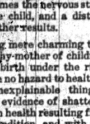
THE CHARM OF MOTHERHOOD

Enhanced By Perfect Physical Health.

The experience of Motherhood is a trying one to most women and marks distinctly an epoch in their lives. Not one woman in a hundred is prepared or understands how to properly care for herself. Of course nearly every woman nowadays has medical treatment at such times, but many approach the experience with an organism unfitted for the trial of strength, and when it is over her system has received a shock from which it is hard to recover. Following right upon this comes the nervous strain of caring for the child, and a distinct change in the mother's results.

There is nothing more charming than a happy and healthy mother of children, and indeed child-birth under the right conditions need be no hazard to health or beauty. The unexplainable thing is that, with all the evidence of shattered nerves and broken health resulting from an unprepared condition, and with ample time in which to prepare, women will persist in going blindly to the trial.

Every woman at this time should rely upon Lydia E. Pinkham's Vegetable Compound, a most valuable tonic and invigorator of the female organism.



In many homes once childless there are now children because of the fact that Lydia E. Pinkham's Vegetable Compound makes women normal, healthy and strong.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

A True Tonic

is one that assists Nature. Regular and natural action of the stomach, liver, kidneys and bowels will keep you well and fit, and this action is promoted by

BEECHAM'S PILLS

The Largest Sale of Any Medicine in the World. Sold everywhere. In boxes. 10c., 25c.

Canada's orchards cover 403,696 acres.

Millions of particular women now use and recommend Red Cross Ball Blue. All grocers. Adv.

"Safety-First."

An American soon to sail for London will wear while asleep a specially made rubber suit with a cork lining. He takes no chances. There are 60 feet of lead in the feet of the suit to keep the wearer's body in an upright position.

Miss Julia May's Candles.

It was Miss Julia May's birthday, and in honor of the occasion a cake had been baked to be decorated with candles, one candle for each anniversary. Dinner was being delayed and Miss Julia May called to Aunt Piney: "What is holding dinner, Aunt Piney?"

Aunt Piney's answer called for no further explanation:

"Lawdy, honey, is you forgit how many of these candles dey is to light?" —Nashville Banner.

A Fellow Feeling.

"All sorts and conditions of men have excellent explanations for their position in life," said the senator. "A tramp, however, came under my observation who had no illusions about the cause of his own condition. A fine-looking and fashionably dressed woman had just alighted from her limousine at the hotel entrance and was suddenly approached by this shabbily dressed man, who requested a dime. 'No, I have no money to spare for you,' she said. 'I do not see why an able-bodied man like you should go about begging.' 'I s'pose, ma'am,' replied the lazy tramp, 'it's for about the same reason that a healthy woman like you boards at a hotel instead of keepin' house.'"—Harper's Magazine.

NO IDEA

What Caused the Trouble.

"I always drank coffee with the rest of the family, for it seemed as if there was nothing for breakfast if we did not have it on the table.

"I had been troubled for some time with my heart, which did not feel right. This trouble grew worse steadily.

"Sometimes it would beat fast, and at other times very slowly, so that I would hardly be able to do work for an hour or two after breakfast, and if I walked up a hill, it gave me a severe pain.

"I had no idea of what the trouble was until a friend suggested that perhaps it might be coffee drinking. I tried leaving off the coffee and began drinking Postum. The change came quickly. I am glad to say that I am now entirely free from heart trouble and attribute the relief to leaving off coffee and the use of Postum.

"A number of my friends have abandoned coffee and have taken up Postum, which they are using steadily. There are many ways to make Postum very well and tasteless, but if made according to directions, it is a very delicious beverage." Name given by Postum Co., Battle Creek, Mich.

Postum comes in two forms:

Postum Cereal—the original form—must be well boiled. 15c and 25c packages.

Instant Postum—a soluble powder—dissolves quickly in a cup of hot water, and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

Both kinds are equally delicious and cost about the same per cup.

"There's a Reason" for Postum.

—sold by Grocers.

LETTER FROM STATE CAPITOL

INTERESTING FIGURES GIVEN BY STATE INSURANCE DEPARTMENT.

MANY DELEGATES ARE NAMED

Law Prohibiting Use of Pictures of Cows in Advertising Oleomargarine Is to Be Enforced.

[By Gurd M. Hayes.]

Lansing—Into the coffers of the big foreign insurance companies there flowed from the pockets of Michigan men and women last year a stream of gold amounting to $16,447,706.04.

To this must be added $1,169,935.67, representing the amount paid in premiums to the Michigan companies, making a grand total of $17,617,641.71 that was expended with life insurance companies during 1914 by the men and women of the state who wanted to protect their families in case the bread winner should be called away.

These figures taken from the advance sheets of the report of Insurance Commissioner Winship prove conclusively that although the premiums paid in Michigan are increasing annually, the losses are not advancing proportionately.

One western insurance company alone received in premiums last year $2,006,405.56, while its closest competitor in the east was a New York company that drew down $1,088,359.

According to Insurance Commissioner Winship policy holders in non-resident companies or their beneficiaries were paid $5,546,271.35, while Michigan companies reimbursed their clients to the extent of $348,363.36.

The scope of the insurance business in Michigan is shown to some extent by the report of Commissioner Winship which states that approximately 50,000 policies were written by the foreign insurance companies last year amounting in all to a little less than $100,000,000. The Michigan companies issued 7,612 policies for a total of $11,106,844.22.

Non-resident companies doing business in Michigan pay a state tax of two per cent on gross premiums, and the taxes paid into the state treasury by the 69 foreign companies last year totalled $324,579.98.

Four Canadian life insurance companies are authorized to do business in Michigan and the Dominion companies collected $907,837 and returned $162,543 to their policy holders. The Canadian companies paid state tax last year amounting to $16,155.

While the difference between the amount received by the companies in premiums and the total disbursed to the policy holders would indicate that the insurance companies were making enormous profits, Insurance Commissioner Winship points out that big majority of the companies engaged in the life insurance business at the present time are mutual concerns.

Then, too, he points out that the difference between the premiums and the disbursements is not clear profit, as the money is held by the companies to pay the policies at maturity in case of death to the insured.

According to the latest available figures compiled by Secretary of State Vaughan, 72,058 births were registered in Michigan during the last fiscal year, while the total number of deaths recorded was 40,827. The total number of marriages recorded was 33,529, and 3,978 divorces were granted.

Wayne county, having a population of estimated in 1913 of 553,973, recorded 20,146 births, 10,754 deaths, 10,162 marriages and 1,105 divorces.

Bay county reported 1,597 births, 841 deaths, 636 marriages and 79 divorces.

Genesee county reported 1,541 births, 781 deaths, 617 marriages and 114 divorces.

Ingham county reported 1164 births, 748 deaths, 606 marriages and 88 divorces.

Jackson county reported 1,122 births 807 deaths, 703 marriages and 116 divorces.

Kent county reported 3,936 births, 2,306 deaths, 2,060 marriages and 378 divorces.

Lenawee county reported 886 births, 659 deaths, 441 marriages and 63 divorces.

Muskegon county reported 1,091 births, 549 deaths, 463 marriages and 69 divorces.

Saginaw county reported 1918 births, 1,177 deaths, 608 marriages and 128 divorces.

St. Clair county reported 1,070 births, 1,177 deaths, 520 marriages and 72 divorces.

Berrien county, where many eloping couples from Chicago are married reported 1,662 marriages last year.

Secretary of State Coleman C. Vaughan is planning for some strenuous works in his department when the 1916 automobile licenses are issued. As the law passed during the last session of the legislature provides that automobiles shall be taxed according to weight and horsepower the automobile division in the state department will have to work overtime in a few months.

There is a state law prohibiting the use of pictures of dairy cattle in advertising displays of oleomargarine, but it appears from reports received by state officials that this statute is not being observed in some cities of the state.

State inspectors have confiscated a large amount of advertising matters distributed by oleomargarine manufacturers bearing pictures of thoroughbred dairy cattle.

The section of the law pertaining to the use of advertising in connection with the sale of oleomargarine follows: "No person shall use in any way, in connection or association with the sale or exposure for sale or advertisement of any substance designed to be used as a substitute for butter, the word 'butter,' 'creamery,' or 'dairy,' or the name or representation of any breed of dairy cattle, or any combination of such word or words and representation, or any other words or symbols or combination thereof commonly.

Each application for an automobile license must be sworn to before a notary public as the owner of the car is required to give the exact weight. Estimates will not be accepted by the state department.

Secretary Vaughan is writing to the various automobile manufacturers to ascertain the weight of the machines manufactured during the past ten years. These figures will be used for office reference and if the weight as given in the sworn statement of the applicant for a license does not tally with the figures submitted by the manufacturer, the applicant may find himself in trouble for making a false statement.

It will be necessary for the state department to keep a set of books and credit each county to the state with fifty per cent of the money received in license fees from machines owned within the various counties.

Under the new law which takes effect the last of this month one-half of the state automobile license money goes to the state highway fund, and the remainder is returned to the county.

Acting on the recommendation of the supreme court, Governor Ferris re-appointed Charles W. Nichols of Lansing, as a member of the state board of law examiners. Nichols has been a member of this board for ten years.

Governor Ferris spent considerable time Friday in appointing delegates to represent Michigan at various conventions to be held throughout the country.

Delegates to the American Institute of Mining Engineers to be held at San Francisco, September 16 to 18, were named as follows: William Kelly, Vulcan; Prof. F. W. Sperr, Houghton; E. E. White, Ishpeming; Karl W. Zimmerschied, Detroit; A. H. Wohlrab, Houghton; E. F. Brown, Iron Mountain; R. C. Allen, Lansing.

Following are the delegates to the Pan-American Road Congress to be held at Oakland, Cal., September 13 to 14; P. T. Colgrove, Hastings; Frank Hamilton, Traverse City; William R. Anderson, Grand Rapids; Dallas Boudeman, Kalamazoo; N. P. Hull, Dimondale; A. A. Anderson, Hastings; J. Edward Roe, Lansing; D. D. Dey, Glen Haven; A. S. White, Grand Rapids; E. R. Harris, Ellsworth; B. R. Herdel, Manistee; John I. Gibson, Grand Rapids; James R. Snody, Onaway; George Hartingh, Pinconning; Marius Nanson, Grayling; T. F. Marson, Bay City; Thornton A. Green, Ontonagon; Patrick Flanigan, Sagola; A. T. Roberts, Marquette; H. W. Reade, Escanaba; J. T. McNamara, Menominee; C. W. Prescott, Tawas City; H. A. Chamberlin, Standish; C. C. Rosenbury, Bay City; H. K. Gustin, Alpena; Dr. Willia, DeWine, Grand Haven; Richard M. Hoffman, Saginaw; D. Fred Brown, Grand Haven; G. H. Haggerson, Menominee; James Couzens, Detroit; John C. Ketchum, Hastings.

Delegates to the International Irrigation Congress to be held in San Francisco, September 12 to 20: C. W. Carman, Grand Rapids; John F. Gibson, Traverse City; H. W. Davis, Baldwin; S. R. Harris, Ellsworth; D. H. Day, Glen Haven; Frank R. Hancock, Frankfort; G. N. Russell, Manistee; Ford H. Robbins, Boyne Falls; C. A. Rinehart, Scottville; E. J. Ford, Big Rapids; C. Judd, Old Mission; George W. Wood, Lake City; Edward L. Stampfler, Fife Lake; John W. Dasef, Stanton; H. Conger, Muskegon; Herman McKinley, Grant; J. D. S. Hanson, Hart; James Fitts, Evart; Dr. Edwin Hofma, Grand Haven; Henry Knowlton, Cadillac. H. A. Holden, Munising; Robert A. Douglass, Ironwood; G. Sherman Collins, Munising; John Hilde, Baraga; George Watson, Pickford; W. H. Reade, Escanaba; C. D. Mason, Gladstone; James O'Callaghan, Norway; L. T. Sterling, Iron Mountain; Charles E. Johnson, Ironwood; Patrick O'Brien, Iron River; James C. Foster, Newberry; Thomas Morrison, Pickford; W. S. Ewing, Houghton; George W. McCormick, Menominee; George Hardes, Trout Creek; William B. Thomas, Manistique; George W. LaChappelle, Harrisville; F. E. Monroe, Leer; T. F. Marston, Bay City; J. C. Rittenhouse, Cheboygan; Vet. S. Maloney, Cheboygan; Marius Hanson, Grayling; John Hanna, Wellington; A. J. Stevens, Gladwin; Thomas W. Robinson, Alabaster; George C. Anschutz, Tawas City; C. F. Prescott, Tawas City; A. E. Gibbs, Shepherd; H. B. Dow, Midland; D. S. Mitchell Gaylord; O. L. Rakestraw, Lupton; L. J. Troyer, Fairview; Marritt Chandler, Onaway.

One of the busiest places in the capitol these days is the corporation division in the office of Secretary of State Coleman C. Vaughan. Lee Pryon is the chief of this division and he says that there are 15,000 active corporations in Michigan at the present time, and the number of new companies admitted daily is evidence of the fact that the number is constantly increasing.

During the last month 189 corporations, representing a capitalization of $25,524,120 were admitted and the franchise fees from the new companies amounted to $14,726.06. The franchise fees are turned into the primary school interest fund.

In July, 1914, the state department admitted 147 new companies, representing a total capitalization of $11,181,180. The franchise fees for the month of July last year amounted to $5,580.59.

Clemency was extended to four convicts in state prisons by Governor Ferris Friday. The life sentence of Joseph Fleischman, sent from Detroit in 1903 for murder, was commuted to 25 years, and paroles were granted to Frank Dingman, sent from Kalamazoo on a statutory charge, Laxton Persons, sent from Ingham for burglary, and William Ottman, sent from Muskegon for robbery.

MARKET QUOTATIONS

Live Stock.

DETROIT—Cattle: Receipts, 1,555; canners and bulls steady; all others 25@50c lower; quite a large number left over unsold; best heavy steers, $8.25@8.75; best handy weight butcher steers, $7.25@7.50; mixed steers and heifers, $6.50@7; handy light butchers, $6@6.25; light butchers, $5.50@6; best cows, $5.75@6; butcher cows, $5@5.50; common cows, $4.25; canners $3@4; best heavy bulls, $6@6.50; bologna bulls, $5@5.75.

Veal calves: Receipts, 382; market steady; few choice, $12; bulk of good, $11@11.50; common to medium, $7@10.

Sheep and lambs: Receipts, 1,093; market strong on lambs; sheep steady; best lambs, $9; fair lambs, $8@8.75; light to common lambs, $6.25@6.75; fair to good sheep, $4.50@5; culls and common, $3@4.

Hogs: Receipts, 2,200; yorkers and pigs, $7.75; heavy, $7@7.50.

EAST BUFFALO—Receipts of cattle, 75,600; market 25@50c lower; choice to prime shipping steers, $8.50@8.75; fair to good, $8@8.50; plain and coarse, $8.25@8.75, choice heavy butcher steers, $9@9.25, fair to good, $8.50@8.75; best handy steers, $8@8.25; common to good, $7.50@8; yearlings, $8@9.75; prime heifers, $7.75@8.25; best hand; butcher heifers, $7.50@7.75; common to good, $6.50@7.25; best fat cows, $6.75@7; good butcher cows, $6@6.50; medium to good, $5.50@6; cutters, $4@4.50; canners, $3.25@3.90; fancy bulls, $7@7.25; good butcher bulls, $6.50@7; light bulls, $4.75@5.50.

Hogs: Receipts, 3,500; market strong; top lambs, $9.25@9.50; yearlings, $7.50@8; wethers, $7@7.25; ewes, $5.75@6.75; cull sheep, $3@5.

Calves: Receipts, 1,200; market strong; tops, $12; fair to good, 10@11; grassers, $4@6.

Grains, Etc.

DETROIT—Wheat, cash No. 2 red, $1.14; September opened without change at $1.00 and advanced to $1.11 3-4; December opened at $1.12 and advanced to $1.14 1-2; No. 1 white, $1.11.

Corn—Cash No. 3, 82c; No. 2 yellow, 83 1-4c; No. 3 yellow, 83c.

Oats—Standard, 57@57 1-2c; No. 3 white, 56 1-2@57c; No. 4 white, 55 1-2@56c; August, No. 3 white, new, 43c bid; September No. 3 white, new, 42 1-2c bid, 43c asked.

Rye—Cash No. 2, $1.02; August, $1.

Beans—Immediate and prompt shipment, $2.60; September, $2.70.

Clover seed—Prime spot, $8.40; October, $8.75; prime alsike, $8.50.

Timothy—Prime spot, $2.25.

Old Hay—No. 1 timothy, $22@23; standard timothy, $21@22; No. 2 timothy, $20@20.50; light mixed, $21@22; No. 1 mixed, $18@18.50; No. 1 clover, $14@15; No. 2 clover, $12.50@13.50; straw, straw, $7; wheat and oat straw, $6.50@7 per ton.

Flour—In one-eighth paper sacks, per 196 lbs, jobbing lots: Best patent, $6.50; second patent, $6.20; straight, $6; spring patent, $7.10; rye flour, $6.50 per bbl.

Feed—In 100-lb sacks, jobbing lots; Bran, $25; standard middlings, $29; fine middlings, $32; coarse cornmeal, $33; cracked corn, $28; corn and oat chop, $30 per tono.

General Markets.

Gooseberries—$2@2.25 per bu.

Huckelberries—$3.50@4 per bu.

Pears—Leconte, $1@1.25 per hamper.

Blackberries—$1.50@1.75 per 16-quart case.

Red Currants—Cherry, $2.25; common, $2@2.25 per bu.

Raspberries—Red, $4@4.50 per bu; black, $4@4.25 per bu.

Apples—$3.50@4 per bbl, $1.15@1.25 per hamper, $1.35@1.40 per bu.

Peaches—Arizona and Mississippi, Elbertas, $1.40@1.50 per bu., $1.15@1.25 per 6-basket crate.

Mushrooms—45@50c per lb.

New Cabbage—$1 per bbl.

Celery—Michigan, 15@20c per doz.

Sweet Potatoes—$2 per hamper.

Onions—Southern, $6@90c per sack, Green Corn—$3@3.25 per bbl and 35@40c per doz.

Live Poultry—No. 1 broilers, 19@20c; No. 2 broilers, 17@18c; hens, 13 1-2@14c; No. 2 hens, 12c; ducks, 14@15c; geese, 10c; turkeys, 15c per lb.

New Potatoes—Virginia Cobblers, $1.40@1.50 per bbl.

Lettuce—Head, $1.50@1.75 per lb.; common, 13@13 1-2c

Cheese—Wholesale lots: Michigan flats, 12 1-2@13 1-4c; New York flats, 14 1-2@15c; brick, 14 1-2@15c; limburger, 2-lb pkgs 17c, 1-lb pkgs 14@14 1-2c; imported Swiss, 31c; domestic Swiss, 19@21c; long horns, 14 1-2c; daisies, 14c per lb.

Maple Sugar—New, 14@15c per lb.; syrup, $1@1.10 per gal.

Honey—Choice to fancy new white comb, 14@15c; amber, 8@9c; extracted, 5@6c per lb.

Hides—No. 1 cured, 19c; No. 1 green, 17c; No. 1 cured bulls, 14c; No. 1 green veal kip, 15c; No. 1 cured murrain, 14c; No. 1 green murrain, 13c; No. 1 cured calf, 19c; No. 1 green calf, 17c; No. 1 horsehides, $3.50; No. 2 horsehides, $2.50; No. 2 hides 1c and No. 2 kip and calf 1 1-2c lower than the above; sheepskins, as to amount of wool, 25c@$1.50.

Tomatoes—Texas, 90c@$1 per 4-basket crate; hothouse, 10@12c per lb.

The General says:

We have built up the biggest Roofing and Building Paper mills in the World by selling materials that last—at reasonable prices.

Certain-teed

Roofing

Our Certain-teed Roofing is giving excellent service on all classes of buildings all over the world in all kinds of climate. It is the roofing with a guarantee of 5, 10 and 15 years for 1, 2 or 3 ply respectively, and it is backed by the responsibility of our big mills. Try it once—you'll buy it again. For sale by dealers everywhere at reasonable prices.

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World's largest manufacturers of Roofing and Insulating Papers

New York City, Boston, Cleveland, Cincinnati, Chicago, Philadelphia, Pittsburgh, Detroit, St. Louis, San Francisco, Kansas City, Seattle, Atlanta, Houston, London, Hamburg, Sydney

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DEVELOPING ANY SIZE ROLL 10¢ BLACKS 156 WOODWARD AVE DETROIT

New Teeth For Your Old Plate

Write for information to The Dental Laboratory, Detroit, Michigan

AGRICULTURAL LIMESTONE

FUREST AND BEST ON THE MARKET

Cheboygan Co. Limestone Co., Rockford, Co. Mich.

Ostriches Cheaper These Days.

It helps one to realize the South African slump in ostriches, as shown by the sale of a full-grown bird for three pence at Grahamstown, when one recalls former prices. In the early days of ostrich farming a chick newly out of the egg would sometimes fetch £10, and £500 has been paid for a good pair of grown birds. But those were the days when one plucking of a single bird would bring in £25, and of late years prices have not ruled so high—you could get quite a good pair of ostriches for £12. Ostrich farming dates from about 1807, and brought many a pioneer a fortune when it first began.—London Chronicle.

Refutes Osler's Theory.

A blind woman, eighty-one years old and partially deaf, refuted Doctor Osler's theory by recently completing a life of Nathan Hale which is declared to be of unusual interest and authority. The woman, Mrs. Jean Christie Hall of Glen Ridge, N. J., has learned to use a typewriter with great facility and makes light of her infirmities.

Wise.

"Has Brown a comfortable income?"

"Large, but not comfortable. His wife knows just how much it is."—Puck.

Yet a millionaire can say more in ten words than a penniless man can say in ten thousand.

HAD TO HAVE TIME TO EAT

Regular Meals Were Necessary After the Slight Repast Incident to Business Hours.

A tall, gaunt young man entered the office of the Globe Museum and Family theater and asked for the manager.

"What can I do for you?" inquired a dodgy man in a check suit.

"I want an engagement as a freak."

"Who are you?"

"I am Enoch, the Egg King."

"What is your specialty?"

"I eat three dozen hen eggs, two dozen duck eggs, and one dozen goose eggs at a single sitting."

"I suppose you know our policy?"

"What's that?"

"We give four shows a day."

"I understand that."

"And do you think you can do it?"

"I know I can."

"On Saturdays we often give as many as six shows."

"All right."

"And on some holidays we give a performance every hour."

The young man hesitated.

"In the case," he finally said, "I must have one thing understood before I sign a contract."

"What that?" asked the manager.

"No matter how rushing business is at the museum," the egg king replied, "you must give me time enough to eat my regular meals at the hotel."—Pearson's Weekly.

RICHES LIE IN OURSELVES

What the Man Is, Not What He Has, Makes Him Wealthy or Poor.

In my own life, as I wander farther and farther along the vagabond trail in search of truth and beauty, I find it easier and easier to find contentment without the riches of the world. Leave me imagination, and I shall still be rich; but give me all the wealth of the world and take from me imagination and you pull plunge me deep into a bottomless hell of indescribable misery.

We cannot own things without being owned by them. Thoreau understood this. His life was so successful that Emerson wrote of him, "Where ever there is knowledge, wherever there is beauty, he will find a home."

I cannot live Thoreau's life. But I can live my own.

In the transmission of heavenly wares," says Emerson, "every hose fits its hydrant."—Thomas Drier, in the Nautilus.

Served Him Right.

If there was one thing more than another that he prided himself on, it was the fit of his clothes.

"I can never get a dress coat really to fit," he said to his partner, as he glanced down at a perfectly made garment, with a hope, of course, that she would at once disclaim the insinuation. "Look at the thing."

"Well, it is atrocious," she said coolly. "But why not save your money and buy one? It is so much cheaper in the long run than hiring."—Philadelphia Public Ledger.

Why, Certainly.

Patience—So she's learning to dance, is she?

Patrice—Yes.

"Where?"

"Why, on her feet, of course."

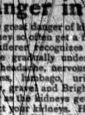
Match Wind-Shield.

A new pocket holder for safety match boxes has a slide to form a wind shield when a match is lighted.

Danger in Delay

The great danger of kidney troubles is that they seldom get a firm hold before the sufferer recognizes them. Health will be gradually undermined. Backache, headache, nervousness, tiredness, dizziness, lumbago, urinary troubles, dropsy, gravel and Bright's disease may follow if the kidneys get worse. Don't neglect your kidneys. Help the kidneys with Doan's Kidney Pills. It is the best recommended special kidney remedy.

A Michigan Case



Mrs. W. A. Jones, Pine St., Ewart, Mich., says: "My back ached and had ached about constantly and I often got so dizzy, could scarcely stand. There was a pain in my head and at times my nerves were so disturbed I used to think I'd go crazy. Doan's Kidney Pills relieved me after everything else failed, and six boxes permanently cured me."

Get Doan's at Any Store, 50c a Box

FOSTER-MILBURN CO., BUFFALO, N. Y.

The Wretchedness of Constipation

Can quickly be overcome by CARTER'S LITTLE LIVER PILLS.

Purely vegetable—act surely and gently on the liver. Cure Biliousness, Headache, Dizziness, and Indigestion. They do their duty.

SMALL PILL. SMALL DOSE. SMALL PRICE.

Genuine must bear Signature

Brent Good

RHEUMATISM Use best of the Remedy. 14 days' treatment, all druggists, 50c. No return of troubles. Relieves chronic results. If stubborn, enclose stamp for further particulars. $1 bottle by mail, postpaid. The Booth Co., Bldg. 6, Lake Angelus, Mich.

What Holds a Man.

Good men are attracted and held not alone by salaries, but by the conditions under which they work. The efficiency of the board of water supply forces compares favorably with any large public or private engineering organization. This board has been noted also for its esprit decorps and enthusiasm for its work. These desirable qualities, the report states, were obtained by selecting the most suitable available men for the leading positions, giving great weight not only to technical fitness, but also to those personal qualifications which cannot be learned or rated by examinations.

One of London's Oldest Women.

Mrs. Mary Mitchell of Old Brompton, Chatham, recently celebrated her one hundredth birthday. She is a widow and is the granddaughter of a centenarian who died at the age of one hundred and three. As a member of the Wesleyan Methodist community, she was the first bible woman to visit the inmates of the local marines as long ago as 1832.—London Times.

Eight-Hour Law in Alaska.

Alaska recently adopted an eight-hour law for placer miners and possessed her aged and indigent prospectors.

The Busy Woman.

"Is she a woman of affairs?"

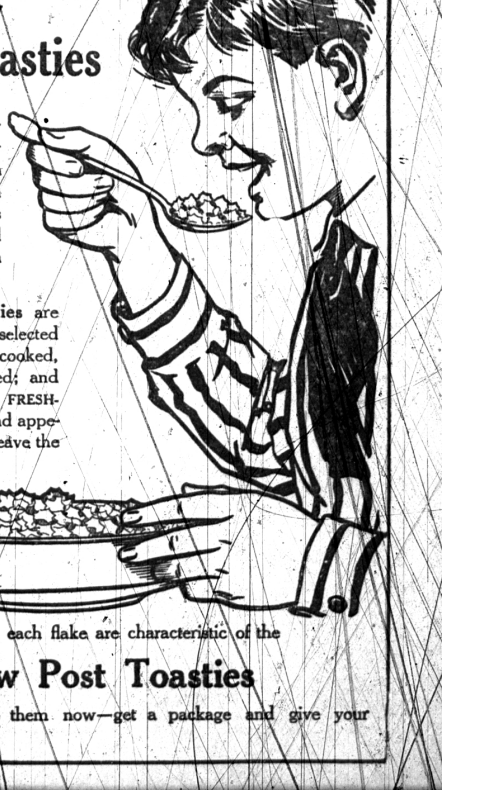
"Yes, everybody's. She's the neighborhood gossip."—Judge.

"Gee, I never tasted any Flakes like these

New Post Toasties

They're absolutely new—made by a new process that brings out the true corn flavour and that keeps the flakes firm and crisp, even after cream or milk is added.

New Post Toasties are made of the hearts of selected white Indian Corn, cooked, seasoned and toasted; and they come to you FRESH-SEALED—as sweet and appetizing as when they leave the ovens.



The little puffs on each flake are characteristic of the

New Post Toasties

Your grocer has them now—get a package and give your appetite a treat.