

store their health.

If you want special advice write

Mrs. Pinkham, at Lynn, Mass.
he will treat your letter as trictly confidential. For 20 years
he has been helping sick women
t this way, free of charge. Don't
esitate—write at once.



Mrs. Reeder (making a call)—And sees your husband interest himself is? Neuriche—No. Hiram keep. ookkeepers.

The Young Idea.
There are two kinds of joints, the nages and the ball-bearing.
Reflex action is the inside eye and the Reflex action controls things at we do not have to think about.

that we do not have to think about, as talking.

Had we no skin, our clothes would cause us endless agony.

The stomach is the trunk of our body. The stomach is the trunk of our body. The stomach contains the liver. The stomach is south of the lungs, west of the liver. It has three coats a Without the stomach we should die, therefore God chose the stomach 19 digest our food.—Woman's Home Companion.

Character in the Eye.

Reware of the man who these not be a considered in the constitution of the constitu

An Experiment.
Nurse—What is the matter?
Johnny—The baby is a fake! I rew him on the floor, and he didn't unce a bit.

Package Of Enjoyment-

A Large

Post **Toasties**

Served with cream, milk fruit - fresh or cooked.

white corn—delicious

A flavour that appeals to

The Memory Lingers" Sold by Grocers

Postum Cereal Company, Ltd. Battle Creek, Mich.

MICHIGAN'S PROGRESS IN ALFALFA GROWING



The alfalfa seeding season, which seventh or eighth year are giving begins in Michigan in early spring profitable return.

It will be plain from the about has been more extensive, than in any statements that alfalfa raising in the control of the

return.

be plain from the above
s that alfalfa raising in

Level Fields and How to Get Them

By R. J. BALDWIN Michigan Agricultural College



Cultivation and Pruning of the Brambles

he used with two horses throughout the season.
Pruning of the brambles differs not only with the kind but also with varieties, but generally speaking 'the new growths of black raspberries and purple came raspberries should be tipped as soon as they reach a beight of two to two and one-balf forces, they came to be the control of the co

a height of 18 inches to two feet.
The young aboots of the red raspberry should not be touched until the
following spring, then all shouts of all
branches abould be out back to the
point where the shoot begins to curve
toward the ground. Many growers
and off purpose the shoot begins to curve
toward the ground. Many growers
and to find the spring purpose, but this se
all whind so the simble should be taken
out just as soon as the canes have
stopped fruiting. In fact power grow-

Some / In poultry - flooks. Junhos, satches of cora, etc., or where naces ary artificial protection such as formers, which afford a hiding place, will keep the hawks from the chicks and greatly reduce the damage that these troublesome birds are apt to perform.

Young chicks will not do as well from the chicks and greatly reduce the damage that growing of feathers requires nitroperform.

Young chicks will not do as well from the chicks and greatly reduced the same that the s

THE MARKETS.

\$20g35. Veal calves—Market strong at las week's prices; best, \$8.50\(\frac{1}{2}\)8.75; others \$4\(\frac{1}{2}\)8.7 milch/cows and springers, good strong, company dell'

hind and knocked unconscious.

In the next few days persons in vivious parts of the country will receive letters addressed to themselves years ago. Several mail sacks that were lost during the flood of 1905 were found in the bed of the Pecos river. Their contents were in such a good state of preservation that they were mailed to their various deptimary and the several sev

THE HOME COMING

MICHIGAN MEMBERS HAVE

President's Tour, Redistricting and Other Matters of Note and Gossip.

Must Complete the Job

which Victor Clore and Bryan O' of Michigan, were tried and acqu

A Human Creet-Stand.
Sevent villagers were discussing a capatra villagers were discussing a capatra villagers were discussing a capatra villagers were discussing to good deeds but was rather too fond of dispensing sharp spoken advice.
"She was an excellent woman," said the deceased lady's pastor. "She was constantly in the homes of the poor and afflicted. In fact, she was the sait of the carth."
"She was more than that," remarked a villager. "She was the vinegar, the pepper and the mustard as well. She pepper and the mustard as well. She was the vinegar. "London Tit-Bits."

Faces Included. Howell—He has a weather-beater

Run-Down?

Tone the nerves, strengthen the stomach, purify the blood and get a fresh grip on health by taking

Beecham's Pills

DR. J. D. KELLOGG'S





466,562 Acres

Excellent Train Service

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The Best of Everything

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FOR OVER 30 YEARS

The workmanship which has made W. L. Douglas shoes famous the world over is maintained in every pair. If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they are warranted to hold their shape. It better and.



catalog. Shoss sent direct ONE PAIR of my BOYS' \$2, \$2.5 rr, all charges prepaid. W.L. \$3.00 sHOES will positively outwark St., Brockieu, Mass. TWO PAIRS of ordinary boys's

