

Nervous Prostration



The Ills of Women Act upon the Nerves like a Firebrand.

The relation of woman's nerves and generative organs is very close; consequently nine tenths of the nervous prostration, nervous dependency, "the blues," sleeplessness, and nervous irritability of women arise from some derangement of the organism which makes her a woman. Heron's proves conclusively that Lydia E. Pinkham's Vegetable Compound will quickly relieve all this trouble.

Details of a Severe Case Cured in Eau Claire, Wis.

"DEAR MRS. PINKHAM:—I have been killing from female trouble for the past five years. About a month ago I was taken with nervous prostration, accompanied at certain times by menorrhagia with fearful headaches. I read one of your books and finding many testimonials of the beneficial effects of Lydia E. Pinkham's Vegetable Compound, experienced by lady sufferers, I commenced its use and am happy to state that after using a few bottles I feel like a new woman, my nerves and pains all gone."

"I am recommending your medicine to many of my friends, and I assure you that you have my hearty thanks for your valuable preparation which has done so much good. I trust all suffering women will use your Vegetable Compound."—MRS. MINNIE TURT, 630 First Ave., Eau Claire, Wis. (May 28, 1901).

Nothing will relieve this distressing condition so surely as Lydia E. Pinkham's Vegetable Compound; it soothes, strengthens, heals and tones up the delicate female organism. It is a positive cure for all kinds of female complaints; that bearing down feeling, backache, displacement of the womb, inflammation of the ovaries, and is invaluable during the change of life, all of which may help to cause nervous prostration.

Read What Mrs. Day says:

"DEAR MRS. PINKHAM:—I will write you a few lines to let you know of the benefit I have received from taking your remedies. I suffered for a long time with nervous prostration, backache, sick headache, painful menstruation, pain in the stomach, eating and drinking no food. I would lose my mind. I began to take Lydia E. Pinkham's Vegetable Compound and was soon feeling like a new woman. I cannot praise it too highly. It does all that is recommended. I have used it for several months. I hope that every one who suffers as I did will give Lydia E. Pinkham's remedies a trial."—MRS. MARY DAY, Eleonora, Ia. (March 25, 1901).

Free Medical Advice to Women.

Mrs. Pinkham invites all women to write to her for advice. You need not be afraid to tell her the things you could not explain to the doctor—your letter will be seen only by women and is absolutely confidential. Mrs. Pinkham's vast experience with such troubles enables her to tell you just what is best for you, and she will charge you nothing for her advice.

Another Case of Nervous Prostration Cured.

"DEAR MRS. PINKHAM:—Allow me to express to you the benefit I have derived from taking your Vegetable Compound. Before I started to take it I was on the verge of nervous prostration. I could not sleep nights, and I suffered dreadfully from indigestion and headache. I hope Lydia E. Pinkham's wonderful medicine, and began its use, which immediately restored my health."

"I can heartily recommend it to all suffering women."—MRS. BERTHA E. DENNIS, 25 Lafayette St., San Francisco, Cal. (May 21, 1901).

\$5000 FORFEIT! If we cannot forthwith produce the original letters and signatures of above testimonials, which will verify their absolute genuineness. Lydia E. Pinkham Medicine Co., Lynn, Mass.

BABY'S BOWELS

are delicate and no drastic purgatives should ever be given. Neither should a mother give her child any concoction containing opiate. It is necessary to assist Nature to move the little one's bowels give it one-quarter teaspoonful of

Dr. Caldwell's Syrup Pepsin

Pleasant to the taste—contains nothing which can harm the most delicate organism. Physicians will testify to the truth of this statement. See page 21 of our book of "Proofs." Write for it today.

Mrs. Allen Jackson, of Farmer City, Ill., writes: "My seven month old baby was troubled a great deal with his stomach and bowels. I had tried numerous remedies with no result until the baby had been given Dr. Caldwell's Syrup Pepsin. It was in poor health. A friend recommended this Syrup Pepsin. I gave it to the baby according to directions, and in a few days the baby was as healthy as ever. I have been giving him Syrup Pepsin for some time. It has done him a great deal of good. His stomach and bowels are in good health and he is a healthy, happy baby."

IF YOU HAD A NECK As Long as This Fellow, and a **SORE THROAT** ALL THE WAY DOWN **TONSILINE** WOULD QUICKLY CURE IT. Beware of cheap imitations. Buy the genuine. Tonsiline Co., LaSalle, Ill.

HAMINS WIZARD OIL CURES ALL RHEUMATIC PAIN, SORENESS, SWELLING AND INFLAMMATION FROM ANY CAUSE, WHATEVER. 50¢ AT ALL DRUGGISTS.

Who Suffering Advertisements Slightly Reduce This Page.

LAST OF CLIFF DWELLERS.

Interesting Characteristics of the San Juan Pueblos. One of the most interesting concessions for the world's fair is a village of the last of the ancient Pueblo Indians of New Mexico, the "Island Descendants" the interesting cliff dwellers of prehistoric times on this continent. Although of pure Toltec strain, the San Juan Pueblos are blanket dwellers, but they lead in this respect an air of gayety and rude splendor that characterized the Ancestors of the time of Cortez. Their blankets and headresses are emblematic of every term of gay colored beads and silver ornaments of their own making, which set off their costumes with more or less effect. They have their own mission schools, conducted by Catholic missionaries, and are a really intelligent and fairly well-educated race. They manufacture a kind of pottery, something similar to the celebrated ware of the Zuni Indians, and are strictly agricultural people. A survival of ancient Aztec days is their "National Game," "Los Matiches."

Mr. Newton. New Berlin, Ill., March 10th.—Mr. Frank Newton of this place speaks very earnestly and emphatically when asked by any of his many friends the reason for the very noticeable improvement in his health.

For a long time—two or three years—he has been suffering a great deal with pain in his back and neck, a feeling of illness and weakness. His appetite failed him and he grew gradually weaker and weaker till he was very much run down.

A friend recommended Dodd's Kidney Pills and Mr. Newton began to take two at a dose, three times a day. In a very short time he noticed an improvement, the pains left his back and he could eat better. He kept on adding and now he says: "Yes, indeed! I am a different man and Dodd's Kidney Pills did it all. I cannot tell you how much better I feel. I am a new man and Dodd's Kidney Pills deserve all the credit."

Men will not be kept from the line of the world by making the world unlovely.

MISS TENA ISLAND. Box 100, Millston, Ohio, offers to furnish information free as to how she was cured of pain in her back and neck, nervous weakness, etc.

A new baby in a home soon makes the rest of the furniture look shabby.

Stops the Cough and Works Off the Phlegm. Laxative Bromo Quinine Tablets. Price 25c.

When the cherry is a continual blight, it will not be much of an outfit.

FITS (See page 21 of our book of "Proofs.")

RED CROSS BALM Should be in every home. A sure cure for all kinds of aches and pains. Price 25c per package.

Michigan Peach Belt. From the Farmers' Review: In the February 11 number of the Farmers' Review I notice that you are mentioning the value of the water system of what is called the Michigan peach belt. You say that it is confined to a strip of land about 100 miles wide, adjoining Lake Michigan and to sandy loam soils. Now that may be the case in certain parts of the fruit belt, running as it does from St. Joseph in the south to Grand Traverse in the north; but here in the Grand Traverse Valley successful peach culture is carried on for thirty or more miles back from the lake. Neither is it confined to sandy soils, as we have thousands of acres of peach orchards on clay and clay loam soils producing as fine peaches as can be grown in the state. To give your readers some idea of the truth of my statement I will say that our beautiful city of Grand Rapids is situated about twenty-five miles from the lake, and peach trees are raised in that market from one to twenty miles in nearly every one of our sections, and as high as 1,500 feet above the sea level. The market for peaches here is not a new thing, but has been counted through one day, to say nothing of the hundreds of loads that were drawn to the freight houses, and commission houses during the day; baskets, cans, loads and carloads that were shipped from the many stations outside of the city. The produce of the fruit of the coming crop up to this time, February 15, as we have had no freeze here, has been reported to me as being in good condition.

Growing Cow Peas. From the Farmers' Review: I have been a subscriber to your paper for some time and have never yet seen any article from this Alexander, country. I saw in your paper of Feb. 11 an inquiry as to how to grow cow peas. This I would enjoy to do for you. I would sow one bushel of the Walpole variety per acre, and sow it in the fall, or in the spring, at the time. If I was to sow cow peas I would not sow more than three pecks to the acre. I have grown both varieties, but I would prefer talking to the variety to the Clay variety, as the Bunch varieties are much more easily handled. I would advise the reader of the Farmers' Review to get acquainted with wheat drill about May 20, and cut the crop off for hay when about half of the pea pods begin to get ripe and then plow his field under, and wheat. He will just be his pea crop ahead, as the roots of the peas benefit the soil, and would prefer talking to the crop off to plowing it under. He will find that the pea hay will be excellent feed if he gets it cured in good shape for an stock, either for winter or spring. —A Reader, Union, Alexander county, Illinois.

THE BURGLAR AND THE DOG. Lay of Montclair and a Doctor's Well-Guarded Office.

O, the bulldog on the mat, and the burglar in the hall, and the spies the doctors tools the burglar sent down north.

O, the burglar swipes the instrument of the doctor, and the burglar feels beneath his breath as he feels the garment rib.

O, the burglar pulls like a beast, but the bulldog stands his ground till the burglar's hand tremors cease come off with an awful sound.

O, the burglar's eye the fence, and the bulldog's at the door, but the doctor's first instruments are gone for evermore.

O, the bulldog's "Doc" McDonough's, and they both live at Montclair, but none knows who the burglar is that left his pants' seat there.—New York World.

Catarrh Cannot Be Cured with LOCAL APPLICATIONS as they cannot reach the seat of the disease. Catarrh is a local disease and must be cured by a local remedy. Dr. Caldwell's Syrup Pepsin is the only remedy that can reach the seat of the disease. It is a local remedy and will cure the disease in all cases. See page 21 of our book of "Proofs." Write for it today.

ALL UP-TO-DATE HOUSEKEEPERS Use Red Cross Balm. It makes clothes clean and sweet as when new. All grocers.

The user is one man who can make use of the Red Cross Balm. It makes clothes clean and sweet as when new. All grocers.

Physic's Cure for Consumption is an infallible medicine for coughs and colds.—W. W. SAWYER, Des Moines, Iowa, Feb. 17, 1901.

"Straight character" cannot come out of crooked living.

PUTNAM FADELESS DYES are fast to light and washing.

He that hath no rest esteem for any of the virtues can best assume the appearance of them all.—Colton.

An orchardist says: The true enemy to wider consumption and better markets is the farmer himself who would put fruit of doubtful quality on the market. Trash is a check on consumption. The consumer may buy one barrel, but of good quality, he will buy no more that year, while he of the first barrel being of good quality, he would have bought several more.

The Grip Leaves Thousands in Its Path Weak, Nervous, Dyspeptic, Catarrh Wrecks.



From all directions the Grip epidemic is spreading like wildfire. It is estimated that a million were afflicted in the continent.

"I first, it cured me of chronic bronchitis of fifteen years' standing by using two bottles of Peruna in January, 1894, and no return of it."

"After I was cured of bronchitis I had a gripe every winter for several winters. But, through the use of Peruna, it got gradually weaker in its severity, until it dwindled down to a mere spasm for two or three days. Now the spasm does not trouble me any more."—O. H. Ferry.

A Congressman's Experience. Home of Representatives, Washington, D. C. Peruna Medicine Co., Columbus, Ohio.

"I am more than satisfied with Peruna, and find it to be an excellent remedy for the gripe and catarrh. I have used it in my family and they all praise it, recommending it as an excellent remedy." Very respectfully, George H. White.

If you do not receive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

COOK BOOK FREE.

Except cost of mailing. We will send our splendid GOLD MEDAL COOK BOOK, containing over 1,000 carefully prepared recipes, to any lady who will send us ten cents in stamps and the names and addresses of two housewives who would also like one of these books. Address WASHBURN-CROSBY CO., Minneapolis, Minn., makers of

GOLD MEDAL FLOUR

Mention This Paper.

PROSPER NEW DISCOVERY

gives relief from all kinds of ailments. Price 25c per bottle.

POTATOES \$2.50

Best quality of seed potatoes. Price 25c per bushel.

DISPEPSIA CURED

Without Harmful Drugs. Peptone, the Famous Health Tonic of Battle Creek, is Safe and Sure—

Next time you are passing by your favorite drug store, step in and ask for a box of Peptone Tablets. They cost only twenty-five cents, but if you need them, they'll do you a hundred dollars worth of good. A thorough renovation of the digestive organs—removing all accumulations that should be removed, toning up the stomach to do its daily work—will be of priceless value to you. Peptone will do this, and does not contain any substance which can injure the system or create a troublesome habit. Sold at all druggists. Liberal sample and booklet free if you write the Battle Creek Health Tonic Co., Ltd., W. a Gordon Bldg., Battle Creek, Mich.

\$3.00 W-D DOUGLAS SHOES \$3.50

W. L. Douglas's name and quality more than any other shoe. Made in the U.S.A. by the manufacturer in the world.

\$25,000 REWARD will be paid to anyone who can prove that any other shoe is better than W. L. Douglas's.

W. L. DOUGLAS'S PATENT SHOES. Made in the U.S.A. by the manufacturer in the world.

When answering Ads please mention this paper.

PISO'S CURE FOR CONSUMPTION

Best medicine for consumption. Price 25c per bottle.

CALIFORNIA FIG SYRUP

Louisville, Ky. San Francisco, Cal. New York, N. Y.

START A STEAM LAUNDRY

Write us. Paradox Machinery Co., 181 E. Division St., Chicago.

WESTERN CANADA HAS FREE HOMES FOR MILLIONS

Write us for information. Western Canada Land Co., 1000 Broadway, New York, N. Y.

GREEN RAPE 25 CENTS PER TON

Write us for information. Green Rape Co., 1000 Broadway, New York, N. Y.