



### Colds Make Backs Ache

MORE aching backs, more kidney troubles come in March, than in any other month. Slushy sidewalks, dampness, raw winds and sudden changes cause chills and colds. A cold tends to hurt the kidneys. It is good sense to use a kidney remedy when recovering from a cold and at any time suffering from a lame back, sharp pains when stooping or lifting, heavy spells, irregular or annoying kidney action, and a run-down, nervous state.

### Here's What Michigan People Say:

Frank Minton, W. St. Joe St., Union City, Mich., says: "Some years ago I was injured and my back and kidneys were affected. Every time I caught cold, it acted on my kidneys causing kidney misery from a lame back and pains through my joints. Doan's Kidney Pills have done me more good than any other kidney medicine I have ever used. They have removed lameness and kidney troubles and strengthened my kidneys."

## DOAN'S KIDNEY PILLS

At All Stores, 50c a Box. Foster-Milburn Co., Buffalo, N. Y.

## COLT DISTEMPER

You can prevent this loathsome disease from running through your stable and cure all the colts suffering with it by using the best medicine known to the world. It is safe to use on any colt. It is wonderful how it prevents all diseases, no matter how long they have been in progress. All good druggists and turf goods stores carry it. A bottle, 50c. A dozen, \$5.00. Write for a bottle, 50c and a dozen, SPOON MEDICAL CO., Chemists and Electrologists, Oshkosh, Wis., U. S. A.

## SWAMP-ROOT STOPS SERIOUS BACKACHE

When your back aches, and your bladder and kidneys seem to be disordered, it is necessary to suffer for some time on your nearest drug store and get a bottle of Dr. Kilmer's Swamp-Root. It is a physician's prescription for diseases of the kidneys and bladder.

## "CASCARETS" FOR SLUGGISH BOWELS

No sick headache, sour stomach, biliousness or constipation by morning.

## FRECKLES

Now is the time to get rid of these. There is no longer that slightest need of feeling ashamed. You can have your freckles removed by the use of Freckle Remover. It is a simple, safe, and effective treatment. It is a prescription of a famous dermatologist. It is a simple, safe, and effective treatment. It is a prescription of a famous dermatologist.

## FOR PLEURISY, BRONCHITIS AND SORE THROAT

Readers are advised not to do the best way to quickly overcome a cold. It is a simple, safe, and effective treatment. It is a prescription of a famous dermatologist. It is a simple, safe, and effective treatment. It is a prescription of a famous dermatologist.

## Pale, Sallow Cheeks

### Tell the Need Of

Doan's Kidney Pills. Women who are subject to these conditions should take Doan's Kidney Pills. It is a simple, safe, and effective treatment. It is a prescription of a famous dermatologist. It is a simple, safe, and effective treatment. It is a prescription of a famous dermatologist.

## HOME BEAUTIFUL

### Flowers and Shrubs

#### Their Care and Cultivation

wait until the earth is dry and warmed by the sun. Do not start the late-blooming plants in the house. For instance, the cosmos.

Try a few of the summer blooming bulbs and tubers this year—tuberous rooted begonias, caladiums, dahlias, and the like. They are very satisfactory summer bloomers.

The following plants will flourish on the shady side of the house: Ferns, nasturtiums, philoxeranthus, nigella, ranunculus, candelabra, cyclamen, hyacinth blue, morning glories, and in fact almost all our bedding annuals.

### FIRST WORK FOR GARDEN

By L. M. BENNINGTON.

One does not need a large variety of flowers or vegetables to get both pleasure and profit from a garden. I do the planting and much of the work on a plot of about one acre. The products include asparagus, string beans, tomatoes, celery, spring cabbage, and other vegetables.

When spring comes, work the soil about the shrubs and perennials, and fork in the winter's mulch. If the plants are getting too large, divide them, and they will bloom more profusely.

Plan for an extraordinary bed of vegetables by throwing the soil of a well drained bed into narrow ridges with deep furrows between them. The action of the elements will work upon the texture of the soil that you will be able to plant a bed a week or two earlier than the rest of the garden.

### HOW TO PLANT CANNAS

Plant cannas one of two feet apart, depending altogether if they be dwarf or the tall-growing sort. They like very rich soil and plenty of water during the growing season. They come in many beautiful colors and shades, splashed, marbled, striped, spotted and blotched.

### GIVES ONE CROP OF FLOWERS

The cheriara gives but one good crop of flowers, and no amount of pinching back, stimulating, etc., will induce it to give another. It likes plenty of pot room and good drainage. If attacked by aphids, apply insect powder to the underside of the leaves when they are damp.



## MARKET QUOTATIONS

Live Stock.

DETROIT—Cattle Receipts, 2,448; heavy steers, \$17.50-18.50; mixed steers and heifers, \$17.00-18.00; mixed steers and heifers, \$16.00-17.00; heavy butchers, \$16.00-17.00; light butchers, \$15.00-16.00; 4-5 yearling cows, \$15.00-16.00; cowboys, \$14.00-15.00; canners, \$13.00-14.00; best heavy bulls, \$12.00-13.00; 4-5 yearling steers, \$11.00-12.00; stock bulls, \$10.00-11.00; feeders, \$9.00-10.00; stockers, \$8.00-9.00; milkers and springers, \$7.00-8.00.

### Mix in One Minute with Cold Water—Ready to Apply Immediately

## Sanitary Beautiful Permanent Economical

Albastine. The only tool needed to apply.

### Three Hundred Million Bushel Crop in 1915

## 160 ACRE FARMS IN WESTERN CANADA FREE

Regarding Western Canada as a grain producer, a prominent business man says: "Canada's position today is sounder than ever. There is more wheat, more oats, more grain for feed, 20% more cattle than last year and more hogs. The war market in Europe needs for a long time a steady crop of wheat and other grains for business confidence to build upon, exceeding the best optimistic predictions."

### What averaged in 1915 over 25 bushels per acre Oats averaged in 1915 over 45 bushels per acre Barley averaged in 1915 over 40 bushels per acre

Prices are high, markets convenient, excellent land, low price for either crop or otherwise, ranging from \$12 to \$20 per acre. Free homestead lands are plentiful and not far from railway lines and convenient to schools and churches. The climate is healthful.

And After That... Joke on Her.

### BABY'S ITCHING SKIN

Quickly Soothed and Healed by Cuticura. Trial Free.

### DRINK LOTS OF WATER TO FLUSH THE KIDNEYS

Uric acid in excess excites the kidneys, they become overworked; uric acid, uric acid, and uric acid. The uric acid becomes clotted; the kidneys become irritated, and you may be obliged to seek relief two or three times during the night. When the kidneys get you must help them first of all by drinking water.

### Clean the Blood

"Anuria" is a recent discovery of Doctor Frier, who has found the invalids of the world. It is a simple, safe, and effective treatment. It is a prescription of a famous dermatologist. It is a simple, safe, and effective treatment. It is a prescription of a famous dermatologist.

### A NEW DISCOVERY

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A Sample of Tree Surgery.