# IN SUCH PAIN WOMAN CRIED

## Suffered Everything Until Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Florence, So. Dakota.—"I used to be very sick every month with bearing down pains and backache, and had headache a good deal of the time and very little appetite. The pains were so bad that I used to sit right down on the floor and cry, because it hurt me so and I could not do any work at those times. An old woman advised me to try Lydia E. Pinkham's Vegetable Compound and I got a bottle. I felt better the next month so I took three more bottles of it and got well so I could work all the time. I hope every woman who suffers like I did will try Lydia E. Pinkham's Vegetable Compound." — Mrs. P. W. LANSENG, Route No. 1, Florence, South Dakota.

Why will women continue to suffer day in and day out or drag out a sickly, half-hearted existence, missing three-fourths of the joy of living, when they can find health in Lydia E. Pinkham's Vegetable Compound?

For thirty years it has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, tumors, irregularities, etc.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

## FELT HE HAD BEEN DECEIVED

### Why Old Mose Insisted He Had a Distinct Grievance Against Marse Tom."

"Economy has its pains as well as its pleasures," says a Washington preacher, "if the experience of an old darky of my acquaintance in Virginia counts for anything.

"One spring, for some reason, old Mose was going around town with a face of dissatisfaction. When questioned, he poured forth a voluble tale of woe in these terms:

"'Marse Tom he come to me last fall an' he say, 'Mose, dey's gwine to be a hard winter, so yo' be keerful, an' save you' wages fast an' tight.'

"'An' I believe Marse Tom, yassah, I believe him, an' I save, an' save, an' when de winter come it ain't got no hardship, an' dere I was wid all dat money jest thrown on my hands!'"

## ECZEMA ITCHED AND BURNED

R. F. D. No. 4, Box 55, Holland, Mich.—"My child's trouble began by getting red and sore around her neck, and her face, behind her ears, under her arms, and different parts of her body were affected. The eczema appeared in a rash first. It was red and looked as if it was sweaty. It seemed to itch and burn so that she could not sleep or rest. It got so bad at last that behind her ears was one crust or sore so that I had to cut her hair. There was a hard crust covering her neck. She could not have her clothes buttoned at all. I could hardly change her clothes. It caused an awful disfigurement for the time. She would cry when I had to wash her.

"We had her treated for some time but without success. I got one cake of Cuticura Soap and one box of Cuticura Ointment and I had not used more than half of what I bought when she was all cured." (Signed) Mrs. G. C. Riemersma, Mar. 21, 1914.

Cuticura Soap and Ointment sold throughout the world. Sample of each free, with 32-p. Skin Book. Address post-card "Cuticura, Dept. L, Boston."—Adv.

### Germany's Care of Its Babies.

Of late years there has developed in Germany, and especially in Saxony, a theory that the cow, and not the milk, should be the subject of first care. Germany is proud, not only of its high birth rate, but of its growing ability to make the births effective by caring for the infants through the period of greatest mortality. Proper nourishment is recognized as the largest factor.

### Sympathy.

Charity Worker—Will you do something for a poor woman whose husband comes out of jail today?

Algy—Here's a quarter. Wire her my condolence.—Judge.

Ten smiles for a nickel. Always buy Red Cross Ball Blue; have beautiful clear white clothes. Adv.

It is astonishing how nice the chronic home growler can be when he gets out in company.

**Sore Eyes** Granulated Eyelids, Eyes inflamed by exposure surely and gently on the liver. Cure Biliousness, Headache, Dizziness, and Indigestion. They do their duty. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature

Bren Good

W. N. U., DETROIT, NO. 31-1914.

# CAUGHT BY CAMERA

By MILDRED CAROLINE GOODRIDGE.

"Doughnuts!"

Ned Travers sniffed the air delicously, smacked his lips and peered through the trees towards a neat little farmhouse on the edge of the town.

From its kitchen there came a constant odorous steam. It made Ned think of home and mother in its patent suggestiveness of brown, crisp dough puffing up into cosmetic knobs and rings. Then he saw through an open window a dainty bustling young lady with tucked up sleeves and aproned and Ned thought of his sister.

And then as the pretty maid set a great earthen bowl in the window, piled high with the creamy golden-baked results of her labor, Ned caught a full view of her winsome face. It gave his heart a warning thrill—and then a twinge.

Wherefore the latter? His pride answered promptly. Contrast brought a sudden blur to a manly longing heart. The picture before him was so sweet, so solacing that he would have liked to become a vital part of it. Of course the lovely face influenced this particular sentiment.

Ned was fairly down and out. Worse than that just at this especial moment he was dust laden, travel worn, thirsty and hungry. He had but one possession of value with him, oddly out of place for negotiation just here and now. This was his rather bulky outfit for taking moving pictures.

Ned had been out for a month with a "movies" crew that had gone to pieces for lack of capital. A lesson well learned at heart, he was returning home, wiser, though chastened.

So he had little part in or claim to the social or esthetic phases of life just at the present time. With a sigh, for he was a poet and a dreamer at heart, he started in the direction of the near village. Just then, however, the fair cook came out of the

"It Will Work In Well In Some Good 'Movies' Story," He Told Himself.

house and went to the well near by. An inverted goblet decorated the pump post. She drew it full of water with a healthy farm girl's will, drained it and returned to the house.

The sight of the clear, sparkling water aggravated the thirst of the weary wayfarer. He boldly entered the yard and took half a dozen cool refreshing drafts. There was a rustic bench near at hand. He sat down to rest, appreciating the haven of peace about him. Then his glance fell upon the piled up heap of rich cookery set to cool on the window sill.

"Wish I was a boy again," murmured Ned. "It makes me think of the old happy days," and then he arose quickly from his careless attitude of repose. Either the young lady was lonely or she had noted his ardent glance at the doughnuts. She came tripping towards him, a plate in her hand well loaded with the product of her labor.

"I thought maybe you would be obliging enough to test my first attempt at doughnuts," she said quaintly.

"I am hungry enough," admitted Ned, in love with that bonny face twice as much as before.

She stood near by as he devoured the first of her kindly offerings with a bright satisfied smile.

"Well, what is the verdict," she challenged with teasing eyes.

"More!" answered Ned gallantly. "This must be the original land of milk and honey."

"I was flustered, I feared I might have spoiled them," said Eva Dodge with a sigh of relief.

"They will be spoiled quick enough if you are as liberal with others as myself," he responded and then Miss Dodge told of a prospective barn dance with the accompaniments of doughnuts, cider and chicken sandwiches. She pouted some as she looked at the sun and told of how her brother Alan should have reported two hours agone to help trim up the barn.

"Suppose I try to earn the most famous meal I have enjoyed in a year by acting as his substitute," suggested Ned.

They were like old acquaintances within an hour, she directing, he nailing up wreaths and festoons of shrubs and flowers. And just as she had clapped her pretty pink palms in delight at the general effect, brother Alan appeared.

Nothing would do but that the stranger must stay for the evening and for the night and when they learned that Ned played the violin they were more insistent than ever.

Ned felt as if he was leaving paradise as he departed from the Dodge home the next afternoon. He carried with him a memory of his charming hostess that he knew would be abiding.

It was probably an hour later when he passed down a lane to notice a large barn building with smoke pouring from its lower story. In a trice the business instinct assailed him. Any odd or picturesque scene was worth its money in the "movies." He ran within the right focus and set his machine going. Absorbed in getting it in correct operation, he looked less at the burning building than to the details of operation.

"It will work in well in some good 'movies' story," he told himself, and ran a full reel, taking in the gathering crowd and the varied incidents of excitement in the episode.

A month later, when the film was produced, Ned chanced to see it. Then for the first time he observed that its first scene showed a man in full view leaping from a window near the door, a burning piece of paper in his hand.

"There was an incendiary, then," he reflected, "just as I heard it hinted. Ah, me! how all this brings back that beautiful day in my life—pshaw! I must forget that."

But Ned could not forget. Eva—the name was on his lips in his dreams. That sweet face floated constantly through his mind. He had secured new and better work. He could afford a week's vacation. He resolved to see Eva, at least once more.

Ned reached the Dodge home to find it in a state of great commotion. All hands were anxious and troubled.

Alan, the brother of Eva, had been accused of burning the barn Ned had caught with his camera.

His pocket knife, it seemed, had been found near the structure. Then, too, its owner had quarreled with him and did not like him.

Alan claimed he had loaned his knife to a young fellow who worked for the owner of the barn, who had been beaten by the farmer in a quarrel and had afterward disappeared.

Ned felt that he was going to be of some use when he got a description of the missing man. It tallied to the one shown in the fire film. Ned sent to the city for a duplicate. Half the town was at the motion picture playhouse the night it was shown. Half the town recognized the one figure in the foreground.

"You have saved my brother from disgrace," spoke Eva warmly to Ned. "How can I show my appreciation?"

"Some more of those wonderful doughnuts would be a grand reward," suggested Ned, smiling. And because her hand was just then resting within his own, he had the courage to tell Eva also how much he loved the maker of those same famous doughnuts.

And Eva blushingly agreed to take the contract of supplying his favorite dainty for the reminder of their mutual lives.

(Copyright, 1914, by W. G. Chapman.)

# AUSTRIA ISSUES WAR DECLARATION

## GERMANY PAVES WAY BY REFUSING BRITISH PEACE PROPOSAL.

## TRYING TO LOCALIZE FIGHT

### All Eyes on Russia on Whose Decision Regarding Intervention Great European Conflict Depends.

London—Austro-Hungarian government declared war against Servia Tuesday by a manifesto which is one of the briefest of history's momentous documents.

Germany paved the way for this declaration by announcing her rejection of the British proposal to bring four powers together in conference for mediation. Germany explained to the public that her ally could not be expected to submit her acts to a European council as though she were one of the Balkan states.

This announcement preceded the declaration of war by only two hours and gave an exhibition of the perfectly harmonious working of the partnership between the two nations, which stood firmly together through the Bosnian crisis of 1909.

The center of interest has shifted sharply to St. Petersburg, which holds the decision whether an European war which probably would shift the balance of power, if not rearrange the entire map of Europe, is to break out. Negotiations are afoot there between the Russian foreign minister, Sergius Sazonoff, and the Austrian ambassador, which are designed to "localize" the conflict.

There is no doubt in British minds that Austria had fully resolved to utilize the provocation afforded by the Sarayevo slayings to wipe the slate clear of all accounts against Servia and served an ultimatum on her which was designed to have no result save war.

## BRITISH OFFICER IS LET OUT

### Deputy Who Ordered Volley at Dublin Sunday is Suspended.

London—The first effect of the Dublin home rule tragedy Sunday when a battalion of English soldiers fired on a mob in the streets, the result of a gun running exploit has been to smash Premier Asquith's plans for taking up the amending bill. The premier announced Sunday that the question had been indefinitely postponed. The Irish members are so exasperated over the killing of four persons and the wounding of many others in the clash between the regular troops and the nationalist volunteers that they are in no frame of mind to grant any concessions to Ulster. The laborites and many liberals support the premier.

The government announced in the house of commons Monday that Deputy Police Commissioner Harrell, who ordered out the troops, had been suspended and that his superior commissioner, Sir John Ross, who expressed a desire to share the responsibility, has resigned his office.

## FRENCH WOMAN ACQUITTED

### Mme. Caillaux Freed By Jury in Paris After Sensational Murder Trial.

Paris—Mme. Henriette Caillaux Tuesday night was acquitted by a jury of the murder of Gaston Calmette, editor of the Figaro, who was shot March 16 in his office following the publication of letters and documents which the defendant claimed would injure herself and her husband, Joseph Caillaux, former minister of finance and once premier of France.

Pandemonium broke out instantly the verdict was announced. There were cheers for the accused, who was invisible in the back of the prisoner's box. There were hisses, too, and "boos" and hoots and cries of "assassin!" and "a bas Caillaux!" the lawyers for the prosecution and the Calmette children shouting: "Assassin!" concertedly.

## ITEMS OF STATE INTEREST

Women picking huckleberries found the body of an unidentified man on the Walton plains near Cadillac.

Pupils who attend the Dowagiac schools in the future will be taught how to do farming. Emil L. Kunze, of Lansing, has been engaged by the school board to teach a course in farming.

Material for a new depot to be constructed by the Pere Marquette at Valley Center is arriving and it is said the company plans to have the structure completed this fall.

John Smith, of Spalding township, was the first farmer at the Saginaw market Saturday morning. He had 12 bushels of raspberries, which he sold in a few moments for $5 a bushel. Some others arrived with raspberries which they disposed of at the rate of $4 a bushel. Smith heard of this, hunted up his buyers and returned $1 to each of them.

Michigan is one of the four states in which Miss Lucy Page Gaston expects to wage a campaign on the cigarette. When the legislature convenes she will ask that a law be passed prohibiting its use in the state.

Stenlaus Negawin, a Cecil bay Indian, Saturday appeared before Prosecutor Sweeney at Petoskey to procure a warrant for the arrest of another Indian who he alleges, stole his wife from him 14 years ago. When asked why he didn't prosecute sooner, Negawin said he wanted to give his wife time to think it over.

## MUST BE ABSOLUTELY CLEAN

### Hands of Surgeon, Before Performing Operations, Are Washed In Most Thorough Manner.

Most people attribute the immense-ly decreased rate of mortality in cases of severe surgical operations to the increased skill of the profession, to their greatly improved instruments, and the more skilful nursing which is obtained in these days. But the surgeon himself would tell you that it is almost all a matter of absolute cleanliness, the fact that nothing is left undone to insure absolute freedom from infection of any kind. This fact is emphasized by the extraordinary hand-washing regulations which are in force at the various hospitals. Everybody who is even remotely connected with an approaching operation is supposed to spend 20 minutes in the all-important process of washing his hands.

For five minutes the surgeon washes his hands with soap and water, and then cleans his finger-nails. When he has done this he spends another five minutes doing it all over again. But this is but a preparation for a third and far more drastic ablution, for this time he must wash his hands in alcohol. Not content with this cleansing process, he must now put his hands through a process of sterilization by soaking them for at least five minutes in a wash of corrosive sublimate. By that time he may commence his duties, which mean life or death to some patient, with the satisfactory feeling that he has done his best to approach his task with clean hands.

### Family Secrets.

A man with an uncanny mania for juggling with figures produced pencil and paper and commanded a friend to "put down the number of your living brothers. Multiply by three. Add seven. Multiply the result by five. Add the number of living sisters. Multiply by ten. Add the number of dead brothers and sisters. Subtract 150 from the result." It was done.

"Now," he said with a cunning smile, "the right-hand figure will be the number of deaths, the middle figure the number of living sisters, and the left-hand figure the number of living brothers."

And it was so.

### In a Light Comedy Role.

Two washerwomen were one day telling of the progress made by their various lads in their chosen work.

"Tell me, Mrs. Casey," asked Mrs. Clancy, "what your son, John, doing now?" "John's on the stage—he's a light comedian," answered Mrs. Casey. "Ye don't tell me!" exclaimed Mrs. Clancy, "an' would ye moind tellin' me what a 'light comedian' is?" "Well," explained Mrs. Casey, "in me son's theayter he plays a silent part behind a black curtain with his mouth to a hole, and in front is a candle, and when Alkali Ike shoots at the candle, John blows it out."—Saturday Journal.

### Hose as Aqueduct.

A hose for a water main served a section of the city of Paso Robles, Cal., for several days after the bridge carrying the regular supply had been washed out by a great January storm. A rope was put across the river and fire hose suspended from it. The hose sustained the pressure of the big pumps. Later on it was replaced with a four-inch pipe suspended from three strands of three-eighths inch guy wire.—Engineering Record.

# MARKET QUOTATIONS

## Live Stock, Grain and General Farm Produce.

### Live Stock.

DETROIT—Cattle: Market slow. Best dry fed steers, $8.50@8.75; best handy weight butcher steers, $7.50@8.35; mixed steers and heifers, $7@8; handy light butchers, $6.75@7.50; light butchers, $6.50@7; best cows, $6.35@6.50; butchers cows, $5.25@6; common cows, $4.50@5; canners, $3@4.25; best heavy bulls, $6.75@7; bologna bulls, $6@6.75; stock bulls, $5.50@6; feeders, $6.75@7.50; stockers, $6.25@7; milkers and springers, $40@80.

Veal calves: Market steady. Best, $10.50@11; others, $8@9.50.

Sheep and lambs—Market slow. Best lambs, $7.75@8; fair lambs, $7@7.75; light to common lambs, $6; yearlings, $6@7; fair to good sheep, $4@5; culls and common, $2.50@3.25.

Hogs—Market 5c higher; all grades, $9.10@9.15.

EAST BUFFALO—Cattle—Receipts 400; best heavy and shipping grades 15@20c higher; common and medium slow; choice to prime shipping steers, $9.25@9.50; fair to good do. $8.60@8.90; plain and coarse, $8.25@8.40; choice to prime handy steers, $8.40@8.85; fair to good do. $8.25@8.35; light commoh, $7.50@7.85; yearlings, $8.25@9; prime fat heifers, $8@8.25; good butcher heifers, $7.75@8; light do, $7@7.75; best heavy fat cows, $7@7.25; good butcher cows, $6@6.75; canners and cutters, $3.40@5; best feeders, $6.50@7.25; good do, $6.65@6.85; best stockers, $6.25@6.75; common to good, $5.50@6; best bulls, $6.75@7.50; good bulling bulls, $6.25@6.75; stock and medium bulls, $5@6; best milkers and springers, $75@90; good do, $55@65; common $25@50.

Hogs—Receipts, 12,000; steady; heavy, $9.40@9.50; yorkers and pigs, $9.50@9.60.

Sheep and lambs—Receipts, 3,000; steady; lambs, $8.50@8.75; yearlings, $6.50@7; wethers, $5.75@6.25; ewes, $5.75@8.

Calves steady; tops, $11; fair to good, $8.50@9.50; grassers, $5@7.

### Grains Etc.

DETROIT—Wheat—Cash No. 2 red, 82 1-4c; July opened with an advance at 81 1-2c and advanced to 82 1-4c; September opened at 81 3-4c, advanced to 82 1-2c and close at 82 1-4c; December opened at 85 1-4c, advanced to 86c and closed at 85 3-4c; No. 1 white, 82 1-4c.

Corn—Cash No. 3, 72 1-2c; No. 3 yellow, 1 car at 74 1-2c; No. 4 yellow, 72 1-2c.

Oats—Standard, 3 cars at 39 1-2c, 1 at 40c; No. 3 white, 4 cars at 39c, closing at 39 1-2c; No. 4 white, 3 cars at 38c, closing at 38 1-2c.

Rye—Cash No. 2, 58c bid.

Beans—Immediate, prompt and July shipment, $1.95; August, $1.97; October, $2.

Clover seed—Prime spot, $8.65; October and December, $9; prime alsike, $9.25; sample alsike, 20 bags at $8.75, 10 at $8.50, 5 at $8.

Timothy—Phime spot, $2.90.

Alfalfa—Phime spot, $8.35.

Hay—Carlots, track Detroit; No. 1 timothy, $16.50@17; standard, $15.50@16; No. 2 timothy, $13@14; light mixed, $15.50@16; mixed, $13@13.50; No. 1 clover, $12.50@13; heavy clover mixed, $12.50@13; rye straw, $8@8.50; wheat and oat straw, $7@7.50 per ton.

Flour—In one-eighth paper sacks, per 196 lbs, jobbing lots; Best patent, $5.30; second patent, $4.90; straight, $4.50; spring patent, $5.10; rye, $4.40 per bbl.

Feed—In 100-lb sacks, jobbing lots; Bran, $23; standard middlings, $23; fine middlings, $30; coarse cornmeal, $31; cracked corn, $32; corn and oat chop, $28.50 per ton.

### General Markets.

Huckleberries—$3@3.50 per bu.

Blackberries—$1.75 per 16-qt case.

Currants—Small, $2; cherry, $3 per bu.

Peaches—Georgia, $1.75@2 per 6-basket crate; Elberta, $2.25@2.50.

Raspberries—Black, $1.75 per 16-qt case; red $4.50@5 per bu.

New Apples—Transparent, $1@1.25; Duchess, $1.25 per crate, boxes $1.25@1.50.

Cherries—Sour, $1@1.25; sweet, $1.50 per 16-qt case; black Tartarian, $1.50 per 16-qt case.

Cabbage—Home-grown, $1.75@2 per bbl.

Green Corn—Home-grown, 25@30c per doz.

Potatoes—Virginia Red Star, $3.25@4.50 per bbl.

Dressed Calves—Fancy, 12@13c; common, 10@11c per lb.

Honey—Choice to fancy new white comb, 15@16c; amber, 10@11c; extracted, 6@7c per lb.

Onions—California, $5.25 per cwt; Louisiana, $5.25 per cwt; Mexican, $3 per crate; Spanish, $2.75 per crate.

Live Poultry—Broilers, 21c per lb; heavy hens, 16c; medium hens, 14c; No. 2 hens, 10@12c; old roosters, 11c; ducks, 14@15c; young ducks, 15@16c; geese, 11@12c; turkeys, 19@20c per lb.

Cheese—Wholesale lots; Michigan flats, 14 1-4@14 1-2c; New York flats, 14 3-4@15c; brick, 13c; limburger, 11 1-2@13c; imported Swiss, 23@22 1-2c; domestic Swiss, 18@19 1-2c; long horns, 16 1-2c; daisies, 15c per lb.

Tomatoes—Texas flats, 90c@$1; Mississippi flats, 75@85c; hothouse, $@10c per lb; Canadian, $0@$1 per basket.

Hides—No. 1 cured, 14 1-2c; No. 1 green, 12 1-2c; No. 1 cured bulls, 12½; No. 1 green bulls, 10c; No. 1 cured veal kip, 16c; No. 1 green veal kip, 15c; No. 1 cured murrain, 12c; No. 1 green murrain, 10c; No. 1 cured calf, 19c; No. 1 green calf, 18c; No. 1 horsehides, $4.50; No. 2 horsehides, $3.50; No. 1 sheepskins, as to amount of wool, 25c@$1.50.

And feel your thirst slip away. You'll finish refreshed, cooled, *satisfied*.

Demand the genuine by full name—Nickanames encourage substitution.

THE COCA-COLA CO. ATLANTA, GA. Where you see the sign think of Coca-Cola.


## WHAT MAKES GOOD HOSTESS

### Ability to Entertain Lavishly Is a Very Small Part of Her Qualifications.

A talent for originality is not sufficient to make a good hostess—that goes without saying. It is not the mountebank who wins the genuine praise of the initiated, but the real wit who has the gift of magnetism—that is, of sympathy with what is human and lasting—and can touch the heart of an audience. Is it not the drama that can move to tears that remains on the boards the longest? And is it not the woman who loves her kind who keeps their affection, who draws people to her whether she is rich in this world's goods or fortune turns its back and leaves her little resource beyond her delightful personality?

Mme. Recamier received her friends with the same grace in her shabby, brick-floored little room—all that reverses allowed her—as when she had queened it in her almost royal mansion in the Faubourg Saint-Germaine. Nor did they gather less eagerly there than in her beautiful home, because she retained in her poverty the same charm, the same qualities that had made her the most sought woman in Paris.

The essential thing to successful entertaining is that instinctive knowledge of and sympathy with human nature which enables one to put people at their ease and make them happy.—From "Novel Ways of Entertaining," by Florence Hall Winterburn.

### Hero of War of 1812.

One hundred years ago Capt. David Porter, one of the naval heroes of the War of 1812, was given a great popular ovation by the people of Philadelphia. Ten days previously Captain Porter had reached New York after a long and hazardous voyage in the Volparaiso, where on March 28, he had commanded the frigate Essex in her gallant, but unsuccessful fight against the British ships Phoebe and Cherub. Upon their arrival in New York, the surviving officers and members of the crew of the Essex were given an enthusiastic welcome. From New York Captain Porter proceeded to Philadelphia, where another popular ovation awaited him. On his arrival in the suburbs of the city the horses were taken from his carriage and it was drawn to the hotel by the populace.

### A Chicagoan, No Doubt.

"Tickets," said the collector as he opened the door of the car in which sat a man who looked as if he was anchored to his seat. The man handed over the pasteboard, which was duly inspected. Then, looking around, the collector said: "Is there another gentleman in the car?"

"No."

"Is that other portmanteau yours, then, too?"

"Other portmanteau?"

"Yes; on the floor there by the other."

"Those," said the traveler with dignity, "are my feet."

### Tuberculosis Legislation.

Legislation dealing with tuberculosis has been enacted in 48 states and territories of the United States, according to a comprehensive bulletin on this subject published by the National Association for the Study and Prevention of Tuberculosis. Only in the states of Arizona, Idaho, Nevada, Wyoming and Alaska has the subject been given no legislative consideration.

### PRIZE FOOD.

Palatable, Economical, Nourishing.

A Nebr. woman has outlined the prize food in a few words, and that from personal experience. She writes:

"After our long experience with Grape-Nuts, I cannot say enough in its favor. We have used this food almost continually for seven years.

"We sometimes tried other advertised breakfast foods but we invariably returned to Grape-Nuts as the most palatable, economical and nourishing of all.

"When I quit tea and coffee and began to use Postum and Grape-Nuts, I was almost a nervous wreck. I was so irritable I could not sleep nights, had no interest in life.

"After using Grape-Nuts a short time I began to improve and all these ailments have disappeared and now I am a well woman. My two children have been almost raised on Grape-Nuts, which they eat three times a day.

"They are pictures of health and have never had the least symptom of stomach trouble, even through the most severe siege of whooping cough they could retain Grape-Nuts when all else failed.

"Grape-Nuts food has saved doctor bills, and has been, therefore, a most economical food for us." ✓

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

### Makes Trouble for Britain.

The father of unrest, as Bal Gangadhar Tilak, a Chitpavan Brahman, and at one time a member of the Bombay Legislative council, has been styled, has lately been released from prison. In 1908 he was prosecuted on a charge of seditious incitement in connection with articles in the Kesarl, a newspaper owned and conducted by himself. This was just after the Muzafferpur outrage, when two English ladies were killed by the explosion of a bomb, and in the articles which formed the basis of the charge assassination by such means was spoken of with approval. A high court jury found Tilak guilty and he was sentenced by Mr. Justice Davur to six years' transportation. In view of his age and health this was commuted to simple imprisonment at Mandalay.

### And the Preacher Mused.

A mother sent her little daughter down to open the door and entertain the minister, Mr. Black, while she finished dressing. When she appeared the little kitten ran in ahead of her, and the tiny maiden jumped up and down and screamed at the top of her voice: "Oh, kitty, kitty, go out, quick."

The mother was horrified, and said: "Daughter, what makes you act so?"

"Well, mother, dad said last night that Mr. Black's sermons were enough to make a cat sick, and I don't want mine sick."


### Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of *Chas. H. Fletcher*

In Use For Over 30 Years.
Children Cry for Fletcher's Castoria


### Father's Feelings.

"What did father say, Algy, when you asked him for my hand?"

"Oh, he said 'Yes.'"

"Anything more?"

"Er—yes; 'Good Lord!' I believe."


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