MISS FRANCES M. ANDERSON, daughter of HON. JUDGE ANDERSON, of Virginia, is at present in Washington, D. C., a Corresponding Secretary of the Higher Educational League, of that city. Cured of la grippe by Peruna.

MISS FRANCES M. ANDERSON, Corresponding Secretary of the Higher Educational League, writes from the Natural Washington, D. C., the following:

"About two months ago I was taken very ill with la grippe and was obliged to go to bed. I took three bottles of Peruna with very beneficial results, and was able to leave my bed in a week and regained my usual strength very soon.

"I have nothing but praise for Peruna, and recommend it to those similarly afflicted wherever I can."—Frances M. Anderson.

La grippe is usually an acute, epidemic catarrh that is due to a variety of conditions affecting the mucous tissues and forms a complex more or less definite, the same as scarlet fever, whooping cough, etc.

During the acute stages of la grippe it is not a very difficult matter, but the condition in which it leaves the system has caused the death of a countless number.

Indeed nearly every person who has had la grippe within the last three years finds himself more or less deranged by the pernicious effects of this disease. The majority of those who have escaped death find life scarcely worth living.

If this vast multitude of people could only know with what certainty and promptness Peruna would relieve them of all the bad effects which la grippe has brought upon them, what an untold amount of suffering would be averted! Thousands have already heard how quickly this remedy will cure in these cases and have been saved; but tens of thousands have not yet heard, and continue to suffer on, dragging into the grave the last years of life.

Peruna is known the world over in all stages and conditions of the acute or chronic, and is therefore the most effective remedy ever devised for the removal of the catarrhal germs which follow la grippe.

Samuel M. Yeagley, from Union Grove, Ark., writes: "Last week I was taken with la grippe and catarrhal deafness. I wrote you for advice and followed your directions. After taking two bottles of Peruna I found myself well of la grippe and my hearing was fully restored. My health is better than it has been in two years.

"Peruna has benefited my health very much after having Pneumonia and Measles."

Mrs. Augustus B. Kahl, Otwell, Ind., writes as follows:

"Three years I had la grippe and pulmonary trouble. I was very sick. I had hemorrhages of the lungs nearly every day for a year and three bottles of your Peruna cured me. The doctor said I had consumption. I am now in better health than I have been for many years.

"I gladly recommend Peruna to all my neighbors and friends. Peruna is my favorite medicine. I shall always have Peruna in the house."—Miss Caroline J. Kahl.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

Dr. Bull's
Cures all Throat and Lung Affections.
COUGH SYRUP
Get the genuine. Refuse substitutes.
IS SURE
Salvation Oil cures Rheumatism. 15 & 25 cts.

CHEAP FARMS
DO YOU WANT A HOME?
100,000 ACRES
The Truman Moss Estate, Crosswell, Sanilac Co., Mich.

IN 3 OR 4 YEARS
AN INDEPENDENCE ASSURED
FARMS IN WESTERN CANADA FREE

Beltz
GREATEST OF ALL CEREALS
Spelts Started the Farmer World in 1893.
Combination Corn
Salzer's Vegetable Seeds.
For 14 Cents and This Notice
JOHN A. SALZER SEED CO.
LA CROSSE, WIS.

It's a Short Road
from a cough to consumption. Don't neglect a cough—take
Shiloh's Consumption Cure
when your cold appears. The "ounce of prevention" is better than years of illness.
Shiloh's Consumption Cure is sold by all druggists at 25c, 50c, $1.00 a bottle. A printed guarantee goes with every bottle. If your cough is tight get to your druggist and get your money back.
Write for illustrated book on consumption. Sent without cost to you. P. C. Kinney & Co., LeRoy, N.Y.
25 CTS
PISO'S CURE FOR
CURES WHERE ALL ELSE FAILS.
Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.
CONSUMPTION
25 CTS

LED BY A SQUAW.

TEN THOUSAND INDIANS IN STRANGE MIGRATION.

They Are Imbued with a Belief of Their Future Greatness and Are Moving South to the Republic of Mexico—Medicine Big Buffalo.

(Special Letter.)

Slowly moving through California toward the Mexican border is one of the strangest processions ever seen in this or any other land. It is composed of Indians belonging to the Chickasaw, Choctaw, Delaware and Creek tribes, and are gathering in numbers close to the quiet little town of Needles, on the Colorado river. The Indians are led by Medicine Big Buffalo, a full-blooded Indian squaw who claims to be a descendant of Pocahontas. Medicine Big Buffalo is a woman of wonderful influence with the Indians, and it is said that she has been instrumental in inducing the Indians to leave their reservations and go to the land of their forefathers.

MOLLIE BIG BUFFALO.

In this desert here and there for years she made secret visits to the Indians until they accepted a prophecy that they occupy the tract of Mexican land and thither they are now bound, led by the woman whom they regard as the savior of her race. Following with the faith of children they fully believe her passionate and dramatic declaration that the Indian will one day be more powerful than the pale-face and that when that time arrives the former will once more remain the lord of his forefathers.

HOME OF THE COFFEE TREE.

Abyssinia Its Native Place—Carried from There to Java.

A well known horticulturist, describing the native place of the coffee tree, says Kaffra, in the southern part of Abyssinia, as its first home. Its origin and life are curious and interesting. Equatorial Arabian forests are mentioned strange customs in connection with its use and it is thus traced back through many countries. The Bishoppric of coffee were carried to Java in 1706, centuries after its discovery and use in other lands. A tree from Java was then sent to the Botanic Gardens in Amsterdam, and when it flowered and ripened seeds a young seedling was presented to Louis XIV. From this plant seedlings were sent to Martinique and from these plants much seed was sent to Jamaica, Cayenne and St. Domingo, while from Amsterdam plants were sent to Surinam. In fact, it was from the one plant sent from Java to the botanic gardens in Paris that everything in the Free possessions and in the West Indies took its spring. In this way has traveled the progeny of the original coffee plant from Arabia through Europe to the Occident. Within the last few years the coffee tree has been found growing wild in the forests of Brazil, and it is now known that the Liberian coffee tree is indigenous to the forests of Liberia, Africa. Its properties of flavor, strength, etc., are said to be superior to those of the Arabian coffee tree, and its cultivation is receiving much attention in Liberia and other countries.

A STORY OF THE BATTLEFIELD.

Dr. Conan Doyle tells a story of a Boer and an English soldier who lay wounded side by side after a fierce battle. The Boer, pointing to his rifle, proposed a duel without seconds, to get their revenge before they died. The Englishman gave the challenge, and they fired at each other. Both missed, and the Boer, throwing down his rifle, said: "Now, let's shake hands and be friends." And they did so, and parted, each to his own people. Two years later they met again, and, recognizing each other, they fell into each other's arms and embraced like brothers.

POLICE OFFICER RESCUED.

One A. C. Swanson of the Council Bluffs Force Tells an Interesting Story.

Council Bluffs, Ia., Dec. 10, 1901.—Officer A. C. Swanson of the Council Bluffs police force is very well known in this city, and has enjoyed the confidence of the people for many years. He is now Vice President of the Police Benevolent Association, a society in which he takes a deep interest, having been one of its founders. Speaking of his own experience with Doan's Kidney Pills, Mr. Swanson says:

"I have been using them for many years with Kidney and Liver Trouble, and have found them to be the best remedy when taken in accordance with directions. I have also used them for my children when they were troubled with Kidney Complaint and they have always been of much help to me. When my nephew gave me a part of a box of Doan's Kidney Pills which he had left saying that it had put the little fellow on his feet I felt that I must purchase one more and I grew slowly better. It took almost two months to effect a complete cure as mine was a very bad case, but I can cheerfully and truthfully say that I am a well man today, and I am very grateful that Doan's Kidney Pills were thus brought to my notice."

The wonderful cures effected by Doan's Kidney Pills in Iowa have created quite a sensation in some parts of the state. There does not seem to be any case of Lame Back, Rheumatism, Kidney or Bladder Trouble which these wonderful pills cannot cure. They are certainly popular here, and the sale through the local druggists is very large.

Wolves Devour Wedding Couples.

Advices from many points near Bechapool tell of packs of wolves roaming and devouring travelers. Two wedding couples who were speeding in the Barnaulsk district were attacked and all four persons were killed. The driver of the sledge escaped on a tree, but was nearly frozen to death.

EXCURSION RATES.

Michigan to Florida Through Without Change of Cars.

The C. H. & D. Ry. has arranged special tourist service between Detroit and St. Augustine, Fla., leaving Detroit Michigan Central depot every Friday night, Saturday and Sunday, at 12 o'clock, reaching Toledo at 2:30 a. m., Cincinnati 7:30 a. m., Chattanooga 4:30 p. m., Atlanta 10:30 p. m., Augusta 1:30 a. m. the next evening for supper. Train composed of Pullman Drawing Room and Sleeping Cars, Cincinnati Dining Cars and Coaches. Tourist tickets at greatly reduced rates, good returning to May 1st, now on sale. Write for C. A. Williamson, D. P. A., Detroit, Mich., for rates. Also for free Tourist Pamphlet describing Florida.

Coughing Leads to Consumption.

Don't cough your life away. Don't cough your money away. Don't cough your friends away. Don't cough your health away. Don't cough your sleep away. Don't cough your comfort away. Don't cough your peace away. Don't cough your happiness away. Don't cough your self-respect away. Don't cough your hope of heaven away. Don't cough your life away. Don't cough your money away. Don't cough your friends away. Don't cough your health away. Don't cough your sleep away. Don't cough your comfort away. Don't cough your peace away. Don't cough your happiness away. Don't cough your self-respect away. Don't cough your hope of heaven away. Don't cough your life away. Don't cough your money away. Don't cough your friends away. Don't cough your health away. Don't cough your sleep away. Don't cough your comfort away. Don't cough your peace away. Don't cough your happiness away. Don't cough your self-respect away. Don't cough your hope of heaven away. Don't cough your life away. Don't cough your money away. Don't cough your friends away. Don't cough your health away. Don't cough your sleep away. Don't cough your comfort away. Don't cough your peace away. Don't cough your happiness away. Don't cough your self-respect away. Don't cough your hope of heaven away. Don't cough your life away. Don't cough your money away. Don't cough your friends away. Don't cough your health away. Don't cough your sleep away. Don't cough your comfort away. Don't cough your peace away. Don't cough your happiness away. Don't cough your self-respect away. Don't cough your hope of heaven away.

Life is most miserable when we have regret.

IN NAME ONLY.

Wifey—I think my husband is an unsteady man.

POOR COURTESY.

Many Small Attentions to Others Omitted Nowadays.

Among other peculiarities of a busy age, a tendency to discourage the practice of the little courtesies which tend to make life sweeter and finer is noted. In business circles some one has actually gone on record as favoring the abolishment of the time honored "Dear Sir," and "Yours very truly" from business letters, and has mis-applied much valuable time and effort in an estimate of the time consumed in these little matters of courteous usage. Not only in business, however, but in home and social life, there seems an inclination to omit many small attentions to others which were once considered essential to good breeding. It is now a lack of kindly feeling which causes the omission, but is rather the result of the hurry and bustle of modern life. Instances of this are legion. Introductions are made and forgotten in the drawing room, and the mistake is passed over with a smile. Invitations to dinner are issued and no acknowledgment is made. Letters are written and no answer is received. Calls are made and no return is ever received. Invitations are issued and no regrets are received. Presents are sent and no acknowledgment is made. Favors are asked and granted and no thanks are returned. Kindnesses are done and no appreciation is shown. Many of these omissions are due to thoughtlessness, but the fact remains that they are omissions, and they are becoming more and more frequent. Let us all try to remember that courtesy is the oil that makes the wheels of life run smoothly, and that a little of it used in our daily intercourse with our fellow men will add much to the pleasure of life.

$100 Reward $100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of Testimonials.

Address F. J. CHENEY & CO., Toledo, O.
Sold by druggists, 75c.
Hall's Family Pills are the best.

One of the things that appear to have been settled by the Boer war is the disappearance from the British army of the organization known as the army corps. It is stated authoritatively that the division is the largest tactical unit that can be economically employed in the field. The army corps used to be said to be cumbersome, medically top heavy and all-round, and its requirements went out as divisions and local districts worked with the division throughout.

Lydia Family Medicine

Moves the bowels each day. In order to be healthy this is necessary. Acts mildly on the liver and kidneys. 25 cents.

Wanted—Lady or Gentleman

FITS

TO CURE A COLD IN ONE DAY.

We pay $18 a Week.

Many cases of the poor have no pleasure than to relieve them.

A CRY FOR HELP.

Result of a Prompt Reply.—Two Letters from Mrs. Watson, Published by Special Permission.—For Women's Eyes Only.

March 15, 1899.

To MRS. PINKHAM, LYNN, MASS.:

"DEAR MADAM:—I am suffering from inflammation of the ovaries and womb, and have been for eighteen months. I have a constant pain and soreness in my back and side. I am only free from pain when lying down, or sitting in an easy chair. When I stand I suffer with severe pain in my side and back. I believe my troubles were caused by over work and lifting some years ago.

"I feel so down to-day, and I sometimes feel like giving up ever being well or strong. I have become careless and unconcerned about everything. I am in bed now. I have had several doctors, but they did me no lasting good.

"Lydia E. Pinkham's Vegetable Compound has been recommended to me by a friend, and I have made up my mind to give it a fair trial.

"I write this now with the hope of hearing from you in regard to my case."—Mrs. S. J. Watson, Hampton, Va.

November 27, 1899.

"DEAR MRS. PINKHAM:—I feel it my duty to acknowledge to you the benefit that your advice and Lydia E. Pinkham's Vegetable Compound have done for me.

"I had been suffering with female troubles for some time, could get but a short distance, had terrible bearing down pains in lower part of my bowels, backache, and pain in ovary. I used your medicine for a few days and was so much better that I could walk three times the distance that I could before.

"I am feeling in better health than I have been for more than two years, and I know it is all due to Lydia E. Pinkham's Vegetable Compound.

"I recommend your advice and medicine to all women who suffer."—Mrs. S. J. Watson, Hampton, Va.

This is positive proof that Mrs. Pinkham is more competent to advise sick women than any other person. Write her. It costs you nothing.

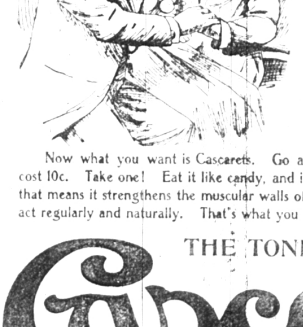
$5000 REWARD. We have deposited with the National City Bank of Lynn, $5000, which will be paid to any person who can find that the testimonial letters are not genuine, or were published before obtaining the writer's special permission. LYDIA E. PINKHAM MEDICINE CO.

PATENTS WITHOUT FEE unless successful. Book free. Highest references. Best results. Address, with stamp, E. G. SIGGERS, Pat. Lawyer, Washington, D. C.

DROPSY NEW DISCOVERY, gives quick relief and cures worst cases. Book of testimonials and 10 days' treatment FREE. DR. H. H. GREEN'S SONS, Box B, Atlanta, Ga.

W. N. U.—DETROIT—NO. 4—1901.

How Are Your Bowels?



About the first thing the doctor says--

Then, "Let's see your tongue."

Because bad tongue and bad bowels go together. Regulate the bowels, clean up the tongue. We all know that this is the way to keep and look well.

You can't keep the bowels healthy and regular with purges or bird-shot pills. They move you with awful gripes, then you're worse than ever.

Now what you want is Cascarets. Go and get them today--Cascarets--in metal box--cost 10c. Take one! Eat it like candy, and it will work gently--while you sleep. It cures, that means it strengthens the muscular walls of the bowels, gives them new life. Then they act regularly and naturally. That's what you want. It's guaranteed to be found in

THE TONIC LAXATIVE

Cascarets

LIVER TONIC

BEST FOR THE BOWELS

10c. 25c. 50c.

ALL DRUGGISTS.

NEVER SOLD IN BULK.

CURE all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, blotched bowels, foul mouth, headache, indigestion, pimples, pains after eating, liver trouble, sallow complexion and dizziness. When your bowels don't move regularly you are getting sick. Constipation kills more people than all other diseases together. It is a starter for the chronic ailments and long years of suffering that come afterwards. No matter what ails you, start taking CASCARETS to-day, for you will never get well and be well all the time until you put your bowels right. Take our advice, start with CASCARETS to-day, under an absolute guarantee to cure or money refunded.

GUARANTEED TO CURE. Five years' sale of 25c. and 50c. boxes of CASCARETS was 12 million, boxes a year, greater than any similar medicine in the world. This is absolute proof of great merit, and our best testimonial. We have faith and will sell CASCARETS absolutely guaranteed to cure or money refunded. Go buy to-day, two 50c boxes, give them a fair, honest trial, as per simple directions, and if you are not satisfied, after using one 50c box, return the unused 50c box and the empty box to us by mail, or the druggist from whom you purchased it, and get your money back for both boxes, no matter who you buy them of or how long you have used them. Hereafter you will quickly follow our advice and buy CASCARETS the day you are told that they are the best medicine you ever took. Sterling Remedy Co., Chicago or New York. Sample and booklet free. Address Sterling Remedy Co., 504 10th st. Chicago.