Backache, "The Blues"

Both Symptoms of Organic Derangement in Women—Thousands of Sufferers Find Relief.

How often do we hear women say: "It seems as though my back would break," or "Don't speak to me, I am all out of sorts?" These significant remarks prove that the system requires attention.

Backache and "the blues" are direct symptoms of an inward trouble which will sooner or later declare itself. It may be caused by diseased kidneys or some uterine derangement. Nature requires assistance and at once, and Lydia E. Pinkham's Vegetable Compound instantly asserts its curative powers in all those peculiar ailments of women. It has been the standby of intelligent American women for twenty years, and the ablest specialists agree that it is the most universally successful remedy for woman's ills known to medicine.

The following letters from Mrs. Holmes and Mrs. Cotrely are among the many thousands which Mrs. Pinkham has received this year from those whom she has relieved.

Surely such testimony is convincing.

Mrs. J. G. Holmes, of Larimore, North Dakota, writes:

Dear Mrs. Pinkham:—

"I have suffered everything with backache and womb trouble—I let the trouble run on until my system was in such a condition that I was unable to be about, and then it was I commenced to use Lydia E. Pinkham's Vegetable Compound. If I had only known how much suffering I would have saved, I should have taken it months sooner—for a few weeks' treatment made me well and strong. My backaches and headaches are all gone and I suffer no pain at my menstrual periods, whereas before I took Lydia E. Pinkham's Vegetable Compound I suffered intense pain."

Mrs. Emma Cotrely, 109 East 12th Street, New York City, writes:

Dear Mrs. Pinkham:—

"I feel it my duty to tell all suffering women of the relief I have found in Lydia E. Pinkham's Vegetable Compound. When I commenced taking the Compound I suffered everything with backaches, headaches, menstrual and ovarian troubles. I am completely cured and enjoy the best of health, and I owe it all to you."

When women are troubled with irregular, suppressed or painful menstruation, weakness, leucorrhœa, displacement or ulceration of the womb, that bearing down feeling, inflammation of the ovaries, backache, bloating (or flatulence), general debility, indigestion and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excitability, irritability, nervousness, sleeplessness, melancholy, "all gone" and "want-to-be-left-alone" feelings, blues and hopelessness, they should remember there is one tried and true remedy, Lydia E. Pinkham's Vegetable Compound at once remedies such troubles.

No other medicine in the world has received such widespread and unqualified endorsement. No other medicine has such a record of cures of female troubles. Refuse to buy any substitute.

FREE ADVICE TO WOMEN.

Remember, every woman is cordially invited to write to Mrs. Pinkham if there is anything about her symptoms she does not understand. Mrs. Pinkham's address is Lynn, Mass., her advice is free and cheerfully given to every ailing woman who asks for it. Her advice and medicine have restored to health more than one hundred thousand women.

Ask Mrs. Pinkham's Advice—A Woman Best Understands a Woman's Ills.

Billville Item.

"We know a fellow," says the Billville Banner, "who got married the other day and killed himself when presented with a bill for house rent. It does look like the women won't rise up and make a living for the men these days."—Atlanta Constitution.

In a Pinch, Use ALLEN'S FOOT-EASE.

A powder. It cures painful, smarting, nervous feet and ingrowing nails. It's the greatest comfort discovery of the age. Makes new shoes easy. A certain cure for sweating feet. Sold by all druggists, 25c. Trial package FREE. Address A. S. Olmsted, Le Roy, N. Y.

A woman values money which comes to her through work more highly than does a man.

Marriage robs both parties of liberties which were regarded as part of existence.

Mrs. Winslow's Soothing Syrup

For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Somehow or other a bad temper never wears out with constant use.

DETECTIVE WORK—Established 15 years. 8,000 Secret Service Men—more being added every day. Send us your case. Advice by mail free. Address American Detective Association, Indianapolis, Ind.

Women want men to give them attention as well as deference.

I am sure Piso's Cure for Consumption saved my life three years ago.—Mrs. Thos. Robbins, Maple Street, Norwich, N. Y., Feb. 17, 1900.

The man of industry is not always the man of success.

"Dyspepsia Tormented Me for Years. Dr. David Kennedy's Favorite Remedy cured me." Mrs. C. B. Dougherty, Millville, N. J. Used over 30 years. 81.

If you take a woman's part in a him curious tricks.

Pays 6 per cent

The Realty Syndicate

of San Francisco

Paid-up Capital, $4,600,000

Assets, $11,130,495.32

Incorporated 1895

Investment Certificates issued in sums of $100 to $10,000

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Payable semi-annually

Write to The Realty Syndicate

No. 14 Sansome St., San Francisco, California

Say Plainly to Your Grocer

That you want LION COFFEE always, and he, being a square man, will not try to sell you anything else. You may not care for our opinion, but

What About the United Judgment of Millions

of housekeepers who have used LION COFFEE for over a quarter of a century?

Is there any *stronger proof of merit*, than the

Confidence of the People and ever increasing popularity? LION COFFEE is carefully selected at the plantation, shipped direct to our various factories, where it is skillfully roasted and carefully packed in sealed packages—unlike loose coffee, which is exposed to germs, dust, insects, etc. LION COFFEE reaches you as pure and clean as when it left the factory. Sold only in 1 lb. packages.

Lion-head on every package.

Save these Lion-heads for valuable premiums.

SOLD BY GROCERS EVERYWHERE

WOOLSON SPICE CO., Toledo, Ohio.

Turned the Tables.

A well known woman novelist tells a good story which rather goes against herself. While speaking at a working girls' club she gave the members some good advice, asking them how much they earned and counseling them to put by a certain amount from their weekly wages. A few nights later there was a ring at the novelist's own doorbell and a visitor was announced. It was one of the members of the club, who had come to inquire what the novelist's own income was in order that she might advise her as to how much of it to set aside. The novelist was, for once, at a loss for words.

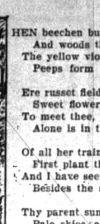
Are the Packers Receiving Fair Play?

When the Garfield report on the business methods of the packers appeared, after eight months' investigation, it was severely criticised and roundly denounced. After three months of publicity it is significant that those who attempted to discredit it have failed to controvert the figures contained in that exhaustive document. The public is beginning to notice this omission, and the feeling is rapidly growing that the sensational charges out of which the "Beef Investigation" arose were without foundation. If the official statements of the report are susceptible of contradiction, a good many people are now asking why the facts and figures are not furnished to contradict them.

The truth seems to be that most of the charges contain unfounded sensational assertions. A flagrant example of this appeared in a recent article in an Eastern magazine, to the effect that "forty Iowa banks were forced to close their doors in 1903-4 by the Beef Trust's manipulation of cattle prices." Chief Clerk Cox, of the banking department of the Iowa State Auditor's office, has tabulated the list of banks given in the magazine article and has publicly denounced the statement as utterly untrue. He gives separately the reasons for each failure mentioned and officially states that they have been caused by unwise speculations and by reckless banking methods. It may be well to suspend judgment upon the packers until the charges against them are proved.

THE YELLOW VIOLET

By WILLIAM CULLEN BRYANT



When beechen buds begin to swell,
And woods the bluebird's warble know,
The yellow violet's modest bell
Peeps form the last year's leaves below.

Ere russet fields their green resume,
Sweet flower, I love, in forest bare,
To meet thee, when thy faint perfume
Alone is in the virgin air.

Of all her train, the hands of Spring
First plant thee in the watery mould,
And I have seen thee blossoming
Beside the snow-bank's edges cold.

Thy parent sun, who bade thee view
Pale skies, and chilling moisture sip,
Has bathed thee in his own bright hue,
And streaked with jet thy glowing lip.

Yet slight thy form, and low thy seat,
And earthward bent thy gentle eye,
Unapt the passing view to meet
When loftier flowers are flaunting nigh.

Oft, in the sunless April day,
Thy early smile has stayed my walk;
But 'midst the gorgeous blooms of May,
I passed thee on thy humble stalk.

So they, who climb to wealth, forget
The friends in darker fortunes tried.
I copied them—but I regret
That I should ape the ways of pride.

And when again the genial hour
Awakes the painted tribes of light,
I'll not o'erlook the modest flower
That made the woods of April bright.

FIRM TO THE LAST.

Woman Moved, but It Was No Triumph for Conductor.

She was a tall woman with a severe cast of countenance and a mole, from which a good-sized goatee depended, on her left cheek. She boarded a Washington street car the other night and found every seat occupied. No man offered to give her his seat and she planted herself just inside the door and squarely across the entrance.

"Madam," said the conductor, politely, "I wish you would move forward a little in the car."

"I'll do no such thing," she snapped.

"But, madam," continued the conductor, "people have got to get in and out of this door."

"I don't care if they have. I'll stand here and nowhere else," she said, and her voice was very vinegary.

"I shall have to insist, said the conductor, putting one hand on her shoulder.

She glared at him with unspeakable fury. Then she said wrathfully: "Take your hands off me, sir. I'll stand here and nowhere else."

"But I insist—"

"I don't care what you do. I have paid my fare and I won't be bossed around by a boy of a conductor. I'll stand here and you nor no one else can make me move a peg."

Just then the motorman tried to slow down his car, and by mistake shut the current off entirely. The car stopped suddenly and the tall woman went plunging down the aisle and landed on her knees near the front door.

Everybody smiled and the conductor laughed aloud. She picked herself up and shouted furiously:

"Laugh, blame you, but I want you to understand you didn't make me move!"—The Hustler's Magazine.

Good in Scientific Farming.

A clerk of the department of agriculture said:

"You think that scientific farming is a bluff? You demand some illustration of the good that is accomplished by the scientific method? Very well.

"When clover was first introduced into Australia it grew there beautifully, but it never seeded. The soil was all right. The climate was all right. What, then, was the trouble?

"A scientist studied the matter and this is what he found:

"He found that the native Australian bees had tongues too short to reach the clover's pollen-forming organs. These organs, in red clover, are hidden deeply in the heart of the tubelike petals and they can only be fertilized by the long-tongued humble bee. If red clover is not visited by bumble bees, who bear the golden grains from one blossom to another, it never seeds—it cannot be grown. The scientist, aware of this fact, soon put his finger on the barren Australian clover's trouble. He imported a lot of long-tongued bumble bees, these bees flourished and immediately Australian clover, which had promised to be a failure, became one of the country's richest and finest crops."

Reward for Dog Poisoners.

The petition that has been circulated in Deadwood among the owners of dogs has resulted in the raising of $600, which amount is to be used in furnishing a reward for the capture of the dog poisoners and in the legal service needed to prosecute the cases. A number of very valuable dogs have been poisoned recently in different parts of the city. The petition is signed by nearly every business man in Deadwood.—St. Paul Pioneer Press.

Spent Millions for Drink.

The drink bill of Ireland is reputed to reach fourteen millions sterling per annum. The Irish Times suggests that by reducing the consumption to the extent of a penny in the shilling Irish Roman Catholics would provide more than a million pounds for a university to their own liking.

Farm Laborers Are Scarce.

With nearly every acre of plowed land in the county promising a big crop, San Diego, Cal., is suffering from a labor famine. There are not half enough men in the county to handle the crops

MAKES FRIENDS OF GHOSTS.

Woman Solves the Mystery That Had Driven Away Many Servants.

A lady and gentleman moved into a house in the suburbs last fall. They were more than pleased with the place, with one exception. There were, beyond a doubt, a lot of queer noises which neither the lady nor her husband could explain. In consequence of this their servants were constantly giving notice, for they refused to live in the house with "spooks," no matter how harmless.

One day during the winter the lady noticed a great number of squirrels stringing along like a caravan, running about after the leader, up and down trees, across the lawn, and, in short, every place that a squirrel could go. She watched them for a long while and to her surprise when they were tired of play they scampered up the shed roof and on up till they disappeared under the eaves of the house.

When the last tail vanished from sight the lady ran upstairs and listened. Sure enough, the "spook" noises were in full operation. The colony of squirrels had taken up their winter quarters in an unused loft in the house. Going into a spare bedroom, the lady stood on a ladder against the loft door and set it ajar. Then she placed a bowl of crackers at the foot of the ladder. It was fully a week before the timid creatures dared touch the food which had been handled by human fingers.

But at last they ventured down for the crackers, and when they emptied the jar the lady filled it again. She spent many minutes (which might otherwise have proved very lonely during the long winter) in getting better acquainted with the frisky little spooks which had frightened so many cooks away. And now they are so tame that when the dining-room windows are open in the morning they run in from the lawn and sit on the windpw sill, looking "big-eyed," while the lady and her husband eat their breakfast.—Philadelphia Record.

Shutting Off Argument.

"George," said Mrs. McSquillop to her liege lord, who was toasting his shins before the fire, "I suppose you get the credit for sweeping the snow off our front walk."

"I reckon I do, Cynthy," responded George.

"And you know you don't do a lick of it. You know I do it myself."

"You do, Cynthy. There can't be any doubt about that."

"Well, what sort of a man do you think you are?"

"I'm a blamed small specimen of a man, Cynthy," said George, still serenely toasting his shins. "I have no doubt I am meaner and more contemptible than you think, Lord love you! Cynthy, you can't get into any argument with me on that proposition. I'm the laziest, good-for-nothingest, ornerest dog-goned man in the neighborhood. If I want that I've got such a good wife I'll go and blow my worthless brains out. Supper ready yet, dear?"—Chicago Tribune.

Memorial to Cowper.

The one-hundred-and-fifth anniversary of the death of the poet Cowper was observed at East Dereham, England, April 25, when a memorial window was unveiled in the parish church. The center light contains a full-length picture of Cowper with hares reclining at his feet, and representations of his sofa and writing desk, which are in the possession of a man of the neighborhood.

Student Pranks.

With great pains and against much opposition the students of California university constructed a huge white "C" in concrete on one of the hills that overlook the university. But on the morning of April 14 it was seen to be a deep crimson, having been presented with the colors of Stanford in the night by students from the rival university.

Prussian Convict Escapes.

By pulling down the stove in his cell, breaking through the wall and climbing over several roofs, a convict escaped from the prison at Breslau, in Paris.

HAD TO SPEAK PLAINLY.

Cashier's Somewhat Stilted Politeness Misunderstood.

Such a dainty and dignified little old lady was she, and so different in every way from those who go to Chestnut street banks to have checks cashed, that the paying teller felt that he could not use the general phraseology of financial institutions when dealing with her. She approached the grated window almost timorously and, on taking the check from a very old-fashioned reticule which hung about her wrist, presented it to the teller.

It called for a large amount, and somehow he could not bring himself to utter the brusque "How'll y' have it?" she was so much a picture of the olden days, of those times when phrases were gently turned, when "lady" had a real significance.

In trying to be formal he became merely stilted, and murmured, "Denomination, please?"

The prim old lady looked up in a puzzled fashion, smiled and then said: "Why, Presbyterian. I didn't know that made any difference in banks."

The teller had, after all, to drift into the language of the commonplace.—Philadelphia Press.

In Record Time.

Piney Flats, Tenn., May 29th.—(Special)—Cured in two days of Rheumatism that had made his life a torture for two years, D. S. Hilton of this place naturally wants every other sufferer from rheumatism to know what cured him. It was Dodd's Kidney Pills.

"Dodd's Kidney Pills are the grandest pill on earth" says Mr. Hilton. "I would not take any sum of money for what they did for me. For two years I had what the doctors called rheumatism. I could hardly walk around the house. It seemed to be in my back and hip and legs. I tried everything but nothing helped me till I got Dodd's Kidney Pills."

"Two days after I took the first dose all pain left me and it has never come back since. I can't praise Dodd's Kidney Pills too much."

Rheumatism is caused by uric acid in the blood. Healthy kidneys take all the Uric Acid out of the blood. Dodds' Kidney Pills make healthy kidneys.

America's First Electric Railway.

The first electric railway in America was operated between Baltimore and Hamden, Md., a distance of two miles. It was opened Sept. 1, 1885.

ULCERS FOR 30 YEARS.

Painful Eruptions From Knees to Feet Seemed Incurable—Cuticura Ends Misery.

Another of those remarkable cures by Cuticura, after doctors and all else had failed, is testified to by Mr. M. C. Moss of Gainesville, Texas, in the following letter: "For over thirty years I suffered from painful ulcers and an eruption from my knees to feet, and could find neither doctors nor medicine to help me, until I used Cuticura Soap, Ointment and Pills, which cured me in six months. They helped me the very first time I used them, and I am glad to write this so that others suffering as I did may be saved from misery."

Circumstances have more to do with us than free will.

FIXING RAILROAD RATES.

Making railroad rates is like playing a game of checkers or chess. Communities to be benefitted, producers, manufacturers or shippers to be aided represent the pieces used. Every possible move is studied for its effect on the general result by skilled traffic managers. A false move in the making of freight rates may mean the ruin of a city, of a great manufacturing interest, of an agricultural community. Railroads strive to build up all these so that each may have an equal chance in the sharp competition of business. So sensitive to this rivalry are the railroads that in order to build up business along their lines they frequently allow the shipper to practically dictate rates. Rate making has been a matter of development; of mutual concessions for mutual benefit. That is why the railroads of the United States have voluntarily made freight rates so much lower in this country than they are on the government-owned and operated railways of Europe and Australia that they are now the lowest transportation rates in the world.

Cheerfulness As a Tonic.

Cheerfulness, says Ruskin, is just as natural to the heart of a man in strong health as color to his cheek; and, wherever there is habitual gloom, there must be either bad air, unwholesome food, improperly severe labor, or erring habits of life. Cheerfulness is the best promoter of health, remarks Addison. Repinings and murmurings of the heart give imperceptible strokes to those delicate fibres of which the vital parts are composed, and wear out the machine. Cheerfulness is as friendly to the mind as to the body.

There would be less poverty in the world if people could be made to understand that the time they give to fault finding might as a rule be used for working at good wages.

Mother's Devotion

To her children is one of the most beautiful things in life. When they are sick, the wise mother, who has taken the pains to study their best interests, promptly gives them Dr. Caldwell's (laxative) Syrup Pepsin. It quickly relieves pain and fever, and can never do anything but good. Try it.

Sharks Migrate.

As a curious effect of the war, the China Review notes, sharks have migrated from the far East to European waters, having been frightened, it is thought by submarine explosions.

Health is Your Heritage.

If you feel sick, depressed, irritated: if food disagrees with you; if you are constipated, or get tired easy, something is wrong. There is no reason why you should not be restored to perfect health if you will write for a trial bottle of Vernal Palmettona, made from Saw Palmetto Berries which possess wonderful curative powers for all diseases of the Stomach, Liver, Kidneys and Bladder. Thousands of sufferers have been permanently cured. Write for free sample. Vernal Remedy Co., Le Roy, N. Y. Sold by druggists.

Rice as Article of Food.

Rice forms the principal article of food of about a third of the human race.

THINK OF IT!

This Pretty Matron Had Headache and Backache and Her Condition Was Serious.

PE-RU-NA CURED

MRS. M. BRICKNER.

99 Eleventh Street, Milwaukee, Wis.

"A short time ago I found my condition very serious. I had headache, pains in the back, and frequent dizzy spells which grew worse every month. I tried two remedies before Peruna, and was discouraged when I took the first dose, but my courage soon returned. In less than two months my health was restored."—Mrs. M. Brickner.

The reason of so many failures to cure cases similar to the above is the fact that disease cases peculiar to the female sex are not commonly recognized as being caused by catarrh.

FEMALE TROUBLE NOT RECOGNIZED AS CATARRH.

Catarrh of one organ is exactly the same as catarrh of any other organ. What will cure catarrh of the head will also cure catarrh of the pelvic organs. Peruna cures these cases simply because it cures the catarrh.

If you have catarrh write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

CELERY KING (NATURE'S CURE)

Eat Good Food

Don't take to eating invalids' food and going without the good things of life because constipation has disordered your stomach. Celery King, the tonic-laxative, regulates the bowels and keeps them right. It costs 25c.

If afflicted with sore eyes, use **Thompson's Eye Water**

W. N. U.---DETROIT--No. 22--1905

When answering Ads. kindly mention this paper

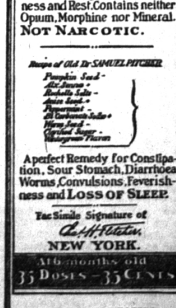
Do You Want to Become a Physician?

Wouldn't you do it if you could work your way through one of the best medical colleges in Chicago, with large hospital connections whose diplomas are fully recognized by the State? Do you know that nearly 200 students are doing this at the Dearborn Medical College and that our attendance will be doubled next term? Send for catalogue and information. Dearborn Medical College, Chicago.

Save the Babies.

INFANT MORTALITY is something frightful. We can hardly realize that of all the children born in civilized countries, twentytwo per cent., or nearly one-quarter, die before they reach one year; thirtyseven per cent., or more than one-third, before they are five, and one-half before they are fifteen!

We do not hesitate to say that a timely use of Castoria would save a majority of these precious lives. Neither do we hesitate to say that many of these infantile deaths are occasioned by the use of narcotic preparations. Drops, tinctures and soothing syrups sold for children's complaints contain more or less opium, or morphine. They are, in considerable quantities, deadly poisons. In any quantity they stupefy, retard circulation and lead to congestions, sickness, death. Castoria operates exactly the reverse, but you must see that it bears the signature of Chas. H. Fletcher. Castoria causes the blood to circulate properly, opens the pores of the skin and allays fever.



Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. A. F. Peeler, of St. Louis, Mo., says: "I have prescribed your Castoria in many cases and have always found it an efficient and speedy remedy."

Dr. E. Down, of Philadelphia, Pa., says: "I have prescribed your Castoria in my practice for many years with great satisfaction to myself and benefit to my patients."

Dr. J. E. Waggoner, of Chicago, Ill., says: "I can most heartily recommend your Castoria to the public as a remedy for children's complaints. I have tried it and found it of great value."

Dr. Edward Parrish, of Brooklyn, N. Y., says: "I have used your Castoria in my own household with good results, and have advised several patients to use it for its mild laxative effect and freedom from harm."

Dr. J. B. Elliott, of New York City, says: "Having during the past six years prescribed your Castoria for infantile stomach disorders, I most heartily commend its use. The formula contains nothing deleterious to the most delicate of children."

Dr. C. G. Sprague, of Omaha, Neb., says: "Your Castoria is an ideal medicine for children, and I frequently prescribe it. While I do not advocate the indiscriminate use of proprietary medicines, yet Castoria is an exception for conditions which arise in the care of children."

Dr. J. A. Parker, of Kansas City, Mo., says: "Your Castoria holds the esteem of the medical profession in a manner held by no other proprietary preparation. It is a sure and reliable medicine for infants and children. In fact, it is the universal household remedy for infantile ailments."

Dr. H. F. Merrill, of Augusta, Me., says: "Castoria is one of the very finest and most remarkable remedies for infants and children. In my opinion your Castoria has saved thousands from an early grave. I can furnish hundreds of testimonials from this locality as to its efficiency and merits."

Dr. Norman M. Geer, of Cleveland, Ohio, says: "During the last twelve years I have frequently recommended your Castoria as one of the best preparations of the kind, being safe in the hands of parents and very effective in relieving children's disorders, while the ease with which such a pleasant preparation can be administered is a great advantage."

Dr. F. H. Kyle, of St. Paul, Minn., says: "It affords me pleasure to add my name to the long list of those who have used and now endorse your Castoria. The fact of the ingredients being known through the printing of the formula on the wrapper is one good and sufficient reason for the recommendation of any physician. I know of its good qualities and recommend it cheerfully."

GENUINE CASTORIA ALWAYS Bears the Signature of

Chas. H. Fletcher.

The Kind You Have Always Bought

In Use For Over 30 Years.

THE CENTAUR COMPANY, 77 MURRAY ST., NEW YORK CITY.