"PE-RU-NA," A VALUABLE PREPARATION," WRITES DR. KEMBALL.

**Most of the Ailments Peculiar to the Female Sex are Due to Catarrh of the Pelvic Organs.**

Rachael J. Kemball, M. D., 334 Virginia St., Buffalo, N. Y., is a graduate of the University of Buffalo, class 1884, and has been in the practice of medicine in that city since then. She writes as follows:

**"My conviction, supported by experience, is that Peruna is a valuable preparation for all catarrhal affections. I have taken one bottle of Peruna myself and just feel fine. I shall continue to take it."—Rachael J. Kemball, M. D.**

Peruna has cured thousands of cases of female weakness. As a rule, however, before Peruna is resorted to several other remedies have been tried in vain. A great many of the patients have taken local treatment, submitted themselves to surgical operations, and taken all sorts of doctor's stuff, without any result.

The reason of so many failures is the fact that diseases peculiar to the female

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| **Female Trouble Not Recognized as Catarrh.** | sex are not commonly recognized as being caused by catarrh. These or- |

gans are lined by mucous membranes. Any mucous membrane is subject to catarrh.

Catarrh of one organ is exactly the same as catarrh of any other organ. What will cure catarrh of the head will also cure catarrh of the pelvic organs. Peruna cures these cases simply because it cures the catarrh.

Most of the women afflicted with pelvic diseases have no idea that their trouble is due to catarrh. The majority of the people think that catarrh is a disease confined to the head alone.

This is not true. Catarrh is liable to attack any organ of the body; throat, bronchial tubes, lungs, stomach, kidneys and especially the pelvic organs.

Many a woman has made this discovery after a long siege of useless treatment. She has made the discovery that her disease is catarrh, and that Peruna can be relied upon to cure catarrh wherever located.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.


# Home Life in Italy

In all Europe the most maligned country and nationality is Italy and the Italians, with regard to the upper middle and middle class men, says the London Telegraph. Of the aristocrat there is nothing to be said; competent authorities have declared him to be neither better nor worse than his compeers in other countries. Aristocratic society is cosmopolitan. The middle-class husband in Italy is the most long-suffering and hard-worked, one may venture to say, in all Europe, and while his aggravations are many his retaliations are few. To those who look on from the heights of foreign superiority it is a continual wonder that he does not break out oftener than he does. Conditions, of course, have much changed in the last fifteen years; there is more money and consequently more comfort, but also greater necessities and demands. The more modest type of the middle-class husbands, whose means are as a rule very limited, will make money go farther. He will have, perhaps, from £2 to £3 a week, and with this will support a wife and from three to six children in such a way as to show no signs of real poverty. His house will have few comforts, his food will be of the simplest, while his wildest diversion will be an occasional visit to a cafe and his habitual one a walk along the Corso or a stroll on the Pincio to hear the band play.

It must be taken into consideration that if his house is bare, it is flooded with the sunshine which only Italy provides, and if he is cold he has only to put himself in the sun, which is always called the "Italian stove." With all his poverty, he is hospitality itself. He will invite people to his table, making no apology for its simplicity, and will make it seem a feast by his cordiality and high spirits. He welcomes friends in the evening in his family circle, and is in the habit of returning such visits.

But where the middle-class man, both rich and poor, shines above his fellows, is as a father. He will make any sacrifices for his children, and what is rarer, lives with them, so to speak, and enters into their daily life. No stowing away in the nursery with a governess for his children. A nurse there is, but he and the children's mother think of everything, and the youngsters to the public school and overlook their lessons at night. If there is a nurse, she is usually a foreigner, either French or German, and her duties are more to keep the children clean and walk out with them than anything else. Certainly Italian small children are not attractive, because over-indulged, but later their manners are charming, because they are always with their parents, and they thus unconsciously learn ease of manner and gracefulness of speech.

# Her Point of View

The dentist said something about his little bill, but the woman looked at him coldly.

"I owe you nothing," she said.

"Why, madam," protested the dentist, "you surely won't deny that you had a tooth pulled in my office!"

"It is more than likely I did," she admitted. "At any rate, you gave me gas, and when I regained consciousness the tooth was gone. I am quite ready to give you credit for having removed it."

"Then I do not see why you should refuse to pay me."

The haughty creature still regarded him coldly.

"It looks to me," she said, "very much like an attempt to defraud."

"Madam!"

"Not to use any harsher language," she went on, "it seems like obtaining goods under false pretenses, and also extortion."

"I do not understand you," said the astonished dentist. "So far I have had nothing from you."

"My maid informs me," asserted the haughty creature, "that while under the influence of gas I did not spare my voice."

"She was right," admitted the dentist. "On at least one occasion your voice landed up in the top register."

"So my maid told me," said the haughty creature. "Until I heard that I had intended to pay your bill upon presentation; but when I was finally convinced that you had basely taken advantage of my helpless condition to extract from me some of the high notes for which I am in the habit of receiving not less than $300, I was tempted to have you arrested for larceny."

Then it was he recalled that she was a prima donna, and he hastily withdrew lest in her excitement she should pitch her voice high enough to add another $300 to her bill for entertaining him while at work.

# The Experience of All

"How many valuable lessons there are that we insist on paying for at the high cost of experience," said Uncle Hiram, "when we might get them for nothing if he would only be willing to profit by the experience of others!

"Take, for instance, the case of my young nephew, William, who is just now making a boat, whittling it out with his jackknife.

"I find him trying to split off a big slab of wood from the block by prying at it with the blade of his knife, and I try to explain to Willie that he won't do to use a knife as he would a crowbar, that a knife isn't intended for such use, and that if he keeps on prying with it like that he'll break the blade off, sure. But William knows better, and he keeps on prying, and pretty soon he snaps the blade off and then he comes to me with the broken knife and says:

"'Uncle Hiram, the blade broke.'

"But he had to learn that lesson for himself, and he will break off another blade or two before he will have learned the lesson convincingly; and it will be just the same with all the boys that come after him.

"Twenty or thirty years from now, Willie, grown older then and wiser by experience, will be telling his nephews or his own sons, maybe, that it isn't safe to try to pry logs apart with a penknife; but his sons and nephews will think they know better, just as he thought, and go on just the same, till they have learned, as he did, by breaking their knives.

"Would that the bitter lessons that we insist on learning in this hard way by experience were confined to those that we learn in our youth, in whittling boats!"

# About Feasts in Fiction

There are certain people who have been known to dislike the "Pickwick Papers" because there is so much eating and drinking in them. But, as a matter of fact, Dickens, fond as he is of giving his characters a good meal, does not introduce cakes and ale into his novels to a greater extent than do other great authors. Thackeray commented on the frequent banquets in Scott's works, and Lord Byron's poems are full of feeding. The fact is that the great majority of readers enjoy a banquet, and one of the next best things to participating in a banquet one's self is to read the details of feasts in fiction. This maxim applies with even greater force to the younger generation. Sir Conan Doyle has given it as his opinion that in author who can interest boys will do well in his profession, and in the recipe for interesting boys is included the rule, Never scamp the description of a meal—give it in detail.

The thousands of young readers who have devoured Harrison Ainsworth's "Tower of London" probably remember the little suppers in the stone kitchen with greater pleasure than almost any other portion of the romance. There was a magnificent spaciousness about those meals which could not fail to appeal to the reader. The very word "pasty" is a poem, and the mention of "chines of beef" and the like convinces him that this time he has really got hold of a classic.—London Globe.

# Marye and Her Ram

Mayde Marye had a hard-browed ram,
as black as any crow, and everywhere
that Marye went the ram was sure to go.

It went with her to Zion Church one
peaceful Sabbath day, and Marye
thought it would behave in a religious
way.

She wisely counselled it en route and
begged it to be good, and rammy shook
his whiskerettes as if to say he would
(not).

A deacon met them at the door and said
'twould be a sin to see a wicked beast
in church, but rammy butted in!

The deacon got his plexus punch that
stretched him on the floor and the
subsequent proceedings interested him
no more.

The congregation rubbernecked with
widely staring eyes, the superstitious
thinking 'twas the devil in disguise.

A sister from her seat arose—she felt
would hence depart—but got a chair
behind her back that almost broke her
heart!

'I will expel the sinful brute," cried
Brother Pettigrew, but in his midst the
rammy's brow was hurried p. d. q.

A choir man threw a prayer book to
crush the warlike ram and landed it
with vigor on poor Marye's diaphragm.

The preacher said that kindness would
subdue wild beasts and birds and moved
toward the waiting pet with soft endearing words.

Then came a dull and sickening thud!
The pastor, where was he? Go ask the
sister in whose lap he lit ungracefully!
Then sent they for the butcher man, who
slew the aged ram and fixed its meat
with chemicals and sold it for spring
lamb.

—James Barton Adams, in Denver Post.

### Overworked.

Smith was out one evening with a box of chocolates under one arm, and a big parcel of beefsteak under the other.

"Hello, Smith!" said Brown; "going in for housekeeping? I didn't know you were married."

"I am not—yet."

"What are you doing with that chocolate and meat?"

"Going to see my girl."

"Do you have to furnish the family with meat already?"

"Oh, no; the chocolate is a present for the girl, and the meat is for the dog. I have to square myself with both of them."—Stray Stories.


INDIA'S MOST DEADLY SNAKE.

Bite of the Daboia is Almost Invariably Fatal.

A writer on India says: "The snakes that are most worthy of dread as inmates of Indian gardens are the terrible daboias, "Viperia russelli." They are truly superb reptiles, for, while the coloring of their armor is relatively quiet, it would be hard to find any finer harmony than that presented by its tints of ocherous brown, on which a series of shining black rings with lighter margins are disposed in triple rows from the neck to within a short distance from the end of the tail. Daboias are sluggish and inert, and often lie coiled up and motionless on footpaths until they are actually touched or trodden on by passers-by, when they suddenly unfold like a released spring armed with terrible teeth. There is none of the warning and preparation here that there is where a cobra is about to strike; no sitting up and threatening, but an instantaneous and deadly assault. When they have laid hold, too, they hang on and worry in sickening fashion whilst they strive to inject as much as possible of their tenacious yellow venom."

### Queer Little Church.

One of the queerest and most isolated churches in England is a little gray edifice in the valley of Westdale Head, Cumberland. It is over four hundred years old, and has only two windows and eight pews. The pulpit is lighted by a slit of glass in the roof. A little bell hangs loosely in the open belfry, and on stormy nights drearily mingles its tones with the wind and thunder.

### The Plucky Type.

How the world likes a cheerful, plucky girl who makes a brave fight and hides her skeleton in a closet instead of folding her hands and whining because things don't come her way, says the Philadelphia Public Ledger; the girl who puts her own griefs as much as possible aside—who takes a wholesome interest in life.

### Descendant of Mohammed.

A lineal descendant of Mohammed lives the life of a small shopkeeper in Cairo, Egypt. The famous ancestry of the tradesman is familiar through out the city and insures good trade especially among the tourists. The ship is a very modest affair and the stock in trade is not large.

### Picture of Ancient Warfare.

At Nimrod, Assyria, a carved slat showing the siege of a castle was found on which a soldier was represented in the act of cutting a rope to which a bucket for drawing water from a well outside the castle wall was attached.

### Importance of Russian Stove.

The most important thing in the house of a Russian peasant is his stove. These stoves usually measure 8 feet in length, 5 in width, and 6 in height. At night the old people and the children sleep on them.

### Still Another Case.

Kirkland, Ill., May 9th.—Mr. Richard R. Greenhow, of this place, is another who has been cured of Rheumatism by Dodd's Kidney Pills. He says:

"I had the Rheumatism in my left leg so bad that I could not walk over ten or fifteen rods at a time, and that by the use of two canes, and I would have to sit or lie down on the ground. The worst I would run down my face with so much pain. I could not sleep at night for the pain. I was in a terrible condition.

"I tried different doctors' medicine but got worse till I saw an advertisement of Dodd's Kidney Pills and bought some. After I had used a few, the pain began to leave me, so I kept right on taking them and gradually getting better till I had used in all fourteen boxes and my Rheumatism was all gone, not a pain or ache left.

"I can say I haven't felt so well better in twenty-five years than I do today. Dodd's Kidney Pills have made a new man of me."

In Spain the daily wage of a field laborer ranges from 20 to 28 cents a day without board.

### How to Clean Laces.

To clean delicate laces, take a large glass jar, cover with oil cotton and spread the lace carefully on it. Set the bottle in warm Ivory Soapsuds and leave for an hour. If stains are difficult to remove place in the sun and they will disappear. Rinse by dipping the bottle in clear water.

ELEANOR R. PARKER.

The office of premier of Great Britain, as such, does not carry with it any salary.

**Wiggle-Stick** LAUNDRY BLUE Won't spill, break, freeze nor spot clothes. Costs 10 cents and equals 20 cents worth of any other bluing. If your grocer does not keep it send 10c for sample to The Laundry Blue Co., 14 Michigan Street, Chicago.

Hands are better than wings in this world just now.

**FITS** permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE $2.00 trial bottle and treatise. Dr. R. H. KLINE, Ltd., 931 Arch Street, Philadelphia, Pa.

Some men lie too much in bed and some lie too much out of it.

**Mrs. Winslow's Soothing Syrup.** For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

It is as easy to go to hell on patent medicines as on whisky.

Clear white clothes are a sign that the housekeeper uses Red Cross Ball Blue. Large 2 oz. package, 5 cents.

A bath is a good thing, but it cannot reach the heart.

The cost of city electric lights ranges from two to three cents per hour per lamp.

**I do not believe Piso's Cure for Consumption** has an equal for coughs and colds.—JOHN F. BOYER, Trinity Springs, Ind., Feb. 5, 1900.

The godly is not the goody-goody.

Miss M. Cartledge gives some helpful advice to young girls. Her letter is but one of thousands which prove that nothing is so helpful to young girls who are just arriving at the period of womanhood as Lydia E. Pinkham's Vegetable Compound.

—"Dear Mrs. Pinkham:—I cannot praise **Lydia E. Pinkham's Vegetable Compound** too highly, for it is the only medicine I ever tried which cured me. I suffered much from my first menstrual period, I felt so weak and dizzy at times I could not pursue my studies with the usual interest. My thoughts became sluggish, I had headaches, backaches and sinking spells, also pains in the back and lower limbs. In fact, I was sick all over.

"Finally, after many other remedies had been tried, we were advised to get **Lydia E. Pinkham's Vegetable Compound**, and I am pleased to say that after taking it only two weeks, a wonderful change for the better took place, and in a short time I was in perfect health. I felt buoyant, full of life, and found all work a pastime. I am indeed glad to tell my experience with **Lydia E. Pinkham's Vegetable Compound**, for it made a different girl of me. Yours very truly, Miss M. Cartledge, 533 Whitehall St., Atlanta, Ga."

**At such a time, the grandest aid to nature is Lydia E. Pinkham's Vegetable Compound. It prepares the young system for the necessary changes, and is the surest and most reliable cure for woman's ills of every nature. Mrs. Pinkham invites all young women who are ill to write her for free advice. Address, Mrs. Pinkham, Lynn, Mass.**

**Mrs. Estes, of New York City, says:**

"Dear Mrs. Pinkham:—I write to you because I believe all young girls ought to know how much good your medicine will do them. I did dressmaking for years before I was married, and if it had not been for **Lydia E. Pinkham's Vegetable Compound**, I do not believe I could have stood the strain. There is no other work that is such a strain on the system. Oh, how my back used to ache from the bending over! I would feel as though I would have to scream out from the pain, and the sitting still made me so terribly tired and weak, and my head throbbed like an engine. I never could eat after work, I was so worn out. Then I was irregular, and had such frightful cramps every month they would simply double me up with pain, and I would have to give up working and lie down. But **Lydia E. Pinkham's Vegetable Compound** changed me into a strong, well woman. Yours very truly, Mrs. Martha Estes, 513 West 126th St., N. Y. City."

**No other female medicine in the world has received such widespread and unqualified endorsement. No other medicine has such a record of female troubles cured. Sold by druggists everywhere. Refuse all substitutions. Remember every woman is cordially invited to write to Mrs. Pinkham, if there is anything about her symptoms she does not understand. Mrs. Pinkham's address is Lynn, Mass.**

**$5000 FORFEIT** if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness. Lydia E. Pinkham Med. Co., Lynn, Mass.

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$500 Given Away

Write us or ask an Alabastine dealer for particulars and free sample card of

Alabastine

The Sanitary Wall Coating

Pears' preliminary germs and vermin. Never rubs or scales. You can apply it—mix with cold water. Beautiful effects in white and delicate tints. Not a disease-breeding, out-of-date kalsomine or glue preparation. Buy Alabastine in 5-lb. packages, properly labelled, of paint, hardware and drug dealers. "Hints on Decorating," and our Artists' Ideas Free. ALABASTINE CO., Grand Rapids, Mich., or 105 Water St., N. Y.

You can't cure a cough or cold from the outside. You must cure it through the blood.

Shiloh's Consumption Cure The Lung Tonic

is the only remedy that will do this. It gets right to the root of the trouble. It is guaranteed to cure.

Prices: 25c. 50c. $1. S. C. Wells & Co. LeRoy, N.Y., Toronto, Can.

HUMORS

Of the Skin and Scalp Speedily Cured by Baths with

Cuticura Soap

To cleanse the skin of crusts and scales, and soften the thickened cuticle, gentle applications of CUTICURA Ointment to instantly allay itching, irritation, and inflammation, and soothe and heal, and mild doses of CUTICURA Pills to cool and cleanse the blood.

A single SET, costing but One Dollar, is often sufficient to cure the most torturing, disfiguring skin, scalp, and blood humors, eczemas, rashes, itchings, and irritations, with loss of hair, from infancy to age, when all else fails.

Sold throughout the world. Cuticura Soap, 25c. Ointment, 50c. Pills, 25c. (In form of Chocolate Coated Pills, 50c. per vial of 60.) Depots: London, 27 Charterhouse Sq.; Paris, 5 Rue de la Paix; Boston, 137 Columbus Ave. Potter Drug & Chem. Corp., Sole Proprietors, 160 Read for "How to Cure Humor Cure."

PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists. CONSUMPTION

WET WEATHER COMFORT

There is no satisfaction keener than being dry and comfortable when out in the hardest storm. YOU ARE SURE OF THIS IF YOU WEAR

WATERPROOF OILED CLOTHING

THE KIND IN BLACK OR YELLOW AND BACKED BY OUR GUARANTEE.

A. J. TOWER CO., BOSTON, MASS., U.S.A. TOWER CANADIAN CO., LIMITED, TORONTO, CAN.

ASK FOR TOWER'S FISH BRAND SLICKER IF YOUR DEALER WILL NOT supply you, send for our free catalogue of garments and hats.

THE GREAT "WHITE-OAK" SHOE

for Men, Boys, Youths and Little Gents

MODERATE IN PRICE

Made from a most pliable, tough fibred leather.

"Invincible in Strength."

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Ideal Building Material.

"Heloxyle" is the name given in Germany to peat fiber compressed and hardened by a special process into sheets, tiles, plates and blocks for various building purposes. It is used for lining walls, ceilings, window and door frames, to underlay wooden flooring and even as flooring itself. It has about the consistency and atomic weight of sound cork, and is an almost perfect nonconductor of heat, moisture, sound and vibration. It is impregnated with rome material which renders it practically incombustible.

50,000 AMERICANS WERE WELCOMED TO

160 ACRE FARMS IN WESTERN CANADA FREE

Western Canada

DURING LAST YEAR.

They are settled and settling on the Grain and Grazing Lands, and are prospering and contented. Sir Wilfred Laurier recently said: "A new star has risen on the horizon, and it is toward it that every immigrant who leaves the land of his fathers to come and seek a home for himself now turns his gaze"—Canada.

Sweet Sleep

comes regularly to those who have perfect digestion. Mapl-Flake is a great help for all who have trouble finding food they can digest. Good for weak or well stomachs.

Mapl-Flake

DO YOU COUGH DON'T DELAY TAKE KEMP'S BALSAM THE BEST COUGH CURE

It Cures Colds, Coughs, Sore Throat, Croup, Influenza, Whooping Cough, Bronchitis and Asthma. A certain cure for Consumption in first stages, and a sure relief in advanced stages. Use at once. You will see the excellent effect after taking the first dose. Sold by dealers everywhere. Large bottles 25 cents and 50 cents.

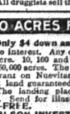
Room for Millions.

FREE Homesteads given away. Schools, Churches, Railways, Markets, Climate, everything to be desired.

For a descriptive Atlas and other information apply to Superintendent Immigration Ottawa, Canada, or authorized Canadian Government Agent—M. V. McInnes, No. 6 Avenue Theatre Building, Detroit, Mich., and C. A. Laurier, Sault Ste. Marie, Mich.

No More Blind Horses For Specific Ophthalmia. Will cure any case, however bad or of how long standing. Sore eyes, Barry Co., Iowa City, Ia., have a sure cure.

PENSION JOHN W. MORRIS, Washington, D. C. Successfully Prosecutes Claims. Late Principal Examiner U.S. Pension Bureau. 3 yrs in civil war, 15 adjudicating claims, atty since.



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Only $4 down and $4 per month; no interest. Any quantity at $3 per acre. In 160 and 1,000 acre tracts. 150,000 acres. The great land grant on Nuevitas harbor, finest in the world; land guaranteed level; hard wood timber. The landing place of Christopher Columbus. Send for illustrated prospectus, map, etc.—FREE.

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W. N. U.—DETROIT—NO. 20—1904

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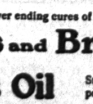
SKIN ERUPTIONS ARE FATAL TO WOMAN'S BEAUTY. LYPTOZONE CURATIVE SOAP

Cures pimples, blotches, acne, eczema and all disfiguring skin humors, beautifying and preserving the skin in a smooth and healthy condition. Style—the effect is magical. Price, 25c. Per Cake. Postpaid.

FREE Sample cake and pamphlet on care of the skin for stamp to cover postage. LYPTOZONE CHEMICAL CO., 1560 8th Ave., N. Y.



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