Better cookies, cake and biscuits, too. All as light, fluffy, tender and delicious as mother used to bake. And just as wholesome. For purer Baking Powder than Calumet cannot be had at *any price*.

Ask your grocer.

RECEIVED HIGHEST AWARDS
World's Pure Food Exposition, Chicago, Ill.
Paris Exposition, France, March, 1912.

You don't save money when you buy cheap or big-can baking powder. Don't be misled. Buy Calumet. It's more economical—more wholesome—gives best results. Calumet is far superior to sour milk and soda.

Far Apart.

"They are distant relatives."

"Yes?"

"About $3,000,000 apart."

YOUR OWN DRUGGIST WILL TELL YOU Try Murine Eye Remedy for Red, Weak, Watery Eyes and Granulated Eyelids. No Smarting—just Eye Comfort. Write for Book of the Eye by mail Free. Murine Eye Remedy Co., Chicago.

They're Different.

"These dressing room rows among actresses are different from other quarrels."

"In what way?"

"They can stay at daggers drawn with one another and still be making up."

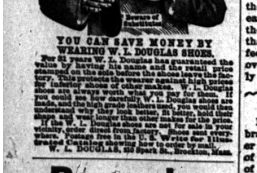
Be happy. Use Red Cross Ball Blue; much better than liquid blue. Delights the laundress. All grocers. Adv.

The Other Way.

"I hear your son's new fad suits him down to the ground."

"Well, hardly, since it's aviation."

W. L. DOUGLAS



YOU CAN SAVE MONEY BY WEARING W. L. DOUGLAS SHOES.

For 31 years W. L. Douglas has guaranteed the value by having his name and the retail price stamped on the sole before the shoes leave the factory. This protects you against high prices and the inferior shoes of other makers. W. L. Douglas shoes are always worth the price you pay for them, for you could see how carefully W. L. Douglas shoes are made, from the selected leather to the finished shoe, which gives them their long wearing, shape retaining and comfort qualities. The prices are the same the year 'round. Take no substitute. If your dealer cannot supply you, write for mail order catalog. Shoes sent direct from factory to wearer everywhere. Lowest prices for the value given. Quality guaranteed. Write for Free Illustrated Catalog showing how to order by mail. W. L. DOUGLAS, 149 Spark St., Brockton, Mass.

Remember

It is wise to get rid quickly of ailments of the organs of digestion—of headache, languor, depression of spirits—the troubles for which the best corrective is

BEECHAM'S PILLS

The Largest Sale of Any Medicine in the World. Sold everywhere. In boxes, 10cs., 25c.

WHY NOT TRY POPHAM'S ASTHMA MEDICINE

Gives Prompt and Positive Relief in Every Case. Sold by Druggists. Price $1.00.
Trial Package by Mail 10c.
WILLIAMS MFG. CO., Props., Cleveland, O.

THE COUNTRY'S WAR AGAINST THE FOOT-AND-MOUTH DISEASE

Prepared by the United States Department of Agriculture.

Fourteen states have been quarantined by the United States government for foot-and-mouth disease—Massachusetts, Rhode Island, New York, New Jersey, Delaware, Pennsylvania, Maryland, Ohio, Indiana, Illinois, Michigan, Wisconsin, Iowa and Kentucky. This disease is new to farmers of the United States, for there have been only five outbreaks in the history of the country and of these the first three were unimportant and the two others confined to a comparatively limited area. In Europe, however, it has long been a well known and dread scourage. Should it ever be permitted to establish itself as firmly here it would cause not only tremendous losses to stock but

Typical Lesions on the Feet.

seriously interfere with the supply of meat for the people.

The foot-and-mouth disease affects particularly cattle, swine and sheep. It is characterized by sores in the the mouth which make swallowing painful and frequently cause the animals to refuse all food, and by sores on the feet which cause lameness and in severe cases, occasionally result in the hoofs dropping off. The animals lose flesh with extraordinary rapidity and in the case of milk cows the milk supply is so seriously affected that it frequently dries up altogether. The first evidences of the disease are a chill followed quickly by fever, the temperature sometimes rising as high as 106 degrees Fahrenheit. Small vesicles or blisters about the size of a pea appear shortly after in the mouth and spread rapidly. As the disease advances, ropy saliva hangs from the afflicted animal's mouth, which is opened and shut with a peculiar smacking sound. In a short time similar eruptions appear on the feet, which are red, tender, swollen and painful. In consequence the animal persists in lying down and bedsores soon develop. The udders of milk cows are also susceptible and the sores interfere with milking.

Most Contagious of Stock Plagues.

Although the mortality is, except in very severe outbreaks, comparatively low, foot-and-mouth disease is probably the most contagious of all stock plagues. The germ which causes it is so small that it is invisible under the miscroscope and passes through the finest filter known to science. It can be carried in any one of a hundred ways. In addition to direct contact with affected animals, the disease can be communicated by hay, straw, bedding, harness, ropes, in fact, anything that has even indirectly came in contact with diseased animals. Cats, dogs, and poultry have been known to carry the germ from farm to farm and in particular this is frequently done by human beings. Already in the present outbreak cases are on record where the curiosity of farmers has led them to visit infected herds. On returning to their own homes these men have given the disease to their own animals. For this reason the authorities are urging upon every one the duty of refraining from such visits and of keeping strangers from visiting their stock.

The contagiousness of the disease indeed is such that when one animal in a herd becomes infected it is considered useless to attempt to save the remainder of the herd. For this reason the federal authorities have adopted the only practical method of stamping out the disease, namely, the slaughter of all cattle, sheep and swine on an infected farm. When a case is discovered a deep trench is dug, the animals led into it, slaughtered, their hides slashed, and the carcasses treated with quicklime and then buried under at least five feet of earth. It is advisable to slaughter the animals in the ditch itself in order that the ground may not become affected by dragging the dead bodies over it. The hides are slashed partly in order to facilitate the action of the lime and partly to remove any temptation to dig them up again and sell them. The entire farm premises are the thoroughly disinfected and no stock allowed upon them for a period of approximately sixty days.

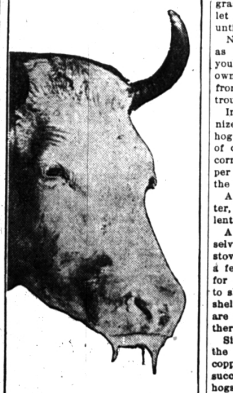
Appraiser Values the Herd.

In order to compensate the owner of his property thus condemned in the interest of the public welfare, an appraiser is appointed by the state authorities to value the herd. The sum thus fixed is divided equally between the state and the federal authorities. In the last outbreak in 1908 in New England it cost the federal government, which was then paying two-thirds of the appraised values, approximately $300,000 for condemnation, slaughter and disinfection. The present outbreak is regarded as much more serious.

The inspectors engaged in this work are equipped with a complete rubber outfit which can be thoroughly disinfected after each exposure to infection. Persons who have not the advantage of this equipment should rigorously refrain from exposing themselves to the least risk of infection. As has already been said, the disease is frequently transmitted by human beings, and it is really a crime for any one to gratify his curiosity at the expense of his neighbors. In addition to this danger there are also a number of cases on record in which both children and adults have become infected themselves. Ordinarily the disease is not serious in men, but weakly children who drink contaminated milk suffer so severely that in a few cases death has been known to result. With adults the malady usually takes no more serious form than a slight eruption in the mouth similar to fever blisters and possibly a similar eruption on the hands and fingers. There may be also some fever and nausea, but there is comparatively little danger. In countries where the disease is prevalent many authorities believe that it is fairly general in human beings but that the consequent disturbances in health are so slight that they are not brought to the attention of physicians.

Started in Michigan.

The present outbreak originated in southern Michigan but how the germ found its way there is not yet definitely known. It seems probable that some cattle became infected, that their milk was sent to a creamery and the skim milk then returned to be fed to hogs. A herd of these infected hogs was then shipped to Chicago where they infected the stock-



Ropy Saliva Hanging From Mouth of Stricken Animal.

yards before they themselves revealed any symptoms of the disease. Once this had taken place, every shipment of stock from Chicago to other parts of the country was likely to spread the infection. For this reason federal inspectors have for some time now been engaged in tracing, by the aid of bills of lading and other railroad records, each of these shipments to its destination and inspecting the stock there. This accounts for the discovery of cases in states as far removed from each other as Iowa and Massachusetts. The various quarantines already imposed have been designed to prevent the continued movement of cattle from infected or suspicious places. Once these movements have been halted and all the exposed cattle brought to a standstill, it will be possible for the federal authorities to locate all suspicious cases and by the slaughter of all exposed cattle ultimately eradicate the disease. The federal quarantines are accompanied by state and local quarantines of individual infected farms. From these no produce whatsoever can be sent out. In many cases children are not even permitted to go to school, and the farmer cannot drive his horses on the public highways.

Stock Raisers Should Help.

The chief obstacle in the way of the successful prosecution of this campaign of isolation and extermination lies in the danger that there may be concealed sources of infection. Although the farmer receives the appraised value of his herd, it is inevitable that the summary slaughter of all his stock should cause him considerable inconvenience as well as in-

Slaughtered Cattle in Trench Ready for Burial.

direct financial loss. To those who can see no further ahead than this and who do not realize what it would mean to the entire country if the disease were once to gain a firm foothold here, there is a natural temptation not to report suspicious cases to the authorities. This, however, is simply to cut off one's nose to spite one's face. The disease cannot be stamped out by ignoring it. The only possible way in which stock raisers can save themselves tremendous losses in the future is to co-operate now with the authorities by reporting every suspicious case of sore mouth or lameness among their stock and by assisting in enforcing the quarantines, both federal and local, which have been declared.

EXCELLENT POINTS CONCERNING SWINE

Alfalfa Recognized as of Greatest Value in Hog Feeding—Care for Sows.

(By C. S. MILLER.)

If you intend to plow your blue grass and clover pastures next spring, let the pigs have free range over them until the snow falls.

No other feed for small pigs ranks as high in value as skim milk. If you do not have plenty of it on your own farm, better arrange to get some from a neighbor, even if it takes trouble to do it.

In the West alfalfa is now recognized as of the greatest value in hog feeding. Give a brood sow plenty of cut alfalfa with a small ration of corn, say not more than two pounds per day, and she will come through the winter in fine condition.

A slop made of shorts and hot water, fed every other day, is an excellent thing for brod sows.

As good many men will tear themselves from close proximity to a hot stove, dash out into the storm, shovel a few bushels of corn on the ground for their hogs, and then leave them to shiver and freeze without adequate shelter during the night. These men are the fellows who are always sure there is no money in hog raising.

Since Doctor Moore's discovery of the hitherto unknown qualities of copperas, it has been used with great success to preserve the health of hogs. A very small portion, say a teaspoonful in a barrel of drinking water once or twice a week, is recommended.

FIND PLEASURE IN POULTRY.

Woman May Find as Much Enjoyment With Flock of Birds as She Does on Shopping Expedition.

The woman who finds herself possessed for the first time of a flock of poultry will soon learn that she may spend an afternoon working with her birds and be just as much amused as if she spent her time shopping, nor will she be nearly so tired as if she had been walking around on hard sidewalks.

Instead of being out of pocket—for most every woman will buy things that she does not need if she chances to see them—she will find that she has added to the possibilities for gain.

To be out in the open air and sunchine is to see more real life than does the woman who is always in the house.

STUFFING FOR THE POULTRY

Variety Here From Which It Should Be Easily Possible to Select One to Taste.

Melt two tablespoonfuls butter and add one tablespoonful chopped onions, three cups soft bread crumbs, chopped liver and heart, one teaspoonful salt, one teaspoonful poultry seasoning and one-fourth teaspoonful pepper. If a moist stuffing is desired add hot water to the above.

Chestnut Stuffing.—Shell one quart of large, sound chestnuts. Put them in hot water and boil until the skins are softened, then drain off the water and remove the skins. Replace the blanched chestnuts in water and boil until soft. Take out a few at a time and rub them through a sieve. They mash more easily when hot. Season the mashed chestnuts with one tablespoonful butter, one teaspoonful salt, one-quarter teaspoonful of pepper, one teaspoonful grated lemon rind and one tablespoonful chopped parsley. Add one tablespoonful grated ham, two tablespoonfuls of bread crumbs and two well-beaten eggs. Beware of having the stuffing too wet.

Celery Stuffing.—One quart bread crumbs, half a head of celery, two eggs, two tablespoonfuls butter, one tablespoonful salt, one-half teaspoonful of white pepper, one-quarter teaspoonful paprika and a grating of nutmeg. Rub the butter into the bread crumbs, then add the eggs well beaten, the seasonings and the celery chopped fine.

Oyster Stuffing.—Two cupfuls oysters, one-fourth cupful of melted butter, one tablespoonful of chopped parsley, one cupful cracker crumbs, two teaspoonfuls lemon juice, one teaspoonful salt and one-half teaspoonful white pepper. Drain and clean the oysters. Mix the cracker crumbs with the butter, parsley, lemon juice, salt and pepper, then add the oysters with two tablespoonfuls of their liquor.

Peanut Stuffing.—Crumble a small loaf of stale bread, then season highly with salt and paprika, add one-eighth teaspoonful of powdered sweet herbs, one-half pint of shelled, roasted and ground peanuts, four drops of onion juice, one teaspoonful of chopped parsley and sufficient cream to moisten slightly. Blend well and stuff the turkey six hours before baking. If possible, so that the flavor of the dressing may have a chance to permeate the meat.

HOUSEHOLD QUESTIONS

Bread and butter spread with chopped dates makes excellent school sandwiches.

To slice bacon properly, slice down to the rind; do not attempt to slice through the rind.

To pad the edges of doilies before embroidering them, work them in a coarse chainstitch.

Broken rice is that which is sifted from the high priced grains, and is equally good in flavor.

A long-handled buttonhook should be kept in the laundry to clean the lint from the tub outlets.

When milk boils over, sprinkle salt on the stove at once; this will counteract the unpleasant odor.

A small piece of camphor in the water in which cut flowers are put will make them last much longer.

Light Housekeeping.

When keeping house in two rooms a closet may be converted into a kitchen and fitted up as follows: Cover the floor with a remnant of linoleum and the walls with white table oilcloth. Put in a small gas stove, connected with the gas fixture in the room. Around three sides of the closet shelves may be provided to hold the necessary supplies and chinaware. Hooks should be placed under the shelves for the kitchen utensils of white enamel. A small work table, covered with white oilcloth, will make the little kitchen complete.

Steak Cooked on Hot Pan.

A steak cooked on a hot pan can be made as acceptable to the palate as one broiled over live coals, if properly cooked. The pan should be lightly rubbed with a bit of suet to prevent sticking and the steak should be turned a few times; if served in a hot dish, over which a clove has been rubbed, and in which a piece of butter has been melted and blended with salt and pepper, there will be nothing about which a fastidious appetite can complain.

Turnip Cones.

Wash turnips, pare and cut in cone shape, with vegetable cutter, or in cubes; there should be three cupfuls. Put into boiling water and boil until partly done, then drain and put in a casserole with one and one-half teaspoonfuls of salt, one-half teaspoonful of sugar, one-quarter cupful of butter and one-third cupful of water. Cover and cook in moderate oven until turnips are soft.

Riced Cheese Salad.

Mash a cream cheese or a home-made cup cottage cheese with one-half cupful whipped cream, or stiffly beaten egg white. If the latter is used add one teaspoonful plain cream after mixing with cheese. Add salt to taste and run through a potato ricer onto a bed of lettuce leaves. Dot with either mayonnaise or boiled dressing, sprinkle with paprika and serve very cold.

Chocolate Crumb Cake.

This is original and very good to use up old cake, doughnuts, cookies, etc., three cups cake crumbs, one egg, one tablespoonful lard, one teaspoonful vanilla, one cupful milk, two-thirds of a cupful of sugar, two teaspoonfuls baking powder, two squares of melted chocolate, salt and flour to make a rather thick cake batter.

Baked Potato Hint.

When baking potatoes, if a small pan of water is placed in the oven the potatoes will bake much quicker.

Make the Lazy Hens Lay

Just as easy to get eggs in cold weather as in spring. Winter should be the best laying, best paying months—will be if only you will start at once feeding

Pratts Poultry Regulator

Nature's own perfect tonic and conditioner. Your hens should be entirely through the moult. If they have not begun to lay, it is a sure sign that they need Pratts Poultry Regulator—the one tonic that stirs up your idle, lazy hens, makes them hunt a nest and get busy producing eggs.

Don't delay. Go to your dealer's at once and ask for Pratts. Makes no difference whether you have ten hens or ten thousand—they need Pratts. A record of 42 years back of every package and sack. Satisfaction guaranteed or your money back.

In 25c packages up, big 25-lb. pailsat $2.50. At 40,000 dealers.

Pratts Roup Remedy is a guaranteed cure. Now is the danger season for Roup and Colds. Don't risk losing your laying birds, but get a box of Pratts, 25c and 50c.

PRATT FOOD COMPANY
Philadelphia Chicago Toronto

Rock Island Lines to California

Circle Tours Scenic Routes To Pan-Pacific Expositions 1915

Don't miss the biggest event of a lifetime and don't miss the opportunity of seeing the greatest scenic sections of the country—go to California via Rock Island Lines. You see more and have a wider choice of routes at no greater cost.

Low Fares With Long Return Limit

We maintain travel bureaus in all important cities. Our representatives are travel experts who will help you outline a trip, quote fares, make reservations, etc. Write today for literature.

L. M. ALLEN, Passenger Traffic Manager, CHICAGO

Rock Island

Finest Modern All-Steel Equipment

Route of the Famous
"Golden State Limited" to California
"Rocky Mountain Limited" to Colorado

Shipping Fever

Influenza, pink eye, epizootic, distemper, and all nose and throat diseases cured, and all others, no matter how "set-fixed," kept from having any of these diseases with SPOHN'S LIQUID DISTEMPER CURE. Three to six doses often cure a case. One 50-cent bottle guaranteed to do so. Best thing for brood mares. Acts on the blood. 50c and $1 a bottle, $5 and $10 a dozen bottles. Druggists and harness shops. Distributers—ALL WHOLESALE DRUGGISTS.

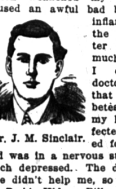
SPOHN MEDICAL CO.,
Chemists and Bacteriologists, Goshen, Ind., U. S. A.

Difficult.

"Paw, what's the physical impossibility?"

"For the butt of a joke to see its point, my son."

SUFFERED FOR FOUR YEARS.



Mr. J. M. Sinclair.

Mr. J. M. Sinclair of Olivehill, Tenn., writes: "I strained my back, which weakened my kidneys and caused an awful bad backache and inflammation of the bladder. Later I became so much worse that I consulted a doctor, who said that I had Diabetes and that my heart was affected. I suffered for four years and was in a nervous state and very much depressed. The doctor's medicine didn't help me, so I decided to try Dodds Kidney Pills, and I cannot say enough to express my relief and thankfulness, as they cured me. Diamond Dinner Pills cured me of Constipation."

Dodds Kidney Pills, 50c. per box at your dealer or Dodds Medicine Co., Buffalo, N. Y. Write for Household Hints, also music of National Anthem (English and German words) and recipes for dainty dishes. All 3 sent free. Adv.

Only Way.

"What will I do about that student's guttural tones?"

"Curb 'em."

Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of *Chas. H. Fletcher*

In Use For Over 30 Years.
Children Cry for Fletcher's Castoria

At the Ball.

"How was last night's affair?"

"Twenty practiced the tango and one couple danced it."

Their Natural Aid.

"What do these aerial raids bank on for success?"

"I suppose on a bank of clouds."

Ten smiles for a nickel. Always buy Red Cross Ball Blue; have beautiful clear white clothes. Adv.

One kind of chronic bore is the loafer who acts as if your time was all his own.

There's always room for one more in the crowd at the bottom.

Constipation Vanishes Forever

Prompt Relief—Permanent Cure

CARTER'S LITTLE LIVER PILLS never fail. Purely vegetable — act surely but gently on the liver. Stop after dinner distress—cure indigestion, improve the complexion, brighten the eyes.

SMALL PILL, SMALL DOSE, SMALL PRICE.

Genuine must bear Signature

Brent Good

DR. J. D. KELLOGG'S ASTHMA

Remedy for the prompt relief of Asthma and Hay Fever. Ask Your druggist for it. Write for FREE SAMPLE. NORTHRUP & LYMAN CO., Ltd., BUFFALO, N.Y.

Neal Treatment is Guaranteed to Stop Drinking in 3 days. No nausea. Help to save drinker's life, may be sending names to us. Write for FREE BOOKLET. 28 Woodward Avenue, DETROIT, MICH.

W. N. U., DETROIT, NO. 47-1914.

That Weak Back

accompanied by pain here or there—extreme nervousness—sleeplessness—may be faint spells—or spasms—all are signals of distress for a woman. She may be growing from girlhood into womanhood—passing from womanhood to motherhood—or later suffering from that change into middle life which leaves so many wrecks of women. At any or all of these periods of a woman's life she should take a tonic and nervine prescribed for just such cases, by a physician of vast experience in the diseases of women.

DR. PIERCE'S
Favorite Prescription

has successfully treated more cases in past forty years than any other known remedy. It can now be had in sugar-coated, tablet form as well as in the liquid. Sold by medicine dealers or trial box mail on receipt of 50 cents in stamps.

Miss Elizabeth Lordahl of Berkeley, Cal., in a recent letter to Dr. Pierce said: "I was completely broken down in health, I was discouraged and had no ambition over my body and was so nervous that I could scarcely if anyone talked to me, but I had the good fortune to meet a nurse who had been cured by Dr. Pierce's Prescription. I have never had an occasion since to consult a physician since—am in excellent health."

Dr. Pierce's Pleasant Pellets regulate stomach, liver and bowels—sugar-coated, tiny granules

Didn't Believe in Tattling.

Marjorie, aged four, was in the library with her father, while her mother was superintending the preparation of dinner. The attention of the head of the house was attracted by a scratching sound, and he looked up to find his daughter at work with a pair of scissors on the top of a polished table. "Marjorie," he said, sternly, "go tell your mother what you've been doing." "I won't do it, papa," she said. "Do you think I'm a tattletale?"—Judge.

Statistics of Sight and Hearing.

Blindness is more common in men than in women, the proportion, according to the last census returns, being one in every 1,316 males and one in every 1,424 females. As regards deafness, however, the position is reversed.

To Keep Fresh Eggs.

A simple way of preserving eggs is to immerse them in limewater soon after they have been laid, and then put the vessel containing the limewater in a cellar or cool outhouse.

The Oldest Handicraft.

The toy industry is one of the oldest industries in the world. The British museum can show us a doll (with strings of mud beads for hair) and others with movable arms, with which the children of ancient Egypt played on the banks of the Nile. Painted dolls and dolls' furniture have come down to us from the days of Greece and Rome, and we know that balls, tops and toy animals were favorite playthings at an even earlier date.

Must Know Military Drill.

In New Zealand all males are obliged to do military drill from fourteen to twenty-one years of age, and schools are required to withhold scholarship grants from any student who cannot prove that he has complied with the provision of drill.

Appearances Deceptive.

"You can't allus judge by facial expression," said Uncle Eben. "An oyster don't look half so opened mus' be mis'able, an' yet it looks like it's laughin'."—Washington Star.

Center of British Industry.

Within two or three hours by rail and linked to the River Humber by a network of canals, live 12,000,000 to 15,000,000 people, mostly engaged in manufacturing and mining, and largely exporting their products to foreign lands and receiving from abroad the bulk of their raw material and food supplies. Seed crushing, flour milling, oil refining, and the making of paints and other goods into which these oils enter, are the special industries of Hull, England.

Nuremberg Toy Headquarters.

Nuremberg, the chief commercial city of Bavaria, has been noted since the middle ages for its toys. It produces the largest number of German lead pencils and is the greatest hop market in the world.

Test Turkish Tobacco.

American consular officers in Turkey recently procured seeds of various kinds of tobacco grown there, and forwarded them to the Philippines and to California for experimental plantings.