

# THE BIRMINGHAM ECCENTRIC.

Dedicated to Our Own Locality—We Labor for Its Interests

THIRTY-EIGHTH YEAR. NO. 39

BIRMINGHAM, OAKLAND COUNTY, MICHIGAN, FRIDAY, JANUARY 28, 1916.

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## THE IDEAL HOME ALMOST GETS IT MEET IN PONTIAC 25 YEARS AGO!

Resume of Lecture Given by Miss Mary E. Edmonds of the P. A. C. at Home of Mrs. Bigelow.

The educational committee of the Woman's Literary Club were fortunate in securing Miss Mary E. Edmonds, of the P. A. C., for an extension course lecture, which was given at the home of Mrs. J. Allen Bigelow on Maple avenue, Tuesday afternoon, January 18.

Her subject was "Ideal Home Conditions." The thoughts expressed in her introductory quotation were carefully elaborated in her discussion. In substance, it was as follows: "To know how to live you should be healthy, to enjoy the pleasures of the senses; to taste good tastes, to hear sweet sounds, to see beautiful sights, to learn to work and serve and to love."

One of the first essentials of right living is a knowledge of foods; that is, one should know how to select foods. A careful study should be made of the composition of the foods and the people to be fed. The food should be fitted as we would fit a garment to the age and the seasons. In preparing a balanced meal, one should be familiar with the relation of the food to their nutritive value. If a pound of protein material is required it would not be wise to pay two dollars for oysters when the same amount of protein can be obtained from ninety cents worth of milk.

The second essential for right living is household sanitation, or the prevention of disease by creating healthy surroundings. It is said that 25 per cent of the people are not now doing the work they could if in perfect health. It is the problem of the home to correct these conditions. Begin with fresh air in the cellar, as one-half to two-thirds of the air in our homes comes from the cellar. Special care should be taken to have fresh air in the bed room at night. Sunshine is the best disinfectant. Plenty of good fresh water is also necessary.

The third essential of right living is making the home beautiful. Browning tells us that simple beauty is the best that God can make. One should study decoration as an art. All large designs should be avoided and stripes should be used to give the effect of greater height. It is not well to have a room all one color. Harmony can be obtained by relating or contrasting a few colors.

The fourth essential of home life is a knowledge of the principles of economy. The economy of time is as important as the economy of money. People have shown that the typical American home, which is a home with three children, needs from \$1,000 to \$1,200 in order to live efficiently. Many devices for saving time and strength may be secured. A worn out woman is never the best return for a home. Solomon said, "A wise woman looketh well to the ways of her household and eateth not the bread of idleness. Her children arise up and call her blessed; her husband also, and he praiseth her."

Friendship and social life are essential for ideal home conditions. "The ideal home should always stand for an intelligent, affectionate effort to help others to follow as nearly as possible to the fulness of life by securing for them those essentials for good living which they cannot so well get in any other place."

There is more catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment pronounced it incurable. Science has proven catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful, and cures radically on the blood and mucous surface of the system. They offer \$100 for any case it fails to cure. Sent by circulars and testimonials. Address: F. J. Cheney & Co., Toledo, Ohio. Sold by druggists. Take Hall's Family Pills for constipation.—Advertisement.

**ST. JAMES' CHURCH NOTES**  
Rev. F. F. Knapp, Rector.  
Sunday will be the fourth Sunday after the Epiphany. Services for the day as follows:  
Holy Communion at 7:15 a.m.  
Bible school at 9:45.  
Morning service at 10:45.  
Mr. Macdonald, who has been associated with Dean Thornberry in Wyoming will be the preacher.

**CHANGE OF FIRM**  
The H. G. Spencer & Co. entire stock of merchandise has been purchased by Earl A. Mudge, Clyde L. Cronkright and Fred V. Goodwin under the name of Birmingham Grocery. All accounts due H. G. Spencer & Co. are payable at the store at 104 1/2. Prompt service our aim.  
BIRMINGHAM GROCERY.  
All our people down in the sunny South, mostly at St. Petersburg, have been asking for the new discovery. For the past week has been ideal weather. Mild, the sun in evidence and everybody rejoicing over the weather.

County Committee of Y. M. C. A. Items Published in the Eccentric a Quarter of a Century Ago This Week.

A meeting of the county committee of the Y. M. C. A. is called for on Tuesday, February 1, at 7:30 p. m. in the basement of the Presbyterian church.

The purpose of the meeting is to direct the first of a series of similar meetings to be held through the state for the purpose of conducting a campaign of education among the commitment and leaders in Y. M. C. A. work. This will be done under the auspices of county state and international officials who will all be present at the meeting. In the second place, plans are under way for extending the work into other communities in the county and part of the discussion will be for the purpose of seeing what the policy will be to carry this out.

A letter has been sent to all committees announcing the meeting and this week another will follow, explaining the program in greater detail so that the men may know what to look for. This is a new step in the direction and great good ought to result from the effort. In many instances the committees do not know what is best, due to the fact that they are not properly posted, and this ought to obviate that to a great extent. The members of the county committee locally are: George N. Brady, Rev. F. R. Kraft, W. E. Smith, I. N. Yorhais, and Charles Peck. Any others interested in the work of the Y. M. C. A. will be welcome to attend.

**\$30,000 SAVED**  
R. F. D. Serves 538 More Families at Less Expense Since the Recent Revision.

The readjustment of rural delivery service in the second Michigan congressional district (representative Samuel W. Beekes) was made public by the postmaster general Saturday. The following table shows the number of rural routes in this district by counties prior to the original revision and the number authorized under the completed readjustment, the net saving made and the number of additional families accommodated by the change: Routes under revision—Lenawee, 53; Monroe, 35; Washtenaw, 47; part of Wayne, 52; Jackson, 42. Total, 225. Routes under completed revision—Lenawee, 49; Monroe, 30; Washtenaw, 37; part of Wayne, 42; Jackson, 36. Total, 194. Net savings—Lenawee, \$5,104; Monroe, \$5,592; Washtenaw, \$7,200; part of Wayne, \$12,624; Jackson, \$7,104. Total, \$38,624. Additional families provided with mail facilities never before had—Lenawee, 285; Monroe, 82; Washtenaw, 90; part of Wayne, 19; Jackson, 42. Total, 538.

"This new readjustment is made under the policy of the department to make thorough working tests of rural delivery when changes are made, and to authorize such extensions as are necessary to provide equal and complete service," says Postmaster General Burleson.

**For Rheumatism.**  
As soon as an attack of rheumatism begins apply Sloan's Liniment. Don't wait until you suffer unpleasantly. A few drops of Sloan's Liniment on the affected parts is all you need. The pain goes at once. A great sufferer writes: "I used Sloan's Liniment on my neck with chronic rheumatism and, within a few days, the pain was gone, they failed. Fortunately I had Sloan's Liniment, and after using it for three-four days an aching and swelling of the neck was relieved. I am employed in the biggest department store in S. F. where they employ about 300 men, and they surely will bear all Sloan's Liniment." H. B. Smith, San Francisco, California, January, 1915. 25c at all druggists.—Adv.

**NOTICE TO ALL INTERESTED**  
Inspection of the cattle at milking time, or any other time, will be appreciated and any of the horses at any time they may see fit to call to be sold at auction at E. B. Davis' sale.  
E. B. DAVIS, 25Jan2

**SCHOOL NOTES**  
Mid-semester examinations are being held in the High School this week. Saturday night the teachers were entertained at a party given by Miss Hayden and Miss Robinson.  
At the Sophomore chapel last week an essay on Mary Anton was read by Rachel, and a piano solo was rendered by Edith Burnett.  
Several new books have been added to the school library lately.

Phone 65 Phone 38

## We Appeal to Your Pocket

Daisy Peas, 2-lb. can Ceco Corn, 2-lb. can  
Tell Tomatoes, 3-lb. can  
High-grade standard, one of each.  
Three for 25 Cents

## We Appeal to Your Palate

With many unusual eatables unusually good  
Rex Pickled Pigs Feet—2-lb. jar, 40c  
Rex C. B. Hash, 15c and 25c  
Elkhorn Kraft Cheese, 25c  
Golden Bantam Corn, 18c  
Olives, stuffed with Celery, 25c  
Olives, stuffed with Almonds, 25c  
Logan Berries—delicious, 25c  
Pickled White Onions—1 quart, 25c  
Curtice Fresh Orange Marmalade, 25c

Prime Old N. Y. Cheese, June 1915  
Fancy Dairy Butter—2-lb. and 5-lb. pkg.  
Strictly fresh Eggs at all times

## MINER GROCERY CO.

"THE HOME OF GOOD THINGS TO EAT"

ENOCH MATHER, M. D.  
SPECIALTY—CHRONIC DISEASES  
S. J. GREEN PHONE 273 A. F. HEACOCK

Office and Residence:  
228 South Gratiot Avenue  
Mount Clemens, Michigan  
Hours—Until 12 m., 3 to 5 and 7 to 8 p. m.

**JNO. D. RIKER, M. D.**  
Practice limited to  
EYE, EAR, NOSE, THROAT & OPHTHALMIC, MICH.  
Died, at his residence, two miles west of Birmingham, on Thursday, January 22, 1891, Alvin D. Simonson, in the 64th year of his age.

**Why Not Let Your Engine or Motor Do Your Shelling?**  
Watts Corn Shellers are the result of the experience and the conscientious work of men who have devoted their entire time to the development of a line of Shellers that meet the requirements of the average farmer, and will do a good clean job of shelling under all conditions. For those who do not need a Power Sheller we have the Hand Sheller in two styles. Call and let us show them to you. "Always at your service."

## GREEN & HEACOCK

PARKS' OLD STAND

**Good Groceries Good Health**  
This is the place filled from top to bottom with high-grade Groceries—Groceries that are fit for a King. When your table is supplied with food-stuffs purchased at this place, you know they are pure-food Groceries. In fact, if there is anything in the Grocery line you want and want the best, come to this place and become a satisfied customer.

**Something Good**  
The largest line of the finest Canned Goods and Dried Fruit in the whole day brighter. It is always uniform in good-ness. Put up in pound cans, sealed at the critical moment of the roasting, to keep for your table all the luscious natural oil of the Coffee. Pathfinder Coffee is 30c per lb.  
**Easy Way to Cure a Cold**  
It will pay you to keep Nyal's Laxacold handy. It cures a cold in such a hurry—it is so easy to carry that it's unnecessary to neglect treatment.  
You aren't obliged to take many tablets before the cold disappears—it's absolutely no trouble to take them—no time lost and the treatment is not interrupted.  
**NYAL'S LAXACOLD**  
Being free from quinine you experience no unpleasant effects—relieves the fever and pain in the head—acts directly on the catarrhal conditions and relieves you of this unpleasantness.  
Absolutely tasteless—can be taken without water.  
25 tablets—enough for several colds—40 cents

**Pathfinder Coffee**  
Delicious, fragrant Coffee, the one you personally like—makes the whole day brighter. It is always uniform in good-ness. Put up in pound cans, sealed at the critical moment of the roasting, to keep for your table all the luscious natural oil of the Coffee. Pathfinder Coffee is 30c per lb.  
**FOR THE MEN**  
The best line of Shoes, Shirts, Overalls, Hose and Canvas Gloves at prices that are right. For any desired information, Phone 222.

## Clover Hill Park

One-half mile south of Birmingham, on the Fifteen-mile Road, just east of Woodward. The finest Subdivision between Detroit and Birmingham. We are selling beautiful large lots opened. You can double your money on this property. See us today. Easy terms.  
**OAKLAND REALTY CO. Webster Building**  
No Fobling Goes Here. A man's stomach will stand a good deal of abuse, but when it does turn- sargent it's the other fellow who has to seek terms of peace. A Liar of Confess. The adjective "beautiful" is used very low. But yours are not many prompt the man made to grow thin while in order to suppress it.

## B'ham Grocery