

# Real Estate Exchange

OF WHITEHEAD & MITCHELL  
Exchange Bank Birmingham Michigan  
The following is a partial list of Farms, City and Village Lots, and Real Estate generally which we have for sale. As our list is constantly changing we request that parties who wish to see what they want in this list.



Successive business men... THE WORK OF TODAY'S MINDS INTO TOMORROW.

view of all that has been said about the fall in the death rate... It seems a strange thing to realize that we are not living so long as our grandfathers and grandmothers... More babies live to grow up nowadays than formerly, but people in later life die faster than they used to. Once arrived at adult age, the average man or woman has fewer years of survival to expect. Hence their physical vigor and probability are less able to throw off disease than would have been the case half a century ago.

average prospective life-time of all is much greater than was the case for those living 50 years ago. Most of us do not realize, perhaps, how much more complicated life is than it used to be. The typical successful business man of today crowds the work of 20 hours into 10 hours and only leaves his office to plunge into some kind of another, eating too much, drinking too much, smoking too much, going to bed too late, and keeping his nervous system continually on the rack until, all at once, it breaks down. Incidentally, his digestion becomes impaired, his vital organs suffer irritation, which is often the beginning of disease, and his circulation is clogged, threatening apoplexy. No wonder, then, that in many instances he dies suddenly, while yet in the prime of life.

Nothing can be more obvious than that the very complexity of our modern civilization is shortening our lives. But of all the evils that afflict us the worst and most destructive are hurry and worry. Hurry drives the body machine beyond its capacity, while worry racks it inwardly. Of the two worry is probably the worse. This might, indeed, be called the age of worry. Because of the intense nervous strain to which we are subjected we do vastly more worrying than did our forebears. The average man of today is continually surrounded and pursued by phantom troubles which, though few of them are real, are nevertheless constantly and injuriously haunting his peace of mind and injuring his health.

For people of ages from 60 to 64, seven per cent.  
For people of ages from 65 to 69, 6 1/2 per cent.  
For people of ages from 70 to 74, 16 1/2 per cent.  
For people of ages from 75 to 79, seven per cent.  
For people of ages from 80 to 84, 15 per cent.  
For people of ages from 85 to 89, 12 per cent.  
For people of ages from 90 to 94, 3 1/2 per cent.  
For people of 95 and up, 2 1/2 per cent.

When the body-machine is weakened by overwork it cannot withstand the hostile germ life which it is obliged to encounter. In other words, its power of resistance is diminished and when hours that should be devoted to beautiful recreation are given up to the enervating dissipation of club and social life there is a double strain on the vitality. Many business men nowadays are kept under such continual nervous strain that they resort to stimulants in working hours and it is this sort of abuse, combined with constant smoking and drinking, that has earned for parasitic recognition as a brain disease to which stock brokers are peculiarly liable. Sooner or later, indeed, that it might be called broker's insanity.

A Noble Woman.  
Guardian—You say you are going to marry a man in order to reform him. That is very noble of you.—M. R. Oorby.  
Guardian—Indeed? I wasn't aware that he had any habits.  
Ward—Yes. His friends say that he is becoming quite miserly.—Sketch.

TRIP ON THE GREAT EASTERN  
Famous Steamship An Extremely Comfortable Boat So Long as the Great Eastern... You can say what you please about the old Great Eastern, but an American who has crossed the ocean twice or more every year for almost half a century, but who was a grand idea. The trouble was that the idea was almost 50 years ahead of its time. It trip... take the world all this time to

grow up to a Great Eastern as exemplified by the Lusitania and the Mauritania... I made my first voyage to Europe in the Great Eastern. That was in 1852. It was the first time the vessel was used for the purpose of carrying passengers, for 10,000 passengers, who wobbled about there in a dreadful fashion. Passengers and stewards were hurled about in every direction,

and as for crockery, I don't believe a whole plate or cup and saucer was saved from the wreckage. On the vessel was every sort of general cargo, including live stock, and as for provisions, why, we had better food and fresher than you can get on a liner today. We had aboard a few fresh muttons, fresh milk and freshly killed chickens. Even in speed the Great Eastern was in advance of her time, for it took us only eight days to get to Liverpool.

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