WRAPS AND GOWNS

Design for Summer Frock.

Any of the summery materials, the supple silks, mousselines, organdies and the like will develop charmingly. In Paris the vogue of the cut-out neck extends even to the toilets intended for daylight wear; but here we still dress in with chemisettes. The draped bodice shows lengthwise straps of lace which are continued down the skirt, dainty little jabots appearing on the front. The sleeve has several puffings at the shoulder, and a mousquetaire arrangement to the elbow. The skirt is plaited over the hips, the front gore disposed with inturning fan plaits, and a full flounce is applied beneath a lace heading, cascades of lace appearing either side of the front.

Valuable German Discovery.

A substance possessing curious properties is announced in Germany—a compound of carbolic acid, saccharine and camphor with a little gum pectine. This mixture, it is asserted, will solidify when heated and melt again when cooled. Solidification with heat is a property of albuminous substances such as the white of an egg, but such substances will not liquefy again on cooling, the coagulation being a permanent chemical change. The mixture described above to which the name "cryostase" has been given, will apparently solidify and liquefy as often as desired, when heated and cooled to the proper points.

Gown Both Chic and Useful.

This is a smart fancy-tweed frock for spring walking length, trimmed with velvet collar and cuffs and leather pipings and buttons. Hat of straw trimmed behind with wings and ribbon.

Kidney Toast.

Skin, core and cut three sheep's kidneys in six pieces. Melt one ounce of butter, add the kidneys, one small shallot and one teaspoonful chopped parsley. Cook till the kidney is tender. Mix half an ounce of flour smoothly with half a cup of stock and one dessertspoonful mushroom ketchup, a little salt, pepper and nutmeg; stir till they boil, then add one beaten egg. Serve very hot on pieces of hot buttered toast.

Styles That Will Be Much Worn.

Walking skirts built of irregular checks or plaids, preferably in black and white, will be very popular. The skirts are made up in many different ways. The greatest success is found in the bias circular skirt with front seam and perhaps two side plaits down the middle front. A smart little bolero or other short coat accompanies this walking skirt much better. The skirt with many gores is another model much in evidence, but it must fare well below the knees. The very latest gored skirt is smooth over the hips, but is easy below the hip line and is quite full before it reaches even the line of the knee. The back, though it may close snugly and smoothly at the top, falls in fullness below the placket. Hip yokes are much used, notwithstanding that its disuse was prophesied. The newest yoke is short in the front and back and longer at the sides, giving an opportunity for fullness at the hip line. A number of smart models have plain narrow front breadths made to suggest a box plait which are cut in one with the hip yoke; and in one with this yoke also are flat panels running from yoke to hem and side and back, with between them the skirt falls in side plaits over box plaits.

Use for Peacock Feathers.

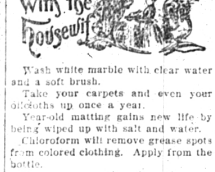
If there are yet women who think that the superstition about wearing peacock feathers is still ingrained in the minds of their sex, let them take a stroll up Fifth avenue or through the park some fine morning when the up-to-date woman is out exercising her dog or her baby, and their minds will be disabused of the notion, says a New York newspaper. For morning wear it has become a rad to have a bunch of peacock feathers stuck jauntily through the band of a soft felt fedora hat. Glowing cheeks and the rich blue-green of the feathers make charming contrasts and the effect is extremely chic.

Mountain Dew Pudding.

Into a pint of milk stir the beaten yolks of two eggs, a pinch of salt, four crackers rolled very fine, two tablespoonfuls of cocoanut and three tablespoonfuls of sugar. Mix well, turn into a greased pudding-dish and bake in a quick oven for twenty minutes. Draw the pudding to the door of the oven and spread it with a meringue made of the whites of the eggs beaten stiff with two tablespoonfuls of sugar. Return to the oven and leave these just long enough to color the meringue. When the pudding is taken from the oven sprinkle grated cocoanut over the top.

Prune Pudding.

Stew ½ pound prunes very slowly and without sugar. Add whites of 4 eggs beaten stiff, ½ teaspoon of cream tartar, a little salt and some sugar if needed. Put in pudding dish in a larger dish of boiling water, cover pudding, set in the oven for 10 minutes, remove the larger pan and bake 15 minutes longer and nicely brown it. Serve cold with cream.



Wash white marble with clear water and a soft brush.

Take your carpets and even your oilcloths up once a year.

Yearold matting gains new life by being wiped up with salt and water.

Chloroform will remove grease spots from colored clothing. Apply from the bottle.

If you put matting down be sure the floors are thoroughly dry before it is laid.

After cleaning get rid of heavy hangings and see that white curtains are spick and span.

Don't shroud pictures and mirrors in netting. If they're too much trouble to keep right put everything you can away.

Braised Beef.

Make incisions through a round of beef and through these draw long strips of fat salt pork. Have the incisions about an inch apart. Stuff also into the holes with the salt pork a forcemeat made of minced fat salt pork, minced ham and bread crumbs, highly seasoned. Lay the meat in a pot, cover deep with chopped onion, carrot, celery, a sliced or chopped tomato, two bay leaves broken into bits and a dash of mace and paprika. Pour over all a half pint of cold water, cover closely and cook very slowly—allowing 15 minutes to the pound. Transfer the meat to a hot dish, strain the gravy, thicken it with browned flour and pour over the meat.

Plaitings.

Plaitings are set into the lower parts of street skirts in many attractive ways, but almost always there is the smooth fitted hip. Skirts laid in plaits and stitched round the hips but falling full below that point continue to be popular. The plain kilted skirt is not deemed as modish as the skirt plaited in groups or in alternating side plaits and groups of side plaits. These skirts have the advantage of being more easily fitted than the old-fashioned kilted skirts.

Real Shirt Waist Returns.

The shirt waist promised for the summer is really a shirt waist; that is, it has returned to the simplicity of the original garment. The bishop sleeve has disappeared and in its place is the old-time shirtsleeve, moderate in size at the top, set in to rise a little and ending in starched cuffs.

Boudoir Confidences

Frocks are much trimmed.

Bows of all sizes are in favor.

Eolienne is one of the prettiest fabrics of the year.

There is danger of the little check being done to death.

The high, transperant cuff of lace must fit close to look well.

Fine neck chains are worn over the soft white lingerie blouses.

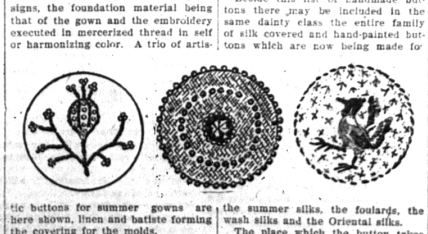
Yokes are of every shape and size, of lace, tucks or embroidery.

Some new arrowhead belt buckles in gilt and silver have a touch of originality.

All-over Egglish embroidery is cut into insertions and used with plain materials.

New Designs in Buttons.

Buttons claim attention this season to a greater extent than for some time past, and are destined for especial prominence during the coming summer as the decorative adjunct of the linen and similar fabric frocks. Buttons for the tub gown are ornamented in a variety of charming designs, the foundation material being that of the gown and the embroidery executed in mercerized thread in self or harmonizing color. A trio of artistic buttons for summer gowns are here shown, linen and batiste forming the covering for the molds.



A set of linen buttons is made by covering button molds with pale blue linen and working them in forget-me-nots. These, if done with taste, look almost like Dresden china buttons. And a smart shirt waist set was made in crushed strawberry denim with each button finished with French knots.

To these may be added a set of beautiful buttons covered with many thicknesses of denim with a raised flower, small but pretty, worked on the top of the button. Such buttons are washable.

Beside this list of handmade buttons there may be included in the same dainty class the entire family of silk covered and hand-painted buttons which are now being made for the summer silks, the foulards, the wash silks and the Oriental silks.

The place which the button takes this season is remarkable by its prominence. The plain little shirt waist which buttons frankly down the front is made all the more beautiful by the hand-embroidered button which takes the place of the bone buttons and is infinitely prettier for a change.

In Silk-Warp Henrietta.

All of the soft shades of green are exceptionally fashionable in this very modish material, and a charmingly original design is thus pictured: The bodice follows the smart draped lines over a fitted doublure, the neck cut out in fancy shape and filled in with a lingerie chemisette, and the sleeve offers a bewitching novelty in the slashed puff that reveals the undersleeve of white chiffon, the same forming a draped puff below the elbow. The skirt is plaited over the hips, a fancy yoke emplecement seeming to hold it to the figure, and a festooned flounce is applied above the hair-cloth stiffened hem.

Fish Omelet.

Take the roe and a block about two inches square of the firmest part of the flesh of any unsalted fish having white meat. After mixing with butter and placing in a pan, whip until the butter is melted. Then put another lump of butter mixed with chopped herbs in a dish, flavor with the juice of a lemon and, after beating the eggs, make an ordinary omelet, adding the fish mixture.

Cocoanut Bread Pudding.

Soak two cups of bread crumbs in one quart of milk for half an hour. Stir in a cup of sugar and a cup of cocoanut, grated, and bake for twenty minutes in a moderate oven. Eat with a cream sauce.

Tailor-Made in Face-Cloth.

An excellent design for a face-cloth gown; it is trimmed in lines with military braid and "frog" fastenings, while a touch of originality is the collar and cuffs of white spotted with black cloth. Plateau hat tipped forward by feathers.

To Color Lace.

In the present demand for trimmings and various colored laces anyone who has had even a small experience in handling a brush can paint her cheap lace into an excellent imitation of an expensive variety, providing that she uses a little judgment in her effort. Too many colors spoil the effect; but with the flowers painted a delicate pink and the tiny leaves green, a very charming trimming is the result. Lace is the salvation of many a "made-over frock, and an old family lace fichu, or a collarette of point lace cut even a lace flounce, can be utilized to better advantage this year than ever before.

In Using the Machine.

During the days of spring sewing women are apt to find the continued running of the sewing machine very tiresome. They will find that the motion is not so wearisome if only the toe of the left foot is allowed to touch the treadle, while the right foot is placed entirely on it and bears the bulk of the work.

Protective Coating for Butter.

A varnish of melted sugar applied with a soft brush is the novel protective coating for butter that is finding favor in Germany and England.

WOULD NOT BE KISSED.

American's Objection to Osculation Astonished Foreigners.

This is the true story of how a certain pianist, who has been amusing New York with his music and his manners, got possession of his muffler. He saw it first—the muffler that became his own—on the neck of a man to whom he had just been introduced.

"I like your muffler," he said, by way of conversation. "I give you a dollar for your muffler."

"Extremely flattered, I'm sure; but I don't care to sell out just at present," replied the American.

"I give you a dollar," reiterated the pianist serenely. "The muffler will be second hand. A dollar is a good price."

The American pulled the muffler from his neck. "Accept it with my compliments," he said, wearily. "Keep your money, and be—so good as to accept the muffler."

The pianist was overjoyed. "Generous man," he exclaimed with tears in his voice. "I kiss you for that." Spreading out his arms he rushed on the American.

"I'll be hanged if you do!" cried the intended victim, who proceeded to grasp the piano pounder by the shoulders and shake him until his teeth rattled.

The musician recovering his breath as the American was vanishing out of the door.

"Men of your country are so cold, so very cold," he remarked to a bystander.

MAN TO BE DISEASE-PROOF.

Surgeons Will Remove the Appendix and Other Useless Parts.

It has already been suggested that the appendix should be removed from every infant as a routine measure. But this is clearly insufficient, says the British Medical Journal. The surgery of the future must include far more than this. The tonsils and turbinate bones of the nose must be cut out, because they may harbor germs. What Arbuthnot Lane calls the "human cesspool" (that is, the large intestine), must be removed along with a considerable part of the upper portion of the alimentary canal, because such parts, needed when we begin to live on M. Berthelot's tablolds and pills. The too readily decaying teeth will be pulled out in early life and the germ-proof store variety inserted. The failing human eye will be anticipated by spectacles in early youth. Deficient moral sense and degeneracy will be treated by ventilation of the brain and removal of the offending areas.

Thus protected against the perils of civilisation, the man of the coming century will be able to run his journey through life to defy the countless enemies that seek to rob him of health—sans teeth, sans eyes, sans taste, sans everything.

Depth to Plant a Tree.

As to the depth to plant a tree, it seems to be the general idea that the future prosperity of the tree is proportionate to the depth and firmness with which it is placed in the ground, and the percentage that plant too shallow is almost too insignificant to be worth considering, for the sinning is all in the opposite direction.

Look for the mark made by the earth on the trunk of the tree when it stood in the nursery, and going by that, you will make no mistake. The roots want warmth, light and moisture, such as they receive when placed properly. But when hermetically sealed two to three feet in the ground, it is impossible to develop any vigorous root action while contending against the terribly handicapping conditions. Give your tree plenty of feeding ground, plenty of good, fibrous surface roots, and the place of planting is not naturally suitable, dig it out deep and put in what is needed.—Suburban Life.

Success.

Success is not for him of folded hands
Sitting with slothful limbs beside life gate,
Yielding his strength to pleasure's silken bands,
With ease and idleness for bride and mate.
Nor yet is it for him who takes each hour
And bribes it of such joy as it may hold—
Then slumbers by the path that leads to power,
Till age creeps on him thus, and finds him old.

But rather is success for him who comes
Full of high purpose and with soul elate,
Strong set to riddle out life's tangled sums—
And passed thus through work's wide open gate,
Putting aside the weakening foible—
Delay,
Passing his slumbering brother on the way,
Treading beneath his feet the lures that please—
To stand at last where night gives place to day.

—Cassell's Saturday Journal.

Vast Increase in Immigration.

Immigration into the United States will rise this year to astonishing proportions if the record for the first quarter of the current year be maintained to its close. Over 41,000 foreigners arrived in New York in two days in March, an unprecedented showing. The number of arrivals during the first quarter of 1905 has never been exceeded during a like period in former years. It is probable that the immigration this year will be double that of 1904. Extraordinary efforts are being made to furnish transportation. Ships hitherto engaged in other service are in demand for the transportation of the coming hosts from Europe and steerage accommodations are booked ahead for several months. —Philadelphia Ledger.

Sassafras Tea His Tonic.

The odor of the sassafras tea circulates around the private office of Acting Secretary Adee in the state department, Washington, these days. Two months in the year Mr. Adee drinks tea, but in March and April he brews sassafras by way of spring medicine. He has a tiny brewing outfit tucked away in his desk and when the thirst comes upon him he boils a little water and makes him a cup of tea. And no matter what weighty international problem is under discussion Mr. Adee sets it aside for a few minutes when the time for such refreshment arrives.

STRANGERS MADE AT HOME

Hospitality a Cardinal Virtue Throughout Africa.

Hospitality may be considered as one of the characteristics of not only the Vels, but of the whole African race, says a writer in the Century. It is considered the duty of every citizen to entertain strangers without the smallest compensation. Places of rest stand always open, and when these are found occupied by strangers, a man goes and tells his wife, who will send her servants with water for the strangers to wash their feet; for, as they wear no shoes, they naturally need such accomodation. Afterward rooms and cloth wrappers are given them, food is brought from all quarters, or they are invited to eat with the people. They continue to be so provided for, even if they stay months. Their garments are also washed and returned to them.

Enemies of Oysters.

Starfish are the principal enemies of oyster beds. It is estimated by the fish commission of the United States that they do damage to the extent of $250,000 annually to American oyster beds.

For Growing Girls.

West Pembroke, Me., April 24.—Mrs. A. L. Smith, of this place, says that Dodd's Kidney Pills are the best remedy for growing girls. Mrs. Smith emphasizes her recommendation by the following experience:

"My daughter was thirteen years old last November and it is now two years since she was first taken with Crazy Spells that would last a week and would then pass off. In a month we would have the spells again. At these times she would eat very little and was very yellow; even the whites of her eyes would be yellow.

"The doctors gave us no encouragement, they all said they would not help her. After taking one box of Dodd's Kidney Pills, she has not had one bad spell. Of course, we continued the treatment until she had used in all about a dozen boxes, and we still give them to her occasionally, when she is not feeling well. Dodd's Kidney Pills are certainly the best medicine for growing girls."

Mothers should heed the advice of Mrs. Smith, for by so doing, they may save their daughters much pain and sickness and ensure a healthy, happy future for them.

A Lonesome Place.

It may be all right for people to mind their own business, but life wouldn't be worth living if everybody should do so.—Detroit Tribune.

TORTURING HUMOUR.

Body a Mass of Sores—Treated by Three Doctors but Grew Worse —Cured by Cuticura for 75c.

"My little daughter was a mass of sores all over her body. Her face was eaten away, and her ears looked as if they would drop off. I called in three doctors, but she grew worse. Neighbors advised Cuticura, and before I had used half of the cake of soap and box of ointment the sores had all healed, and my little one's skin was as clear as a new-born babe's. I would not be without Cuticura again if it cost five dollars instead of seventy-five cents, which is all it cost us to cure our baby. Mrs. G. J. Steese, 701 Coburn St., Akron, Ohio."

Plead for peace until there is nothing left but to fight.

ANOTHER RECORD IN LAND HUNTING.

This Spring's Exodus to Canada Greater Than Ever.

It was thought in 1903, when over forty-five thousand people went from the United States to Canada, that the limit of the yearly immigration to the wheat zone of the Continent had been reached. But when in 1904 about as large a number of American citizens signified their intention of becoming settlers on Canadian lands, the general public were prepared for the announcement of large numbers in 1905. No surprise therefore will be caused when it is made known that predictions of fully fifty thousand more in 1905 are warranted in the fact that the Spring movement Canadaward is greater than it has ever been. The special trains from Omaha, Chicago, St. Paul, Detroit, and other gateways has been crowded. Many have gone to join friends and relatives who have prepared homes for them and others have gone relying upon their own resources, satisfied that what others have done can also be done by them. This year much new territory has been opened up by the railroads which are extending their main lines and throwing out branches in their march across the best grain and grazing lands on the continent. This new territory has attractions for those desiring to homestead in the one hundred and sixty acres granted each settler by the Canadian Government. Many also take advantage of the opportunity to purchase lands at the low figures at which they are now being offered.

It does not require to be thought to convince one that if Iowa, Illinois, Minnesota and other lands, with a value of from fifty to one hundred and fifty dollars an acre will give a good living by producing ten to thirteen bushels of wheat to the acre and thirty to fifty bushels of corn to the acre, the lands of Western Canada at seven to ten dollars an acre, producing from twenty to thirty bushels of a superior wheat to the acre should produce a competence to the ordinary farmer in a very few years. These are the facts as they confront the reader. There are millions of acres of such land in Western Canada in addition to the other millions that are considered to be portion of the biggest and best ranges that ever invited the cattle and horse producer of the North American continent. What is particularly evident in Western Canada is the fact that the wheat lands, particularly the grazing lands, make farming particularly agreeable and profitable. The agents of the Canadian Government, who are always willing to give information and advice to intending settlers, say that the acreage put under crop this season is greatly in excess of last season.

Rice as a Sleeping Potion.

"If people would eat plenty of rice they would not need drugs to make them sleep," said the drug clerk, pausing for a moment in putting up a sleeping potion for a woman. "There is much said just now about rice as a strengthening food, but few Americans know that it has soporific powers. If properly cooked it has. Rice should be washed many times, until the water no longer appears milky. It should then be soaked a few hours, salted and boiled rapidly about thirty minutes. When cooked in this way it can be eaten each day with relish, and the person who eats it sleeps, and dreams not at all."—New York Sun.

The Fountain Pen Spouts.

"Queer fad, this fountain pen one, isn't it?" said Mr. Cooke. "Ever notice how jealous a man is of his pen? When I see a fellow pull out his fountain pen every other fellow in reach who has one does the same and begins to blow about its wonderful capabilities. I've seen bosom friends almost come to blows about the little pocket contrivance. Now, this pen of mine has been in constant use for more than three years and is the best thing of the sort on the market today——Going? Why, what's your hurry?"

Nervous School Children.

Statistics gathered by various School Boards, show that a large percentage of school children suffer from different forms of nervousness, mild or exaggerated. Some showed a tendency to melancholy, others mental depression, and many the nervous twitchings of mild chorea, or St. Vitus' dance. Most of these troubles can be overcome by proper food, sufficient sleep, and Dr. Caldwell's (laxative) Syrup Pepsin. It is a universal children's medicine, because, if used four to eight weeks, it will make the food in properly digested and indigestion and nerve poisons properly thrown out. It is pleasant to take, and safe and sure in results. Try it. Sold by all druggists at 50c and $1.00. Money back if it fails.

The Flamingo's Plumage.

There are about seven species of flamingoes, three of which are in America, frequenting the Bahamas, Florida and Cuba, says the Scientific American. In height the flamingo averages about five feet. If its curved neck were stretched to its full length the bird would tower above the head of an ordinary man.

During May and June, the breeding time, the birds' bright-colored plumage is faded, but reassumes its most radiant hue in winter. When first hatched the young have straight bills, which, after a time, develop into a bent shape.

The first plumage is grayish white, and passes through various tints of pink, rose, carmine or vermilion to the full scarlet of the adult, which reaches its deepest shade on the wings. Several years are necessary to perfect the final gaudy plumage.

Moroccan Idea of Bathing.

Natives of Morocco think that Europeans and Americans are dirty. The habit to which they object is that of washing the hands or face in a basin, and still more, taking a bath where the water is not running. The cleaner the bather becomes, they say, the dirtier the water is in washing with, must necessarily become. And eventually the bather steps forth as cleansed from water which is no longer clean.

Japs Will Speak English.

Two Japanese who have been in Galesville for some time to purchase blooded cattle to be shipped to their native land, declare that within twenty years the language of Japan will be English. They say it is being taught in every school there. Farmers here say that the two Japs are using the American system of judging cattle.—Milwaukee Wisconsin.

A Heavy Fine.

Under the Elkins law, any railroad company which pays rebates in any form, or any shipper who accepts them, is liable to a fine of from $1,000 to $20,000, upon conviction. It also prohibits the carrying of freight at less than the published tariffs. The Interstate Commerce Commission is empowered to detect and prosecute violators of this statute. President Knapp of the Commission states that since this law was passed, rebate paying has been as rare as formerly

It is more difficult to keep a fortune than to make one.

You Have No Friends

that will not be interested in a remedy that is being introduced as a permanent cure for Dyspepsia, Constipation, Headache, Catarrh of the Mucous Membrane, and all diseases of the Liver, Kidneys and Bladder. Only one dose a day. Write at once to the Vernal Remedy Company, Le Roy, N. Y., and they will cheerfully send you free, a trial bottle of Vernal Palmetona (Palmetto Berry Wine), to convince you of the wonderful results to be obtained from its use. Sold by druggists everywhere.

Some men never wander from their own firesides because they dwell in steam-heated flats.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only Constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials.

Address: F. J. CHENEY & CO., Toledo, Ohio.
Sold by Druggists, 75c.
Take Hall's Family Pills for constipation.

A juvenile idea of a hero is a bad little boy who keeps pestering a good one.

"I had Inflamatory Rheumatism, but I am well now, thanks to Dr. David Kennedy's Favorite Remedy. It's my best friend." Garrett Lansing, Troy, N. Y.

If all men were wise the gold brick industry would cease to flourish.

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE $2.00 trial bottle and treatise. Dr. R. H. Kline, Ltd., 931 Arch Street, Philadelphia, Pa.

The sun sets on most people while they are waiting for it to rise.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

A man who gets his pay in advance never works overtime.

I am sure Piso's Cure for Consumption saved my life three years ago.—MRS. THOS. HOSMER, Maple Street, Norwich, N. Y., Feb. 17, 1900.

Values of commodities depend on whether you want to buy or sell.

CURE YOUR KIDNEYS.

When the Back Aches and Bladder Troubles Set In, Get at the Cause.

Don't make the mistake of believing back ache and bladder ills to be local ailments. Get at the cause and cure the kidneys. Use Doan's Kidney Pills, which have cured thousands. Captain S. D. Hunter, of Engine No. 14, Pittsburg, Pa., Fire Department, and residing at 2729 Wylie avenue, says:

"It was three years ago that I used Doan's Kidney Pills for an attack of kidney trouble that was mostly backache, and they fixed me up fine. There is no mistake about that, and if I should ever be troubled again I would get them first thing, as I know what they are."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, N.Y.

This Isn't Any Joke at All.

In a household when a child is asked to wipe the dishes, she will say that is her sister's work, and will refuse. Likewise, her sister, when asked to perform a certain duty, will complain that that is not her work. It is unfortunately true that the habit of turning down task, because it is the work of some one else, also prevails in business houses. And when a clerk in a business house refuses to do a certain thing because it is the duty of another clerk, it means he will never climb any higher. There are certain marks which are as plain to read as a sign board.—Atchison Globe.

A Superstitious Man.

There is a man living out on the Westport car line who is exceedingly superstitious. The other day he boarded a car to come downtown. Handing the conductor a dime, he said: "Ring up two fares." The conductor did so. "Who was the other fare?" he then asked. "Nobody," replied the passenger, "but don't you see the fare register now indicates 14? If I hadn't given you two fares it would have been left at 13 and I haven't any use for that number."—Kansas City Times.

Sleep in Old Age.

Less sleep is necessary as age advances, because there is lessened expenditure of physical and mental energy. Extreme old age, however, is a second childhood, reverts to the infantile habit of frequent slumber.

THE TEACHER'S FOE

A LIFE ALWAYS THREATENED BY NERVOUS PROSTRATION.

One Who Broke Down from Six Years of Overwork Tells How She Escaped Misery of Enforced Idleness.

"I had been teaching in the city schools steadily for six years," said Miss James, whose recent return to the work from which she was driven by nervous collapse has attracted attention. "They were greatly overcrowded, especially in the primary department of which I had charge, and I had been doing the work of two teachers. The strain was too much for my nerves and two years ago the crisis came.

"I was prostrated mentally and physically, sent in my resignation and never expected to be able to resume work. It seemed to me then that I was the most miserable woman on earth. I was tortured by nervous headaches, worn out by inability to sleep, and had so little blood that I was as white as chalk.

"After my active life, it was hard to bear idleness, and terribly discouraging to keep piling up bills year after year for medicines which did me no good."

"How did you get back your health?"

"I bare chance and a lot of faith led me to a cure. After I had suffered for many months, and when I was on the very verge of despair, I happened to read an account of some cures effected by Dr. Williams' Pink Pills. The statements were so convincing that I somehow felt assured that these pills would help me. Most people, I think, need only one box for a trial, but I purchased six boxes at once, and when I had used them up, I was indeed well and had no need of more medicine.

"Dr. Williams' Pink Pills enriched my thin blood, gave me back my sleep, restored my appetite, gave me strength to walk long distances without fatigue, in fact freed me from all my numerous ailments. I have already taught for several months, and I cannot say enough in praise of Dr. Williams' Pink Pills."

Miss Margaret M. James is now living at No. 123 Clay street, Dayton, Ohio. Many of her fellow teachers have also used Dr. Williams' Pink Pills and are enthusiastic about their merits. Sound digestion, strength, ambition, and cheerful spiritsquickly follow their use. They are sold in every drug store in the world.

LEARN FARMS IN WESTERN CANADA FREE

EXCURSIONS TO THE Free Grant Lands OF Western Canada.

During the months of March and April, there will be excursions on the various lines of railway to the Canadian West.

Hundreds of thousands of acres of the best Wheat and Grazing Lands on the Continent free to settlers.

Adjoining lands may be purchased from railway and land companies at reasonable prices.

For information as to routes, rates, transportation etc., apply to Superintendent of Immigration, Ottawa, Canada, or to authorized Canadian Government Agents—C. J. Holmes, 8 Avenue Theatre Block, Detroit, Michigan; C. A. Laurier, Sault Ste. Marie, Michigan.

SOUTHERN CONDITIONS AND POSSIBILITIES.

In no part of the United States has there been such wonderful commercial, industrial and Agricultural development as along the lines of the Illinois Central and the Yazoo & Mississippi Valley Railroads in the States of Tennessee, Mississippi and Louisiana, within the past ten years. Cities and towns have doubled their population. Splendid business blocks have been erected. Farm lands have more than doubled in value. Hundreds of industries have been established and the end is not in sight for unprecedented demand for

Day Laborers, Skilled Workmen, and Especially Farm Tenants,

Parties with small capital, seeking an opportunity to purchase a farm home; farmers who would prefer to rent for a couple of years before purchasing; and day laborers in fields or factories should address a postal card to Mr. J. P. Hayes, Industrial Commissioner, Illinois Central R. R., Dubuque, Iowa, who will promptly mail printed matter describing the territory above described, and give specific replies to all inquiries.