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it not true? Women suffer, feel the very life crushed them, grow old before their time. Each morning up determined to do so much before the day ends,

Before the morning is very old the dreadful BACKACHE tacks them, the brave spirit sinks back in affright; no after how hard they struggle, the "clutch" is upon them at they fall upon the couch crying:

"Why should I suffer so! What can I do!"

The answer is ready, your cry has been heard, and a sman is able to restore you to health and happiness.

Backache is only a symptom of more 'tatal trouble—sel its warning in time.

Lydia E. Pinkham's Vegetable Compound will are your torture and restore your courage. Your pains the from unnatural menstruation or some derangement he womb. Let those who are suffering read Mrs. Morga selter and be guided by her experience.

AN OPEN LETTER TO WOMEN.

