing when done.

Water the ground literally, always watering in the evening. Or, have a rubbish corner in which to dump everything that will make plant food, and pour the house slops—all kinds—on it, forking it over occasionally, and letting it decay.

Add to the heap any sward from the roadside, peelings and parings from the kitchen.

GARDEN HINTS

Tea, hybrid, prairie and other roses are easily rooted if the following precautions are taken. Prepare a sandy border that gets the sun in the morning, and which is well drained and sheltered in the winter.

Late-blooming plants will be greatly benefited if given a "tonic." A teaspoonful of bone meal worked into the soil about a strong dahlia is about the right proportion. One pailful of fresh cow manure to a barrel of water makes a good liquid tonic.

Keep hedges trimmed back, as neglect in this regard will ruin the appearance of the hedge.

The Rustic Furniture Around This Home Would Have Added Beauty if the House Had a Few Vines and the Trees Were Cared For—A Fine Example of How Not to Have the Home Look.

In Woman's Realm

Sports Clothes, Which Have Achieved Such a Wonderful Popularity, Bound to Become a Permanent Institution — Have Given Impetus to the Separate Skirt Idea—Pretty Party Dress, in Batiste or Organdie, for the Little Miss.

LATE MODEL IN SEPARATE SKIRTS.

When sports clothes made their appearance up-to-date women came and saw and were conquered by them. They are not classed among the fads of a season now but acknowledged as a new departure that promises to become a permanent institution. They have added a lot of color and vivacity to the apparel of women, and have influenced styles in other lines. Already specialists in designing them have demonstrated that their character and style lie in lines and in materials as much as in color.

A separate skirt in a handsome plaid, shown in the picture, is not classed among sports skirts, although it might be. But it reflects the style of the sports skirt. It is made ankle length with bias edges of the goods joined in a seam down the back and the front. Pipings and parallel rows of most workmanlike machine stitching places it in the class that is distinguished by fine tailoring—and there is nothing better.

The saddle-bag pockets, introduced early in the season, proved an inspiration for several pocket effects which are reappearing in the new fall models. In the skirt shown, a shaped band about the hips serves a double purpose, as it decorates and also provides a place for two pockets.

Skirts of this kind are worn with plain waists of crepe de chine or of cotton materials. The combination of plaid skirt and plain colored coat, to match the dominant color of the skirt, is among the best of the new showings for fall. The well-tailored separate skirt is a joy to its possessor and gives months of good service. For the coldest weather long heavy coats will replace the coats to match, which are designed for immediate wear.

When she goes visiting the little girl going on four or five or six is more than likely to wear a dress of batiste or organdie. Summer or winter the removal of her coat discloses her finery in these thin materials, sometimes hand embroidered, more often machine embroidered, and often finished off, in either case, with fancy needlework stitches. In the summertime her frilled bonnet is much like her dress, and in winter time it is apt to match her coat.

The little frock pictured above is of machine-embroidered batiste in a fine quality. Among the embroidered flouncings there are many patterns that seem made especially for children's dresses. The flower designs are dainty and the work fine. Such a pattern is needed for the little dress shown here. Frills are set in the short sleeves and they are made of the same flouncing as that used in the skirt. The skirt is set to a short baby waist, and what little needlework there is, is done by hand.

The finest of organdie edgings and flouncings are used for making those dressy bonnets, with double frills about the face, that have a permanent place in style for little children.

The bonnet shown has a puffed crown and is trimmed with a soft rosette of pink ribbon at the left side.

Short sox and black strapped slippers complete the visiting toilet of the little miss, in which she looks much like an animated doll. There is nothing unusual or different about this pretty outfit. Every little girl may have one like it. Every merchant carries the materials needed for making it and all hearts warm to the daintily clad little ones in their frills and ribbons.

Julia Bottomley

CHILD'S DRESS OF BATISTE FLOUNCING.

To Clean Wicker.

When a wicker chair requires cleaning dust it well and wash in tepid soapsuds. Mix together equal parts of turpentine and sweet oil and a few drops of methylated spirits. When the chair is quite dry, rub with a cloth moistened with the polish.

Hand Whitener.

A splendid formula to use on the hands after washing is: Fifteen grains of powdered borax, fifteen grains of common table salt, one-half dram of spirits of ammonia, one dram of orange, two ounces of glycerin, six ounces of alcohol.

To Make Fowls Tender.

If a turkey or chicken is rubbed inside and out with lemon it will make the meat white, juicy and tender.

Rage for Velvet.

A sheer frock and a velvet hat is the favored costume for fall. And let the hat be royal purple if it becomes you, or navy blue for second choice.

Switzerland, in proportion to its population, spends more on poor relief than does any other country.

Record Breaker.

"Maggie," said the inexperienced young thing to the cook, "the biscuits were a sight. If you can't do better next time I will have to discharge you."

"Ye will, will ye? I'll have ye know, mum, that I've been workin' out for two years, and I've worked for eighty-nine av the best families in town, an' I ain't ever bin discharged yet. I'm lavin' this afternoon for a better place."—New York Globe.

Restful.

"Who is that chap riding on the hearse with the driver?"

"That's smiley, the professional humorist. He's on his vacation."

Boston's Culture Vindicated.

The much acclaimed culture of Boston won for itself new laurels when so less a person than Dr. W. T. Sedgwick discarded a time-honored expression that has been in use for years unnumbered.

In his lecture to a class of public health students he said to his highly amused hearers:

"Public health work should be in the hands of an especially trained class of men—and should not be left to every Thomas, Richard and Henry."

Exit the familiar old "Tom, Dick and Harry" of our childhood.

She is a wise wife who knows her own husband.

What is Castoria

CASTORIA is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhœa and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The children's Panacea—The Mother's Friend.

The Kind You Have Always Bought, and which has been in use for over 30 years, has born the signature of Chas. H. Fletcher, and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

Genuine Castoria always bears the signature of *Chas. H. Fletcher*

Possibilities of Slang.

Slang and its possibilities were vividly expressed it the conversation of two youths in a Back Bay home one night recently, says the Boston Traveler. The boys got into a discussion and when all legitimate arguments had been exhausted, the following repartee was heard:

"Snow again, I didn't catch the drift."

"Keep on spouting, kid, you're a whale."

"Tie yer shoe, your tongue's hangin' out."

"Hang crepe on yer ear, you mutt, yer brain is dead."

"Aw sand your track, yer slippin'!"

"Snooze, little one, your bean is rusty."

CLEANSE THE PORES

Of Your Skin and Make It Fresh and Clear by Using Cuticura. Trial Free.

When suffering from pimples, blackheads, redness or roughness, smear the skin with Cuticura Ointment. Then wash off with Cuticura Soap and hot water. These super-creamy emollients do much for the skin because they prevent pore clogging.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

Honor Roll.

"Has your college produced any distinguished men?"

"Has it? Say, don't you ever read the papers? Didn't you hear of Lefty Jones, the famous southpaw; or Kangaroo Klein, the best shortstop in either league; or Biff Borroughs, the fence buster? And I could name a dozen more who have made good in the game. Have we ever produced any distinguished men? Why, Spalding's Baseball Guide is full of them."

Her Motive.

"Mercy sakes!" exclaimed the caller. "What dreadful language that parrot uses! How can you ever stand it?"

"Oh, I bought him to reform him," replied the lady of the house.

Many a laboring man's down in the world—digging a well.

MEN AND WOMEN Kidney trouble preys upon the mind, discourages and lessens ambition; beauty, vigor and cheerfulness often disappear when the kidneys are out of order or diseased. For good results use Dr. Kilmer's Swamp-Root, the great kidney remedy. At druggists. Sample size bottle by Parcel Post, also pamphlet. Address Dr. Kilmer & Co., Binghamton, N. Y., and enclose ten cents. When writing mention this paper.

Volunteer Adviser.

"It's a lucky thing I came out here today!" exclaimed the delirious baseball fan. "If it hadn't been for me, we'd have lost that game sure."

"Why, the man who won this game is the chap who just now said to second."

"Yes. But didn't you hear me yelling at the top of my voice telling him what to do?"

Some females imagine that they are as pretty as pictures because they're painted.

All quacks are not hatched from duck eggs.

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Prompt Relief—Permanent Cure

CARTER'S LITTLE LIVER PILLS never fail. Purely vegetable — act surely but gently on the liver. Stop after dinner distress—cure indigestion, improve the complexion, brighten the eyes. SMALL PILL, SMALL DOSE, SMALL PRICE.

CARTER'S LITTLE LIVER PILLS.

Genuine must bear Signature *Brent Good*

"RUGH on RATS" Rids Rats, Mice, Bugs. Die outdoors. 15c and 25c.

YOU CAN'T CUT OUT A **Bog Spavin or Thoroughpin** but you can clean them off promptly with **ABSORBINE** TRADE MARK REG. U.S. PAT. OFF.

and you work the horse same time. Does not blister or remove the hair. $2.00 per bottle, delivered. Will tell you more if you write. Book 4 M free. ABSORBINE, JR., the antiseptic liniment for mankind, reduces Varicose Veins, Ruptured Muscles or Ligaments, Enlarged Glands, Wens, Cysts. Always pain quickly. Price $1 and $2 a bottle at druggists or delivered. Made in the U. S. A. by W. F. YOUNG, P. D. F., 395 Temple St., Springfield, Mass.

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