Splendid Crops

In Saskatchewan (Western Canada)

800 Bushels from 20 acres of wheat was the thresher's return from a Lloydminster farm in the season of 1910. Many fields in that as well as other districts yielded from 35 to 55 bushels of wheat to the acre. Other grains in proportion.

LARGE PROFITS are thus derived from the FREE HOMESTEAD LANDS of Western Canada.

This excellent showing causes prices to advance. Land values should double in two years' time. Grain growing, mixed farming, cattle raising and dairying are all profitable. Free Homesteads of 160 acres are to be had in the very best districts. 160 acres purchase adjoining at $3.00 per acre. Within certain areas, Schools and churches in every district. Markets convenient; water, fuel, and building material plentiful.

For particulars as to location, low settlers' railway rates and descriptive illustrated pamphlet, "East, West, North" and other information, write to Supt. of Immigration, Ottawa, Canada, or to Canadian Government Agent.

H. V. Mickenas, 178 Jefferson Ave., Detroit; or C. A. Laurier, Sault Ste. Marie, Mich. (Use address nearest you.) 20

FARMS IN WESTERN CANADA FREE — 160 ACRES

Make the Liver Do its Duty

Nine times in ten when the liver is right the stomach and bowels are right.

CARTER'S LITTLE LIVER PILLS gently but firmly compel a lazy liver to do its duty.

Cures Constipation, Biliousness, Sick Headache, and Distress after Eating.

Small Pill, Small Dose, Small Price

Genuine must bear Signature

Brent Good

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NOW; $10 to $20 an acre, according to location. Two crops a year; 60 to 150 bushels of corn or oats to acre. Fine fruit country. Mild winters; pleasant summers. Best and cheapest lands in U. S. To locate in section with brightest future, write

Frank Weldon, Atlanta, Ga.

Benny on Benevolence.

Benevolence is a great thing. When you have benevolence you cannot rest until you do something to make other people feel grateful to you. The other day my mamma went up into the attic to find a lot of old clothes to give to poor people who could not afford to buy any clothes for themselves. While she was hunting around she found a gold-headed cane worth $25 that grandpa had put up there 18 years ago, and forgot all about. Thus we see, dear friends, benevolence brings its own reward.—Benny.

INNOCENT ON ONE COUNT.

Mrs. Farmer—Say, did you say you wasn't goin' to do no work for dat dinner?

Boston Billings—Ah! ma'am, I assure you the double negative is a solecism I've never been guilty of.

THEY GROW

Good Humor and Cheerfulness From Right Food and Drink.

Anything that interferes with good health is apt to keep cheerfulness and good humor in the background. A Washington lady found that letting coffee alone made things bright for her. She writes:

"Four years ago I was practically given up by my doctor and was not expected to live long. My nervous system was in a bad condition.

"But I was young and did not want to die so I began to look about for the cause of my chronic trouble. I used to have nervous spells which would exhaust me and after each spell it would take me days before I could sit up in a chair.

"I became convinced my trouble was caused by coffee. I decided to stop it and bought some Postum.

"The first cup, which I made according to directions, had a soothing effect on my nerves and I liked the taste. For a time I nearly lived on Postum and ate little food besides. I am today a healthy woman.

"My family and relatives wonder if I am the same person I was four years ago, when I could do no work on account of nervousness. Now I am doing my own housework, take care of two babies—one twenty the other two months old. I am so busy that I hardly get time to write a letter, but I do it all with the cheerfulness and good humor that comes from enjoying good health.

"I tell my friends it is to Postum I owe my life today."

Read "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

THE MEN WHO NEVER SPEAK

TRAPPIST MONKS.

THE Trappist monastery of Gethsemane, twelve miles from Bardstown, Ky., is especially interesting now because of the expulsion of the religious orders from Portugal and their imminent expulsion from Spain, which will drive many of them to seek refuge in this country. The expulsion of the religious orders from France a few years ago sent many monks and nuns to America and England and resulted in the establishment of monasteries and convents in various places. The members of the Trappist order are pledged to silence for the remainder of their days. It is the Order of the Silent Brotherhood.

The abbey of Gethsemane is a self-sustaining institution. Everything its monks require is raised or made on the 2,000 acres of beautiful Kentucky farm country that surpounds the monastery. And not only are they forbidden to speak to anyone, but they are not allowed to read anything except the old books in the monastery library. Even letters or newspapers are not allowed to enter the silent place. It is doubtful if three men in the abbey know the name of the president of the United States or the governor of Kentucky. All tender and sympathetic emotions which in this life visit the human heart are suppressed. The deaths of nearest and dearest relatives are never announced to them. Forgotten by the world, they themselves forget the world.

Among their number are many men of distinguished careers, many who have borne titles. A once celebrated operatic tenor died among the monks a few years ago. The son of the founder of the famous Sunnybrook distillery, who squandered nearly half a million in less than a year, is a member of the order. A farmer who drove the writer over to the monastery from Bardstown, and who knows more about the monks than anyone the country round, pointed out the former Count de Bourbon, Baron de Saumur and Oscar Bachstetz as they left the gate. There are many others, equally important in their early days, in this living tomb.

The guestmaster—a French monk expelled from La Trappe by the recent action of the French government—showed me around the abbey, writes Karl K. Kitchen. First we went to the church where the monks spend one-fourth of their time in silent prayer and meditation. We visited the dormitory, where they sleep on hard planks in little stalls not unlike those to be found at the summer bathing beaches. A single blanket, a washstand and a hard pillow is all each one has. Not even a chair is placed in the stalls for their comfort. In the refectory two monks were setting the tables for the midday meal—the only meal in 24 hours for the members of the order. The odor of vegetable soup could be detected from the kitchen, and that, with bread boiled in water and a little rice, is the daily fare. In Lent only bread and water are partaken of and there are frequent other fasts.

In spite of this seeming hardship the Trappist monks are noted for their health and vigor and the goodly age to which they live. When later in the afternoon we went into the shops and out into the fields where the monks were at work I was astonished at their muscular development and the healthy color of their skin. Nearly all of them are good specimens of physical manhood.

The only rooms in the abbey that are comfortably furnished are the library and the abbot's apartment. All the other rooms are perfectly bare except for wooden tables and chairs and Biblical inscriptions on the walls. There is a musty odor that seems to pervade everything, and it is a great relief to get out into the monastery garden with its geometrical flower beds and shrines. The most attractive part of the abbey is its 2,000 acres of land, which consists of wood ed hills, fields where hundreds of cattle graze and some of the finest farming country in the state of Kentucky. The Trappists are good farmers. They also make fine butter and cheese, some of which is sold in the markets of Louisville.

Few visitors go to Gethsemane any more. Bardstown, the nearest town, is twelve miles away, making a visit a rather difficult task. Years ago, when James Lane Allen wrote "The White Cowl," his descriptions of the abbey brought many visitors there from all over the United States, but today the monastery is almost forgotten by the outside world. When the members of the order die they are laid to rest in the little cemetery outside the monastery walls. There the original founders of the abbey are buried.

The abbey owes its direct origin to the abbey of La Meilleraye, in the department of Loire-Inferieure, France.

A Trappist Farmer.

The abbot of the latter institution made an arrangement with the French government back in the early forties to lay the foundation for a monastery of their order on property situated on the island of Martinique, given to them by Louis Philippe. After the downfall of the monarchy the original plan was abandoned in favor of a colony in the United States, and this was established at Gethsemane in 1848.

The Trappist order was founded in the twelfth century. Rotou, count of Perche, built the abbey of Notre Dame de la Maison-Dieu de la Trappe in 1140 at Soligny-la-Trappe, a village of Haute-Perche, department of the Orne, named La Trappe after the narrow gorge which forms its entrance, comparable to a trap door. During the middle ages the monastery was captured and pillaged many times, and it was not until the middle of the seventeenth century that the order was put on a firm basis and spread to other lands. Until Napoleon became emperor of France their order prospered. He was not in sympathy with them, and he confiscated their property and expelled them from the country.

A visit to the latter abbey is like stepping back a thousand years into the past. There is another famous Trappist monastery at Oka, a few miles from Montreal, Canada.

NEW ERA IN FINANCE

ACCURACY AND PUBLICITY PROVES TO BE A POPULAR MOTTO.

Prompt Response to Bold Move of President Vail.—"Accuracy" Reduced Western Union's Surplus $13,000,000.—"Publicity" Restored Confidence and Its Stock Went Up.

Are the great financiers of the country beginning to see a new light? Time was, until recently in fact, when the men at the head of the big corporations "kept their business to themselves," as far as the law would allow. Capable men at the head of the big concerns, long realized the weakness of their position, but what was needed obviously, as in all great reforms, was an unmistakable occasion and a courageous man. The occasion arose in the purchase of the Western Union Telegraph company by the American Telephone and Telegraph company, and the man appeared in Theodore N. Vail, President of the purchasing corporation.

It was last December when public announcement was made that the Gould holdings of Western Union had been taken over by the Telephone company.

On account of the high esteem in which the management of the telephone company is so generally held, great things were predicted as a result of the absorption of Western Union. By the press of the country the "deal" was most favorably commented on, it being widely pointed out that under the direction of such men as Theodore N. Vail and his associates, the telegraph company was bound soon to work itself into a position where it could offer the public far more efficient service than it had ever before been able to offer.

But a very few months had elapsed when it became apparent to the new management that a modern and up-to-date appraisal of the company's assets would make possible a far greater degree of efficiency of operation. "Here," they said to themselves, "we've bought control of this property and we know it's immensely valuable, but we don't know just how valuable. These appraisals of real estate and securities owned were made a long time ago. If we have a complete inventory made of every thing we've got we can announce the facts to the public, start a new set of books, and begin our responsibility to stockholders right there."

How Inventory Was Taken.

The most expert accountants and appraisers to be had were put at the task. Their labors lasted over eight months. Their report and its publication by the company marks an epoch in finance.

It began by recommending an adjustment of the difference between the appraised and book values by a charge of $5,595,089 against surplus. Book values of securities held were reduced to market values, bad and doubtful accounts were "charged off," an allowance of $2,000,000 was made for "depreciation," another of $500,000 for "reserve," and so on, until the old surplus of $18,867,000 came down to $5,130,000.

It required courage, the publication of this statement to stockholders, saying in effect: "The property of your company has been revalued; the surplus isn't nineteen millions, as you have been led to believe, but five millions," but it was the truth, and President Vail did not flinch. "Accuracy and publicity," he declared, was essential. "The stockholder has a right to know. The shares of this company are scattered from one end of the Union to the other. This is more than a private corporation. It is a great quasi-public trust. The public is entitled to the facts."

The report was ordered published forthwith. Financiers of the old school and speculators generally were aghast. "What would happen? Would the bottom drop out of Western Union when the shareholders realized that their property was worth $13,000,000 less than they had supposed?" But the amazing thing happened. The stock went up and stayed up. The public had responded to this remarkable display of frankness and confidence; to the new motto, "Accuracy and Publicity."

The full significance of the action of the new board is stated concisely by Harper's Weekly in these words:

"Is this policy of publicity and of open-handed dealing with shareholders and public the forerunner of a similar movement on the part of other big corporations? Certainly it is and we hoped that it is. In the case of these big companies, dependent upon public patronage and doing business under public franchise, can there be any question of the right of the people to know?

"That right is being recognized. It is recognized now in this epochal act on the part of the telephone and telegraph interests. It is the dawn of a new era in corporation finance."

Timeliness.

All measures of reformation are effective in exact proportion to their timeliness; partial decay may be cut away and cleansed; incipient error corrected; but there is a point at which corruption can no more be stayed, nor wandering recalled. It has been the manner of modern philanthropy to remain passive until that precise period, and to leave the sick to perish, and the foolish to stray while it spent itself in frantic exertions to raise the dead, and reform the dust.—Ruskin.

Rider and Ridden.

I never could believe that Providence had sent a few men into the world ready booted and spurred to ride, and millions ready saddled and bridled to be ridden.—Richard Rumbold.

Longevity in Birds.

Wild geese have been known to live to the age of 100, and the raven commonly lives 50 years. A record is said to be extant showing that a "cock" also once attained the ripe old age of 81 years.

WAS NOT NECESSARY TO ASK

Man Wins Bet as to Sex of Lusty-Lunged Youngster on Steamer.

The boat had gotten well under way, and the excursionists, having made themselves comfortable in their various nooks, were beginning to think that, after all, this world may have its good points, when they were suddenly "brought to" with a jerk. The disturbance that made them sit up straight in their chairs and threatened to disseminate even the humidity was a specimen of the volley of sound that can issue only from the lungs of an infant that is very angry as well as very healthy.

Some one brighter than the others suggested that it be taken below to see the "horsie."

"That won't do any good," said the female constituent of a couple sitting by the rail; "the only way to silence that baby would be to drop him overboard."

"Him!" repeated her companion indignantly; "that's a girl. No male on earth would have the nerve to keep up a howl like that in a place like this, and in the face of so much resentment. It's a coming suffragist, that's what it is!"

The woman looked at him pityingly.

"No little girl baby would have the strength for that noise," she said.

"I'll bet you anything you say against two pounds of your fudge that it's a girl," said the man; and "Taken; we'll ask its mother," replied the woman hastily, as the familiar noise indicated the return of the unappeased infant.

But the next instant and the next one and the one after that brought no wails. And then there was a rush of wild-eyed excursionists to the scene of death or distraction, they knew not which. And then the women looked at each other self-consciously, and the men looked at each other wisely.

For the mother, with no other idea than that of patting her hair into place, had stopped before a mirror. And the erstwhile demon of noise, with its head coyly on one side, was smiling and cooing and gurgling at its own reflection.

The man who had made the bet slapped himself on the knee.

"I win," he said, and laughed.

And the woman nodded in affirmation and sighed.

The Oldest Oak in England.

A correspondent having written to Mr. Lewis Harcourt, first commissioner of his majesty's office of works, suggesting that for its proper protection a suitable fence should be placed around the famous old oak tree in Hampton Court park, has received a reply in which the right honorable gentleman states: "This fine old oak tree in which you are so good as to take an interest is especially under the care of the keepers and the staff of the park, who have strict instructions from Mr. Harcourt as to its preservation and protection."

The tree, which is situated close to the south side of the Long Water, is reputed to be about a thousand years of age, and it is probably the oldest oak in England. Its gigantic trunk two feet from the ground measures about 45 feet around, and being quite hollow, offers standing room for about a dozen persons. The sides, however, are so sturdy as to give support to a number of branches, some of them dead wood, but the greater number are still alive and come into bud every year. Some time ago a quantity of dred grass and paper was placed in the trunk by, it is supposed, mischievous boys, and set alight, with the result that the old oak was nearly destroyed.—London Telegraph.

The Sanity of Paris.

The French live within their means, and by a sense of economy wholly unknown to us, manage to save and retire to enjoy whatever fortune has stored up for them, says F. Berkeley Smith in Success Magazine. To them France is sufficient; they voyage merely and gamble less. The spendthrift or the man who plunges on the Bourse, the races and the gaming table is regarded by the masses in the light of a rogue and a fool.

The Parisians work hard enough for their leisure, but they never eliminate it nor allow their work to encroach upon their traditional daily vacation, as luncheon, the apéritif hour, dinner and fete days. They work, not to amass millions and die in harness, but to save enough to give their daughter her dot, without which she may never marry; start their son in his chosen trade and have enough income left to retire before they are too old to enjoy their freedom.

Small Wonder.

We quote the following extract from a review of a farce recently produced in New York:

"There is a mythical sea captain whom Mr. Sosh Law invented on exploits in his visits to Baltimore to pacify his first fiancee.

"There is a real sea captain who turns up in New York to confound Mr. Sosh Law.

"There is a bogus sea captain, impersonated by a friend of Mr. Sosh Law when the demand for the appearance of the mythical sea captain on the part of the family becomes too insistent.

"Business of all the sea captains appearing on the scene at the same time."

And yet people wonder why New Yorkers look old at 30.

Fire Engine Named John Milton.

John Milton, poet and Puritan, has many a claim to distinction, but the fact that his name should specially have been chosen by the town council of the ancient Shropshire borough of Ludlow for its new fire engine will need a little explanation to the general.

Yet these "proud Salopians" do well to remember the temporary dwelling of that illustrious man in their midst, even though it be, as long as three centuries ago, for the immortal masque of "Comus" was specially written for production at Ludlow castle, then the palace of the lord of the marches and the rural scenes it describes are plainly visible even today.—Pall Mall Gazette.

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If you are in doubt as to the cause of your disease, or feel the need of medical advice, address a letter to Munyon's staff of eminent specialists, and they will send you an examination blank, which you will fill out and return to them. They will then diagnose your case and tell you what to do, absolutely free of charge. You do not put yourself under any obligation to them, and they will not feel hurt if you do not follow their advice. If they prescribe Munyon's Remedies and you decide to take the treatment, it goes with a guarantee of satisfaction or money refunded.

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Thousands of country people know that in time of sudden mishap or accident Hamlins Wizard Oil is the best substitute for the family doctor. That is why it is so often found upon the shelf.

Thorough.

"You are an optimist."

"I am," replied Mr. Dustin Stax. "I not only hope for the best, but I make practical arrangements to get it."

SPOHN'S DISTEMPER CURE will cure any possible case of DISTEMPER, PINK EYE, and the like among horses of all ages, and prevents all others in the same stable from having the disease. Also cures chicken cholera, and dog distemper. Any good druggist can supply you, or send to mfrs. 50 cents and $1.00 a bottle. Agents wanted. Free book. Spohn Medical Co., Spec. Contagious Diseases, Goshen, Ind.

Acme of Cautiousness.

Seymour—Young Tiger looks like a cautious man.

Ashley—He is cautious; he's so cautious that he wouldn't ask the prettiest girl in all the world to let him see her home unless he had learned how far away she lived.

16 YEARS OF SKIN DISEASE

"For sixteen long years I have been suffering with a bad case of skin disease. While a child there broke out a red sore on the legs just in back of my knees. It waxed from bad to worse, and at last I saw I had a bad skin disease. I tried many widely known doctors in different cities but to no satisfactory result. The plague bothered me more in warm weather than in winter and being on my leg joints it made it impossible for me to walk, and I was forced to stay indoors in the warmest weather. My hopes of recovery were by this time spent. Sleepless nights and restless days made life an unbearable burden. At last I was advised to try the Cuticura remedies [Cuticura Soap, Ointment and Pills] and I did not need more than a trial to convince me that I was on the road of success this time. I bought two sets of the Cuticura Remedies and after these were gone I was a different man entirely. I am now the happiest man that there is at least one true care for skin diseases. Leonard A. Hawtof, 11 Nostrand Ave., Brooklyn, N. Y., July 30 and Aug. 8, '09."

MERELY A THEORY.

Landlady—Dear me! What a peculiar odor! It smells like a piece of burning rubber.

Sarcastic Boarder—Perhaps. The cook has dropped a piece of the steak on the stove.

YOUR STOMACH FEELS FINE.

Dyspepsia, Indigestion, Sourness, Gas and All Stomach Misery Ended in Five Minutes.

This harmless preparation will promptly digest anything you eat and overcome a sick, sour, gassy or out-of-order stomach within five minutes.

If your meals don't fit comfortably, or what you eat lies like a lump of lead in your stomach, or if you have heartburn, that is a sign of indigestion.

Get from any drug store here in town a 50-cent case of Pape's Diapepsin and take a dose just as soon as you can. There will be no sour risings, no belching of undigested food mixed with acid, no stomach gas or heartburn, fullness or heavy feeling in the stomach, Nausea, Debilitating Headaches, Dizziness or Intestinal griping. This will all go, and, besides, there will be no sour food left over in the stomach to poison your breath with nauseous odors.

Pape's Diapepsin is a certain regulator for out-of-order stomachs, and besides it takes hold of your food and digests it just the same as if your stomach wasn't there.

These large 50-cent cases contain more than sufficient to thoroughly cure any case of Dyspepsia, Indigestion or any other stomach disorder.

Remember, if your stomach feels out of order and uncomfortable now, you can get relief in five minutes by taking a little Diapepsin.

For Women's Needs

Every woman should fortify herself against those weaknesses and derangements which are usually present at times when Nature makes extra demands upon the system.

For women's special ailments there is no known remedy so safe and reliable as

Beecham's Pills

These pills possess corrective and tonic properties which have a marked effect upon the general health and promptly relieve nervousness, sick headache, depression, backache, weakness and other unpleasant symptoms. Beecham's Pills establish healthy conditions and furnish

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PARKER'S HAIR BALSAM Restores Color and Beauty to Gray Hair. 50c. and $1.00 at Druggists.

DEFIANCE STARCH—16 ounces in the package. "DEFIANCE" IS SUPERIOR QUALITY.

If afflicted with sore eyes, use Thompson's Eye Water