



**Don't**  
Don't wait until your sufferings have driven you to despair, with your nerves all shattered and your courage gone.

Help and happiness surely awaits you if you accept Mrs. Pinkham's advice. Disease makes women nervous, irritable and easily annoyed by children and household duties; such women need the counsel and help of a woman who understands the peculiar troubles of her sex; that woman is Mrs. Pinkham, who with her famous medicine, Lydia E. Pinkham's Vegetable Compound, have restored to health and encouraged women to health and happiness. Write today, do not wait. Her address is Lynn, Mass., and her advice is free. Write today, do not wait.

Will not the volumes of letters from women who have been made strong by Lydia E. Pinkham's Vegetable Compound convince others of the virtues of this great medicine?  
When a medicine has been successful in more than a million cases, is it justice to yourself to say, without trying it, "I do not believe it would help me?"

Surely you cannot wish to remain weak and sick and discouraged, exhausted with each day's work. If you have some derangement of the feminine organism, try Lydia E. Pinkham's Vegetable Compound. It will surely help you.

Mrs. Emilie Seering, 174 St. Ann's Ave., New York City, writes:

"DEAR MRS. PINKHAM:—If women who are always blue and depressed and nervous would take Lydia E. Pinkham's Vegetable Compound they would find it the medicine they need to bring them to a more cheerful frame of mind. I was terribly worried and downcast, and was thin and bloodless. My back ached all the time, no matter how hard I tried to forget it or change my position to ease it, and the pain at the base of my brain was bad that it sometimes thought that I would grow crazy. I had the blues so much and was always so depressed I could not seem to shake them off. Half of the time I did not seem to have the courage to do my work; everything seemed to go wrong with me, and I was always worrying and fearing the worst. I began to take Lydia E. Pinkham's Vegetable Compound. After the first few doses I had second sleep from my shoulders. I felt better in every way. The blues left me and my head stopped aching before long my back was better, and I looked younger and stronger. I took six bottles in all, and it is with thankfulness that I present good health is due to the use of Lydia E. Pinkham's Vegetable Compound."

**FREE MEDICAL ADVICE TO WOMEN.**  
If there is anything in your case about which you would like special advice, write freely to Mrs. Pinkham. No man will see your letter. She can surely help you, for no person in America has such a wide experience in treating female ills as she has had. She has helped hundreds of thousands of women back to health. Her address is Lynn, Mass., and her advice is free. You are very foolish if you do not accept her kind invitation.

**\$5000 FORFEIT** if we cannot forthwith produce the original letter and signature of the disappointed. Back will give to the donor.

Lydia E. Pinkham Medicine Co., Lynn, Mass.



**Big Ovens and Little Ovens**  
yield the same result when Washburn-Crosby's Gold Medal Flour is used—always satisfying, nutritious bread; light, rich cakes; uniformly delicate pastry. Bakers know its value from daily experience—from the time the flour goes into the bin until it is handed out a finished loaf to the smiling customer.

**Washburn-Crosby's Gold Medal Flour**  
is the favorite of housewives, because it is easily worked, yields a superior quality of baking, and a greater quantity than any other. Gold Medal Flour is made of the finest spring wheat, so milled that the gluten and germ of the grain are retained, giving the bread a fruitlike or almond flavor unknown to improperly milled flour.

Washburn-Crosby Co., Minneapolis, Minn.

**Back up** to the fire to-night and have some one rub your **LAME BACK** with **Mexican Mustang Liniment**  
You'll sleep like a top and have a good, sound back free from pain in the morning.

**WESTERN CANADA HAS FREE HOME MILLIONS.**  
Our 1,000-page catalogue will be sent to you free of charge. It contains the names of the best land in the West, and the best prices for the same. It also contains the names of the best land in the West, and the best prices for the same. It also contains the names of the best land in the West, and the best prices for the same.

**THE CURE FOR CATARRH.**  
Physicians and the public will be pleased to learn that drug addiction is now controlled as easily and surely as any other disease. The method which is very simple, consists of replacing the nerve depressing effect of the drug, by the strengthening, stimulating and constructive known as Swaine's Antidote. The patient never realizes the change and is surprised to find a few days that he, or she, is permanently cured. Patients are cured to their own satisfaction. The medicine will be returned and fare paid both ways. Write for proofs. Address Three Day Sanitarium, 1147 Third Ave., Detroit, Mich.

**A NEGATIVE MAN IS NAUGHT.**  
Confidence in One's Self Absolutely Essential to Success.  
A vacillating, undecided, negative man can never amount to anything; no matter what his environment or advantages may be. It would be impossible for him to concentrate his thoughts and opinions and even his plans to what others say and think. There is no certainty as to his action, because he is always subject to outside influences. He never relies upon himself or the inward action that speaks to him. He is satisfied only in the money which he has accumulated. He is not a man of action, but a man of words. He is not a man of action, but a man of words. He is not a man of action, but a man of words.

**Few Old Men Can Say This.**  
Late last month, Ed. J. Win. E. Gentry of this place makes the following statement:  
"For over forty years I suffered from rheumatism in my back and thighs. I did not pass water without great pain and a burning sensation. I have had to make water as often as sixteen times during one night. I had a little relief at a time. I tried many kinds of kidney medicines, but all without any result, until at last I tried Dr. Williams' Pink Pills, and my pains are all gone."

**Experiments in Steer Feeding.**  
Prof. H. J. Waters of the Missouri experiment station has been carrying on some very important experiments in the feeding of steers. These are reported in a recent bulletin of the Missouri State Board of Agriculture. Cow peas have shown up well as a ration for steers. The following is the statement on the timely hay ration was 1.69; on the cow pea hay ration 2.64, and on the clover hay and corn ration 1.94. The first test lasting 119 days. The second test covered 105 days, corn being fed with the clover hay. The gain in the first test. The average daily gain was with timothy hay 1.97; with clover hay 2.84; with cow pea hay 2.85; with clover and wheat straw 2.68. Prof. Water says that the addition of clover hay or cow pea hay to the ration induced better and cheaper gains. The steers consuming these hays have always gone to market in better finish, with better coats and with finer bloom than those fed on the other kinds of coarse fodder. The use of leguminous hay to balance the ration proves to be very satisfactory.

**Alfalfa for Swine Pastures.**  
It is essential in raising hogs to have some pasture grass for them. Especially is this true for the brood sows and the young pigs which need not only the green feed but the exercise and sunning out of doors. Alfalfa fulfills this requirement admirably, as it makes a forage which is perfectly safe for hogs to pasture, is nutritious, palatable, grows early in the spring and late in the fall. Alfalfa produces more green forage per acre than any other forage used for hog pastures. In the central west, Colorado is credited with 79,611 acres of this crop. It is essential to every ranch where mixed farming is carried on. Alfalfa is grown to such an extent in the state that any farmer or stockman could spare a few acres for hog pasture. The value of an acre of alfalfa throughout the season for raising on pork has not been reported from any station, but long experience has taught practical hog raisers that a little corn or a small amount of other grain, together with good alfalfa pasture, will give excellent results. Alfalfa alone seems to supply little more than a maintenance ration, but as such is very valuable.—Bulletin 74, Colorado Station.

**Illinois Swinebreeders' Meeting.**  
The fifteenth annual meeting of the Illinois Association of Swine Breeders and Raisers was held in the agricultural building at Champaign, Ill., Tuesday and Wednesday, January 15th and 16th. It was one of the most profitable meetings in the history of the organization. The program as published in the Review was carried out with but few exceptions. Only three of the speakers failed to respond. Several very interesting papers were read and the discussion was general and instructive. Resolutions were passed favoring the consolidation of the Poland-China records and the lines of selling for sale or its equivalent. The meeting closed with a banquet at the Beardsley Hotel, to which about one hundred guests sat down. Officers were elected as follows: President, H. O. Minnis of Edinburg, Ill.; vice president, G. L. Burgess of Beardsville, Ill.; secretary, Ed. Miller, Champaign; executive committee—A. G. Woodbury, Danville; J. F. Kelly, Sullivan; J. A. Rosenberg, Goodview.

**Many a small engine has a big whistle.**  
Clear white clothes are a sign that the housekeeper uses Red Cross Blue Large 2-oz. package, 2 cents.

**BRUSSELS HAS A CHURCH CLOCK WOUND UP BY ATMOSPHERIC EXPANSION INDUCED BY THE HEAT OF THE SUN.**  
I am sure Miss Croft for Consumption saved her life by using Mrs. B. B. Brown's, Maple Street, Norwich, N. Y., Feb. 11, 1900.

**DR. COFFEE**  
Discovers Remedies That Restore Sight to Blind People.

**DR. W. O. COFFEE, a Blind oculist, 500 Grand Street, New York, N. Y.**  
I have been blind for many years. I have tried many remedies, but none have helped me. I have been blind for many years. I have tried many remedies, but none have helped me. I have been blind for many years. I have tried many remedies, but none have helped me.

**AT BED TIME TAKE A PLEASANT SLEEP DRINK.**  
THE NEXT MORNING I FEEL BRIGHT AND NEW.  
My doctor says I can get on my stomach. I can get on my stomach. I can get on my stomach. I can get on my stomach.

**LANE'S FAMILY MEDICINE.**  
All ailments in the family, old and new. It is the best medicine in the world. It is the best medicine in the world. It is the best medicine in the world.

**WESTERN CANADA HAS FREE HOME MILLIONS.**  
Our 1,000-page catalogue will be sent to you free of charge. It contains the names of the best land in the West, and the best prices for the same. It also contains the names of the best land in the West, and the best prices for the same.

**SAVE MONEY**  
Our 1,000-page catalogue will be sent to you free of charge. It contains the names of the best land in the West, and the best prices for the same. It also contains the names of the best land in the West, and the best prices for the same.

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**ROOSEVELT AND THE BEARS.**  
Chief Executive Safe in Promising Them a Position.  
Two bears, one real and the other an impersonation, looking for the president, were featured of the Gridiron Club dinner at Washington a few weeks ago.  
The guests were informed by one of the bears that they were from Mississippi. As the president had not found them they decided to find the president.  
This mild allusion to the president's hunting trip pleased the executive immensely. "If they call on me," said Mr. Roosevelt, "I can do something for the real bear which I cannot do for the impersonator."  
"And what is that?" asked the gentleman, who had told him about the dinner.  
"I'll give him a cabinet position," explained the president, smiling, and then, by way of explanation, added "after he is elected."  
Thought He Was Obeying Orders.  
It was in a Paris avenue also where this happened. A young man, fresh from Ireland, had been engaged as a waiter in a restaurant. He had been obtained through the agency of a friend of the hotel keeper. The new man was a wild groom, but after work with him several days the proprietor of the place had an errand down the street, and he decided to leave his new man in charge for a few minutes. He gave the number of instructions and departed.  
No sooner had he gone than a couple of men came in and asked for a drink. They were dressed in the latest and wore small lamps on their caps and the bartender eyed them suspiciously. "What do you do for a living?" he asked.  
"We dig coal," was the reply.  
"Well, you can't live anything to drink."  
"Ah! why not?"  
"The boss would not let me sell I'm afraid."—Pittsburgh Press.

**MISS IENA ISLAND.**  
Miss Iena Island, who offers to furnish information free to law men as to criminal life in her old, stony and nerve trouble. Write her.

**Stops the Cough and Works Off the Cold.**  
Laxative, Cough and Sore Throat. Price 25c.  
Some men will get about as soon as a whipping as an ox.

**DO YOUR CHILDREN LOOK YELLOW?**  
If so, use Dr. Williams' Pink Pills. It will make them white again. Price 25c. Write for free literature.

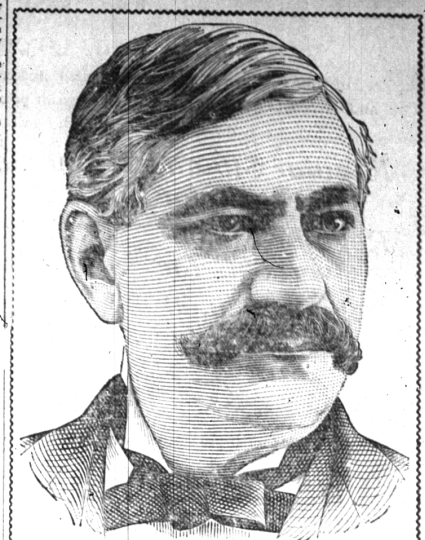
**MR. WINDSOR'S SOOTHING SYRUP.**  
The best of all cough and cold remedies. It is the best of all cough and cold remedies. It is the best of all cough and cold remedies.

**ASK YOUR DRUGGIST FOR A FREE PE-RU-NA ALMANAC.**  
START A STEAM LAUNDRY  
Write us, Paradox Machinery Co., 181 E. Division St., Chicago.

**THE CHILDREN ENJOY**  
Life out of doors and out of the games which they play and the enjoyment which they receive and the efforts which they make, comes the greater part of that healthful development which is so essential to their happiness when grown. When a laxative is needed the remedy which is free from all the drawbacks of the ordinary cathartics, and which the children enjoy, because of its pleasant flavor, its gentle action and its beneficial effects, is Syrup of Figs—and for the same reason it is the only laxative which should be used by fathers and mothers.  
Syrup of Figs is the only remedy which acts gently, pleasantly and naturally without griping, irritating, or nauseating and which cleanses the system effectually, without producing that constipated habit which results from the use of the old-time cathartics and modern imitations, and against which the children should be so carefully guarded. If you take the time to grow to manhood and womanhood, strong, healthy and happy, do not give them medicines, when medicines are not needed, and when nature does assistance in the way of a laxative, give them only the simple, pleasant and gentle—Syrup of Figs.  
Its quality is due not only to the excellence of the combination of the laxative principles of plants with pleasant aromatic syrups and juices, but also to the original method of manufacture and as you value the health of the little ones, do not accept any of the substitutes which unscrupulous dealers sometimes offer to increase their profits. The genuine article may be bought anywhere of all reliable druggists at fifty cents per bottle. Please remember, the full name of the Company—**CALIFORNIA FIG SYRUP CO.**—is printed on the front of every package.  
In order to get its full benefits it is always necessary to buy the genuine only.

**WAMINS WIZARD OIL**  
FOR RHEUMATISM, LAME BACK, NEURALGIA, HEADACHE, EARACHE, CUTS, WOUNDS, SPRAINS, BRUISES, BURNS, SCALDS, SORE THROAT, DIPHTHERIA, SORES, ULCERS AND ALL PAIN, SORENESS, LAMENESS, SWELLING AND INFLAMMATION SO.  
It is possible to smother the fire of pain by the use of Wamins Wizard Oil. It is the best medicine in the world. It is the best medicine in the world. It is the best medicine in the world.

**CATARRH THIRTY YEARS.**



CONGRESSMAN MEEKISON OF OHIO.

Hon. David Meekison will be known not only in his own State, but throughout America. He began his political career by serving four consecutive terms as Mayor of the town in which he lives, during which time he became widely known as the founder of the Meekison Bank of Napoleon, Ohio. He was elected to the Fifty-fifth Congress by a very large majority, and is the acknowledged leader of his party in his section of the State.  
Only one day married thereafter was complete success of this rising statesman. Catarrh was his tedious ailment and he was obliged to resign his office. As last Peru-na came to the rescue, and he dictated the following letter to Dr. Hartman as the result:

"I have used several bottles of Peru-na and I feel generally benefited thereby from my catarrh of the head. I feel encouraged to believe that if I use it a short time longer I will be fully able to eradicate the disease of thirty years' standing."—David Meekison, Member of Congress.

While many people have been cured of chronic catarrh by a single bottle of Peru-na, the cure becomes more thorough the more one bottle is necessary to complete a cure. Peru-na cures cases unnumbered of catarrh of the throat, nose, and ears. It is the best, not only the internal remedy for chronic catarrh in existence.

Peru-na is far better than cure. Every person subject to catarrh of the head should take Peru-na at once at the slightest symptoms of the disease. At this season of the year and this prevent what is almost certain to end in chronic catarrh.  
Send for free book on catarrh entitled "What the Doctor Said to Me" by Dr. Hartman. It will tell you all about the catarrh of the head and how to cure it. Write for it to the Paradox Machinery Co., 181 E. Division St., Chicago.

**Ask your druggist for a free Pe-ru-na Almanac.**  
**START A STEAM LAUNDRY**  
Write us, Paradox Machinery Co., 181 E. Division St., Chicago.