

WOMEN'S NEGLECT

SUFFERING THE SUPERNATURAL

Health Thus Lost Is Restored by Lydia E. Pinkham's Vegetable Compound

How many women do you know who are perfectly well and do not feel well? You hear every day the same story over and over again. "All the time!"

For a long time I suffered with all these symptoms, but when I used Lydia E. Pinkham's Vegetable Compound, I felt it my duty to tell other suffering women of a simple medicine.

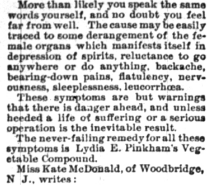
If you are ill, do not hesitate to get a bottle of Lydia E. Pinkham's Vegetable Compound at once, and you will feel better. Mrs. Pinkham, Lynn, Mass., for special advice—it is free and always helpful.

Dear Mr. Pinkham:

"I think that a woman naturally declines to make her troubles known to the public. Her restored health has meant so much to me that I cannot help from telling mine for the sake of other suffering women."

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Miss Kate McDonald

More than likely you speak the same words yourself, and do not doubt you feel far from well. The cause may be easily traced to some derangement of the female organs, which manifests itself in depression of spirits, reluctance to go anywhere or do anything, nervousness, bearing-down pains, flatulency, nervousness, sleeplessness, leucorrhoea.

These symptoms are but warnings that there is danger ahead, and unless headed a life of suffering or a serious operation is the inevitable result.

The never-failing remedy for all these symptoms is Lydia E. Pinkham's Vegetable Compound.

Miss Kate McDonald, of Woodbridge, N. J., writes:

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Happiness.

"If you wait for happiness to come to you," said a shrewd observer, "you will wait till the last train has gone, and so you'll miss your chance to catch it." The way to happiness is not traveled by sitting still. Happiness is not a passive state, but the joyous activity of the best and highest powers of the soul.

MR. HAYDEN'S VIEWS

GIVES HIS OPINION OF THE BEST TREATMENT FOR PARALYSIS

Declares That Dr. Williams' Pink Pills Restore the Use of the Limbs to All Other Remedies Failed.

The premonitory symptoms of paralysis: trembling of the hands; sudden loss of power in arms or legs; frequently affecting one whole side of the body; staggering; partial or entire inability to use fingers; difficulty in features; sometimes an uncontrollable quivering of the chin; severe pains; inflexible in speech. Frequently the first warning is a vague feeling of the head, vertigo and muscular weakness.

In a recent interview Mr. W. J. L. Hayden said: "I truly think that Dr. Williams' Pink Pills are a great medicine for they cured me when physicians and other remedies had failed to give me the slightest relief. Too close attention to business brought on an attack of nervousness which finally developed into paralysis. There were times when it was impossible for me to move my hands or to get up on a chair. At other times I had partial control of my limbs, but it was afraid to go far from home for fear of falling and becoming helpless and have to be carried home."

"While I was in this miserable condition, I was stricken with paralysis and confined to bed for four months. I had the best physicians, but while they relieved my fever, their treatment did not entirely drive the malaria from my system, and they did not help my paralysis in the least."

"I was well despairing when a friend persuaded me to try Dr. Williams' Pink Pills. When I had finished one box I could see results that encouraged me. My condition kept steadily improving, and when I had taken seven boxes I was cured of paralysis and the malaria was completely driven out of my system. For two years now I have enjoyed the best of health and have attended to business without any interruption."

"Mr. Hayden's home is at No. 202 West 85th street, New York City. Dr. Williams' Pink Pills have cured many similar cases of paralysis, also locomotor ataxia. They are sold by all druggists. A treatment should be tried by every sufferer from cerebral paralysis in any of its stages."

Winter on the Coast

(Special Correspondence.)

Nantucket in winter. The Pacific club at the foot of Main street has its regular members seated in the same room again for the winter season.

The stove gives out a glow that sets at naught the howling wind as it creeps up from the harbor and with a fierce ruck goes tearing past the club windows and up the street.

The boat from Woods Hole has been in for over an hour. The mail is sorted at the postoffice. The papers are all ready for distribution. A half-hour later the papers are ready for sale and conversation resumed.

"Say, Joe," remarks Bro. Easton, "how about that time you went into the horse racing business down South?"

"You mean down in Montivideo?" asks Joe.

These old men of the sea—in merry banter, in philosophy, and in the recollections of more active days. They dream again of their youth, when Nantucket was the leading whaling port of the world; when Capt. Grant made the record voyage in a cargo vessel at \$187,000, when money flowed like surf against the breaker.

Then Crier on His Rounds.

Through the door is interrupted. A loud voice is heard at the door. A hand is laid on the knob and a head thrust into the room. Hull, the town crier, is on his rounds.

"Hull is generally conceded to be the busiest man in Nantucket. Hull admits it. As a lineal descendant of Commodore Hull, the activity is his right of inheritance. So he keeps busy. In addition to being town crier, he is special police, master in chancery, sealer of fish scales, member of the No. 4 volunteers, a G. A. R. man in good standing, third assistant wharfinger, manager of the opera house, fence viewer, coroner in the band, sign painter and ringer of the town bell.

And all for the same price of admission. Hull's duties as bell ringer consist of being in the old tower at 7 in the morning, at noon, and at 9 in the evening. After the clock strikes the hour on the sweetened bell Hull takes the rope and proclaims to Nantucket the rising, dining and retiring hour by many strokes on the bell, which is as mellow and sweet in tone as it was when it left the foundry in Lisbon nearly a century ago.

Three times a day the old town bell is rung. In 1836 there was a great fire. In 35 the town lost about \$300,000 in a single day. In 1846 the town was nearly wiped out of existence by flames in a fierce fire which lasted two days.

Collapsible Step-Ladder.

Most every step-ladder is collapsible to a certain extent, as the rear supports fold up against the front ones and permits of the device being stored up against the wall or in a closet.

The stepladder of the familiar type is of wood, and for this reason its folding capacity was more or less limited. The most recent improvement in this very useful household implement makes use of metal instead of wood, and enables the thing to be raised to double fold, which squeezes it back down to that of a clothes prop.

Being of metal, the construction is exceedingly light, and is strong and durable in its appearance, is exceedingly strong and practically everlasting. After the back legs have been folded against the front ones the sides of the device are drawn together by means of a hinge joint in the center of each step and in the top platform. In folding this saves the space of the width of the ladder, and the whole thing collapsed can almost be passed between the two hands.

Improving Big Guns.

The life of a big gun is unfortunately short. Many efforts have been made to minimize the friction caused by the shell in its passage through the gun, as it is this friction which soon wears out a modern artillery piece. The use of ball bearings inside the bore was the early part of the improvement, but the substitution of spiral rows of balls for the ordinary rifle grooves. A Glasgow inventor has now fitted ball bearings to the projectile, not to the gun, thus effecting a great saving in cost. The patent, it is said, could be applied to guns at present in use, and as the initial velocity would be far greater than at present the range would be increased. A series of experiments will be carried out with a view to testing whether in practice the invention will come up to the expectations formed of it.

Breaks Steam Record.

The monster steam engine breaks the world's steam records in Berlin. The monster machine is a compound, four cylinder, reciprocating engine of 5,000 horse power, which in running at almost full load has developed one horse power for each cubic foot of steam.

New Electrical Co-Finder.

In view of the increasing difficulty of getting a good supply of native ore, great interest is being taken in a new electrical ore finder, which has already had been very successful in discovering lodes, reefs, or strata of ore in England. It is said that by this device the expert locator can judge with surprising accuracy how deep the lode is, and in which direction it runs.

Side-Hill Plow Inventor.

R. I. Knapp, the inventor of the side-hill plow, died at Half Moon, Cal., recently. He was a native of New York, but went to California in 1856.

COL BECKWITH SAYS: "I Take Pleasure in Commending Pe-ru-na For Coughs and Colds."

Brilliant Wall Decoration Evolved by Patient Monks.

The monks of the Hospital of St. Jean de Dieu, at Ghent, have in their leisure moments decorated the walls with gorgeous landscapes, glowing with color and full of life, formed entirely by means of the postage stamps of all the nations of the world. Pale, forest streams, the Bay of Fundy and of the flats and lowlands that mark the estuaries of the streams that flow into the bay, the Misses basin a head of the estuary to forty feet would be available. This, sustained by the limitless volume of ocean waves, replenishing the basin every twelve hours, would afford an aggregate power far beyond the utmost capacity of Niagara. This is only one instance of the power of the Bay of Fundy that now goes to waste. At Moncton the tide rises to a height of thirty feet, beginning with a low tide about "two" six feet in height. This power could be utilized and the harbor improved without destroying the fascinations of the "bore."

Wealth and Longevity.

The late Prof. Owen thrashed out the question of wealth and longevity thoroughly. It was his conclusion that if it be true that the human body is rich is opposed to health, the absence of worry, of anxiety over the living of themselves and their families, the absence of severe toil, and the like, more than compensate for any digestive troubles they may incur. Probably the most rich people eat too much and their distaste is too stimulated, but this is less dangerous to life than frequent hunger with overwork, anxiety and expense. A moderate diet, of course, is the suggestion of common sense and experience.

A Tarpon Tows a Hoghead.

Times and places there are where the tarpon have been so numerous and so free in their antics as to be a pest to the small fishermen. On a certain bay once happened a lordly fish, lashed him to a keg and pointed him to the open sea. Drawing the floating barrel he went spinning terror to his kindred—an aquatic scarecrow. And as the militant hoghead, ferried by a leaping tarpon's great reptilian marching down the bay, all tarpon great and small, took warning that they must keep their performances to the small fisherman's bay.

Diamond Dust as Poison.

Diamond dust, when used as a repellant as a poison. The famous so-called "poudre de succession"—thus named because of its supposed efficacy in hastening death—is said to have consisted of diamond dust, but was probably largely sugar of lead.

Vaccination.

"I have just come from a home," said the doctor, "where a great baby while it was sleeping without waking it up. The father, who had not been vaccinated since youth, was struck by his wife to undergo the operation. I hardly touched his arm when he keeled over in a dead faint."

A WOMAN'S MISERY.

Mrs. John LaRue, of 115 Patterson street, St. Louis, Mo., has been troubled for about nine years, and what I suffered no one would believe. I know, I know about every known remedy in hastening relief, but to no good for kidney complaint, but without deriving permanent relief.

State Owns Diamond Fields.

The black diamond fields in Brazil belong to the government, which farms them out, and makes a further profit by a 10 per cent export duty.

GRATEFUL TO CUTICURA

For Instant Relief and Speedy Cure of Raw and Scaly Humour, Itching and Night-Suffered Months.

"I wish you would publish this letter so that others suffering as I have may be helped. For months awful sores covered my face and neck, scabs forming, itching terribly day and night, breaking open, and running blood and matter. I had tried many remedies, but was growing worse, when I started with Cuticura, and the first application gave me instant relief, and when I had used two cakes of Cuticura Soap and three boxes of Cuticura I was completely cured. (Signed) Miss Nellie Vander Weik, Lake, N. Y."

Offers Babe for Beer.

A London mother offered to sell her baby for a quart of beer. This fact came out at a subsequent inquest into the child's death.

Defies Time.

One of the most remarkable women in America defies the ravages of time by simply keeping her blood purified with Dr. Caldwell's Pink Pills for Pale People. It will do the same for you. If taken at the least sign of bowels, liver, or stomach trouble, it will prevent all kinds of sickness, keep your circulation clear, and your skin and complexion as fresh and pure as in childhood. Sold by all druggists at 50c and \$1.00. Money back if it fails.

Swiss Snowshoe Clubs.

Switzerland has twenty-five snowshoe clubs, with 850 members.

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Only a small per cent. of those who can be used for publication for want of space.

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"There is no longer any question as to the curative qualities of Peruna in all catarrhal troubles. Its success is proved by many of my friends entitled to confidence and endorsement."

Peruna has always been a great favorite with the military men, both in the army and navy.

The strongest kind of testimonials are received from officers of high rank concerning the virtues of Peruna for all catarrhal ailments.

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