CONGRESSMAN BOTKIN

The Well-Known Kansas Statesman, Cured of Catarrh of the Stomach by Pe-ru-na.

AFTER TWENTY-FIVE YEARS' SUFFERING.

More Evidence of Interest to the Millions of Catarrh Sufferers in the United States.

HON. J. D. BOTKIN CONGRESSMAN-AT-LARGE FROM KANSAS.

In a recent letter to Dr. Hartman, Congressman Botkin, of Winfield, Kan., whose fame is a national one, says of Peruna:

My Dear Doctor:—"It gives me pleasure to certify to the excellent curative qualities of your medicines. Peruna and Manalin. I have been afflicted more or less for a quarter of a century with catarrh of the stomach and constipation. A residence in Washington has increased those troubles. A few bottles of your medicine have given me almost complete relief, and I am sure that a continuation of them will effect a permanent cure. Peruna is surely a wonderful remedy for catarrhal affections." J. D. Botkin, Congressman-at-Large.

CONGRESSMAN BOTKIN is one of the most influential and best known men in the State of Kansas. Whatever he may say on any subject will be accepted by the people as the truth. So famous a remedy as Peruna could not have well escaped the attention of so famous a man. He not only has heard of this remedy, but he has used it and was relieved of an affliction of twenty-five years standing. Peruna is the one internal remedy that cures chronic catarrh. It cures catarrh wherever located. This is a fact that the people are rapidly finding out, but there are still a large multitude who need to know it.

Mr. Frank Richter, of Winona, Minn., says in a letter to The Peruna Medicine Company:

"As a remedy for catarrh I take pleasure in recommending Peruna for catarrh of the stomach. I know what it is to be afflicted with this awful disease and consider it my duty to say a word in behalf of the remedy which gave me such relief. Peruna cured me, and I know it will cure any one else who suffers from this disease. It gives me great pleasure to testify to the curative effects of this medicine. Peruna is a well tested and frequently used remedy, and for catarrh of the stomach it is unsurpassed.

"My catarrh was principally located in my head and stomach. I tried many remedies without success. I tried several doctors but they were unable to cure me. I read of Peruna in the papers and five bottles cured me."—Frank Richter.

"The gastric juice is secreted by the mucous follicles of the stomach. When this juice is normal it digests (dissolves) the food without producing any disturbance whatever. If, however, the gastric juice is not normal, digestion causes many disagreeable symptoms. This condition is known as indigestion. Peruna will cure this.

Mrs. Selina Tanner, Athens, O., writes: "I cannot find words to express my thanks for your kind advice. I never once thought I had a cancer of the stomach. I commenced taking Peruna as you directed. My pain much continued to hurt me for about two weeks after I began the medicine and then it stopped. I now have a good appetite while before I was mostly starved.

Mrs. Selina Tanner.

Mrs. Selina Tanner.

"I do believe that my catarrh is entirely cured. I have not had any trouble with my stomach for a long time. I am as well as any of my age could expect (seventy years). I have had the catarrh ever since I was a young man, and have doctored for it for years and got very little better, but thanks to you and your Peruna and Manalin I believe I am well of it. I can eat anything now and it doesn't hurt me, and Peruna is the only thing I have ever found that will cure the catarrh. I believe it is the only cure for catarrh, and I hope every one troubled with catarrh will try Peruna and be cured."—L. O. Marble.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, president of the Hartman Sanitarium, Columbus, O.

I CURE FITS FREE
A Pill-Box #1 Treatment of Dr. G. Phillips, Brain's Great Remedy for Fits, Fainting and all Nervous Diseases. Address: G. PHILIPS BROWN, 98 Broadway, Newburgh, N.Y.

CHEAP FARMS
DO YOU WANT A HOME?
100,000 ACRES Improved and unimproved farming lands to be divided and sold on long time and easy payments, a little each year. Come and see us or write THE TRUMAN MOSS STATE BANK, Sanilac Center, Mich., or The Truman Moss Estate, Crosswell, Sanilac Co., Mich.

IN 3 OR 4 YEARS
AN INDEPENDENCE ASSURED
IN A NEW FARMS IN WESTERN CANADA FREE
If you take up your homes in Western Canada, the land of pretty. Illustrated pamphlets, giving experiences of farmers who have become wealthy in growing wheat, reports of delegates, etc., and full information as to reduced railway fares, sent on application to the Superintendent of Immigration, Department of Interior, Ottawa, Canada, or to J. Grieve, Saginaw, Mich., or M. V. McInnes, No. 2 Merrill Block, Detroit, Mich. Special excursions to Western Canada during March and April.

GREEN WAPE COSTS 25 cents PER TON
Greatest, Cheapest Food on Earth for Sheep, Swine, Cattle, Poultry, etc.
Will be worth $100 to you to read what Salzer says in his catalog.
Billion Dollar Grass
will pay clearly make you rich. 10 tons of hay at $5 a ton, per acre, a crop of Emmer, Potatoes, Speltz, 450 bu. oats, 50 bu. wheat per acre, etc.
For this Notice and 10c.
we will ship cabbage and 10 kinds Seed Potatoes, Rye, etc., with Elder pot-a-mash.
For 12c. 17 varied vegetable and 3 delicious flower seed packages.
JOHN A. SALZER SEED CO. LA CROSSE WIS.
When Answering Advertisements Kindly Mention This Paper.

Dr. Bull's COUGH SYRUP
Cures all Throat and Lung Affections.
Get the genuine. Refuse substitutes.
IS SURE
Salvation Oil cures Rheumatism. 15 & 25 cts.

ABSOLUTE SECURITY.
Genuine
Carter's Little Liver Pills
Must Bear Signature of
Brent Good
See Fac-Simile Wrapper Below.
Very small and as easy to take as sugar.
CARTER'S LITTLE LIVER PILLS.
FOR HEADACHE.
FOR DIZZINESS.
FOR BILIOUSNESS.
FOR TORPID LIVER.
FOR CONSTIPATION.
FOR SALLOW SKIN.
FOR THE COMPLEXION
GENUINE must bear Signature
Price 25 Cents. Brent Good
CURE SICK HEADACHE.

GORMAN IS POPULAR.

Old Senate Employes Have Only Kindly Words for the Marylander.

All of the employes of the United States senate, no matter of what shade of political opinion, have the kindest words for ex-Senator Arthur P. Gorman, of Maryland, writes a Washington correspondent. Gorman was one of the few men who came to the senate of the United States as one of its members without acquiring the sudden sense of the immense dignity of their positions. He always had a pleasant smile and kindly word for the clerks and messengers. This fact is the more peculiar because Gorman was once an assistant doorkeeper of the senate himself, and that he did not allow his elevation to swell his head shows how well he stood the test of advancement.

A few days ago, when Gorman was in Washington, he stepped into Senator McMillan's committee room and shook hands with Secretary Hoar. When he had gone Mr. Moore said: "That fellow makes the kind of man Gorman is. Few men of his prominence would take the trouble to come much out of his way to say Hello to a committee clerk."

"He's a pretty smooth man," interrupted a bystander.

"Yes, of the sort of the south, but also one of a very absolutely solid person. A few years ago, when the senate went into control of the Democrats, Senator McMillan was anxious that his committee clerk, Draper, should be retained. He sent his card to Senator Gorman and the latter said he had promised the place to another, but telephoned in the card about the matter. Draper kept his job."

Gorman's popularity may be seen in the fact that when he quit the senate the clerks got together and presented him with a shaving set. It was not done through any organized effort, but individuals, on the matter was published out it showed how strong a hold he had with the people that work about the capitol.

EVARTS'S GREATEST SPEECH

He Delivered Consumed Four Days of Ten Hours Each.

The late William M. Evarts was noted for the length of his sentences and the length of his speeches. Perhaps one of the two greatest triumphs of his oratory was his speech in defense of Andrew Johnson in the great impeachment trial. Johnson entered the White House as a war democrat, expected to be the Republican party. He had not been in office many months before he was confronted by a certain faction of the Republicans of Johnson's party, the party of using it as a tool to benefit the democracy, and this led to the attempt to impeach the president. Mr. Evarts felt that the whole proceedings were dangerously partisan, as well as unjust, and he devoted all his powers to defending the president. His speech occupied four days of ten hours each. At one time he exclaimed, turning sorrowfully to the managers of the impeachment, "My client, the president, merely sought to make an intelligent member of his cabinet, while you are seeking to make an intelligent president." Johnson's admiration, to less that his gratitude, led him after the impeachment proceedings to appoint Mr. Evarts attorney general.—Chicago Chronicle.

A Chaste Penal System.

The world points to Sing Sing prison as a model for less enlightened institutions, however, and this, as well as the pillory and whipping post, may be attributed to lack of public thought towards abuse, corrective and charitable line. The state jails have "punitive" only, the county prisons have no penitentiary. There is no system of prison labor. There is no reform school. For important crimes the county jail at New Castle is selected because it is the largest and most the strongest, for the most trivial offenses the same prison is made to do service, with female convicts, women are mixed with those awaiting execution and those who have a life time to serve. Young and old, boys and gray-haired men, negroes and white, all are jumbled together, and the discrimination made is one which lacks import. It is that the short-term prisoners are allowed to do the small labor, such as clothing, cooking, coal-carrying, rock-breaking and the like in the open court or jail yard, where stands the pillory, while the long-term convicts are not allowed to do anything at all. This is considered a fairly satisfactory arrangement, although a more modern work house is sometimes talked of.—Theodore Dreiser in Ainslee's.

Clear Complexion for Women.

A clear complexion is easily attainable by any healthy woman. She must be temperate in her habits, take moderate exercise in the open air and have plenty of sleep. Pimples and freckles, worms are mainly caused by carelessness in toilet and diet, stimulants, greasy and rich food should be avoided, and the face properly and frequently bathed. Before retiring, wash the face with a soft cloth, using rather warm water, to which has been added a pinch of borax or two or three drops of the tincture of benzoin; use this amount to a quart of water, with pure castile soap, and dry the face gently, but thoroughly, using a towel that is not too coarse. Never rub very hard, as a thorough and not a vigorous treatment improves the skin. In the morning wash the face with pure cold water, using very little or no soap, and dry gently, and your toilet is complete for the day.—New York Weekly.

Purchasing Goods in Cuba.

New York optimism in merchants are sending representatives to Cuba to purchase goods for shipment to this country. It is believed that Cuban products in large quantities will soon be their appearance in American markets.

The Queen of Italy's favorite 8-year-old daughter Victoria. "In talking to me she begs to forget that I am the empress, but she never forgets she is the emperor's daughter."

When our wills conflict with Christ it is poor policy to seek peace by casting out the Spirit.

AN INHERITANCE IN WESTERN CANADA.

Indian Reservations and Other New Districts to Be Opened Up This Year.

In the Great Saskatchewan Valley and the Fertile Plains of Assiniboia.

To the Editor, Dear Sir: The past three or four years have demonstrated to a large number of Americans the value of the grain-growing and ranching lands of Western Canada. Tens of thousands have taken advantage of the offer made by the Canadian government as well as of the exceedingly low prices asked for lands by the railway, colonization and other companies. The experience of those who have been settled there for some little time is of a highly gratifying character. So much so that the Canadian government, who has control of the immigration into Western Canada, has decided to open up some new districts this year in the well known Saskatchewan Valley and also in the fertile plains of Assiniboia. These districts are probably the most productive in the entire West and in close touch to largely settled communities as well as being situated on some of the most important lines of railway. They are within easy reach of markets, schools, churches and other social advantages in some of these districts lands may be homesteaded as well as purchased outright at very low prices. Now as to what can be done on these lands. The evidence of the settlers in the neighborhood of the lands now about to be opened for settlement (some of them being located in one of the Indian Reservations) goes to show that the very best results have followed even most indifferent methods (cases are given where farmers having gone there with most limited means, barely enough to erect a small house and break up a little land, have in three or four years time become prosperous, no debts paid and money in the bank. The soil in the districts mentioned, Assiniboia and Saskatchewan, is a rich dark loam, if one digs to three feet deep. As a settler says: "It appears like the accumulation of defoyed vegetation and ashes for centuries, the subsoil is a stiff putty clay." On this soil it is possible to raise from 40 to 60 bushels of wheat to the acre, oats, barley, potatoes, all of which bring good prices at the local market. For mixed farming these new districts are evidently among the best in Western Canada. Stock fatten easily on the wild grasses. Hay is plentiful, and prices sold. And to settler writing to a friend in Iowa says: "Our climate is all that could be desired, plenty of rainfall in summer, with not, dry winds. On the 28th of September I saw prairie flowers in full bloom, sweet corn, potato and tomato vines like frost bitten, touched a particle with frost, and the winters are milder than those in the States from which I came. After the holidays the winter sets in clear and cold, with plenty of snow for good sleighing, no such weather as blizzards are known. Horses live out all winter and pick their own living, while cattle live all winter in open sheds and around the hay ricks. Wheat, oats and barley are the principal grain crops. Potatoes and all other roots and vegetables do well, the yield being enormous as compared to those in the States. Wild fruits, such as strawberries, raspberries, cranberries, gooseberries and all varieties of currants yield in abundance. As a leader of your valuable paper for a number of years I feel that I should inform you of the progress and advancement being made in Canada within the past few years, and the inducements and advantages that will allow settlement in Western Canada to those who desire information, can do so I did, and apply to any New York Canadian Government agent, who at same time appears in advertisements appearing elsewhere in the columns of our paper, and when writing ask particularly about the Saskatchewan Valley or Assiniboia Districts.

Yours truly,
O. Reader.

AMONG THE RAILWAYS.

Rock Island Will Run Cheap Excursions to Colorado.

The Chicago, Rock Island & Pacific railway, which made a phenomenal success of cheap excursion rates to California last season, has again asked the competitors in the Western and Southwestern Passenger Association to agree upon a series of cheap excursions to and from Denver, Colorado Springs and Pueblo for the season of 1902. The following are the dates: Tickets to be sold from Chicago and all territory east to Missouri river, June 3, 24, July 15, 29, and Aug. 12, 26, and 12, at fare of one fare plus $2, or $10.00 for the round trip.

On July 2 and 3 and Sept. 2 and 16 a rate of $2 is to be made from Chicago and $15 from Missouri river points for the round trip. Intermediate territory will be proportionately low. Stop-over privileges will be allowed on all tickets sold at fare and a half or more for the round trip. All tickets will be limited for return passage to 21 days. These rates are for the benefit of those who desire a long outing, which will probably induce a very large number of cases throughout the United States for Colorado and California. The Chicago, Rock Island and Pacific will, approximately, make these rates and arrangements for excursions in advance of the competitors, and will run special trains only one night out to and from Chicago, the lakes and Chicago Inter-ocean.

Barber's Farmer Murdered.

H. H. Drake, a bachelor farmer, was found dead in his house, five miles north of Rose Hill, Ia., with five bullets in his body. Drake was working alone, known to have cash about him. He had been dead three days when found and relatives in the east, Kansas, Illinois and Missouri.

Lance Family Medicine.

Money the best commodity, but not to be had in this country. Anything worth having must be purchased. Anything worth having is worth working for. Cures Dyspepsia, Constipation, Liver and Kidney Complaints.

A lie in its own nature is always in point.

A Month's Test Free.
If you have Dyspepsia, write Dr. Shoop Racine, Wis., Box 141, for a trial bottle of Dr. Shoop's Restoration, express paid. Send no money. Pay $0.50 if cured.

Propose a Sea-Coast Boulevard.
James Parsons, a Philadelphia lawyer, who died about a year ago, owned an estate extending for a mile and a quarter along the ocean front of New Hampshire. Following out his deathbed wish, his children have given to the State a strip of this land, 100 yards wide, along the shore, to further the project of a boulevard along the coastline of the State.

Deafness Cannot Be Cured
by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by catarrh, which is nothing but an inflamed condition of the mucous surfaces.
We will give the Hundred Dollars for any case of Deafness caused by catarrh that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.
F. J. CHENEY & CO., Toledo, O.
Sold by Druggists, 75c.
Hall's Family Pills are the best.

A pretty girl always looks like the picture on a magazine cover—doesn't she?

The great question is not, are you ready to die? but are you ready to live again?

Home Seekers' Excursions.
On the first and third Tuesdays of each month we will sell tickets at one fare plus $2 to points in Michigan, Wisconsin, Minnesota, South Dakota, North Dakota and other Western States. Take a trip west and see the best land in the world, which can be purchased for a small outlay, on easy terms, and upon which a family can live in affluence in a few years. Write for particulars, rates, time of trains, etc., to Geo. H. Heafford, Chicago, Ill., Passenger Agent, C. & N. W. Ry.

People revise their list of heroes every three or four years.

The girl on the gingerbread does the hungry little good.

Coughing Leads to Consumption.
Kemps Balsam will stop the cough at once. Guarantee by your druggist today and get a sample bottle free. Sold in 25 and 50 cent bottles. Go at once, delays are dangerous.

Only he can scrape success who is willing to face failure.

If you do not flee from the devil you will be flogged.

Garfield tea is an excellent medicine to take in the Spring. It produces a healthy action of the liver, it cleanses the system and purifies the blood.

Virtue is its own reward—and no questions asked.

Why experiment with untried remedies for pain? Use Wizard Oil at once and be happy. Your druggist has it.

PUTNAM FADELESS DYES do not spot, streak or give your goods an uneven dyed appearance.

PAYS FIVE TIMES AS MUCH AS COTTON.
[illegible]

FITS permanently cured. None after first day's use of Dr. Kline's Great Nerve Restorer. $2 trial free. Dr. R. H. Kline, 931 Arch St., Philadelphia, Pa.

There will be no more for very poor land to have to pay taxes on for the benefit of others.

TO CURE A COLD IN ONE DAY.
Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature is on each box. 25c.

A man may be a good fellow and still be a good citizen.

Mrs. Winslow's Soothing Syrup.
For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Today the world's fair is accepted by [illegible]

Carters Ink
[illegible]

A man partly shows his character in his choice of a wife.

Pears' Soap is the most delicately opaque of all soaps. Sold throughout the World. Cashmere Bouquet, 25c.

The sun is unofficial, it shines for all that stands in its own light.

When cycling take a drop of White's Yorkshire Relish, rides lighter and easier.

The wrong is doubled when a boss agitator jolly.

"I Followed Mrs. Pinkham's Advice and Now I am Well."

A woman is sick—some disease peculiar to her sex is fast developing in her system. She goes to her family physician and tells him a story, but not the whole story.

She holds back something, loses her head, becomes agitated, forgets what she wants to say, and finally conceals what she ought to have told, and this completely mystifies the doctor.

Is it a wonder, therefore, that the doctor fails to cure the disease? Still we cannot blame the woman, for it is very embarrassing to detail some of the symptoms of her suffering, even to her family physician. This is the reason why hundreds of thousands of women are now in correspondence with Mrs. Pinkham, at Lynn, Mass. To her they can give every symptom, so that when she is ready to advise them she is in possession of more facts from her correspondence with the patient than the physician can possibly obtain through a personal interview.

Following we publish a letter from a woman showing the result of a correspondence with Mrs. Pinkham. All such letters are considered absolutely confidential by Mrs. Pinkham, and are never published in any way or manner without the consent in writing of the patient; but hundreds of women are so grateful for the health which Mrs. Pinkham and her medicine have been able to restore to them that they not only consent to publishing their letters, but write asking that this be done in order that other women who suffer may be benefited by their experience.

Mrs. Ella Rice, Chelsea, Wis., writes:

"Dear Mrs. Pinkham:—For two years I was troubled with falling and inflammation of the womb. I suffered very much with bearing-down pains, headache, backache, and was not able to do anything. What I endured no one knows, but those who have suffered as I did. I could hardly drag myself across the floor. I doctored with the physicians of this town for three months and grew worse instead of better. My husband and friends wished me to write to you, but I had no faith in patent medicines. At last I became so bad that I concluded to ask your advice. I received an answer at once advising me to take your Vegetable Compound, and I did so. Before I had taken two bottles I felt better, and after I had taken five bottles there was no happier woman on earth, for I was well again. I know that your Vegetable Compound cured me, and I wish and advise every woman who suffers as I did to try Lydia E. Pinkham's Vegetable Compound. Believe me I am always grateful for the recovery of my health."—Mrs. Ella Rice, Chelsea, Wis.

$5000 REWARD
On account of the fact that some skeptical people have from time to time questioned the genuineness of the testimonial letters we are constantly publishing, we have deposited with the National Bank of Lynn, Mass., $5,000, which will be paid to any person who will show that the above testimonial is not genuine, or that we have obtained the writer's signature improperly. Lydia E. Pinkham Medicine Co.

W. L. DOUGLAS
$3 & $3.50 SHOES UNION MADE.
The real worth of W. L. Douglas $3.00 and $3.50 shoes compared with other makes is $4.00 to $5.00.
Our $4.00 Gilt Edge Line cannot be equalled at any price; make and sell more $3.00 and $3.50 shoes than any other two manufacturers in the United States.
"THE REASON" why W. L. Douglas $3.00 and $3.50 shoes are the best in the world, is because we have to make them equal to those costing more; if you wear W. L. Douglas shoes you will find they hold their shape, fit easier, wear longer and give more comfort than other shoes; we give the best leather we can buy for the money, and our prices are the same everywhere, because they are stamped on the bottom. If your dealer will not get them for you we can. Take no substitute. Ask your dealer for W. L. Douglas shoes and if he cannot supply you, we can. Our shoes are sold everywhere. Beware of imitations. Look for the name and the price stamped on the bottom. Shoes sent anywhere when the price is not in reach of your dealer. Write for catalogue, showing how to order by mail.
Worn Best Color Eyelets in all our shoes. W. L. Douglas Shoe Co. Brockton, Mass.

Wanted! LADY CANVASSING AGENTS for articles needed in every family. Liberal inducements, quick sales and good profits. Address, Mfg. Co., 47 Cort Ave., Grand Rapids, Mich.

PATENTS WITHOUT FEE until patent secured. Send description and we will report free opinion. MILO B. STEVENS & CO., Patent Lawyers, Div. 5, 817 14th Street, WASHINGTON, D. C. Branch offices: Chicago, Cleveland and Detroit.

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EDUCATE YOUR BOWELS
Don't neglect the slightest sign of irregularity but see that you have at least one natural, easy movement a day. Pills, salts and black draughts are dangerous because they strain and weaken the bowels. What you want is a mild but sure tonic laxative, that tones and strengthens the bowels and stimulates their movements. Such a laxative is CASCARETS, and when you try them, you will find that it is the easiest thing in the world to make and keep your bowels clean and regular, strong and healthy. Sample box 10c. Month's treatment 50c. By keeping the bowels clean, all serious disorders are

PREVENTED BY
Cascarets
LIVER TONIC
BEST FOR THE BOWELS
10c. 25c. 50c.
ALL DRUGGISTS.
NEVER SOLD IN BULK.

CURE all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, bloated bowels, foul mouth, headache, indigestion, pimples, pains after eating, liver trouble, sallow complexion and diarrhœa. When your bowels don't move regularly you are getting sick. Constipation kills more people than all other diseases together. It is a starter for the chronic ailments and long years of suffering that come afterwards. No matter what ails you, start taking CASCARETS to-day, for you will never get well and be well all the time until you put your bowels right. Take our advice; start with CASCARETS to-day, under an absolute guarantee to cure or money refunded.

GUARANTEED TO CURE: Five years ago the first box of CASCARETS was sold. Now it is over six million boxes a year, greater than any similar medicine in the world. This is absolute proof of great merit, and our best testimonial. We have faith and will sell CASCARETS absolutely guaranteed to cure or money refunded. Get a 10c. box to-day, try the 25c. box, give them a fair, honest trial, as per the guarantee, and if you are not satisfied, after using one-fourth the contents of the box and the empty box is sent by mail, or the druggist from whom you purchased it, and you send us the receipt for both boxes. Take our advice—no matter what ails you—start to-day. Health will quickly follow. Be sure you get the genuine CASCARETS. Book free by mail. Address: STERLING REMEDY CO., NEW YORK or CHICAGO.