

DARFULES

Suggestions How to Find Relief from Such Suffering

Miss Nellie Holmes
While no woman is entirely free from periodical suffering, it does not seem to be the plan of nature that women should suffer so severely. Menstruation is a severe strain on a woman's vitality. If it is painful or irregular something is wrong which should be set right or it will lead to a serious derangement of the whole female organism.

Mrs. Tillie Hart
"Your medicine indeed an ideal medicine for women. I suffered many years with painful periods, headache, backache, nervousness, insomnia, melancholy, and was unable to get any rest. I consulted two or three different physicians and failed to get any relief. I was then advised to try Lydia E. Pinkham's Vegetable Compound. I did so, and my general health is much improved. I am now able to enjoy life as usual. I advise all women who suffer to take Lydia E. Pinkham's Vegetable Compound."

Miss Nellie Holmes of 540 N. Davidson Street, Buffalo, N. Y., writes:
Dear Mrs. Pinkham:— I have been suffering from periodical suffering for many years. My periods were very irregular and painful. I was then advised to try Lydia E. Pinkham's Vegetable Compound. I did so, and my general health is much improved. I am now able to enjoy life as usual. I advise all women who suffer to take Lydia E. Pinkham's Vegetable Compound."

Dear Mrs. Pinkham:
I might have been spared many months of suffering and pain had I only known of the efficacy of Lydia E. Pinkham's Compound. I have been suffering from periodical suffering for many years. My periods were very irregular and painful. I was then advised to try Lydia E. Pinkham's Vegetable Compound. I did so, and my general health is much improved. I am now able to enjoy life as usual. I advise all women who suffer to take Lydia E. Pinkham's Vegetable Compound."

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Charms of the Riviera.
It has been pointed out that the temperature on the Riviera is a few degrees above that of the south of England, but the sun is shining almost constant succession of days of sunshine.

Most of Your Neighbors
will take advantage of the offer made by the Vesal Kennedy Company, of Le Roy, N. Y., to send free a trial bottle of Vesal Palmetto (Palmetto Berry Wine), the household remedy that is attracting the attention of physicians and the public at large for the reason that it affords permanent cure of all diseases of the stomach, bowels, and urinary organs. Only one dose a day. Sold by druggists.

Important to Mothers.
Example carefully every bottle of CASTORIA bears the true remedy for infants and children, and see the signature of **Dr. W.C. Potter**.

Many Children Are Sick.
Mother Gray's Sweet Powders for Children, used by Mother Gray in her own home, New York, Cure Feverishness, Headache, Stomach Troubles, Teething Discomforts, Croup, Colds, Whooping Cough, and all ailments of Infants. Address Allen S. Cline, Le Roy, N. Y.

Love is a thing that people write novels and plays about.
Dr. David Kennedy's Favorite Remedy, known as **Dr. Kennedy's**, is a cure for various ailments, including Rheumatism, Gout, and all ailments of the joints. Address Allen S. Cline, Le Roy, N. Y.

St. Jacobs Oil
A Marvel of Relief
Safe and sure for Lumbago and Sciatica.

EXCURSIONS TO THE WESTERN CANADA.
During the months of March and April, there will be special excursion rates to the west coast of Canada, via the Canadian West Coast Line.

Thompson's Eye Water
Distant sounds distinctly heard. Eye Water is a cure for various eye ailments, including Catarrh and all ailments of the eye. Address Allen S. Cline, Le Roy, N. Y.

CONSUMPTION
Sign of Bad Weather. Distant sounds distinctly heard. Eye Water is a cure for various eye ailments, including Catarrh and all ailments of the eye. Address Allen S. Cline, Le Roy, N. Y.

OPULENCE.
Although he may be missing the while previous moments take their fullness from the sweat which he breaks through the mist. He may not have the proud delight of a conqueror, but his eyes are bright with the joy of a conqueror. He may not have the proud delight of a conqueror, but his eyes are bright with the joy of a conqueror.

LENTEN
With hope endowed with strength heigh, these he loves still here to cry for joy when he beams on their sight. Men call him "a wonder why."

"Bragging" an Army.
It is no easy job, said the Colonel, to lead a detachment of Confederate soldiers into a battle. We had lots of experience in the Maryland and Pennsylvania campaigns, but we never braggied an army in the East, or the Appomattox campaign in 1865. It was at that time in the Twenty-fourth Army Corps. From the minute that we got from Petersburg toward there had been beautiful fighting, day and night, up to the capture of Fort Greengate. After the capture of Fort Greengate, we had had many a hard day's work. We had lots of experience in the Maryland and Pennsylvania campaigns, but we never braggied an army in the East, or the Appomattox campaign in 1865.

NEXT National Encampment.
The trip of the commander-in-chief of the Grand Army of the Republic to Denver, Colo., to investigate the preparations being made for holding the National Encampment there next summer has been productive of much interest to the order in general. His progress was marked by a great revival of interest in the G. A. R. among the southern States, and the general public. The people of Colorado are enthusiastic about the encampment, which they have been trying to induce for many years.

The Captured Battle Flags.
Carefully stored away in the sub-basement of the War Department are the battle flags that were carried by Northern and Southern troops during the Civil War. They are badly torn and tattered and some are faded and dark, gloomy-looking stains. The passing years and long exposure have dimmed the letters and the emblems, so that it is difficult to identify them.

Weather Indications.
If it clears off in the night look for rain the next day. If smoke from the chimneys settles instead of rising clear is a storm at hand. When sound travels a long distance there is also a storm near. Never expect much storm in the old days of the moon. The absence of dew and an unusually heavy dew are also fore-runners of rain. Not much frost need be expected in the light of the moon. An owl hooting the hollow is a sign of a cold storm; on the hill it foretells a thaw.

To Preserve Fort McHenry.
The people of the city of Baltimore are trying to interest the government in improving Fort McHenry. This is the fort of the defense which inspired "The Star Spangled Banner," and many people think that there should be some sort of special recognition of the post's historic value by spending a small amount of additional money for its improvement.

Confidence of the People.
LION COFFEE is earnestly selected at the plantation, shipped direct to our various factories. It is a pure and clean when it left the factory. Sold only in 1 lb. packages.

Shiloh's Consumption Cure.
The Lung Tonic
It will cure them quickly and strengthen their lungs.
Price, 25c, 50c, and \$1.00.

SAY PLAINLY TO YOUR GROCER
That you want LION COFFEE always, and he, being a square man, will not try to sell you anything else. You may not care for our opinion, but What About the United Judgment of Millions of housekeepers who have used LION COFFEE for over a quarter of a century? Is there any stronger proof of merit, than the Confidence of the People and ever increasing popularity? LION COFFEE is earnestly selected at the plantation, shipped direct to our various factories. It is a pure and clean when it left the factory. Sold only in 1 lb. packages.

PUINAM FADELESS DYES
Save these Lion-hats for valuable premiums.
WOOLSON SPEC CO., Toledo, Ohio.

QUEEN OF ACTRESSES PRAISES PE-RU-NA.

MISS JULIA MARLOWE
A Custom That is in Vogue in One of Italy's Grandest Cities.
In the "vanity" section of a museum at Florence, says the London Telegraph, there is an interesting collection of black and white portraits of "religious tasters" among the Italian peasants of the district included between the Aruzi, Umbria and the Adriatic.

Emigrant Buys Pistol.
A man charged in a London Police Court for the murder of a woman, had bought it for "self-protection," as he was "going to America." He was sympathetically discharged.

AN OPENING FOR YOU
There is an opening for you in the Southwest in the State of TEXAS. It is the Southwest that is in need of energetic men. It is the Southwest that is the home of the future. It is the Southwest that is the home of the future.

Lady Skin Talk
The trouble with an idle rumor is that it is always an indelible stain. Proving another proverb: do not do as the others do. It is a fact that a man who is idle is a man who is idle.

ACT NOW! Get In On The Ground Floor!
The Colorado Nevada Gold Mines Co. has 99 years of exclusive rights in the Colorado Nevada Gold Mines Co. It is the Colorado Nevada Gold Mines Co. It is the Colorado Nevada Gold Mines Co.

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