Everywhere You Go Everywhere They Know

Alabastine

FOR 35 years Alabastine has been the choice of housewives who take particular pride in the decoration of their homes.

For 35 years Alabastine has been sold everywhere by paint, hardware, drug, and general stores. It is known by dealers and users alike as the "best beautiful" for walls and ceilings.

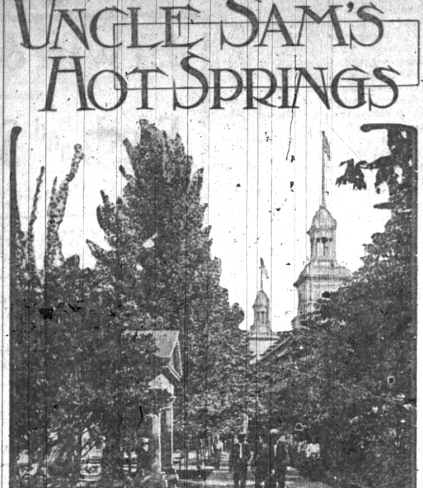
Alabastine is a dry powder that mixes perfectly in cold water. You can apply it yourself or your local painter will do the work reasonably. Be sure that you get Alabastine brought on the job in properly labeled packages.

Free Color Plans

The best decorators advise the use of stencils to produce contrasting wall and ceiling borders. Ordinarily, stencils cost from 50 cents to $3.00 each, but if you will write for the free "Alabastine Packet," containing hand colored proofs of 12 of the very latest stencil effects, we will tell you how you can have your choice of these and hosts of others at practically no expense. Write today for this *absolutely free decorating service.*

Alabastine Co.
386 Grandville Rd Grand Rapids, Mich.

UNCLE SAM'S HOT SPRINGS



BATH HOUSE ROW

CARLSBAD? Well, not this year, possibly; not next year either, as it looks now. No, nor Baden Baden nor any other of the famous European "spas." But there is still the Arkadian Hot Springs—now owned by Uncle Sam—and because of the European situation it's likely to have a big boom, a correspondent of the Philadelphia Record writes.

The water is there, a million gallons a day, so pure that chemical analysis shows but a faint trace of mineral, and the 42 springs are all hot. Not a drop of this water is sold. From the various springs one may drink it by the cup and carry it away by the gallon. In the bathhouses one may soak in it by the hour, at a cost within the reach of every purse.

This statement is made because there are 24 private bathhouses, and the large government bathhouse for the indigent. In the private bathhouses, which cost from $20,000 to $200,000, the government regulates the price, making allowance for the sum invested, the cost of maintenance, etc. The average price for a course of 21 baths is around eight dollars, and there is the fee for attendants, also regulated by the government.

Everything is under government control—the water, the bathhouses, the attendants and the physicians. Many of the bathhouses are on government property, that part of the reservation facing Central avenue, and known as "Bathhouse row." The occupants of these plots have no leases and pay no ground rent. They are there because the government allows them there, and can be closed up in ten minutes if their behavior is not all it should be. The attendants are all negroes, and none of them can get a job in a bathhouse without his or her little certificate bearing the signature of Doctor Parks, representing the department of the interior.

Physicians Must Qualify.

The physicians, as the result of some high-handed robbery by quacks in the old "wide-open" days when Hot Springs was about as wicked a spot as could be found on the map, have to qualify before a federal medical board before they are allowed to prescribe the waters and baths. Any patient being treated by a physician who has not so qualified will not be received at any of the bathhouses, for the bathhouse so offending could no longer "rent" water from Uncle Sam.

This term may seem a trifle odd to one not knowing the conditions at Hot Springs, but it exactly describes the situation. The bathhouse owner rents the water, paying $60 per annum for the water for each tub in his bathhouse. This water belongs to the government, and is under government supervision in the pipes, in the tubs and until it passes out through the sewer connections.

A larger sum, to be estimated only through the imagination, in fact, could be realized if the government would allow the waters to be exploited commercially. Vast sums have been offered for the bottling and shipping privileges, and while the water doubtless could be sent to the ends of the earth in perfect condition, Uncle Sam will not allow any such experiments.

There are in the valley half a dozen springs, privately owned, whose waters are known throughout the country. One of these has a great reputation as a cure for Bright's disease. Yet Uncle Sam will not allow them even to use labels which might mislead people into believing that they were a part of the group of wonder working springs that the government guarantees as being par excellence. They are the flow of outlying springs not considered of value at the time the main group was taken over, and probably are worth no more today, from a medical viewpoint, than they were at that time.

Baths for the Indigent.

If seekers after health who journey to the springs have not the wherewithal to pay the modest fees in effect at the private bathing places, Uncle Sam bids them welcome at his bathing house on the hill. After the formality of certifying that they own no property, and are possessed of less than twenty-five dollars in cash, the government bathhouse is open to them. Here 8,690 persons were cared for last year, taking a total of 125,988 baths at Uncle Sam's expense. The majority of these persons had no medical attention whatever, except the ordinary advice given by the government employes. Yet Doctor Parks states that 90 per cent of these people left Hot Springs cured of their afflictions, which in the majority of cases were rheumatism in its various forms.

It naturally is to be supposed that out of this large number of people there were a few who were not entitled to partake of Uncle Sam's bounty. It should be expected that among the 100,000 annual visitors to the resort there would be many with the saving instinct. The employees of the bathhouse, for instance, say they never could have believed there were so many people in the "world with only $24 if they had not heard the statements made under oath.

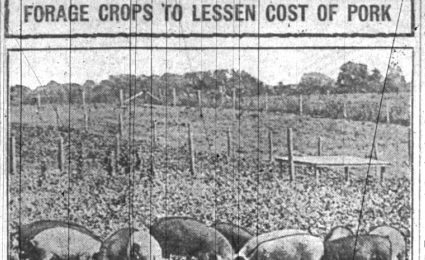
Uncle Sam, however, is jealous of this water, and while he gives it freely, he hates to have it taken away from him under false pretenses. If at any time a case looks suspicious, he thinks nothing of shipping an inspector half way across the continent to secure the facts. Only last winter the conversation of a man at his modest boarding house did not chime harmoniously with his appearance in the "water line" at the government bathhouse. An inspector was sent up into Michigan, and visited the little town from which the man had registered. When he returned he announced that the "indigent" owned four farms in his home county, and had mortgages on most of the others. It cost that man nearly one thousand dollars for the baths he had taken, and only his old soldier record saved him from having a trip to a federal penitentiary in addition.

The record of Hot Springs as a fountain of youth is a long and honorable one, yet the strange part of it all is that no one has ever been able to discover what is the property of the waters that effects the cures.

Away back in the early days, according to traditions, which are connected with all places of this kind, the Indians ascribed the power to Manitou, the Great Father.

Now there is a plan, backed by eastern capital, to erect at Hot Springs the largest sanitarium in the world. Already options have been secured on ten acres of property lying in the heart of the city nearly opposite the reservation.

FORAGE CROPS TO LESSEN COST OF PORK



Pigs in Rape at the Missouri Agricultural Experiment Station.

(By L. A. WEAVER, Missouri College of Agriculture.)

Forage crops furnish the best possible way of cheapening the cost of pork production, if we can trust the experience of the Missouri agricultural experiment station and of numerous hog feeders. High-priced grain must be used to a certain extent, but cheaper crops may be substituted for a part of it. The Missouri station experiments show that the five pounds of grain required to produce a pound of pork in dry lots may be reduced to three pounds if the hogs are running on alfalfa, rape, clover, sorghum or blue grass. The average return per bushel of corn fed was 66 cents a bushel in case of dry-lot feeding, as compared with $1.10 when the hogs fed were running on pasture.

Economy of work and a better effect on the fertility of the soil are also secured by hogging down, so the 40 per cent saving in grain fed does not tell the whole story. Hogs on pasture nearly always drop the manure where it will do some good, but this is rarely the case if dry-lot feeding is practiced. The grain feed keeps the animal in better health and free range gives him a chance to keep himself more nearly free from lice and worms.

Among the forage crops tested for pork production, alfalfa stands at the very top because (1) its long growing season enables it to furnish both early and late pasture, (2) it is drought resistant and does very well in the driest seasons and the driest parts of the growing season in Missouri, (3) its high protein content makes it especially good for balancing the corn in the ration.

Clover ranks next to alfalfa and fits into corn-belt rotations much better. It is similar in composition, but does not furnish pasture as early or keep as many hogs per acre.

Dwarf Essex rape is the best of the crops that must be sown each year. It may be sown alone or broadcast at the rate of six pounds per acre after which a bushel of oats per acre can be drilled in. Sorghum is also to be recommended and blue grass is excellent, especially for early and late pasture, but it is likely to take a rest during a hot, dry, summer. At such times the green, succulent sorghum will be very acceptable.

INCREASE IN VIGOR MADE BY CROSSING

After First Generation There Is Decrease in Yielding Power of Hybrid Strains.

It has been the common belief of feeders that a first cross between two pure breeds produces an animal that makes more rapid gains and matures earlier than would an animal of either of the pure breeds that entered into the cross. The blue-gray steer (Shorthorn-Galloway cross) has been famous as a feeder for many years. Likewise farmers that are raising hogs for the butcher's block usually prefer Berkshire-Poland-China, Duroc-Tamworth, or Duroc-Berkshire first crosses to pure bred stock of any of these breeds. There is an increase of vigor in the first generation cross.

It has also been known for many years that first generation crosses among plants that have been bred pure for some time will give an increase of yield over their parent stock.

Later experiments have brought out a point that the earlier experimenters failed to fully appreciate—that the increase in vigor from crossing is only temporary. After the first generation there is a decrease in the yielding power of hybrid strains. Unfortunately most breeders after they have made a cross with good results, will try to perpetuate a hybrid variety.—Bulletin 202, Virginia Experiment Station.

USE OF FULL-BLOOD SIRES ON THE RANGE

Striking Argument in Favor of Registered Bulls Reported From State of Utah.

A communication from Washington, D. C., gives a striking illustration of the value of the use of full-blood sires on the range.

Two Utah ranchmen shipped their steers to the same market on the same day. Both grazed their stock on the national forest range under grazing permits, controlling the same amount of range per head, and paid the same grazing fee. There was this difference: One had used registered bulls, the other had not. The owner of the steers by registered bulls actually received $40 per head more for his steers on the market than the other one received for the steers sired by the nonregistered bulls.

There is more sound argument in favor of the use of registered bulls in this one fact than could be written into a volume.

Treatment of Peppers.

The same treatment in the seedbed and after transplanting in the frame or greenhouse practically is required of peppers as tomatoes. Higher temperatures are necessary to get the best results. Peppers thrive in any kind of loose, fertile soil and the tendency to become spindly is not so marked as in the case of tomatoes.

Heat in the Hotbed.

Fresh horse manure, containing a liberal amount of straw or other litter is the best material to furnish heat in the hotbed. If manure is saved from the home stable it should be collected and preserved under cover. It requires about one two-horse load for every two sash.

Grain Bin Is Cheap.

A grain bin that will last at least ten years can be had for ten cents a bushel, or one cent per bushel per year storage expense. That's cheap!

HORSE REALLY HAS VERY LITTLE SENSE

Not Nearly So Intelligent as He Is Often Pictured—"Jibbler" Not Stupid.

(By GEORGE H. GLOVER, Colorado Agricultural College, Fort Collins, Colo.)

Those who have had the least to do with horses ascribe to them an intelligence which they really do not possess. A horse knows about as much when it is born as it ever does.

The majority of horses have very little will power, they can be rendered docile and tractable, they will work at high pressure until exhausted, never apparently learning the obvious lesson that it is the "willing horse" which suffers and that the more they work the more they will get to do.

The so-called stupidity of the ass and the provoking obstinacy of the mule are not indications of a lack of intelligence. On the contrary they manifest a determination of purpose which if they could combine against man would secure for them complete freedom from civilization.

A horse that "jibs" is one that has learned to disobey; he has learned his own strength and the comparative powerlessness of his master and he has learned this through an exercise of reason. The "jibbler" is an intelligent and not a stupid horse.

GIVE YOUNG COLTS VERY BEST OF CARE

Dry Bed and Protection From Cold Winds and Rain Is of Utmost Importance.

(By PROF. DONALD J. KAYS, Ohio State University.)

With the demand for good draft horses advancing, the young colts should receive the best of care to insure rapid and complete development. Many may be ruined by heavy feeding in the stalls where they cannot take exercise.

The ideal shelter for colts is a tightly built shed open to the south where the animals may go in or out at their own pleasure and where they may have the run of a lot for exercise. A dry bed and a protection from cold winds and rain is all that is needed. Clover and alfalfa make good roughage for colts with a grain ration of two parts oats and one bran added.

There is little danger of overfeeding a colt if room for proper exercise is given. Growth can be made more cheaply during the first year than at any other time and feed should not be spared.

Keeping Bees Quiet.

To keep a newly-settled swarm of bees quiet and make them enter the hive well, sprinkle them lightly with water before beginning to work with them.

Preserving Fence Posts.

Dipping the butts of fence posts for a length of 30 inches in hot coal tar will prove a great saving in fence-post expense.

Avoid Low-Priced Seed.

Don't purchase the lowest-priced seed. In nine cases out of ten the highest-priced seed is by far the cheapest. The seed doesn't cost much, after all, in proportion to the labor put on plants, once they start. A full crop is important, and possible only with good seed.

Worth of Planning.

A day in the fields is worth more than a day hauling grain, but an hour of planning may be worth more than both.

Kill the Flies Now and Prevent Disease. A DAISY FLY KILLER will do it. Kills thousands. Lasts all season. All dealers or six sent express paid for $1. H. SOMERS, 150 De Kalb Ave., Brooklyn, N. Y. Adv.

That's Different.

"I'm trying to sell that house I bought last year." I thought it would be an easy matter, but it isn't."

"What made you think it would be easy."

"Well, the agent didn't have any trouble selling it to me."

BAD COMPLEXION MADE GOOD

When All Else Fails, by Cuticura Soap and Ointment. Trial Free.

If you are troubled with pimples, blackheads, redness, roughness, itching and burning, which disfigure your complexion and skin, Cuticura Soap and Ointment will do much to help you. The Soap to cleanse and purify, the Ointment to soothe and heal.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. 13, Boston. Sold everywhere.—Adv.

Wrong Diagnosis.

"Your condition is very serious," said the doctor—"very serious indeed. What you need is an entire change of scene."

The patient seemed puzzled. "But, doctor—" he began.

"There's no but about it," insisted the physician. "A complete change of scene is the only thing that will cure you. By the way, what is your occupation?"

"I'm a scene shifter."

DO YOU NEED A KIDNEY REMEDY?

Dr. Kilmer's Swamp-Root is not recommended for everything, but if you have kidney, liver or bladder trouble, it may be found just the remedy you need. Swamp-Root makes friends quickly because its mild and immediate effect is soon realized in most cases. It is a gentle healing herbal compound, a physician's prescription which has proven its great curative value in thousands of the most distressing cases according to reliable testimony.

All druggists in 50c. and $1.00 sizes.

You may have a sample size bottle of this always reliable preparation by Parcel Post, also pamphlet telling about it. Address Dr. Kilmer & Co., Binghamton, N. Y., and enclose ten cents, also mention this paper.—Adv.

Something to Kick About.

"It was a great move the Russians made in abolishing vodka."

"Yes," replied the man who is never happy, "only it seems to me they have got rid of about the only word in their language that is easy to pronounce."

FITS, EPILEPSY, FALLING SICKNESS Stopped Quickly. Fifty years of unsurpassed success of Dr. Kilmer's Epilepsy Medicine insures quick relief. Large Dollar Bottles have 100 doses. **KLINE COMPANY, Red Bank, N. J.**—Adv.

A wise man will always agree with his wife rather than waste time arguing.

AFTER SIX YEARS OF SUFFERING

Woman Made Well by Lydia E. Pinkham's Vegetable Compound.

Columbus, Ohio.—"I had almost given up. I had been sick for six years with female troubles and nervousness. I had a pain in my right side and could not eat anything without hurting my stomach. I could not drink cold water at all nor eat any kind of raw fruit, nor fresh meat nor chicken. From 175 pounds I went to 118 and would get so weak at times that I fell over. I began to take Lydia E. Pinkham's Vegetable Compound, and ten days later I could eat and it did not hurt my stomach. I have taken the medicine ever since and I feel like a new woman. I now weigh 137 pounds so you can see what it has done for me already. [My husband says he knows your medicine has saved my life."—Mrs. J. S. BARLOW, 1624 South 4th St., Columbus, Ohio.

Lydia E. Pinkham's Vegetable Compound contains just the virtues of roots and herbs needed to restore health and strength to the weakened organs of the body. That is why Mrs. Barlow, a chronic invalid, recovered so completely.

It pays for women suffering from any female ailments to insist upon having Lydia E. Pinkham's Vegetable Compound.

Skin Muddy?

Dull eyes, blotches and other skin blemishes result from a disordered digestion. Purify the blood, tone the stomach, gently stimulate the liver and regulate the bowels and bile with

BEECHAM'S PILLS

Largest Sale of Any Medicine in the World. Sold everywhere. In boxes. 10c., 25c.

Busy.

"Jimson has become very devoted to his family all of a sudden."

"What makes you think so?"

"Well, I haven't seen him at his usual haunt for nearly a month."

"That doesn't prove anything. The fact of the matter is, a somebody presented him with a meerschaum pipe and he spends his evenings at home coloring it."

It's an easy matter to give advice, but it is difficult to get people to have faith enough to use it.

Chas. H. Fletcher

Net Contents 15 Fluid Drachms

900 DROPS

CASTORIA

ALCOHOL—3 PER CENT.

A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of

INFANTS AND CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Recipe of Old Dr SAMUEL PITCHER

Rhubarb Senna Bicarbonate Soda Anise Seed Peppermint Carbonate Soda Worm Seed Carminative Sugar Wintergreen Flavor

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Feverishness and LOSS OF SLEEP.

Fac-Simile Signature of

THE CENTAUR COMPANY.

NEW YORK.

At 6 months old 35 DOSES—35 CENTS

Exact Copy of Wrapper

THE CENTAUR COMPANY, NEW YORK CITY.

CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria Always Bears the Signature of Chas. H. Fletcher

In Use For Over Thirty Years

CASTORIA

Make the Liver Do its Duty

Nine times in ten when the liver is right the stomach and bowels are right. CARTER'S LITTLE LIVER PILLS gently but firmly compel a lazy liver to do its duty.

Cures Constipation, Indigestion, Sick Headache, and Distress After Eating. SMALL PILL, SMALL DOSE, SMALL PRICE.

Genuine must bear Signature

Brent Good

CARTER'S LITTLE LIVER PILLS.

Every Woman Wants Paxtine ANTISEPTIC POWDER

FOR PERSONAL HYGIENE

Dissolved in water for douches stops pelvic catarrh, ulceration and inflammation. Recommended by Lydia E. Pinkham Med. Co. for ten years. A healing wonder for nasal catarrh, sore throat and sore mouth. Adv.

Has extraordinary cleansing and antiseptic power. Sample, Free. 50c. at druggists, or postpaid on receipt. The Paxtine Toilet Company, Boston, Mass.

For Piles Use Abell's Formula Balm. Satisfaction Guaranteed or Money Refunded. For sale by all Druggists, or sent upon receipt of 25c postpaid. Send for free sample. HOME REMEDY CO. South Haven, Mich.

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MEDICINAL ROOTS, HERBS, LEAVES, BARKS, ETC.

We buy over two hundred different kinds of Medicinal Roots, Herbs, Leaves, Barks, Seeds, Flowers, Etc., for which we pay net cash on arrival.

We make a specialty of Ginseng, Golden Seal Root, Senaka Snake Root, Star Root, Star GRASS Root, Beeswax, Etc. We pay top cash prices.

If you want to line up with a progressive, growing, honest, up-to-date concern who will handle your goods right, who will keep you well posted on market conditions, write us for our price list, shipping tags, and full information.

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STOP LISTEN LOOK

Landseekers' summer time Excursions

Combine business and recreation. Enjoyed by all the family. See California's farms & orchards. Visit San Diego Exposition & Yosemite

Very low fares and tourist-sleeper economy with personal escort.

To California only $72.50 round trip from Chicago, $70 from St. Louis and $60 from Missouri River. On sale May 1 to Sept. 30; final limit, Oct. 31. Still lower fares June 9 to 16 and July 23 to 30; final limit, two months. Excursion fares from other points also.

California has a delightful summer climate—cool by the sea and in mountains—right time to see growing crops. In vineyards and orchards one finds delicious grapes, apricots, peaches, figs and Valencia oranges. Berries and melons come early; almonds and pears come later. Harvesting wheat and cutting green fields of alfalfa are going on June-July activities. Personally-conducted parties in tourist sleepers enable you to make the journey in comfort and with economy.

Fred Harvey meals and lunches—good eats—low cost. Write me for full details of land seekers' excursions, and especially ask for that "Farmers' Special" picture book.

C. L. Seagrave, General Colonization Agent
Atchison, Topeka & Santa Fe Ry.
2017 Railway Exchange, Chicago

Strenuous.

"What do you mean by referring to Wiggins as an athletic? The only game he can play is pinochle, and you'd hardly call that an athletic sport."

"It is the way Wiggins plays it. You ought to see him pound the table when he trumps the other fellow's ace."

This Is Awful.

"Are you Hungry?"

"Yes, Stam."

"Well, come along; I'll Fiji."

She is a wise woman who can laugh or cry just at the psychological moment.

Answer the Alarm!

A bad back makes a day's work twice as hard. Backache usually comes from weak kidneys, and if headaches, dizziness or urinary disorders are added, don't wait—get help before dropsy, gravel or Bright's disease set in. Doan's Kidney Pills have brought new life and new strength to thousands of working men and women. Used and recommended the world over.

A Michigan Case

"Every Picture Tells a Story"

Ambrose Hatfield, Brook St., Eaton Rapids, Mich., says: "I had rheumatic pains that got worse as I grew older. I became weak, nervous and discouraged and the pains were awful. For one year I had to be assisted from the chair to the bed. Doan's Kidney Pills restored to good health. I can't be too grateful."

Get Doan's at Any Store, 50c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

PARKER'S HAIR BALSAM

A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c. and $1.00 at Druggists.

PATENTS Watson E. Coleman, Washington, D.C. Books Free. Highest references. Best results.

GALLSTONES Avoid operations. Positive remedy—(No oil)—Results sure. Write for our Big Book of Truth and Facts No-Inquiries FREE. Gallstone Remedy Co., Dept. C-69, 2185 Dearborn St., Chicago

All Goods Frozen.

The markets of Irkutsk, in Siberia, are an interesting sight, for the products offered for sale are in most cases frozen solid. Fish are piled up in stacks like so much cordwood, and meat likewise. All kinds of fowl are similarly frozen and piled up. Some animals brought into the market whole are propped up on their legs, and have the appearance of being actually alive, and as one goes through the markets one seems to be surrounded by living pigs, sheep, oxen and fowls standing up. But, stranger yet, even the liquids are frozen solid and sold in blocks. Milk is frozen into a block in this way and with a string or a stick frozen into or projecting from it. This, it is said, is for the convenience of the purchaser, who is thus enabled to carry his milk by the string or stick-handle.

About the Duck.

A little schoolgirl in Michigan has written the following essay on the duck: "The duck is a low, heavy-set bird. He is a mighty poor singer having a coarse voice caused by getting so many frogs in his neck and he likes the water and carries a toy balloon in his stomach to keep from sinking the duck has only two legs and they are set so far back on his running gears by nature that they come pretty near missing his body some ducks when they get big curls on their tails are called drakes and don't have to set or hatch but just loaf and go swimming and eat everything in sight if I were to be a duck I would rather be a drake they have a wide bill they use it for a spade they walk like a drunk man they bounce and bump about from side to side if you scare them they will flap their wings and try to make a pass at singing.—Detroit Journal.

We Won't Deny It.

If we could build up a solid column of ice from the earth to the sun two miles and a half in diameter, spanning the intervening distance of 93,000,000 miles, and if the sun should concentrate its entire power upon it, it would dissolve in a single second, according to a calculation made by Professor Young.