

WHY WE WEAK?

Why suffer backache, headache, dizziness, weakness, urinary irritations and other troubles that arise from diseased kidneys...

Remember the name—Doan's. For sale by druggists and general storekeepers everywhere.

The Man in Front. "Who is 'at funny man standin' in front of the band wavin' a stick'?"

Stop the Pain. The hurt of a burn or a cut stops when Colic's ointment is applied.

Considering the Delays. Alphonso—Gwendolyn, why are you so slow to keep me waiting for my answer?

Important to Mothers. Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children.

Would Purchase Indes Finger. One of the queerest advertisements which has ever appeared in a newspaper was that which the other day made known the wife of Mrs. Beal.

Risked Punishment for Dog. A pleasing story of a prisoner's love for his dog comes from North Yakima, Wash.

GENEROUS. The Pedestrian. That brick you just dropped hit me and not me. The Bricklayer. (on the scaffold)—That's all right—you can keep it.

FOUND RIGHT PATH After a False Start. "In 1890 I began to drink coffee."

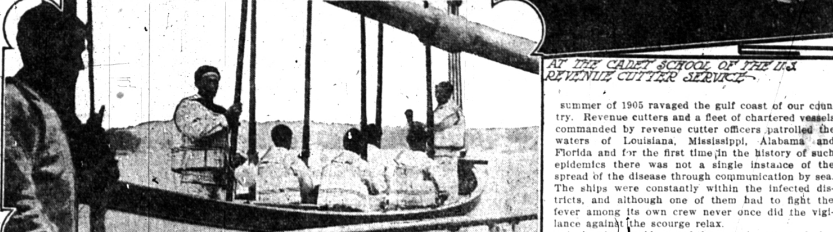
"At that time I was healthy and joyed life. At first I noticed no bad effects from the indulgence but in course of time found that various troubles were coming upon me."

"Physician's prescriptions failed to help me and then I dosed myself with patent medicines till I was thoroughly disgusted and hopeless."

"There's a reason," and it is explained in the little book, "The Road to Wellville," in plain, simple language how to build various things out of concrete.

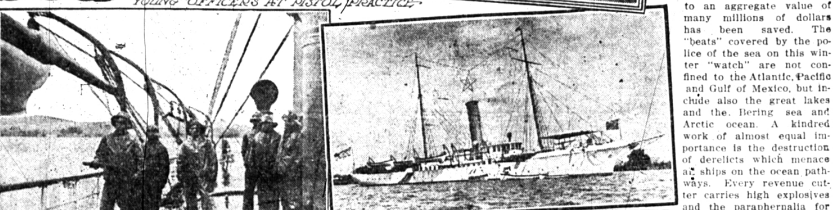
UNCLE SAM'S OF THE SEA

It is the story of the life-saving service of the United States revenue cutter service. This organization under the treasury department, was long ago nicknamed "Uncle Sam's police of the sea."



AT THE CADET SCHOOL OF THE U.S. REVENUE CUTTER SERVICE.

summer of 1905 ravaged the gulf coast of our country. Revenue cutters and a fleet of chartered vessels commanded by revenue cutter officers patrolled the waters of Louisiana, Mississippi, Alabama and Florida.



A REPRESENTATIVE NEW U.S. REVENUE CUTTER—THE SPANCO.

The revenue cutter service is charged by law with the construction and the drilling of the life-saving crews, but in addition it has virtually developed a life-saving service of its own.

Escaping the Drudgery

Woman Tells How Household Work May Be Made Less Unpleasant.

The old-time household duties also disappeared to a great extent. Scrubbing was no longer a necessity. I found a waxed floor with simple but effective rugs.

Don't Weigh the Baby

"There is a curious superstition lingering among the mothers of Stoney, says the London Chronicle. They do not approve of the weighing of their babies by the medical officer."

"I look here," said the stuffer at the horse fair, "that's a no-nice horse, my man, may be translated as 'Always Ready,' and certainly the Yankee police force of the high schools is eloquently proven in quality."

NEW IDEAS IN COOKING

BERKSHIRE MUFFINS OF CORN-MEAL, FLOUR AND RICE.

Recipe for Sausage Baked With Water and Several Kinds of Mayonnaise. May Be Served New to Our Readers.

Berkshire Muffins.—One cup corn-meal, one cup flour, one cup rice, three teaspoons baking powder, one teaspoon salt, one-fourth cup sugar, one and one-fourth cups hot milk, one egg, one tablespoon butter.

Sausage Baked With Beans.—Let one quart of pea beans soak overnight in soft water; wash, drain and cook until very tender, but not broken, in boiling water, changing the water at least twice.

Some Mayonnaise.—Prepare the mayonnaise with the lemon juice instead of vinegar, when you need to serve food in a dressing made of one part of oil, a cup of whipped cream and a few grains of salt and pepper.

Green-Cook together a cup of peas, two or three leaves each of mint and lettuce, a root of sprig dill and a sprig of parsley, until the peas are tender. Drain and press through a fine sieve.

Red.—Cook a can of tomato puree (cooked tomatoes strained) until reduced to two tablespoons; add when cold a mayonnaise dressing, using such quantity as is needed to secure the desired tint.

Jelly for Meats.—To a cup of mayonnaise add in gradually from two tablespoons to one-third of a cup of chilled but liquid apple jelly.

A Delicious Bird Pie. Squabs, pigeon, quail or a young chicken may be used in the following recipe.

Makes a crust as follows: One cup flour, one teaspoon baking powder, one pinch of salt. Rub into four a tablespoon of butter or lard.

To Cook Smelts. French cooks improve the humble smelt by serving it with various sauces, such as shrimp, anchovy or oyster sauce.

Compoete of Cherries. Cook together one cup of sugar and three-fourths of a cup of water until a thick syrup.

Crystallized Fruit. Pick out the seeds of any kind of fruit; leave in the stones for one hour.

Pick out the seeds of any kind of fruit; leave in the stones for one hour. The juice of an orange in the gravy is an improvement.

WAS NOT THE WHOLE THING

Sweet Girl in "Error" When the Imagined Herself the Coolest of the Wretches.

She imagined his room with her photograph smiling down at him from over the mantel, while another of her photos looked demurely at him from a leather case on the dressing table.

"Dear Mabel: I would like awfully much to return your photos, but, honestly, you girls all dress and pose so much alike for the camera that I can't tell 'em two of you apart."

"About two months ago my hands started to crack open and bleed, the skin would scale off, and the good flesh would burn and itch dreadfully."

"My doctor said he didn't think it would do any good, but it kept getting worse. One day I was in one of the papers about a lady who had the same trouble with her hands."

"I was afraid to try it, but I did. I was cured, and did not have to lose a day from work. I have had no return of the skin trouble." (Signed Mrs. Mary E. B. Big, 2522 Brown Street, Philadelphia, Pa., Jan. 12, 1911.)

After receiving requests for begging letter writers for sums amounting in all to \$22,000,000, Mrs. E. H. Harriman of New York, the widow of John D. Harriman, has appointed the bureau of municipal research to assist her in mendicant mail and to superintend her widely dispensing charity.

Consolidation. "You say I'm a thief, sir?" "You claim that I'm a thief, sir?" "Say?" "Let's go into partnership. You get the money and I will pay the taxes."

SHUWERS PORTLAND CEMENT

Cement Talk No. 4

We will send you free upon request, a handsome 116 page book with illustrations, entitled "Concrete in the Country," describing how to build various things out of concrete.

Quick Relief

for an upset stomach, hicoughs, a sick headache, constipated bowels, or a bilious attack is secured by using BEECHAM'S PILLS.