

# CARE OF THE BOY

## How to Acquire and Retain the Priceless Possession of Good Health

### Milk as a Source of Infection.

The Anti-Tuberculosis Society of Battle Creek, Mich., gave an interesting exhibition recently at the Sanitation building in this city. The display consisted of milk, assisted by the local health officer and the superintendent of the Sanitation at Battle Creek, Mich. The exhibition was investigating the condition of the dairies that supply milk to the people of the city, and the results of an investigation as to the other infection views, afforded an object lesson that must certainly be effective.

### The Dress of Women.

The old Greeks had a proverb expressing their belief that the mother should be strong and vigorous in order that she might be able to breast-feed her children; accordingly, in the palmy days of Greece, laws existed which required every woman to engage the strongest gymnastics and to give minute attention to all the requirements of hygienic laws, not that she might be able to breast-feed her children, but that she might be able to give her children the best of her care.

### A Luminous Lizard.

There is a man in Cincinnati who has a very odd hobby. His hobby is a collection of lizards, and nothing gives him such pleasure as to be able to find a queer specimen to add to his cabinet of little dragons. He is acquainted with naturalists in many lands, and they send him not only queer lizards, but quaint stories of lizards as well. No lizard has he received from a collector in Northern Arizona that is called a "luminous lizard." This creature was not alive, and therefore not luminous, but when caught it was shining with the gleam of a hundred fireflies. It belonged to the family of Geckos, which have the power of giving light, and sometimes they look like live coals, as they cling to trees or walls in the evening. All lizards cling to walls, and there is in India a large creature which is used in a novel manner, as the following incident will show: A naturalist was arrested one night by a peculiar noise just below his window. The sound was as if a dog was scratching outside. The man put his head out and saw a lizard clinging to the wall. It was a dark object, which seemed to be fastened to the stone wall by the gleam of a hundred fireflies. The man watched the object closely, and soon he saw that it could move. Thereupon he stepped out and saw that it was a lizard. It was a large lizard, and it was in the act of descending the wall. The man watched it as it came down, and when it reached the ground he saw that it was a lizard. It was a large lizard, and it was in the act of descending the wall.

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## Does Your Food Distress You?

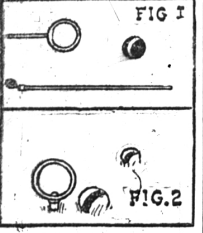
Are you nervous? Is your appetite poor? Is your tongue coated? Do you get dizzy spells? Have you had tasteless meals? Do you feel your food coming after eating? Do you have heartburn? Do you belch gas or wind? Have you pain over or oppression around the heart? Do your heart beat irregularly? Do you have unpleasant dreams? Have you a sensation of fullness after eating? Do you feel limbs tremble or vibrate? Do you have symptoms indicative of dyspepsia? Do you have indigestion? Do you have constipation? Do you have flatulence? Do you have a general feeling of weakness? Do you have a general feeling of uneasiness? Do you have a general feeling of discomfort? Do you have a general feeling of distress? Do you have a general feeling of pain? Do you have a general feeling of suffering? Do you have a general feeling of misery? Do you have a general feeling of agony? Do you have a general feeling of torment? Do you have a general feeling of torture? Do you have a general feeling of punishment? Do you have a general feeling of retribution? Do you have a general feeling of vengeance? Do you have a general feeling of retaliation? Do you have a general feeling of retribution? Do you have a general feeling of vengeance? Do you have a general feeling of retaliation?

### The World's Hero.

There is a man in the world who is known as the "World's Hero." He is a man of great courage and great strength. He has done many great deeds for his country and for his people. He has saved many lives and has brought about many great changes in the world. He is a man who is loved and respected by all people. He is a man who is a true hero.

### Lawn Billiards.

Any number of persons from two to ten, may play this fascinating game. It consists in driving balls, like croquet balls, through a ring. The ring, which is fastened to a wooden stand, is made of metal and is just large enough to allow the ball to pass through it. It has a spike on one side, which is set loosely into a wooden or metal peg, driven into the ground, as Fig. 1 will show. The ring revolves easily on the peg at the slight touch of the hand. The balls are propelled by the cue, which consists of a wooden handle, three or four feet in length, and a small ring fixed in its end at an angle. Each player is provided with a cue and a ball, the latter designated by a color. Each player takes the cue in one hand, and the ball in the other, and then, by striking the cue with the ball, drives the ball through the ring.



### Lawn Billiard Ring and Cue.

Through the ring, if it is successful he scores one point, but is not then entitled to another turn. In trying to drive the ball through a player sends another player's ball through the ring. It counts two points for the other player. The balls must not be pushed or thrown through the ring, but driven with the cue by a stroke. A player may aim for another ball instead of the ring so as to put that ball out of position, or he may aim to strike the edge of the ring to make it turn and present its edge to another ball. When you have become skillful you may be able to drive your ball through the ring even when turned edgewise by striking the ball so that it hits the side of the ring and turns it in a position to catch the ball. To prevent the balls from going too far away a wooden border may surround the field, as shown in Fig. 2.

### Hidden Proverb.

By picking out one word correctly from each of the following sentences you will find a well-known proverb consisting of nine words. Have you had any money given to you to-day? Is that your sister in the garden, by the rose bush? I think that is a very nice dog of yours. Is that a good little girl by you? Have you still got your old servant? I was going out, but my cold is worse. Exact your "Little Women" is a very nice book. That is a very bad boy. My master is very kind to me.

### A Pottery Story.

A squaw left her two boys to care for her papoose while she worked inside the tent. She did not notice that the boys were doing with the papoose until it began to cry. The squaw was unable to find the reason, until their distant voices told them they were down by the river. Not knowing whom she called, the squaw found that they were weeping. Absoluted. Their feet were stuck to the wet clay of the river bank. With great difficulty she got them back to the tent. Then they noticed at their footprints in the clay, for deep holes remained wherever they had stepped.

### Two Clever New Match Tricks

The first trick requires ten matches, which must be put as follows: Three in a row, the problem is, how can they be arranged into pairs, taking matches away, leaving eight, and proceeding to form them as follows: Four right angled triangles and two squares. The smaller square should be made first by four matches, as shown in figure 1, and then the remaining four matches added, forming the second square, thus giving the picture in figure 2. This we have been striving for.

### Discovered that it would not break.

Wonder of wonders, it also held water. Calling the chief and the other squaws around her, the Indian realized that they had learned how to make clay dishes in the right way.

### A Zoological Game.

These lines, which the writer offers something of a curiosity, may be used with fine effect at a party entertainment. They should be memorized, of course, and recited without referring to the paper. Any boy or girl with fair dictionary ability could make a devoted sensation with them. And then, are they not a pretty good story in natural history? It will be noticed that the list is alphabetical so far as the first word of each line is concerned, and that the animals and birds are mixed up in the most incongruous way; this was done on purpose, of course: Alligator, Bat, Porcupine, Whale, Bobolink, Panther, Dragonfly, Snail, Crocodile, Monkey, Buffalo, Bear, Dromedary, Leopard, Mardinka, Bear, Elephant, Badger, Pelican, Ox, Flyingbird, Reindeer, Anaconda, Fox, Guinea-pig, Dolphin, Antelope, Goose, Hummingbird, Weasel, Pickered Pheasant, Rhinoeeros, Owl, Kangaroo, Jackal, Oppossum, Tort, Cockatoo, Peacock, Parrot, Anteater, Bear, Lizard, Ichneumon, Grasshopper, Rat, Moakbird, Camel, Honybeare, Mole, Mosquito, Spider, Cuttlefish, Grouse, Ocelot, Pheasant, Wolverine, Ark, Periwinkle, Ermine, Katydid, Hawk, Quail, Hippopotamus, Armadillo, Moth, Rattlesnake, Lion, Woodpecker, Sloth, Salamander, Goldfinch, Angeworm, Unicorn, Flamingo, Scorpion, Frog, Dog, Otter, Nautlius, Mole, Viper, Gorilla, Basilisk, Sole Whippoorwill, Beaver, Centipede, Elk, Xantho, Canary, Pollywog, Swan, Yellowhammer, Eagle, Hyena, Lark, Zebra, Chameleon, Butterfly, Shark.

### An Appetite.

A Tartar was noticed by a traveler picking up bits of tallow dropped from a candle and eating them as you would candy. To see how much he would eat this man gave the whole candle. His boy was delighted and nunched it down. He was still hungry for more delicate meats, and he took a window, which the robber puts himself up by its long tail.

### Noah's Ark Game.

From water color paper cut and decolor the Noah's ark and paste it on a card and on the back of these paste an envelope to contain the invitation. Enclose the whole in a large envelope for mailing, says the Woman's Home Companion. The invitation may designate the kind of animal each guest is expected to represent, or the name of the individual choice, merely asking them to come to the party in costume. These costumes are to be as simple as possible, and express some characteristic feature of the animal. To represent the elephant, a loose domino of gray muslin may be worn with a tuft of hair on the head and flapping ears attached. For the lion a tawny colored domino with a tuft of hair on the head and a shaggy mane of tissue paper fringe.

### How Fishes Defend Themselves.

The Australian leatherjacket will swim up with the hose in his hand and with its sharp teeth sever the stick line above. The pollack will plunge headlong to the rocks and fray the line against some sharp object and thus set or water. The blue shark twists in the water with such rapidity as to test the bravest gear. The sharks and rays have obviously less to fear than the berring or mackerel. The fishes which live on the bottom of the sea are more cunningly attacked of such marauding folk as the gull and gunner, while over the cormorant and diver do not, as a rule, seek to prey for their kind. The sea anemone, the typical ground dwellers of our seas, moreover, the flatfish, are so formed, that when extremely small they would almost probably choke any fowl so ill-advised as to try to swallow them whole.

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### A Luminous Lizard.

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### Open-Air Treatment in City Hospitals.

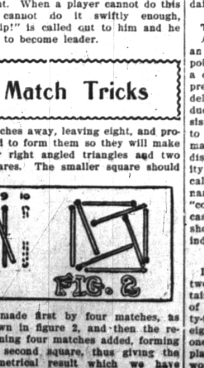
The city hospitals are giving great attention to outdoor treatment. The nurses take their charges out in wheelchairs and on beds in great numbers whenever the weather will permit. When visiting the state insane hospital located at Rochester, Minn., recently, the writer observed that a great number of the patients were out doors. Some of the men were engaged in an animated game of baseball, and some were playing cards. The men, apparently by as much interest as is usually displayed on such occasions.

### The Curew.

Long, long ago, before even your oldest grandfathers were born, people did not have chimney on their houses. They had a hole in the roof of their room, under an opening in the roof, exactly the way that Italians do in the present day. When the family wanted to go to bed, they went to bed at night time they covered this hole in the roof with a board and three ashes over the embers to keep the wooden house from catching fire, while the people slept. It was the custom in every town and village for a bell to be rung each night warning the inhabitants to cover their fires, put out their lights, and to go to bed. This bell was called the "curew" or "cover-fire" bell.—Cincinnati Equiveler.

### The Game of Snip.

Quickness of thought is necessary for good luck with this game. There are almost no rules for playing. A leader is agreed upon, and this one points a finger at any player he chooses, doing it suddenly and unexpectedly. That which the finger points to is a word, and the player must speak four words, rapidly and in proper succession, words whose initial letters will spell the word "snip." Such a string of words as soap, nose, pea, would answer the requirement. When a player cannot do this or cannot do it swiftly enough, "Snip" is called out by him and he has to become leader.



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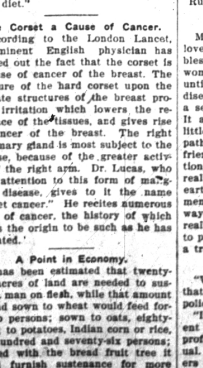
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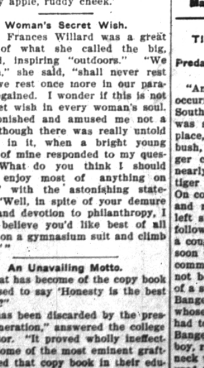
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