

THE NIGHTMARE

First in Everything

First in Quality, First in Quantity, First in Purity, First in Economy...



EMERGING from a west end theater in London a companion remarked to the writer: 'This makes me glad to be a provincial. It's hot in London now, but I know the Londoner will be proud of London in his next-coming, unenthusiastic way...

And Baby, Too. Heck—What do you do when your wife asks you to mind the baby? Peck—Mind my wife.

Many School Children Are Sickly. Children who are delicate, fevered and prone to get immediate relief from Mother Gray's Sweet Powders for Children...

Its Advantages. 'I want to get a certificate of membership in a Wandershot club.' 'Well, that is one society, where you can be in good standing when you get your walking papers.'

Not a Linguist. Mrs Worldly—If, as you say, your master kissed you against your will, why did you cry "Help"?

Advice to Agents. 'Now, a few words about selling this dictionary. A young woman will open the door a few inches.'

Stated a Fact. In a private sitting room at a certain hotel sat a party of merry-makers. When there came a knock at the door, and an attendant announced: 'The compliments of Mr. —, the author, who is in the next room, and he says you are making so much noise that he cannot write.'

SELF DELUSION. Many People Deceived by Coffee. We like to defend our indulgence in habits even though we may be convinced of their actual harmfulness.

luxury is even more amazing. And the same gorgeous divertimento, on a smaller scale, is seen simultaneously, every night, in 30 or 40 west end theaters. It can be seen, night after night, without repetition! While outside in the street there is a carnival, impromptu and undisciplined by its own antic-scarily best controlling genius and unseized and decorated no less lavishly.

Through Central London. The wise stranger receives a night's rest from theatre-going for a stroll through central London's streets. Of course he must see the Embankment, where a noble curée of lights trails its reflection, like a fang-down necklace, in the water from Blackfriars to Big Ben.

Emotion Romantic. This emotion is, as has been said, largely romantic. It is also, however, provincial. It is a sentimentality that provincial sees London as a series of pictures. Doubtless the intelligent Londoner sees these too, but he usually far less conscious of them than is the provincial.

This is theater-land; the vortex of gaiety's whirlpool, excited, perhaps only equalled by our American friends' faded half-mile of Broadway. Why go inside any theater when this tableau is to be seen free outside? Why bother with baroque and ballet when the evolutions of London's million pedestrians roll and unroll, tangle and untangle here? Why seek for comedy and tragedy behind footlights? A hundred yards of Piccadilly exhibit enough comedy and tragedy to last for many a evening.

Japan to Fight Tuberculosis. 'Japan to fight tuberculosis. The victims in Japan than in any other civilized country and the government is about to take decisive steps to combat the disease. It moves towards the sanatoria has decided to establish a population of more than 100,000, namely Tokyo, Osaka, Kyoto, Kobe, Yokohama and Nagoya. Those for Tokyo and Osaka will be constructed to accommodate 500 patients, the Kyoto 400 and for the remaining cities 300.'

SHIRT REQUIRES CARE

WILL REPLY ATTENTION GIVEN TO IT IN THE LAUNDRY.

Really No Secret, and a Very Little Amount of Work Gives Satisfactory Results—Cold Water Starch is Always Best.

After washing pass the shirt through thin hot water starch before it is hung up to dry. This you will find will give just the right amount of stiffness to the body part of the shirt.

Then hang it out in the open air, and when quite dry starch the cuffs in cold water starch in exactly the same way, as you do a gentleman's shirt; then if there is an attached collar starch this, and also the box plait which goes down the front.

Remember to always wet the part just beyond where the starch will go; this will prevent the starch spreading. When this is done sprinkle the remaining dry parts with cold water; roll it up tightly in a clean cloth, and lay it aside for a short time until you are ready to iron it.

Take the shirt out of the cloth and place it with the neck part towards the edge of the table. Iron the collar first until it is perfectly dry, then iron the yoke on both sides.

Next do the cuffs, and then run the iron inside the sleeve a little way so as to dry the buttons and the thicker parts. Now open the sleeve out as flat as possible and iron it front and back.

If you possess a sleeve board this will lighten your labors considerably, as it is almost impossible for the sleeve to be properly ironed if it lies flat on the table.

When ironing the sleeve without a board slip the hand inside once or twice to prevent the starch stringing. Pay special attention to the top part of the garter.

From the bodice part of the shirt fold it all. Finally, polish the collar and cuffs.

First pin the two fronts together, top and bottom, and lay the fulcrum into place. Next lay the sleeves down the sides of the back and turn them upwards again so that the cuffs show at the neck. Then iron into position and turn over the sides, also pinning them together.

Fold the end upwards, making it a convenient size. If a convenient size, cold water starch is made in the following way. Mix the starch to a smooth cream with cold water, then add borax dissolved in boiling water in the proportion of a dessertspoonful to a teacupful of starch.

Mutton Cutlets. Take three pounds middle neck mutton, divide it into cutlets. Place them in a stewpan with cold water, add a few coarse vegetables, turnip and onion, for flavoring. Take out when done, dust with white pepper, lay on a hot plate till needed. Feel delicate and light.

Fried Chocolate Nut Cakes. Beat to a cream one cupful of sugar (3 cents), and two tablespoonfuls of butter (7 cents), then add in the order mentioned half a grated nutmeg (1 cent), two heaping tablespoonfuls of grated chocolate (15 cents), two well beaten eggs (8 cents), one cupful of sweet milk (2 cents), a pinch of salt, three-quarters of a cupful of chopped walnut meats (8 cents), two teaspoonfuls of baking powder (1 cent), and enough flour to form a stiff dough (about 4 cents). Roll out, cut with a ring cutter and fry to a golden brown in deep hot fat. Drain for a few moments on brown paper, and when cool roll in powdered sugar.

Helpful Hints. When the cover of your teakettle or other kettle-lose their knobs, as they are apt to do, just put a screw through from the inside and thread a cork on it. The cork is a non-conductor of heat, and will not get hot. A few minutes time will give you a cover as good as new.

Cake and Custard. Make a plain boiled custard with one pint of milk, yolks of three eggs, one-third cup of sugar, salted butter, one-half teaspoonful of vanilla. Beat the eggs and sugar; add the hot milk and cook till creamy; put in the salt and vanilla and cool. Then cut in stale cake into strips, or split ladyfingers in halves, and spread with jam. Put them on the sides and bottom of a flat glass dish and gently pour the custard over.

Advertisement for Wrigley's Spearmint Gum. Features an illustration of a man smoking and text: 'WRIGLEY'S SPEARMINT soothes your throat! After smoking it cools your mouth—makes it moist and refreshed.' Includes a 'CAUTION!' section about imitations and a 'BUY IT BY THE BOX' section.

Advertisement for Sloan's Liniment. Text: 'SLOAN'S LINIMENT relieves rheumatism quickly. It stimulates the circulation—increases stiffness and soreness of muscles and joints.' Includes a testimonial and a small illustration of a man.

Advertisement for Carter's Little Liver Pills and Haines Wigs. Text: 'The Army of Constipation is Growing Smaller Every Day. CARTER'S LITTLE LIVER PILLS are responsible for the relief of constipation.' Also includes an advertisement for Haines Wigs and Toupees.