


Does Your Head Ache?

Are your nerves weak? Can't you sleep well? Pain in your back, neck, shoulders, arms, legs? Headache? Stomach trouble? Indigestion? Bloating? Constipation? These are sure signs of poisoning.

From what poisons? From poisons that are always found in constipated bowels.

If the contents of the bowels are not removed from the body each day, as nature intended, these poisonous substances are sure to be absorbed into the blood, the way causing suffering and frequently causing severe disease.

There is a common sense cure.



Dr. Cassell's Kidney Pills

They daily insure an easy and natural movement of the bowels. You will find that the use of

Dr. Cassell's Sarsaparilla

with the pills will hasten recovery. It cleanses the blood from all impurities and is a great tonic to the nerves.

Write the Doctor. Dr. Cassell has one of the most eminent physicians in the world. He will advise you just how you are suffering. You will not be disappointed. Write without cost. Address: Dr. Cassell, Lowell, Mass.

The most profitable teaching is the lesson of the moment.

The queen of the teatable but only reigns but she pours.

VERY LOW RATES.

via the Missouri, Kansas and Texas Railway.

Semi-monthly excursions to the Southwest. The greatest opportunity to visit Texas, the empire state of the United States, unparalleled as to resources and products and with an area extending to all the Eastern and Middle States. The statistical reports of products as compared with the commodities of Texas indicate this section as offering the greatest possible advantages in its soil and equable climate and the variety and productivity of its soil.

For further information, descriptive pamphlet and dates of excursions, apply to H. F. Boyaker, District Agent, Cincinnati, Ohio.

An unwelcome guest is one of the best things going.

Lee's Family Medicine.

Moves the bowels each day. In order to be healthy this is necessary. Acts gently on the liver and kidneys. Cures sick headache. Price 25 and 50c.

Paradoxical as it may seem, silence speaks for itself.

Half the ills that man is heir to come from indigestion. Burdock Blood-purifiers strengthen and tones the stomach, makes indigestion impossible.

Many a hungry man wishes he were outside the soup.

KNOWING HOW PAYS.

The Moral of This Old, Old Anecdote Will Have a Heap of Trouble

Something had gone wrong with some simple part of a stationary engine and the boiler could not fix it. After spending a day or two on the job, a workman called the aid of more competent persons suggested the employment of a local engineer, a sort of tinker at a local locality. "There is generally only one in every locality," he generally looked up a rod or two, when the engine ceased, where whatever the machine, ceased. When asked to make out his bill, it was as follows:

To Fixing Engine..... \$ 50
To Kissing Engine..... 1.00
Total..... \$ 51.00

This anecdote clearly demonstrates that it pays to know how. Engineer J. J. Jeffries, of the Royal Cycle works at Marshall, Mich., residing in Detroit at No. 141 S. Marshall St., tells in the following of his experience with the little competitor. It will pay you to know how he got rid of a troublesome companion.

My kid's troubles were more or less severe and finally became so bad that I was compelled to send a locomotive engineer to the job of the train, and some employment of a stationary engineer. The little kid's troubles were so bad that I was compelled to send a locomotive engineer to the job of the train, and some employment of a stationary engineer. The little kid's troubles were so bad that I was compelled to send a locomotive engineer to the job of the train, and some employment of a stationary engineer.

THE HOPE OF THE CONTINENT.

Western Canada the "bread basket of the Empire."

The attention directed to the wheat fields of western Canada during the last year has caused thousands of settlers from different parts of the United States to make their homes there. The reports of the success of the wheat crop back to their friends most favorable reports. During the past summer a number of the wheat growers of Minnesota, and the following extracts are from a very flattering article published in the Germania of Milwaukee by its able contributor, Prof. Sheridan:

"The wheat crop of western Canada this year is the most successful ever known in this country so far about the surrounding country that they may be absorbed into the blood, the way causing suffering and frequently causing severe disease. There is a common sense cure. Write the Doctor. Dr. Cassell has one of the most eminent physicians in the world. He will advise you just how you are suffering. You will not be disappointed. Write without cost. Address: Dr. Cassell, Lowell, Mass.

It was a beautiful and a precious thing to see it all. Who is there among us who would not for its beauty, its hope and even its ignorance, give in exchange a goodly portion of such store of knowledge, experience or success as the added years have brought?

On the other day she had folded away a favorite gown or two as a long suited, with their touches of bright color and frivolous adornment. The next year she had folded away to put away in some secret chamber of her woman's heart certain sweet memories and a few fond hopes.

She had the revelation of her lost youth, came the consciousness that the sweetest things that had come into her life—memories ever come into it—were only memories now.

"Ant! Patience, we're ready for the wreath for the doorway," roused her from her reverie.

She hastily gathered up the green for the wreath not yet begun, and went to work making it as carefully as if that were the day before a Christmas of seventeen years ago, and she was wondering if Robert Bently would linger after the other guests were gone and tell her the secret she had wanted to tell. He had waited. She would never forget how he looked standing there under the chandelier, and she had thought him surely the handsomest man in all the world. Even now her cheeks burned as she remembered how slight had been her resistance when he said: "But, Patty, you're under the mistletoe. It's my right to kiss you, you know."

It was Christmas time. At no other season are the Germanias so crowded, nor so many people on shopping bent, wearing that conscious look betraying the purchases that are meant to be concealed.

All this, to say nothing of the vendors of evergreen and the heaps of pine and cedar about church doors telling the Christmas story with their lights when opposite one of the best looking houses, he walked more slowly for a little way, looking up at the windows of the store as if in expectation of seeing some one.

Turning into another street, he paused before a rather pretentious house. Just long enough for a glance at all the windows, and shortly afterward a trim maid opened the door in response to his ring, and he was admitted, following the maid's announcement, came the quick light tread of feet down the stairway and a woman who, in a moment, was before him, with her hand in the drawing room, rushed into the room and into his arms with a welcome full of tears and smiles and exclamations of "Oh, Bob! How did you get here so late? I am so glad to see you!"

She had just returned from a long trip to the north, a town of 5,000 people situated on the north Saskatchewan river. The greatest opportunity to visit Texas, the empire state of the United States, unparalleled as to resources and products and with an area extending to all the Eastern and Middle States. The statistical reports of products as compared with the commodities of Texas indicate this section as offering the greatest possible advantages in its soil and equable climate and the variety and productivity of its soil.

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WHAT XMAS BROUGHT.

CHAPTER I.

Her heavy rumble of the long passenger train from the West had not yet been decided. The clouds of smoke that marked its coming, and the man who walked slowly along the streets of a busy Eastern town, was not a stranger to the nothing in his appearance to especially distinguish him from the many men who passed along the same streets. He was a man, no longer young, tall and well formed, resolute of face, and with hair that was turning gray.

He was well but badly dressed, and walked with the step of one tired from travel, the chest thrust forward as if to breathe, in his hands a small bundle of papers.

It was Christmas time. At no other season are the Germanias so crowded, nor so many people on shopping bent, wearing that conscious look betraying the purchases that are meant to be concealed.

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THE WORLD'S IDEAL.

Dr. Price's Cream Baking Powder combines all the elements of ideal excellence. It is highest in leavening power. It is free from the least taint of impurity. No trial can be too exhaustive, no test too exacting, for its admirable qualities.

Cake and biscuit made with it retain their moisture, and are extremely light, flaky and fine grained—no coarse and full of holes as when made with alum baking powders. Alum baking powder leaves bitter taste in the bread or cake and food prepared with it dries up quickly.

The severest tests were imposed at the World's Columbia Exposition and the California Midwinter Fair, where Dr. Price's Cream Baking Powder eclipsed all competitors. After full examination and competition it secured the highest honors and a special gold medal. These awards stamp it as

"THE FOREMOST BAKING POWDER IN ALL THE WORLD."

As a rule men laugh and women weep at a wedding. The fact that they are not the principals in the affair probably has something to do with it.

There is a class of people who are injured by the use of coffee. It takes the place of coffee, the most delicate stomach receives it without distress, and but few can tell it from the real coffee. It does not cost over one cent. Children may drink it with great benefit. 15 cents and 25 cents packages. Try it. Ask for GILMAN'S.

Excursion tickets will be sold at all stations on the North-Western line (C. & N. W. Ry., C. St. P. & O. Ry., C. & N. W. Ry. & F. & M. Ry.) and all other points on this system and on the Union Pacific Railroad, within 200 miles of the selling station, at greatly reduced rates, December 24, 25, 26 and 27, 1913, and January 1, 2, 1914, good until January 1, 1914. Apply to agents Chicago & North-Western Ry. for full particulars.

A fashionable shoemaker says that would can endure pain better than this.

Will cure a cold in one week. All colds, coughs, sore throats, etc. in a few hours. Ask, "Burt's Cure." Burt's Cure. Burt's Cure. Burt's Cure.

An actor makes a hit when he strikes the manager for increasing his wages.

Coughing Leads to Consumption. Kemp's Balsam will stop the cough at once. Go to your druggist today and get a sample bottle free. Sold in 25 and 50 cent packages. Go at once, the days are dangerous.

The good points of a great many people seem to have been overlooked.

"I had a running, itching sore on my leg. It was very bad. I used Dr. Williams' Pink Pills for Pale People and it cured me. I feel like a new man now."—J. W. Lehnart, Bowling Green, O.

"My standing army would be simply rank were it not for the officers.

Accidents come with distressing frequency on the farm. Cuts, bruises, sprains, Dr. Thomas' Electric Oil relieves the pain instantly. Never safe without it.

A woman looks into one glass to paint her face, but she looks into several to point his nose.

DEWEY'S PROJECTILES

So do the pains of NEURALGIA.

So does ST. JACOBS OIL.

Pain surrenders—subdued, knocked out, and captured.

"A FAIR FACE MAY PROVE A FOUL BARGAIN." MARRY A PLAIN GIRL IF SHE USES

SAPOLIO

It is the most perfect skin cleanser and beautifier ever devised. It is the most perfect skin cleanser and beautifier ever devised. It is the most perfect skin cleanser and beautifier ever devised.

1,000 NEWSPAPERS

Are now using our International Type-High Plates

LABOR-SAVING LENGTHS.

They will save time in your composing room. They will save time in your composing room. They will save time in your composing room.

WESTERN NEWSPAPER UNION, DETROIT, MICH.

TOURIST AGENTS WANTED

SLEEPERS TO CALIFORNIA

Our Native Herbs

The Great Blood Purifier and Liver Regulator

200 Days Treatment \$1.00.

Containing A Registered Guarantee.

32-page book, postage free. Send by mail, please.

THE ALBANY, N. Y. CO.

Not Sold by Druggists.

Ladies Going to California

Should know that on The California Coast, Santa Fe Route, the special comforts are not all for gentlemen.

It contains a parlor thirty feet long for ladies and children. Electric lights and dining car.

Address General Passenger Office, The Illinois, Tepele & Santa Fe, Chicago, Ill.

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ESTABLISH A HOME OF YOUR OWN.

You can do it. The finest agricultural land in the world lies in California. You can do it. The finest agricultural land in the world lies in California.

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