

Are You Suffering From Auto-Intoxication?

The dictionary says that Auto-Intoxication is self-poisoning.

the state of being poisoned, from toxic substances produced within the body. This is a condition due to the stomach, bowels, kidneys, liver, or pores of the body failing to throw off the poisons. More than 90% of adults are suffering from this trouble. This is probably why you are suffering from nervousness, headaches, loss of appetite, lack of energy and many other symptoms produced by auto-intoxication. Your whole system needs stirring up.

DR. PIERCE'S GOLDEN MEDICAL DISCOVERY

(The Toilet or Liquid Form)

will remedy the trouble. It first aids the system to expel accumulated poisons. It acts as a tonic and finally enables the body to eliminate its own poisons without any outside aid. Obey Nature's warnings. Your doctor in medicine will supply you, or you may send for a sample package of tablets by mail. Address Dr. V. C. Pierce, Buffalo, N.Y.

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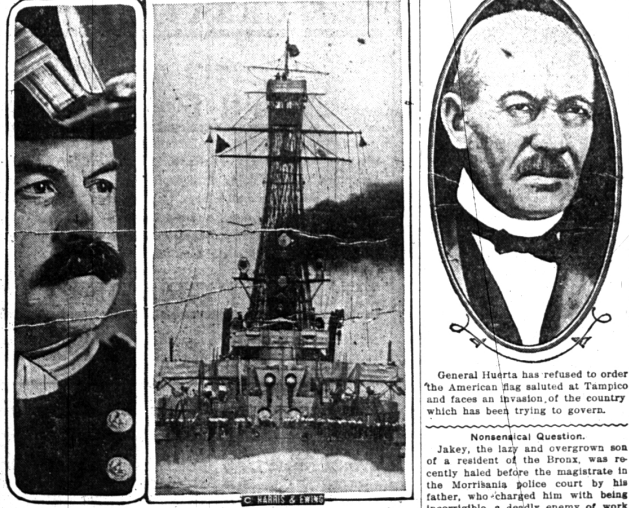


In case of the seizure of Mexican ports it will be the marines who will be sent ashore first. Some of the men of the most efficient arm are here above, being inspected on shipboard, fighting with landing guns and acting as infantry.



This is the chief plaza of the city of Tampico, the gathering place of the people, and it may be subjected to bombardment by the American warships.

ADMIRAL FLETCHER AND HIS FLAGSHIP GENERAL HUERTA



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Some Ages of Trees.

130. The heart of the oak begins to rot at the age of 300 years. Of the holly it is said that there is a specimen 410 years old near Aachen, Germany. A count of the annual rings in a gigantic California redwood tree showed that it began to grow in A. D. 550. It was 250 feet high, and a base circumference of 99 feet.

ORIGIN OF CHRISTMAS TREE

May Be Traced Through The Testons to Roman Saturnalia or the Egyptians.

This custom, so far as Christianity is concerned, is German in its origin, and is identified with the labor of St. Martin, one of the earliest, if not the very first, of the preachers of the gospel among the Testons.

Just how that people became latter day sponsors of the Christmas tree celebration as being symbolical of the ended year. The Germans attribute the actual institution of the fir tree as part of the Christian celebration to Martin Luther, but there is no reliable information on this subject. The Dutch, especially in New Amsterdam, were responsible for the vogue which the tree gained in America. It is now one of the oldest holiday customs.

"A grand opera is a tragedy set to music. The music is on the stage, and tragedy is in the box office."

LAST WORDS SPOKED ALL SAD ENDING OF GREAT IDEA

John Might Have Made Good With Tender Avowal But for a Little Thoughtlessness.

They lingered for fully half an hour over their "goodby." But at last John got up from the sofa with an air of determination. This time he really meant to go.

"But, however, had other ideas on the subject and sought to restrain him.

"So soon, John?" she sighed.

"Yes, starting, I'm afraid I must go. Then, seeing protest hovering on her lips, he thought: 'Must go—really must.' Though, you know, I'll give ten years of my life to be with you for another hour!"

Her eyes were full of questioning. So, John, as he stood and tried to plant a farewell kiss, tenderly added: "But tomorrow I will stay for quite a long time. You see, there's a meeting of our lodge tonight, and I shall be absent a quarter if I'm late."

A CLERGYMAN'S TESTIMONY.

The Rev. Edmund Heslop of Wiltton, Pa., suffered from Dropsy for a year. His limbs and feet were swollen and puffed. He had heart fluttering, was dizzy and exhausted at the least exertion. His hands and feet were cold and he had such a dragging sensation across the loins that it was almost unbearable.

He was advised to use Dods' Kidney Pills. The swelling disappeared and he felt himself again. He says he has been benefited and blessed by the use of Dods' Kidney Pills. Several months later he writes: "I have not changed my faith in your remedy since the above statement was authorized. Correspond with Rev. E. Heslop about this wonderful remedy."

Dods' Kidney Pills, 50c per box at your dealer or Dods Medicine Co., Buffalo, N. Y. Write for Household Hints, also music of National Anthem (English and German words) and recipes for dainty dishes. All 3 sent free, Adv.

And What Could She Say?

The presence of mind of an impetuous lover was illustrated at a recent bazaar where there was a stall for the sale of watch charms.

"Oh! Charles," coaxed his fiancee, "buy me a charm."

"Mabel," he answered, "you have too many already."

If a wife is unable to reign she is likely to storm.

Women's Confidence in Beecham's Pills

the efficacy of this thoroughly tried home remedy is never misplaced. In every way—in health, strength, spirits and in looks—women find relief better after timely use of

BEECHAM'S PILLS

Sold everywhere. In boxes, 10c, 25c.

400,000 Settlers a Year

Immigration figures show that the population of Canada increased during 1913, by the addition of 400,000 new settlers from the United States and Europe. Most of these have gone on farms in provinces of Manitoba, Saskatchewan and Alberta.

Lord William Cecil, an English nobleman, says:

"The possibilities and opportunities offered by the Canadian West are so infinite, greater than those which exist in England, and it seems almost to think that people should be impeded from coming to the country when they can most readily and certainly improve their position."

New districts are being opened up which will make accessible to a large number of homesteads in distant and especially adapted to mixed farming.

For illustrated literature and reduced railway rates, apply to the Canadian Immigration Office, Canada, or to the nearest agent.

W. V. McInnes, 176 Jefferson Ave., Detroit, Mich.

Smiles

Usually show up with Post Toasties.

And why not, when the famous "toastie" flavor begins operations!

There's a deal of skill required in cooking and toasting these thin bits of corn so that every one of the millions of crinkly flakes has the delicious Toasties taste that invites one to call for more.

Post Toasties come in sealed packages—fresh, crisp and appetizing—Ready to eat with cream or good milk, and a sprinkling of sugar if you like.

FREE TO ALL SUFFERERS

For Illustrated Literature and Reduced Railway Rates, apply to the Canadian Immigration Office, Canada, or to the nearest agent.

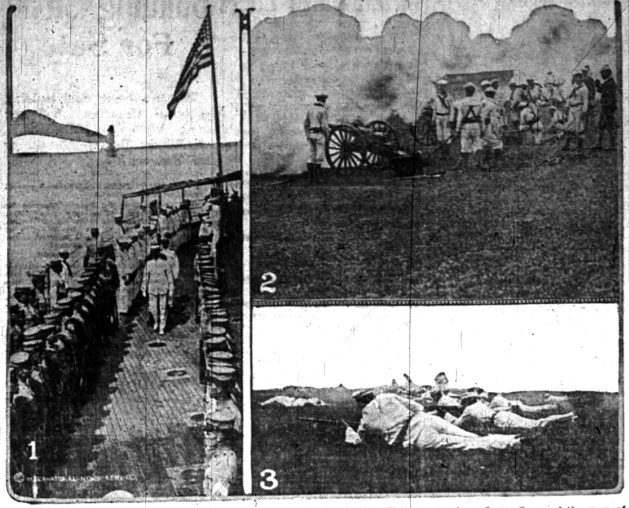
W. V. McInnes, 176 Jefferson Ave., Detroit, Mich.

PARKER'S HAIR BALM

Agents—One hundred to three hundred per cent. increase in sales in every home. No profit. Very little capital required. Write for terms. Free. Write A. M. C. Co., Canton, Ohio.

Petals for Blue Eyes Salve

MEN WHO MAY BE LANDED IN MEXICO



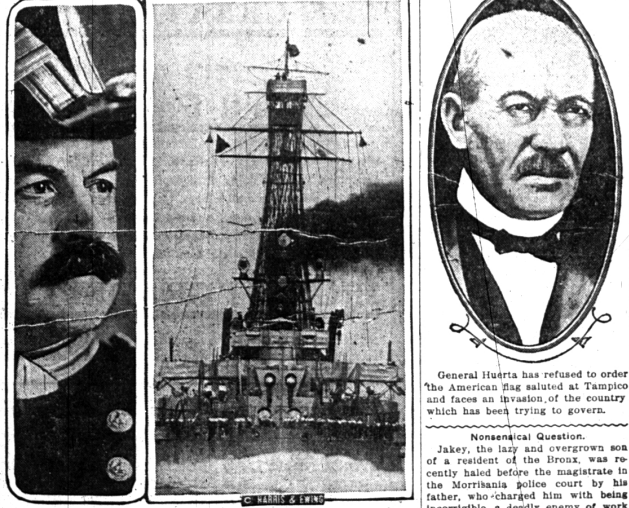
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Never Got That High.

Speaking of the new French dresses now on exhibition in the large department stores throughout the country, Eleanor Gates said in Boston:

"I am glad to see that the slit skirt is abandoned. The slit was too immediate, especially when it was a shocking long slit. How those long slits dived all over!"

"A Philadelphia debutante, provided with a beautiful wardrobe in which the slit skirt in its most exaggerated form figured extensively, spent the winter at Palm Beach."

"One morning, in her white serge gown from Calcut, slit almost to the knee, she was leaving her hotel for the beach when her sister called her back and said:

"Oh, Mary, you've got a big black smudge on your nose!"

"I'm indifferent to loss of her head the debutante answered: 'What difference does that make? Nobody ever looks at my face when I've got on one of my slit skirts.'"

Important to Mothers

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, they are gentle. Easy to take as candy. Adv.

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Phenomenal.

"Jinks has one strike after another in his factory, and strange to say, the more strikes, the better the business seems to be."

"What kind of a business is it?"

"He manufactures alarm clocks."

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Bears the Signature of Dr. J. C. Foster

Dr. J. C. Foster's Kidney Pills

Children Cry for Fletcher's Castoria

RED, ROUGH HANDS MADE SOFT AND WHITE

For red, rough, chapped and bleeding hands, dry, flaking, itching, burning, palms, and painful fingers, with shapless nails, a one-night Cuticura treatment works wonders. Directions: Soak the hands, on retiring, in hot water and Cuticura Soap. Dry, anoint with Cuticura Ointment, and wear soft, bandages or old, loose gloves during the night. These pure, sweet and gentle emollients preserve the hands, prevent redness, roughness and chapping, and impart by next night a velvety softness and whiteness so much desired by women. For those whose occupations tend to injure the hands, Cuticura Soap and Cuticura Ointment are wonderful.

Cuticura Soap and Ointment sold throughout the world. Sample of each with 50c. Cuticura, 10-cent postage card. Cuticura, Dept. L, Boston.—Adv.

The Hyena.

Prof. Henry Corson Taylor said in an address in Baltimore of the new claims for radium:

"These new claims for radium as a medicine are ridiculously inaccurate. They remind me of a circus lion once visited."

"In the menagerie of this circus there was a man who led us from cage to cage, describing the animals in each. When he came to the hyena's cage he said:

"And in this here cage, ladies and gents, we have a remarkable specimen of the laughin' hyena. The laughin' hyena lives on garbage, he is despised and rejected by all the other ferocious denizens of the jungle, he is a hopeless coward, and what he's got to laugh about I can't think."

Don't be misled. Ask for Red Cross Blue Hills. Makes beautiful white clothes. Action good cures. Adv.

Quite Impartial.

George, the sexton's youngest, was recounting the prowess of his grand father to Herbert, the rector's son, who was properly impressed, and asked:

"Your grandfather on your father's or mother's side?"

"Oh, he attacks up for both of 'em," said George—Harpers Monthly.

Putnam Painless Pills are the easiest to use. Adv.

The World Moves.

"I see they are shaving now by steam," said the lounging barber to the man in the chair.

"Well," replied the victim, "that seems to be an improvement on 'hot air,' don't it?"

Constipation Vanishes Forever

Prompt Relief—Permanent Cure

CARTER'S LITTLE LIVER PILLS

never fail. Purely vegetable. They act gently on the liver.

Stop after dinner—cure indigestion, improve the complexion, brighten the eyes. SMALL PILL, SMALL DOSE, SMALL PRICE.

Genuine must bear Signature.

W. N. U., DETROIT, NO. 17-1914.

DR. J. D. KELLOGG'S ASTHMA

Remedy for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. Who he refers to. Write for literature. W. N. U., DETROIT, NO. 17-1914.

Sick Women Mention

It is possible there is a woman in this country who continues to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial after all the evidence that is continually being published, which proves beyond contradiction that this grand old medicine has relieved more suffering among women than any other one medicine in the world?

We have published in the newspapers of the United States more genuine testimonial letters than have ever been published in the interest of any other medicine for women—and every year we publish many new testimonials, all genuine and true. Here are three never before published:

From Mrs. S. T. Richmond, Providence, R. I.

PROVIDENCE, R. I.—"For the benefit of women who suffer as I have done I wish to state what Lydia E. Pinkham's Vegetable Compound has done for me. I did some heavy lifting and the doctor said it caused a displacement. I have always been weak and I overworked after my baby was born and inflammation set in, then nervous prostration, from which I did not recover until I had taken Lydia E. Pinkham's Vegetable Compound. The Compound is my best friend and when I hear of a woman with troubles like mine I try to induce her to take your medicine."—Mrs. S. T. RICHMOND, 199 Waldo Street, Providence, R. I.

A Minister's Wife Writes:

CLOQUET, MINN.—"I have suffered very much with irregularities, pain and indigestion, but your wonderful, Lydia E. Pinkham's Vegetable Compound, has made me well and I can recommend the same to all that are troubled with these complaints."—Mrs. JESSIE ARKEMAN, c/o Rev. K. ARKEMAN, Cloquet, Minnesota.

From Mrs. J. D. Murdoch, Quincy, Mass.

SOUTH QUINCY, MASS.—"The doctor said that I had organic trouble and he doctored me for a long time and I did not get any relief. I saw Lydia E. Pinkham's Vegetable Compound advertised and I tried it and found it cured me. I had finished the first bottle. I continued taking it all through middle life and am now a strong, healthy woman and earn my own living."—Mrs. J. D. MURDOCH, 25 Gordon St., South Quincy, Mass.

Write to LYDIA E. PINKHAM MEDICINE CO., (CONFIDENTIAL) LYNN, MASS., for advice. If the bottle is not opened, will be answered and answered by a woman and held in strict confidence.