Canadian Wheat to Feed the World

160 ACRE FARMS IN WESTERN CANADA FREE

The war's fearful devastation of European crops has caused an unusual demand for grain from the American Continent. The people of the world must be fed and there is an unusual demand for Canadian wheat. Canada's invitation to every industrious American is therefore especially attractive. She wants farmers to make money and happy, prosperous homes for themselves while helping her to raise immense wheat crops.

You can get a Homestead of 160 acres FREE and other lands can be bought at remarkably low prices. Think of the money you can make with wheat at its present high prices, where for some time it is liable to continue. During many years Canadian wheat fields have averaged 20 bushels to the acre—many yields as high as 45 bushels to the acre. Wonderful crops also of Oats, Barley and Flax.

Mixed farming is fully as profitable an industry as grain raising. The excellent grasses, full of nutrition, are the only food required either for beef or dairy purposes. Good schools, markets convenient, climate excellent.

Military service is not compulsory in Canada. There is no conscription and no war tax on lands.

Write for literature and particulars as to reduced railway rates to Superintendent Immigration, Ottawa, Canada, or

M. V. McInnes,
176 Jefferson Ave., Detroit, Mich.
Canadian Government Agent

Low Price Alone Does Not Represent Economy

A ten dollar rifle with a defective bore is an expensive gun compared with the thirty dollar rifle that would have brought down the game where the other failed.

If you want real service, real comfort, genuine satisfaction in footwear, buy

Rouge Rex Shoes

They keep their shape, and continue to please after inferior shoes will have been cast aside. You get what you pay for—not merely so much leather to cover your feet, but serviceable leather, leather that protects, put together over lasts that fit.

No. 441 is a black veal blucher, with double cap toe, large nickel eyelets, and sole of our own special Oak-a-tan sole leather stock, of the very best wearing quality. This is but one of our many styles.

Write for descriptive Rouge book and dealer's name

HIRTH-KRAUSE COMPANY
Hide to Shoe Tanners and Shoe Manufacturers
GRAND RAPIDS MICHIGAN
Trade Mark Mark of Quality on every Sole

BATTLES WON BY TOBACCO

Influence of "My Lady Nicotine" Is Fully Appreciated by the British Government.

The value of tobacco on active service is now so well esteemed by the military authorities that today one sees the British government doing what it had never done before—supplying free tobacco to the troops.

Only within comparatively recent times, however, has this necessity been officially recognized. Wellington condemned the practice of smoking as being "a species of intoxication occasioned by the fumes of tobacco."

Official efforts to discourage the use of tobacco were completely negatived in the Crimean war. The privations suffered then by the troops resulted in officers and men taking to the panacea adopted by their French and Turkish allies, and by its aid their discomforts were so alleviated that ever since the practice of smoking on active service has been countenanced by those in command.

In consequence tobacco has played a notable and beneficial part in the wars of the past century—in fact, from Waterloo to South Africa. Probably its solacing and inspiring qualities were never so strongly manifested as in the Franco-German war of 1870. It might be said, indeed, that the crushing defeat inflicted on the French was due largely to the soldiers' lack of tobacco, added, as it was, to the breakdown to the commissariat, whereas on the German side the authorities did all they could to insure the troops being plentifully supplied with the weed.—Tit-Bits.

Human Nature.

It may not occur to those eminent investigators who contemplate a report upon the causes of human unrest that they can cover the whole subject in just two words.—New York Herald.

Coffee derives its name from Kaffa, a district of East Africa, south of Abyssinia.

Why He Kept a Servant.

In the days when he was superintendent of the Portsmouth dockyard in England, Lord Fisher, the present admiral of the British fleet, had the seadog attitude toward the men; he frequently tested them with all the harshness of a whaling captain; they, in turn, treated him with a half-friendly, half-hostile familiarity.

Several years after his Portsmouth days Fisher visited one of his old associates of the forecastle who was then living on half-pay. He found the old man comfortably settled in a cottage, attended by another superannuated seaman.

"Why do you have this other man here?" asked the admiral.

"I keep 'im 'ere," said the pensioner, "to come up into my quarters at five o'clock in the mornin' an' sing out 'Hi There.' At that I merely rolls over in my bed, and says, 'Tell old Fisher to go to 'ell.'"—World's Work.

All Work Together.

The present war, terrible as it is, is said to have brought women of all classes nearer together than anything else could ever possibly have done in Europe. In England the mistress and maid each try to outdo the other in bravely going on with their work, forgetful of the sorrow that they may only recently have suffered. In London there are plenty of social affairs, but they are all for a serious purpose. The "teas" and "luncheons" are simply for the sake of getting together to decide what the next work shall be. It is probably the same in other countries at war.

Her Wise Papa.

She—Papa says that when coming to see me you must not come in a street car any more.

He—Really! Does he expect me to walk all this distance?

She—Of course not. He says all he asks is that you will come in a carriage hired by the hour.—New York Weekly.

The spoon is an insignificant little utensil, yet it creates a stir in every home.

Winning— In Sport or Business

is seldom a matter of luck, but the result of well directed effort.

Here's where food plays a big part. Not necessarily a large amount of food, but well-balanced, easily digested food in proper quantity.

Grape-Nuts

is that kind of food.

Made of wheat and barley, it retains in correct proportion all the nutriment of these grains, and is particularly rich in the mineral elements—essential builders of brain, nerve and muscle.

Grape-Nuts comes ready to eat from the FRESH-SEALED package—crisp and delicious. The rich, nut-like flavour and wonderful nutriment of this concentrated, easily digested food have proved to thousands—

"There's a Reason" for Grape-Nuts

—sold by Grocers everywhere.

The HOME BEAUTIFUL

Flowers and Shrubbery—Their Care and Cultivation

Chrysanthemums Make a Good Plant for Borders.

PLANTS FOR THE BORDER

In choosing plants for the border, try to get those varieties which give a succession of bloom. The majority of ornamental shrubs come into bloom early in the season, but there are many which give fine effect during the summer and well along into the autumn months. While some shrubs are a foot or less tall, others reach a height of ten or twelve feet, and this should be considered in determining location.

Many seeding plants found growing about the roots of old plants may be lifted and potted, sinking the pot in the soil and keeping the young plants growing until cool nights, when they should be brought indoors, gradually accustoming them to the new conditions until cold weather, when they will give the finishing touches to the cheer of the living room. The busiest housewife may have a few plants, and there is nothing more encouraging than a bit of thrifty greenery in the house when the storms are raging on the outside.

Willowware in Quaint, Low Shapes Makes Attractive Receptacles for the Flowers for the Centerpiece.

SUMMER AMONG FLOWERS

By BESSIE L. PUTNAM.

If the porch box was fully enriched at planting time with well decayed material from the cow stable it will probably not require additional fertilizer, although so many plants blooming in so contracted a space may prove too hard a strain.

If the growth becomes less thrifty, try using liquid manure once every week or two.

The salvia bed is now in its glory. If a few slips are placed in water in a sunny window and allowed to take root they will be a fine foundation for the winter window garden.

Plant flowers in the back yard. Then if the drainage problem has never been fully worked out, the plants may thrive upon the kitchen waste during the summer months, and there will be no trouble about cess-pools.

If you have occasion to paint plant stands or boxes avoid the bright and conspicuous tints. Olive green and black are both colors which harmonize well with almost anything else and are not, in themselves conspicuous. Keep the blossoms closely clipped as soon as they begin to fade.

Many complained last spring that seeds did not come up, three successive plantings being necessary in some instances to obtain a show of plants.

Here again, in an adverse season, or when old seed is used, comes the advantage of generous sowing.

Then, if the heavy rains come and wash the ground out, there is still a chance that enough seeds are left to make a good showing.

Most flowers will not succeed in a shady yard. If you have such a location, make the most of it, taking your pay in pansies, ferns and plenty of comfort. But the flowers must be given a place in the garden where they will get sunshine during at least a portion of the day.

While the fragrance of the mignonette is highly enjoyable, we question whether it is not better when only a few flowers are grown to depend for fragrance upon some of the flowers which are also beautiful in form and color, as the sweet pea and the carnation.

The rose-geranium slip planted early in May will soon become an immense plant with most luxuriant foliage, which is just the thing for encircling the base of your bouquet, be the flowers what they may.

The leaves are also used in scenting the handkerchief or note paper box.

Another year you may decide to border your bed of geraniums with this scented rose, or better to alternate the green with the white edged variety.

Ready for the Burglar.

A Brockton (Mass.) lawyer recently bought a revolver for self-protection, and after considerable thought decided that the best place to keep it was in the safe, so that if a burglar unexpectedly drops in all the lawyer will have to do is to walk to the safe, arrange the combination, open the door of the safe, hunt in his vest pocket for the key to the inner compartment, unlock the inner door, pull out the revolver, find some cartridges and then turn on the burglar.

SOME FLOWER NOTES

Pot your callas early in September.

Sprinkle powdered borax around plants that are bothered with ants.

Mark the native plants when in bloom, and this fall transplant them to your border. Many of them are worth having in the garden.

The spotted calla will die down after blooming and should be left in the ground until late autumn, when it can be taken up and stored until January. Store like gladiolus bulbs.

For rose mildew spraying with sulphide of potassium, using one ounce to three gallons of water, is much more effective than the old-fashioned method of dusting the foliage with flowers of sulphur.

Try making climbers of your choice petunias. Trim out all but three or four branches and keep these tied up to a stake or trellis. Give them rich soil and plenty of water, if you want something beautiful.

Very True.

"Pop!"

"Yes, my son."

"Is a jingo a fighter?"

"No, my son; he's a fellow who wants to see someone else do the fighting."

What's in a Name.

Redd—He calls his automobile "The Mermaid," I believe.

Greene—Don't see why. A mermaid doesn't use up "shoes" like that machine does.

HOME THAT IS TRULY HOME

Its Creation Is Wholly the Art of Woman, and Really Her Life's Best Work.

A home is not merely a house; it is an atmosphere; it is a place of beloved associations, where you can wear old clothes, and think old thoughts, and hear familiar voices without hearing them. You can be happy there, and be comfortably unhappy, be thoroughly unpleasant even, and know that those you love will think no worse of you than they do already. Luxury cannot make a home, nor can books, or pictures, or rugs, or bric-a-brac. A cat, a canary, two geraniums, a Bible and an old rocking chair may make one of the loveliest homes in the world. At the same time a home is not necessarily happy because it is the house of poverty, as some would have us believe.

The art of creating home atmosphere is wholly the art of woman, and she has none more charming. Mere care will not do it, or mere neatness and tidiness; indeed those things sometimes work the other way. The love of prettiness will not do it; good cooking will not do it, although it is a mighty help. Even being gay and merry, and kindly yourself is not quite enough, although it helps even more than the cooking. Success in homemaking, as in everything else, requires that you shall feel a real joy in your work. If it is a drag, if it is an irksome duty, if your mind is on a thousand outside things that are not home, you cannot make home what it should be. Not that the homemaker should think of nothing else. That is neither desirable nor possible. But the woman whose first pleasure is to create that beautiful thing, home, will be a precious and permanent influence not only to her own family, but to all her household, to all her guests, to the whole community in which she lives.—Youth's Companion.

HOW TO COOK VEGETABLES

To Attain Best Results, These Worth-While Observances Should Be Kept Strictly in Mind.

1. Use the freshest vegetables that can be procured.

2. All fresh green vegetables should be placed in boiling salted water.

3. All dried vegetables, such as beans, haricots, lentils, etc., should be placed in lukewarm water.

4. The use of plenty of water in the cooking of all sorts of cabbage and sprouts is not only preservative of color; it is also advantageous in reducing the disagreeable smell which cabbage water always has.

5. Never allow vegetables of any kind to remain soaking in the water in which they were boiled; drain them at once when they are cooked.

6. It is waste of money to buy old, dried vegetables, and a waste of time to try to cook them.

For Hot Biscuits.

Any hostess who prides herself on her delicious biscuits should not fail to keep them tasty by having them covered during the meal, so that they will retain the heat. An attractive cover can be made of white linen having a square center and four pointed ends. On one of the pointed pieces two biscuits might be embroidered: To make the design more realistic you can tint the biscuits brown and then outline the edges of them. Or, in place of using the design, embroider the words "Hot Biscuits" on the linen. Have such a cover ready for the next plate of hot biscuits you serve to your friends and enjoy the praise you will receive for your needlework and your culinary ability.

Washing Shawls.

To wash knitted or crocheted shawls fold them as flat as possible and lay carefully in a pillow case, run through at intervals with basting thread to keep flat. Then they should be handled like other flannel or woolen goods, as the Ladies' Home News. If washed separately, observe the usual precautions for woolen goods, gently squeezing through the hands and keeping the suds and rinsing water of the same lukewarm temperature. Take out of pillow case, but do not hang knitted goods up to dry. Put in the oven on a big platter, shaking and turning occasionally, or lay on a clean cloth in the sunshine.

Jelly Jumbles.

One-half cupful butter, one cupful sugar, one egg, one-half teaspoonful soda, one-half cupful sour milk, one-quarter teaspoonful salt, flour, currant jelly. Cream the butter, add sugar gradually, egg well beaten, soda mixed with milk, salt and flour to make a soft dough. Chill and shape, using a round cutter. On the center of one-half the pieces put currant jelly. Make these small openings in remaining halves, using a thimble, and put pieces together. Press edges slightly and bake in a rather hot oven, that jumbles may keep in good shape.

Sour Cream Cookies.

One egg beaten light, one heaping cupful sugar, one-half teaspoonful soda in one cupful sour cream, one-half cupful butter, and flavoring, and pastry flour to roll. Cream butter and sugar, add egg and the cream and whatever flavoring you prefer, then flour enough so you can roll. Moisten top of cookies with little milk and beaten yolk of egg. This makes them look nice, but may be omitted.

Maitre d'Hotel Sauce.

Make a teacupful of drawn butter; add to it the juice of a lemon, two tablespoonfuls of minced onion, three tablespoonfuls of chopped parsley, a teaspoonful of powdered thyme or summer savory, a pinch of cayenne and salt. Simmer over the fire and stir well. Excellent with all kinds of fish.

To Clean a Copper Kettle.

To bring a copper kettle back to its first brightness, wash with soap and water, then make a paste of a knife powder and paraffin and scour well. Two or three cleanings may be necessary to bring it back to its original brilliance.

JACKSON MAN EATS A SQUARE MEAL

A. W. Hobbs Ends Stomach Suffering Quickly With Wonderful Remedy.

A. W. Hobbs of 1801 East Main Street, Jackson, Mich., after about fifteen years of suffering from derangements of the stomach and digestive tract, took Mayr's Wonderful Remedy. He got the surprise of his life—and swift relief.

Mr. Hobbs has told his own story in a letter, part of which is given here.

"After taking three doses of your stomach remedy I am in perfect condition. I have not felt so well for fifteen years.

"I can eat anything now and it does not distress me. I hope those affected as I was will proceed to get your remedy at once."

Mayr's Wonderful Remedy gives permanent results for stomach, liver and intestinal ailments. Eat as much and whatever you like. No more distress after eating, pressure of gas in the stomach and around the heart. Get one bottle of your druggist now and try it on an absolute guarantee—if not satisfactory money will be returned.—Adv.

NATIONAL SONG OF CHINA

Country Has Awakened to the Need of Melody to Inspire Patriotism.

After the rejection of eight national anthems composed in China since the revolution, that of the Chinese minister to Belgium, Wang Yan Pao, which, together with the song of the minister of agriculture, commerce and trade, Chang Tsein, belongs to the latest compositions, is likely to be accepted by the Chinese government. Following is a translation of the first three stanzas:

"China, the sublime mountains and luxuriant plains attest thy greatness. Country of wonders through thy hoary civilization thy emperors have sacrificed themselves in ceding the rule to the people.

"The people have the supreme power. So has taught Confucius and Mengtse. And already in the hoary times of Yao and Shuen it had thus been announced to the people. The people is composed of five tribes. The unity of the five tribes is past dispute. Then China is invincible.

"Develop the wealth of the country, improve agriculture, and make the people happy. Education and culture are the achievements of centuries. All citizens are equal; for Confucius and Mengtse have taught social equality."—Philadelphia Record.

Four Days in a Well.

In Georgia a colored man employed by a doctor to do general chores has a habit of going off hunting for a few days without giving any notice of his intention, so the other day when he did not show up, no inquiries were made. But this time he was hunting for help. While passing through a field at night he fell into an old unc covered well, forty feet deep. He could not climb out, so he passed the night yelling for help. The next day he yelled some more, but no help came. Fortunately the well was dry, so he got along, but his situation was sufficiently desperate. It was on the afternoon of the fourth day that some laborers heard a faint "Hello," and tracing the sound rescued the man from his queer prison. He looked weak, but was not bodily injured, and a hearty meal set him all right again.

First Aid.

An artillery battle was raging. The din was terrific. Suddenly a war correspondent, one of the favored few permitted to see a little real fighting, clapped his hands to his ears and cried, "I fear my tympanum is split!"

"Too bad!" roared a friendly "Tommy." "I've got a needle and some thread in my kit, if that'll help you any."

ALLEN'S FOOT-EASE for the TROOPS
Over 80,000 packages of Allen's Foot-Ease, the antiseptic powder to shake into your shoes, are being used by the German and Allied troops as the Front because it rests the feet, gives instant relief to Corns and Bunions, hot, swollen aching, tender feet, and makes walking easy. Sold everywhere. Ask for it TODAY. Don't accept any substitute. Adv.

Quite So.

"What is the first step necessary in cultivating an artistic temperament?"

"Finding somebody to stand for it."

Most of the things that are to be had for the asking benefit the giver far more than the receiver.

YOUR OWN DRUGGIST WILL TELL YOU
Try Murine Eye Remedy for Red, Weak, Watery Eyes and Granulated Eyelids. No Smarting—Just Eye comfort. Write for Book of the Eye, by mail Free. Murine Eye Remedy Co., Chicago.

Some men acquire a reputation for laziness, and some get credit for being born diplomats.

Happy is the home where Red Cross Ball Blue is used. Sure to please. All grocers. Adv.

And some candidates bitterly contest the will of the people.

The General Says:
"The sun has the most durable roofing in the world as a protection is concerned, and I am not an exception to the rule."

Certain-teed

Roofing

Your local supply house or lumber dealer can furnish Certain-teed Roofing, which is guaranteed 5, 10 or 15 years according to quality. Look for the Certain-teed label.

GENERAL ROOFING MFG. CO.

YOU CAN MAKE FROM $10 TO $25 A DAY
Selling the most wonderful fire extinguisher—price $5.00—that was ever put on the market. Everyone is a prospect. Sells on sight; big profits. Exclusive selling agency covering one or more counties is yours if you can qualify. Address Department C, R. Continental Distributors, Inc., Insurance Exchange, Chicago.

Women Wanted

to represent us in this community—to introduce our new discovery, **"Mineral Springs at Home."** Exclusive territory, permanent good pay. **Lithio-Sulphur Co., 401 Free Press Bldg., Detroit**

DAISY FLY KILLER

Placed anywhere, kills flies and bills all day and all season. Neat, clean, ornamental, convenient, cheap. Lasts all season. Will not soil or injure anything. Guaranteed effective. All dealers or sent prepaid, 60c.

HAROLD SOMER, 150 De Kalb Ave., Brooklyn, N. Y.

PATENTS Watson E. Coleman, Washington, D. C. Books free. Highest references. Best results.

Thought for the Future.

The universities of Oxford and Cambridge have contributed about one-half of the men who have given England leadership in government, science and letters. Now two-thirds of their students have enlisted in the war; Trinity college has been converted into a military hospital. Could we not select from those who would not otherwise have the opportunity men of ability equal to the students who have attended the English universities and prepare them for work equally important? And could we not give opportunity to foreign men and women of ability to continue here work from which they will be debarred by the conditions following the war?—Popular Science Monthly.

Passing It Along.

"Why did you let the office boy off?"

"Said his grandfather was dead."

"You swallowed that old excuse?"

"I may not swallow it, but I accept it. My boss used to honor it when I was a kid."

For genuine comfort and lasting pleasure use Red Cross Ball Blue on wash day. All good grocers. Adv.

Egypt's cotton crop is being bought up by government agents.

Put On

Educators and let your feet "grow as they should." Free from corns, bunions, fallen arches, pains, callouses, tailing arch, etc. Narrow, pointed toes—bending shoes will never give you that freedom.

For men, women, children. $1.35 to $5.50. Be sure they're branded EDUCATOR on sole. If not you have not the genuine orthopoedically right Educator, made only by

RICE & HUTCHINS, Inc.
15 High St. Boston, Mass.

EDUCATOR SHOE

The Best Remedy For All Ages

and proven so by thousands upon thousands of tests the whole world over, is the famous family medicine,—Beecham's Pills. The ailments of the digestive organs to which all are subject,—from which come so many serious sicknesses, are corrected or prevented by

BEECHAM'S PILLS

Try a few doses now, and you will KNOW what it means to have better digestion, sounder sleep, brighter eyes and greater cheerfulness after your system has been cleared of poisonous impurities. For children, parents, grandparents, Beecham's Pills are matchless as a remedy

For Indigestion and Biliousness

Sold everywhere. In boxes, 10c., 25c.

The directions with every box are very valuable, especially to women.