

GETS A NEW "KEP"

French Soldier Braves Death for Head Covering.

AMERICAN IN FOREIGN LEGION ADVANCES FROM THE TRENCHES AT NIGHT TO GET CAP—MICH IS A MUD BATH

Paris.—A correspondent with the foreign legion writes as follows: "This is the second day we have spent in the trenches. I mentioned in my last letter. The captain himself led us here by a new route. The distance is not more than six miles. In fact I doubt if it is so much yet, but it took us exactly six hours to cover it from midnight to 6 a. m., just before the break of day.

At one time we were traveling over a new road in the woods, up to our hips in a loose mixture of mud and water for about a hundred yards. We had to pull your leg out at each step and as you succeeded there was a dull thud caused by the suction. One of the boys fell and he was a sight. But we are all good soldiers now and can do six hours hard walking at night, with only one rest of ten minutes.

Towle lost his watch and his cap on this march, but succeeded in getting them again. He was on sentry duty the day we arrived and borrowed mine for his trick. When he came in he told us that he had noted a grave with a cap on it in the field on the other side of the road and that he knew where he could get a cover (the red cap) covered in war time by a blue linen cap. He was on sentry duty for the cap in the day time because it lay on an exposed spot between the lines. But after the first night Towle was to be seen wearing a regulation kept.

"Patrol work is very active just now both by ourselves and the enemy, and much attention is given to locating 'petit postes' (the little outlook stations in front of the most advanced trenches) and picking off sentinels by the light of French and German lights. It is a game that keeps everybody awake when they are playing it. It is hard to say, a private knows so little, but it appears to me that we have gained on the enemy about a hundred yards, and are holding what we have gained.

There is a report around that we may be sent to Orleans for a rest. If so you might meet me a few times, as even if we do not go I can use the money in buying candles in the village, when we are not in the trenches. Sometimes we can obtain jam and chocolates, very rarely such things as butter, wine or champagne. A score or more families have generally returned to the devastated villages, and are always eager to get some work to do.

"I saw a woman cleaning up a shattered house so that the men might live there if necessary. I met some who were banking over in Africa. By way of Mombasa and Zanzibar the news spread to the interior and erstwhile friends were hidden to be up and at each other's throats.

The military force of the Uganda comprises the force of Askaris the chief has under him. Policemen in Europe. It was not long before the Victoria Cross without knowing it and the name of W. J. Reilly has been added to the long lists published weekly in London under the caption: "The Roll of Honored Names."

German East Africa king Uganda and when the king, Kaiser, president and car left the dogs of war in Europe, it was not long before they were banking over in Africa. By way of Mombasa and Zanzibar the news spread to the interior and erstwhile friends were hidden to be up and at each other's throats.

It's Foolish to Suffer

You may be brave enough to stand backbone, or headache, or distress. But if, in addition, irritation is disordered, look out if you don't try to fix your sick kidneys. Your kidneys fall into the clutches of kidney trouble before you know it. But if you live more carefully and help your kidneys with Doan's Kidney Pills, you can stop the pains you have and avoid future danger as well.

A Michigan Case

James F. Reed, of Portage St., Kalamazoo, Mich., says: "I had a sharp twinge through my back and felt weak and nervous. My ankles were so badly swollen I couldn't wear my shoes. My back got stiff and I had to stop work. I bought a box of Doan's Kidney Pills, helped my back and my swollen feet, and they were all right."

Doan's 100 N. W. 1ST ST. BUFFALO, N. Y.

WHY NOT TRY POPHAM'S ASTHMA MEDICINE?

It gives relief to Asthma, Bronchitis, Cough, Hoarseness, etc. Sold by Druggists. Price 25¢.

WILLIAMS WFG. CO., Props. Cleveland, O.

Patents

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MADE FROM ORANGES

PREPARATIONS THAT HAVE MET WITH APPROVAL

Safed Is Something That Is Generally Appreciated—Desirable Recipes for Orange Cookies—Jelly a Delicious Always High in Flavor.

An orange salad is somewhat out of the usual, but may not be generally relished. To prepare it, peel a ripe orange thoroughly, cut it in thin slices, remove the pits. Sprinkle each slice with salt and pepper, and then add four or five drops each of good salad oil and vinegar and a little little cayenne pepper is an improvement.

Orange Cookies.—Beat to a cream half a cupful of butter, add one cupful granulated sugar, grate with one orange, one egg beaten light, a quarter cupful of orange juice, two cupfuls or more of flour and four level teaspoons of baking powder. Add to a sheet, cut into shapes, set into a baking pan, dredge with granulated sugar and bake in a moderate oven.

Orange Jelly.—A recipe for orange jelly comes from the domestic science department of the University of California, that land of oranges. It should be of interest to many women. Try it!

To one dozen small oranges, take three lemons. For every orange take two lemons will be necessary. Oranges are not so apt to be bitter after the middle part of the season as those from which the lemons are taken. Slice the oranges and lemons without peeling.

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2. Place the sliced fruit in a step, pan and add barely enough water to cover.
3. Bring to boiling and boil very slowly for 40 to 60 minutes.
4. Press the heated juice through a heavy cloth to get rid of most of the particles.
5. Heat the juice to boiling and as soon as it reaches boiling, take it off the fire and let it stand in a quiet place overnight.
6. Decant off the clear liquid and filter and strain the sediment left in the vessel through a heavy flannel.
7. Place the filtered liquid and the decanted liquid together and add each pint of liquid add one and one-fourth to one and one-half pints of sugar. Most juice will make a jelly while some requires the higher amount.
8. Heat to boiling. Boil slowly and skim.
9. Pour into glasses.
10. Cover with melted paraffin as in ordinary jelly making.

English Stuffed Peppers.

Remove the stems, cut five green peppers in two lengths and take out the insides. Put the shell in boiling water, let them cook five minutes, then throw them into cold water, drain and stuff with one cupful of bread crumbs soaked in one cupful of chopped meat; season to taste with salt and pepper, mix with one teaspoonful of onion juice, one-quarter teaspoonful of thyme, a half-teaspoonful of salt and dash of pepper. Drain the shells and fill them heaping full with the stuffing. Sprinkle the top with a few crumbs mixed with butter and put bits of butter over them. Place the half peppers in a deep casserole dish, pour a half cupful of stock around them and bake in moderate oven a half hour. Serve the peppers directly from the oven in the same dish in which they are baked.



Belgian outposts on the seacoast north of Boulogne.

"COP" LEADS BRITISH

Former Long Islander Is Fighting in Africa.

Overnight He Makes Soldiers of His Policemen and Leads Them in Battle Against Frenzied German Soldiers.

New York.—At last accounts the British fighting the Germans in German East Africa from Uganda were being led by a Long Islander, "Reilly the Cop."

W. J. Reilly, formerly of New York, is the chief of police of Uganda, a British African possession adjoining German East Africa. Reilly turned his native police into soldiers and with them invaded the enemy's territory, fighting a 12-hour battle in which the British lost seven and the German 100 dead and many wounded, according to J. C. Hemment.

Here's what Reilly writes to his friend: "Just come through a 12 hours fight. Five machine guns and one cannon playing on us all day. I had only seven casualties, as I was beautifully intrenched. The Germans attacked us at dawn and had twice our number. Our ammunition ran out (some of my men fired 800 rounds) and we had to retire when night set in. The funny thing was that the Germans also retired and we were fighting in their country. The natives told them that we had retired and they came back next morning and occupied our position.

"I had some narrow escapes, as I was in charge, had to keep running around. It was my first independent command and things turned out well. We are still in their territory and are going to attack them in two days. We hope to give them a thorough licking, but of course, we will be doing

the attacking this time and will have more casualties. We killed nearly one hundred of the enemy and the wounded were in scores all around. The German commander was wounded in the calf and we also killed the man who was working the big gun."

Hemment first met Chief Reilly when he went to Africa with Paul Rainey to photograph elephants and lions for the moving picture, and a year ago last October Reilly came to New York to visit his sister in Flushing, L. I.

A mighty man is Reilly. He fights lions single-handed and gets away with the lion. When Theodore Roosevelt made his African hunting trip, he became a warm friend of the big Long Islander, whom the natives and his proteges trust as if he were the real ruler of British Uganda.

Reilly's letter was written on January 12. It's a long way from Uganda to New York. Hemment has heard nothing further from the chief. He is pretty sure that if Reilly and his men won the next skirmish mentioned in the letter, he will hear of it in due time through another letter from his friend. If he does not hear, says Hemment, it will be because another intrepid Irishman has earned the Victoria Cross without knowing it and the name of W. J. Reilly has been added to the long lists published weekly in London under the caption: "The Roll of Honored Names."

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IS PRIZE ESSAYIST

Fossil Called Missing Link in Animal's Evolution Is Discovered in California.

Berkeley, Cal.—The missing link in the evolution of the horse has been discovered in the museum strata of the southern Sierra Nevada. It was reported to the Pacific coast division of the Paleontological Society of America in conference here.

The fossil form, discovered by J. B. Buwalda of the University of California, is that of a three-toed horse of the micropachius type, long sought by scientists to fill the gap in the history of the horse.

It is said the fossil fits precisely the description of a hypothetical animal which scientists maintain must have existed in horse history.

Shoulder Badges for Brooches.

Paris.—The feminine population of France find an irresistible attraction in the metal shoulder badges that are distinguishing marks of the British soldier in khaki, and are wearing them as brooches.

Suffer From Cold.

Paris.—The Senegalese troops are suffering from the cold of the trenches and many of them have had to have their feet and toes amputated for frost bite, but they all refused to have an anesthetic for the operation.

New Ear Defenders.

London.—The British admiralty has adopted a newly invented ear defender. Through its ordinary sounds can be heard, but not the noise of the discharge of a heavy gun.

11 Times Gestures.

Percival—You should have heard the audience laugh at Professor Havelyp.

Penslope—I didn't think he was supposed to be funny.

Percival—He wasn't, but just as he started to recite "The Frost is on the Pumpkin" he reached up and scratched his gray head.—Youngstown Telegram.

HORSE OF 3 TOES IS DUG UP

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Walter S. Smoot of the Central high school, Washington, received a gold medal for the best essay entitled, "The Course of Events That Led to the Surrender of Yorktown." President Smoot was present at the ceremony and presented the medal.

AT 104 SHE LED THE DANCE

And Her Candle Burned Longest at Birthday Party Given in Her Honor.

Binghamton, N. Y.—Mrs. Mary Monroe, the oldest resident of the southern tier, celebrated her one hundred

OFF FOR THE BATTLEFIELDS



Cathy O'Hlanon and Mollie McGrath, members of the party of nurses of the French hospital in New York, who sailed recently for duty in the field hospitals near the firing line in France.

SONG BETRAYS RUNAWAY

Policeman With an Ear for Music Finds Ten-Year-Old Coming Dimes and Nickels.

San Francisco.—Because a policeman assigned to the Harbor station might hear ear for music, Freddie Lee, a ten-year-old runaway from San Jose, will be returned to a distracted mother who is said to be seriously ill.

The boy left home and had been sought for all over the state. The description of young Lee included the information that he is a talented singer and might be found around some saloon coasting nickels with his voice.

The policeman was passing the Ferry building when there came to his ears a song that was being sung by a child, and he was followed by a crowd of admirers with several dollars in nickels and dimes in his hat.

The boy will be returned to his mother.

Made Me Well and Strong

MAEDON, N. Y.—I was writing to let you know how much your medicine has done for me. I failed terribly during the last winter and summer and every one remarked about my appearance. I suffered from a female trouble and always had pains in my back, no appetite and at times was very weak.

"I was visiting at a friend's house one day and she thought I needed Lydia E. Pinkham's Vegetable Compound. I took it and I gained eight pounds, had a good appetite and an feeling better every day. Everybody is asking me what I am doing and I recommend Lydia E. Pinkham's Vegetable Compound. You may publish this letter if you wish and I hope others who have the same complaint will see it and get health from your medicine as I did."—Mrs. A. HONZAN, Route No. 1, Stanton St., Buffalo, N. Y.

Change of Life

BELTSVILLE, Md.—By the use of Lydia E. Pinkham's Vegetable Compound I have successfully passed through a most trying time, the Change of Life. I suffered with a weak back, and had to stay in bed three days at a time. Lydia E. Pinkham's Vegetable Compound restored me to perfect health, and I am praising it for the benefit of other women who suffer as I did."—Mrs. W. S. DUVALL, Route No. 4, Beltsville, Md.

Wrote to LYDIA E. PINKHAM MEDICINE CO. (CONFIDENTIAL) LITN, MASS., for advice.

Your letter with my picture answered by a woman and held in strict confidence.

A Message To Women

Those of Middle Age Especially.

When you have found no remedy for the horrors that oppress you during change of life, when through the long hours of the day it seems as though your back would break, when your head aches constantly, you are nervous, depressed and suffer from those dreadful bearing down pains, don't forget that Lydia E. Pinkham's Vegetable Compound is the safest and surest remedy, and has carried hundreds of women safely through this critical period.

Read what these three women say:

Time and Trial Prove

the unequalled value of Beecham's Pills as the best corrective of ailments of the digestive organs so common—and the best preventive of lasting and serious sickness so often resulting from defective or irregular action of the stomach, liver or bowels.

Beecham's Pills

have a great record. For over half a century they have been used with entire satisfaction in thousands of homes. A few doses will prove to you that you can and should relieve the headaches, the indigestion, the general no-peace feelings caused by indigestion or biliousness. Try them, and you will know what it is to have at your command such

An Invaluable Aid to Health

The Largest Sale of Any Medicine in the World. Sold everywhere. In boxes, 25c.

150 ACRES FARMS IN WESTERN CANADA FREE

WAITING FOR YOU

Yes, waiting for every farmer or farmer's son—any industrious American who is anxious to establish for himself a happy home and prosperity. Canada's beauty invitation this year is more attractive than ever. West is better, but best farm land just as cheap as in the provinces of Manitoba, Saskatchewan and Alberta.

150 Acre Homesteads are Actually Free to Settlers and Other Land at From \$15 to \$20 per Acre

The people of European countries as well as the American continent must be fed—thus an ever greater demand for Canadian wheat will keep up the price. Any farmer who can raise 3000 bushels of wheat at \$1.00 per bushel a dollar for wheat and raise 20 to 45 bushels to the acre is loaded to make money—that's what you can expect in Western Canada. Western Canada is rich in minerals, stock raising, the excellent grassland of nutrition, are the only food required either for beef or dairy purposes. Good schools, markets service is not compulsory in Canada, but a few months' study will

KIDNEYS CLOG UP FROM EATING TOO MUCH MEAT

Take Tablespoonful of Salts if Back Hurts or Bladder Bothers—Meat Firms Uric Acid.

We are a nation of meat eaters and our blood is filled with uric acid, says a well-known authority, who warns us to be constantly on guard against kidney trouble.

The kidneys do their utmost to free the blood of this irritating acid, but become weak from the overwork; they get sluggish; the eliminative tissues clog and thus the waste is retained in the blood to poison the entire system.

When your kidneys ache and feel like lumps of lead, and you have stinging pains in the back or the urine is cloudy, full of sediment, or the bladder is irritable, obliging you to seek relief during the night; when you have severe headaches, nervous and dizzy spells, sleeplessness, acid stomach or rheumatism in bad weather, get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast each morning and in a few days your kidneys will act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate clogged kidneys, to neutralize the acids in uric so it is no danger a source of irritation, thus ending urinary and bladder disorders. Jad Salts is irrefragable and cannot injure; makes a delightful effervescent lithia-water drink, and nobody can make a mistake by taking a little occasionally to keep the kidneys clean and active.—Adv.

Of Course.

"How did you like the performance?"

"It was very tame."

"You surprise me. I thought it was a lot of trained polar bears."

"It was, but they had to be tame, didn't they?"

Smile, smile, beautiful clear white clothes. Red Cross Ball Blue Goggles. Made, therefore, best of all. Givers. Adv.

Vigorous Reform.

"There are serious in stones."

"Shouldn't you stop eating?"